



Suds & Duds

Beth Herring, a junior speech communication major from Jacksonville, Fla., pours a beer for a thirsty customer at the Suds

& Duds laundromat in Plantation Plaza in Carrboro. Suds & Duds also serves sodas and hotdogs.

DTH/Charlotte Cannon

T-shirt collectors savor the fashion that never fades

By CORIN ORTLAM
Staff Writer

T-shirts — they're comfortable and great to wear while sitting around the dormitory room. Some T-shirts have sentimental value. But for some UNC students, collecting large quantities of T-shirts is almost a hobby.

"I look at a T-shirt and say, 'I like that; I need to have that,'" said David Roth, a senior who owns about 120 T-shirts. "It's become an obsession."

Sophomore Courtney Haber has six drawers full of T-shirts in her room, leaving little room for other clothing. Those are the T-shirts she has at school with her, but she has more at home.

"They are comfortable and any time I wear an interesting T-shirt, it calls attention to me," Haber said. "I could be standing there, and the shirt I have on will spark a conversation."

Freshmen quickly find that T-shirts from campus show that you have been to the social events, games and other activities offered at the University.

"Any time I have money in reach, I have to buy a new one," freshman Brook Davis said. She is having a difficult time, she said, because there's a new shirt being sold in the Pit almost every day. She has purchased at least five campus shirts to add to her collection of 60 T-shirts.

T-shirt collectors have a variety of tastes.

"I have a lot of T-shirts with music groups or concerts like R.E.M. and the Psychedelic Furs," senior Becky Bawden said, "and also quite a few political ones like the 25th anniversary Martin Luther King March from Washington, D.C., the anti-death penalty and Amnesty International."

Haber said, "I get most of mine from restaurants or bars at places where I have traveled, promotional ones from Spring Break and ones from other schools. Whenever I go away, I try to get one if they are interesting."

For a veteran T-shirt collector, shopping is relatively easy; just about every store has T-shirts.

"T-shirts are good gift ideas for friends to get me," Haber said. "Every time my dad goes away to Houston, Canada, wherever, he gets me a T-shirt."

"I have shirts from France, New York, Atlanta, you name it," said junior Wendy Brown, whose collection numbers more than 100.

T-shirts can pile up in drawers, in

closets and, of course, on the floor. "My parents are ready to throw me out of the house because they are overflowing from my drawers," Roth said. "I also like to hang them up. My dad tried to bargain with me to give away five a week so that they would be gone by the time I went home."

Roth is constantly scoping his friends' T-shirts.

"There are a bunch I'd like to grab right now," he said. "My friends have begun to close their drawers when I come in the room and frisk me when I leave."

Sometimes T-shirt collectors have been known to swap their prized possessions.

"I have a friend who is a football player," Davis said. "When I wear the shirts that say 'Offensive Player of the Week' or '225 Club,' I get some pretty odd comments."

"I get tired of looking at the same old ones, so I trade them," said Brown. "During spring break, I traded a Carolina T-shirt for a Canadian flag that is hanging on my wall. I also traded a lot of soccer T-shirts at camp with people from the East Coast and other countries like Ireland and England."

There are certain T-shirts that are sacred to the collector.

Bawden has a unique shirt that has a unique history. Her brother is in the Navy. During the time that his ship was in the Suez Canal, the entire crew continuously ran around the deck, which is about a quarter of a mile long. The T-shirt has the name of the ship, the tour and the distance the crew ran, which was 1,530 miles.

"My favorite is my 25 cent thrift shop Tar Heel T-shirt," Brown said. "It's all bleached and stretched out. I think my mom may have thrown it out because I used to work out in it, and it got all ragged."

Despite the fact that some of the shirts are completely worn out or nine sizes too small, these students will not part with certain shirts. Brown has her first soccer T-shirt from her team when she was 5 years old.

There are often rules for T-shirt purchases.

"I do not buy concert T-shirts or any black color T-shirts," said Roth. Others only wear all-cotton shirts or shirts that have loose sleeves and necks.

At a time when fashions are constantly changing, it's nice to know that the T-shirt will never go out of style. T-shirts pose no fashion fears because they are always in.

Agency gives homebound a helping hand

By JULIE WOODS
Staff Writer

For the seriously ill in Orange County and surrounding areas, recovering from illness at home can speed recuperation. Home Health Agency, Inc., an agency that has helped individuals for more than a decade, provides skilled health care in the home for discharged hospital patients who still need help on the road to recovery.

"I think most people want to be at home, and they do better at home with the skilled medical care they

need," said Linda Textoris, a nursing supervisor at the agency.

The agency furnishes nursing, home-health aid, physical therapy, occupational therapy and social services to the patients.

The 85 home health employees work as speech therapists, home health aides, medical social workers, nurses, physical therapists and occupational therapists. Textoris coordinates home care for Chapel Hill, Carrboro and Pittsboro. The staff has full-time and part-time workers as well as contractors, who are paid by the visit.

University students also work at the agency. There are two undergraduate student nurses getting community health experience through the agency as well as a graduate student from the School of Social Work.

"We take a lot of UNC medical students out with us, and they learn how to interview patients in the home," Textoris said. "They learn what it is like to be sick at home and what it may be like to be on limited funds."

"It has been a really good experience. The program is independent

of a hospital setting, so you learn how to practice on your own," said Leigh Rogers, a senior nursing student.

Home health aides give baths, make meals, wash clothes and tidy rooms for patients who are too sick to do it themselves.

Nurses change dressings and give shots, while occupational therapists retrain patients in the activities of daily living that they have not done in a long time.

Social workers help patients and families deal not only with the emotional problems, but also with the financial problems an illness can create, by helping them locate other services such as Meals on Wheels.

"They are absolutely wonderful. They pulled me through some really rough times," said Pearl Cohen of Chapel Hill. Cohen, who was in the hospital for 10 days after heart bypass surgery, received visits from agency workers three times a week. The agency currently helps 340 patients.

Founded by a group of citizens who felt Chapel Hill needed home health care services, the agency is a non-profit organization.

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