

Members of the UNC Glee Club rehearse in Hill Hall

DTH/Elizabeth Morrah

Vocal chords

Glee Clubbers strive for musical perfection

By KATHY WILSON Staff Writer

ich, mellow voices filled the room with more harmony than one could ever hope for. The vibrant notes resounded throughout the chamber. The 40 singers leaned forward with intense expressions, eyes glued on the director in front of them, changing their voices at his slightest gesture. Some members of the UNC Glee Club cupped their hands around their ears, straining to hit the perfect pitch - and this was merely the

Just 20 minutes earlier, the practice room in Hill Hall had resounded not with golden voices but with disharmony resembling the Tower of Babel or the din of a thousand chattering magpies. Members of the UNC Glee Club liken their group to a social organization as much as to a singing group, and their friendly rehearsals testify to the

Mike Tamte-Horan, a slight man with gold-framed glasses, runs the rehearsal like his singers say he runs the whole club — with energy and lots of enthusiasm. The singers say that Tamte-Horan is also demanding, a charge he doesn't deny. He says that he strives to make his group sound like one rich voice — a refined and highly polished one. He says he doesn't want his group to sound like 40 individual voices.

"I strive for a very warm, lyrical, well-blended and unified kind of

sound," he said. "We are known for

The music is warm and lyrical, probably because that's the way the men and women in the UNC Glee Club seem to be. Friendship flourishes in the club, something which Tamte-Horan encourages.

Tamte-Horan's philosophy is that, to sing as one, all his singers must be able to communicate emotionally. They must also trust each other during performances, as well as in practice sessions.

Tours and performances serve as a means of getting the group to gel emotionally and musically. During Spring Break of 1987, the group went on a regional tour that included stops in New Orleans and parts of Florida. They performed every day except one and traveled on a bus for hours each day to arrive at the next performance on

The group takes a retreat each semester to get to know each other better. According to Anne McLean, president of the Women's Glee Club and a senior psychology major from Laurinburg, these friendships often spill over into their social lives. She said the choir members often had parties together outside of the classroom, and she liked to show up 20 minutes before rehearsal just to talk to her friends.

"I've gained wonderful friendships from the group," McLean said. Maria Stone, a senior physical recreation major from Salisbury, agrees with McLean and said social

interaction was an important aspect of the UNC Glee Club.

"It's what you associate yourself with," she said. "It's your group."

The UNC Glee Club is actually a combination of the men's and women's clubs. Each group rehearses separately twice each week, and they also practice singing together two times each week.

The Men's Glee Club started in 1848, and women joined about the time the University opened its doors

Tamte-Horan aims at a balance of secular and sacred music in his program. He said he likes to perform spirituals and folk songs, but he also said his group sings more serious music. For example, the group sings a 20-minute, a cappella song in German. During rehearsal, the German accents of this song are almost flawless.

Tamte-Horan is the catalyst for this dynamic group. Though some UNC Glee Club members admit he is demanding, they seem to respect and appreciate his enthusiastic drive. Michelle Patton, a sophomore early childhood education major from Dallas, N.C., is one such student.

"He always knows exactly what he's doing," she said of Tamte-Horan. "He can answer any question you have. He gets a lot out of

people.
"I've gotten a whole lot out of it (Glee Club)," Patton continued. "I don't think there's anything else I'd rather be doing."

Cosmetic surgery: the new way to fight the battle of the bulge

By JIM MOCK

he next time you meet a plas-tic surgeon, call him a "fatsucker," and then watch his face. At first he'll look cross, then he'll have to laugh because sucking out patients' unsightly bumps and bulges has been part of a plastic surgeon's job description since around 1980 when liposuction was introduced to the United States.

Liposuction is one of many types of cosmetic surgery now available in America. This form of surgery was developed by Yves-Gerard Illouz, a French surgeon, and has been growing increasingly popular in our image-conscious society.

The technique involves the removal of fat from the hips, abdomen, thighs, knees, arms or face by insertion of blunt-ended metal suction tubes through small skin incisions into the subcutaneous fat layer of the skin. With repeated back-andforth motions, "honey-combed" defects are made in this fat layer, which are subsequently closed in the weeks following surgery with the use of bandages and girdles.

The result is a very specific method of body shaping.

"Liposuction is a form of body contouring or localized fat removal, not weight control," said Dr. Thomas Lawrence, assistant professor of plastic surgery at the UNC School of Medicine. "We rarely remove more than one liter (about two pounds) of tissue at a time.

"Liposuction is not indicated for the obese person," he added, "but is most often used to help non-obese

Bicycles are

Vehicles

people (those within 25 percent of their ideal body weight) improve their self-image.

