

# Renowned evangelist stresses Christians' sense of commitment

By JENNY CLONINGER  
Staff Writer

"Commitment to Christ" was international evangelist Leighton Ford's theme Thursday night as he addressed the monthly all-campus meeting of the Inter-Varsity Christian Fellowship.

Ford works with the Charlotte-based Leighton Ministries. In the past, he has served as an associate to nationally renowned evangelist Billy Graham.

Ford stressed a three-fold commitment that he said is necessary for today's Christian: commitment to Jesus, commitment to each other and commitment to the world. He used Mark 3:13, which deals with Christ's

selection of the 12 disciples, as the Scriptural basis for his speech.

The difference between being a Christian culturally and "being in Christ" is a sense of community, said Ford.

"This community is inclusive and Christ-centered, any time and any place," he said.

The Christian community is committed not only to Christ, but to each other, said Ford.

"Jesus came to break down barriers between people and form a new kind — people of God," he said.

Ford stressed that God needs everyone, saying, "We don't all have to be in the same group, as long as we have the same Lord and the same goal and support each other."

A community is necessary for the growing Christian, said Ford. "You need a group you're accountable to and to support you if you are to grow in Christ," he said.

The third commitment for a Christian, Ford said, is a commitment to the world. "What are you going to do when you finish here?" he asked. "Are you going to say, 'Lord, where do you want me?'"

"The world commitment begins here," he said. "God wants us to build that kind of community here at Carolina."

Ford closed his speech with a prayer in which he asked God to make the world's commitment "higher, deeper, wider and further."



DTH/David Minton

## Warming trend

Enjoying Thursday's warm weather, Nina Ruberti (left), Beth Herring and Jenny Gessner share a

laugh on Franklin Street. The sunny day was a relief after snow was forecast earlier in the week.

# In your dreams

## Your dream world could hold the key to greater self-awareness, expert says

By LAURA JENKINS  
Staff Writer

It is 6 a.m. when the dreaded buzz of your alarm clock rouses you from a sound sleep, pulling you back into reality from the surreal world of your dreams.

For a moment, you may wonder about the dream you were having before your alarm so rudely interrupted you. The foggy haze surrounding your thoughts is too thick and too heavy, so you force yourself to wake up and face the demands of the day.

But psychologists who study dreams believe that if we can remember the dreams we have had, we should take some time out to reflect upon them.

Dr. Thomas Blackburn, a clinical psychologist in the mental health section of UNC Student Health Service, said understanding and reflecting on our dreams can lead us to greater self-awareness.

"Dreams have a strong connection with our unconscious (minds)," Blackburn said. "By paying attention to dreams, we can become more aware of different aspects of ourselves that we may often overlook or neglect in the rush of day-to-day living."

Blackburn, who conducts a workshop on self-awareness through dreams at the Community Wholistic Health Center in Carrboro, said he approached the study of dreams along the lines proposed by psychologist Carl Jung.

Jung believed dreams help us to maintain our psychological equilibrium — to compensate for one-sidedness in our waking lives, Black-

burn said. By dreaming, our unconscious minds bring attention to thoughts and feelings we have repressed and need to come to terms with.

"Any time your psychological equilibrium is upset, you have the possibility of dreaming more as a way of trying to help yourself restore a sense of balance," Blackburn said. "(Dreams) remind us of things we need to acknowledge and are not paying attention to."

Blackburn said we may dream more frequently during stressful periods of our lives. For example, making major transitions such as moving away from home for the first time can cause you to have more dreams. Stress that tends to build around exam time can also produce more dreams.

"You possess a lot of information in your unconscious about what's going on around you that you may not have direct access to," Blackburn said, "and dreams function to give you a fuller picture of what you think or feel about events in your life."

Because dreams can give us more insight into our attitudes and feelings, it is important for us to make an effort to understand our dreams, Blackburn said.

Writing down dreams in the present tense and giving them titles is not only an important step in beginning to study dreams, but it can also increase dream recall.

"It helps to write down your dreams as early in the morning as you can after you wake up," Blackburn said. "Sometimes it can even help if you wake up in the middle of

the night after just having a dream, and you can write it down right then."

