



DTH/Doug Habberstad

Colonel Chutney's offers hearty fare and a fun atmosphere at mid-range prices.

Stop those stomach rumblings!

The solution to your hunger pangs is only a few steps away

From staff reports

Having \$500 to blow on your meal card may have sounded great when you started off this semester, but by now your taste buds are sagging at the thought of another meal at Lenior or Chase. You can always grab a burger at McDonald's or Burger King, but lucky for you the restaurants in town offer lots of variety — and they all know what a hungry bunch college kids are. They're all ready to satisfy your appetite — most of them are even within walking distance and, better yet, affordable.

Spanky's may be the first place you think of when you're taking someone out to eat in Chapel Hill. Located in a hot spot on the corner of Franklin and Columbia streets, it's become a UNC tradition and landmark.

For lunch, Spanky's serves a long list of sandwiches, huge salads, big burgers with 12 choices of fixins, homemade quiche and more. Prices for lunch items range from \$3 to \$6.

The dinner menu includes entrees such as steak teriyaki (\$7.65) and shrimp scampi (\$8.95). Chicken, steak, shellfish and fresh fish are also offered as nightly specials.

After 9 p.m., when the bar crowd starts to pile in, Spanky's serves a more limited late-night menu that includes burgers, finger foods and sandwiches.

Sunday brunch is served between 10 a.m. and 2 p.m. Belgian waffles and French toast are topped with fresh fruit, cream or real maple syrup. The omelets are equally mouthwatering.

The atmosphere is graced by dark wood, brass trimmings and plants — Spanky's suits almost anyone's tastes, so whether you're going out with Mom and Dad, your roommate, boss, brother, grandmother or even a date, it's always a safe choice.

Four Corners, located at 175 E. Franklin St., has been dubbed "The Alumni Hangout." Decorated with pictures of the greatest players and the greatest moments in UNC history, it leaves no doubt in your mind that the restaurant is a shrine to the Tar Heel basketball teams of today and yesterday.

Appetizers, salads, sandwiches and burgers, as well as six entrees make up the lunch and dinner menu. Prices run from \$4.50 to \$6 for sandwiches and \$7 to \$10 for entrees. The food is hot and tasty and the background music enjoyable.

The two smoked-glass walls offer an excellent view of one of the prime spots of Chapel Hill, another bonus for dining UNC alumni. The bar is also a popular meeting place for students.

The corner of Henderson and Franklin streets has been the site of the Greek restaurant **Hector's** since 1969. The \$1.65 Greek grilled cheese and double cheeseburgers on pita bread

are particular favorites after a night on the town when food, not more beverages, is needed.

Manager Nomikos Lias knows how college hunger works after a night on the town. He stays open from 11 a.m. until as late as 3 a.m. to catch the last starving students. The atmosphere of Hector's is very different during the day. In the late evening hours, when the lines are long and the grill is full of pita bread and cheeseburgers, smoke and steam linger in the air. All of the employees, five to seven depending on need, are stationed behind the counter at night.

If students want to meet up with other students or find friends, Hector's provides stools at the window convenient for perching so they can watch for people while eating some Greek food.

The Continental Cafe on Henderson Street is Hector's neighbor, and you can get just about anything you're hungry for here. Traditional breakfasts with eggs, pancakes and hash browns are available for about \$3. Lunch and dinner fare includes sandwiches and meat and veggie dishes, plus Greek, French and Italian specialties. The cafe is open seven days a week, from 8 a.m. to 11 p.m. While you're waiting for your food, check out the 20 ceiling panels which depict different scenes from Greek mythology.

If you love subs, **Subway**, with locations on Franklin Street and in Eastgate Shopping Center, specializes in creating subs with all the imaginable fixins right before your very eyes. Roast beef, turkey and ham are the standby favorites on your choice of white or wheat bread, both of which are baked on the premises. All varieties are available in both full size (12 inches) and snack-size (6 inches). Prices average about \$3 to \$4 for the 12-inch subs and about \$2.50 for the snack size. For those who love their greens, several meat or meatless salads can be had for \$2 to \$4.

Sadlack's Heroes, 203 Franklin St., also specializes in deli and hero sandwiches.

Subs are available in full or half sizes on whole wheat or Italian bread. Prices range from \$1 for a hot dog to \$4.10 for John Hill's delight, a hot roast beef and ham sandwich with the works.

The bar is a favorite spot not only for beer drinking but eating as well. There are also a few tables and booths for those who have a hard time balancing on bar stools.

Sadlack's is open Sundays through Thursdays 11 a.m. to 11 p.m., and until 1 a.m. on Fridays and Saturdays. Take-out service is available.

One of Chapel Hill's greatest traditions is none other than the **Rams Head Rathskeller**. Located at 157-A Franklin St., the Rat has been serving townspeople, students, alumni and

faithful regulars since 1948. Lasagna, the "Double Gambler" and pizza are just a few of the favorites listed in the Rat's famous Carolina blue menu.

Adding to the great food is an atmosphere unique to the Rat. Memories of past athletic seasons — autographed footballs, basketballs and pictures — line the walls in the bar. Caricatures of the waiters, most of whom have worked at the Rat for an average of 20 to 25 years, line the back wall of the restaurant. The walls and tables throughout are covered in graffiti from Rat regulars.

The Rat is a restaurant like no other, and a stay in Chapel Hill is not complete until you have entered its heavy wooden door in Amber Alley.