According to Lawrence, typical liposuction patients are active, professional women in their 30s who want to shape their hips, thighs, buttocks or chin. Men often elect to have liposuction to help them control the infamous abdominal bulge.

As with any form of surgery, lipo-

suction may involve some postoperative complications. The most common complication of this surgery is asymmetry, or waviness in the skin over the site of fat removal.

"The surgeon must judge from experience just how much fat to remove," Lawrence said, "and since all people heal a little differently after surgery, judging can be difficult."

Lawrence said the rehabilitation period usually lasts six to eight weeks, during which time bandages are used to facilitate contouring.

Almost all liposuction patients experience severe bruising around the fat-removal site, which eventually resolves.

Lawrence said that of those having fat removed at North Carolina Memorial Hospital, 80 to 90 percent said they were very happy with the results, while some are occasionally

disappointed in slight asymmetries. More serious complications have followed liposuction. These have included skin numbness, discoloration, infections, skin necrosis (skin death), swelling and embolism of fat into the circulation, which causes blood clots. However, these problems occur in no more than 1 to 2

percent of the cases. There have been two deaths reported to be a direct result of the

liposuction procedure. "Serious complications often seem to result from removing too much tissue at one time," Lawrence said. "Considering the thousands of cases done each year, liposuction is one of the safest procedures done. Fortu-

nately, we have not encountered any

serious complications at UNC." Typically, liposuction is done on an outpatient basis under general anesthesia, where the patient is put to sleep. The operation lasts about three hours, and the patient goes

home the same day. Costs run about \$1,500 to \$2,000 per liter of fat removed, and the money must come directly out of the patient's pocket because health insurance policies do not cover elective cosmetic surgery.



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Sports

Bidding Holmes farewell

Again we talk of boxers, past their prime, trying to regain their lost glory and win in the squared circle again.

This time it was former great Larry Holmes who tried to come back. Holmes did so and lost terribly to boxing's newest king, Mike Tyson.

As HBO commentator Larry Merchant said before the fight, correctly predicting the ring-cleaning ahead for janitor Tyson and mop Holmes, the fight was a passing of the torch from the old king to the new king, undefeated and undisputed heavyweight titlist Tyson.

It would seem the elder Holmes. a man 38 years old, would know that coming back after a two-year layoff, or any sort of sabbatical from the sport, is more than difficult. For a old Tyson's father, and Holmes even has little ones who call him "Granddaddy," it was impossible.

comeback of one Ray Charles Leonard, who, at age 30 came back and defeated 32-year-old then middle-Hagler in April 1987.

However, one would have thought that Larry would have looked instead at a fight he had in 1980 against a boxing icon who had captured the Holmes. heavyweight title three separate times, Muhammed Ali.

In that fight, Holmes ravaged the ex-champ with a barrage of body blows, forcing the 38-year-old Ali to cover up in the corners of the ring, barely with any offensive showing at

Langston Wertz

Opinion

It was in this stance that Ali received what turned out to be the coup de grace to his career, a TKO loss to a Holmes who eight years ago was who Tyson would call after Friday's victory, "The best of our

And yes, Larry, you were, but unfortunately for most boxers, they can't seem to forget.

Unfortunately for Holmes, his inability to let the past rest got him stretched out on a New Jersey boxing canvas no fewer than three times man old enough to be the 21-year- Friday night, the recipient of three crushing rights and numerous left hooks from Tyson.

"I knew I could get him with the Maybe Holmes looked at the right," Tyson said afterwards. "I studied his films, and he's always been vulnerable to the right."

Vulnerable was quite correct. weight champion, Marvelous Marvin Holmes, in suffering the most telling defeat of his storied career, brought back visions of Tyson's championship victory over Trevor Berbick, who defeated an aged Ali after he lost to

There was Larry Holmes, stumbling around the ring, unable to keep his balance. His savvy and determination kept him within five seconds of lasting the fourth and final round.

Even more sad than this fight that shouldn't have been was the sight of Ali, wearing sunglasses at night, being

helped in and out of the ring. During his introduction aides had to hold his arms aloft.

Ali suffers from Parkinson's Disease, as we all know by now, and it seems that looking at the Alis and Joe Louises would be enough of a forewarning of emminent danger to keep the Larry Holmes and Ray Leonards from trying it again. Do you hear me, George Foreman?

After this fight, however, Holmes was in good spirits. He said he was going to have a party, and he even offered to buy Leonard a drink.

Larry, I hope you toasted to your final fight.

Sports staff: don't miss the meeting

Attention, all members of the DTH sports staff. We will have a mandatory meeting this afternoon at 4:30 in, of all places, the sports office. The topic of discussion will be "The Winter Sports Season and You."

This meeting is for new and old writers alike, and free pizza is a distinct possibility. (Who ever said sports editors were above using petty bribes to create an illusion of respect?)

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