Blackburn suggests keeping a pad of paper near the bed to make it more convenient to record dreams when waking up.

"There will still be times when you will just recall fragments of dreams or have nights when you don't recall anything," he said. "But once you develop good habits, you have a good chance of increasing your dream recall."

Paying attention to the feelings you experience during a dream and the feelings that come up as you recall a dream can help you to understand the dream's message, Blackburn said.

It is useful to think of the dream as having three parts, he said. "The very first part of the dream — the plot, the setting, the characters — you can think of as representing some issue or problem in your life. It doesn't have to be a problem; it can be some issue of importance."

"The second part of the dream, where the action that goes on involves you or other people, you can think of as representing your efforts to date in terms of coping with this issue or problem."

"The endpoint of the dream, you can think of as representing where you are right now in terms of dealing with the issue, and the endpoint might also offer some suggestions for future action."

While some elements that appear in dreams can have a common meaning to many people, Blackburn said, it is important to view each dream individually.

"The real key to understanding a dream for an individual is to understand what the parts of that dream mean for that individual," Blackburn said. "There are no cookbook definitions."

## Campus Calendar

The DTH Campus Calendar is a daily listing of University-related activities sponsored by academic departments, student services, and student organizations officially recognized by the Division of Student Affairs. To appear in Campus Calendar, announcements must be submitted on the Campus Calendar form by NOON one business day before the announcement is to run. Saturday and Sunday events are printed in Friday's calendar and must be submitted on the Wednesday before the announcement is to run. Forms and a drop box are located outside the DTH office, Union 104. Items of Interest lists on-going events from the same campus organizations and follows the same deadline schedule as Campus Calendar. Please use the same form.

### Friday

8 p.m. PlayMakers Repertory

Company will have a preview of "Mourning Becomes Electra" in Paul Green Theater. Admission is \$20.

### Saturday

10 a.m. ASF will host its Saturday morning breakfast in the student commons of the Chapel of the Cross.

8 p.m. PlayMakers Repertory Company will open its presentation of "Mourning Becomes Electra" in Paul Green Theater. Admission is \$35. Admission for later performances will be \$25.

WXCY will hold its 8th annual Sixties Dance Party until 1 a.m. in the Union. There will be a dance and costume contest; admission is \$3.

### Sunday

11 a.m. UNC Gaming Club will

meet in 206 Union for open gaming until 5 p.m.

## Items of Interest

Campus Christian Fellowship will sponsor a two-part seminar on "Science and the Bible" today at the CCF House on Glenburnie Street. Speaking will be Professor Woolard of Roanoke Bible College. Lunch will be offered between sessions.

The Order of the Bell Tower is now accepting applications for new members. They are available at the Union desk and will be accepted until Jan. 29.

The UNC Environmental Resource Project is offering \$250 stipends for student research work with selected N.C. citizens environmental organizations. Contact ERP at 966-1301 or 966-3332 for info.

Women's Lacrosse Club will practice at 4 p.m. on Finley Fields every Monday thru Thursday weather permitting.

Student Government All Campus Forum will be Feb. 7. If you would like to ask a question, please deposit your question in the marked folder at the Union desk.

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officer production;  
■ the academic quality of the officer candidates;  
■ the cost per commissioned officer;  
■ and the size and share of the program at the host school.

Stow said he thought the criterion with the biggest impact on UNC was production.

"Production was the driving force," he said. "It's a question of how many officers you produce compared to how much it costs to run the detachment."

UNC has between 80 and 100 students in its Air Force ROTC program, which is not a small number for a liberal arts school, Stow said.

"It is a small number for a more technical school," he said. "State has about double the amount we have."

Capt. Bill Stephenson, ROTC public affairs director, said a decrease in officer production is one way to deal with the total reduction of officers.

"We have to start to cut back now to meet the requirements of the Air Force in the future," he said.

To maintain cost efficiency, the number of ROTC detachments must be reduced, Stephenson said.

"It was a decision we didn't want to make, but it is in the best interest of the ROTC, the Air Force and the United States."

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### Career Opportunities

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