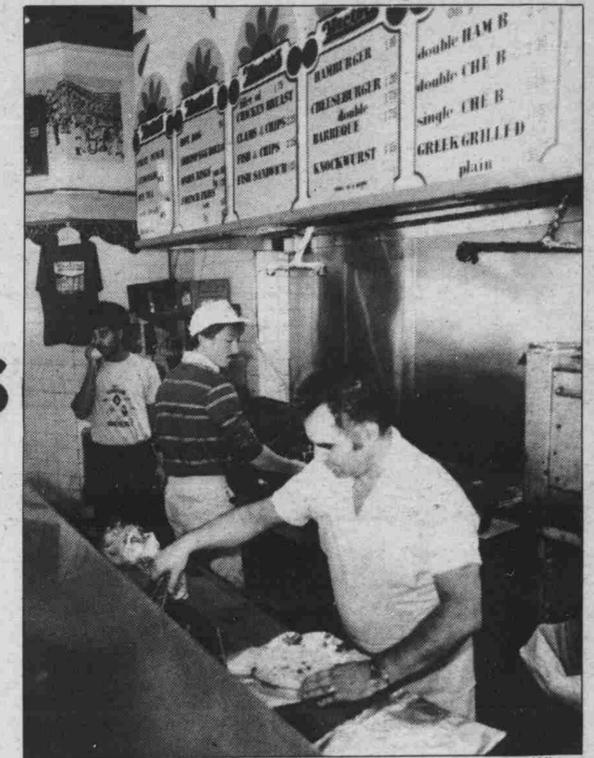
Colonel Chutney's, 300 W. Rosemary St., features chicken dishes, hamburgers and some great salads, ranging from \$5 to \$8. Seafood dishes and 12-oz. steaks are also available and run from \$8 to \$10. You can dine in or relax outside in the garden seven days a week. The Colonel also offers a late-night menu until 2 a.m.

Down the block a little ways, **Dip's Country Kitchen**, 405 W. Rosemary St., offers to "put a little South in your mouth." Fried chicken, vegetable fritters, chicken and dumplings and chitterlings partially comprise a reasonably priced menu that's sure to bring back memories of home or instill a taste for the South in misplaced Northerners. Dip's is open seven days a week from 8 a.m. to 10 p.m.

The Hardback Cafe & Bookstore, 110 N. Columbia St., offers sandwiches, hot meals and specials in a relaxed and comfortable atmosphere. You can even browse through the bookshelves before or after eating. Beer, wine and mixed drinks are available, and when the weather turns cold, try one of their great espresso drinks.

Ham's Restaurant, located next to Fowler's on West Franklin Street, specializes in reasonably priced deli sandwiches. The atmosphere is relaxed, enhanced by memorabilia decor and a model train that runs around the top of the bar. Enjoy their large selection of imported beer and weekly specials in front of the 10-foot wide-screen TV.

Before this list ends, take **Time-Out** — the restaurant, at 133 W. Franklin St., that is. It's the best place in town for cheap, homemade, delicious, quasi-fast food. Biscuits are the core of any Time-Out meal, whether plain or whole wheat. Choose chicken, cheese, egg, bacon, gravy or any combination of these unhealthy delights. Get lots of napkins. Then, get a vanilla chipper for dessert. It's the largest, cheapest dessert in town — the one thing on the menu minus lovely Time-Out grease — but it's definitely still worth a try.



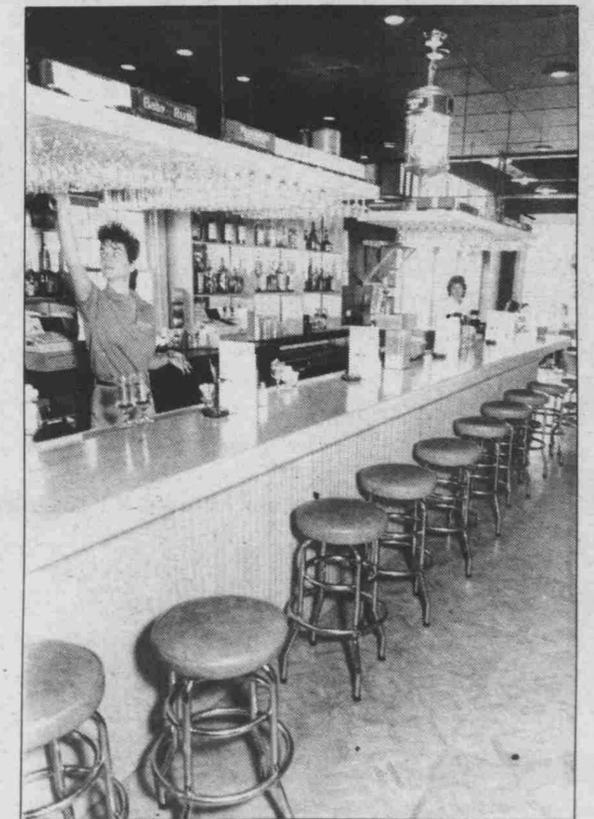
DTH/David Minton

Specializing in late nights and Middle Eastern fare, Hector's is strategically located between the bars and home.



DTH/David Minton

Students can satisfy their late-night hunger pangs at Time-Out



DTH file photo

Ham's has tasty sandwiches for the student budget.