

Are you one of the thousands of women who suffer from female ailments? If so, don't be discouraged, go to your druggist and get a bottle of Wine of Cardui. On the wrapper are full directions for use.

During the last half century, Cardui has been established in thousands of homes, as a safe remedy for pain which only women endure. It is reliable, contains no harmful ingredients and can be depended on in almost any case.



1210

Mrs. Charles Bragg, of Sweetser, Ind., tried Cardui. She writes: "Tongue cannot tell how much Cardui has done for me. Before I began taking Cardui I could not do a day's work. I would work awhile and lie down. I shall always give praise to your medicine." Try Cardui.



FCR SUNDAY NIGHT

MEAL THAT MAY BE SERVED WITH LITTLE LABOR.

Should Figure in the

Should Figure in the

In most households the Sunday night

supper is a movable feast, to be eaten

when appetites are agreeable. There

Hard to attend to household dutics With a constantly aching back.

Light and Portable Dishes Are a Fea-A woman should not have a bad ture of the Repast-Chafing Dish back. And she wouldn't if the kidneys

> were well. Doan's Kidney Pills make well kidneys.

HOUSEHOLD CARES

Tax the Women of Scotland Neck

Same as Elsewhere.

Scotland Neck women should is scarcely a housekeeper who does profit by the following experience. not regard it with mixed feelings of pleasure and pain; of pleasure be-Mrs. J. W. Wallace, 1130 Albecause there is a certain sociability marle street, Tarboro, N. C., says: about it that is delightful while it "Doan's Kidney Pills benefitted me lasts, and of pain because of the work greatly, and I am therefore pleased which follows afterward. It is easy enough in the getting and great fun to recommend them. I suffered in the eating, but when at a late hour, constantly from dull, nagging backafter much gayety at table, the poor aches and distressing pains across young housekeeper is confronted by my loins. I was very restless at an enormous and indiscriminate pile of unwashed dishes on the kitchen table, night and arose in the morning tired a shadow has invaded the household. and languid. I had but little and what appeared to have been a simstrength or energy and could hardly ple repast now seems to have taken attend to my housework. If I all the dishes in the press. The men stooped or attempted to lift, sharp, in the family usually help to carry out darting pains caught me in my back.

every way."

'Certainly, miss," replies the modiste. "Wear a long skirt, rubber overshoes, a sunbonnet and blue

All the Year Round Suet Pudding. American women as a rule do not realize the dietetic value of suet puddings. Nothing in the way of animal food is so easily taken care of by delicate constitutions, and it ordinarily will not harm the weakest digestion. Any fruit in season may be used, although pineapple is given as being especially delicious.

Take sugar, suct and milk of each one cupful, a teaspoonful of salt, three eggs and sufficient flour to make a stiff batter. Put half the batter into a steam cooker, add a layer of pineapple by taking about one-third of a good-sized pineapple and cutting it into small pieces; put the rest of the batter on top and steam two hours. Serve with any kind of sweet sauce.

Apricot Cake.

One-fourth cake chocolate (grated). one-half cup milk, yolk of one egg. Cook this all together, until thick, and let cool: then stir in one tablespoon of melted butter, one cup of sugar, one-half cup milk, one teaspoon of vanilla, one and a half cups of flour, and one scant teaspoon of baking soda, put the soda in the flour. Filling: Cook dried apricots, sweeten to taste; when cool spread between lay ers and on top. Beat the white of the egg to a stiff froth, add two table-Spread on top of the apricots.

sauce.

purifies the blood-cures the cause-

Theatrical Manager-I'm sorry, but there's no place for you in this drama; every part has been taken. Egotistical Actor-Never mind that. I'll create my part .-- Puck.



The Kind You Have Always Bought, and which has her in use for over 30 years, has borne the signature

and has been made m sonal supervision ain Allow no one to decom All Counterfeits, Imitations and "Just-Experiments that trifle with and endange Infants and Children-Experience again-

What is CAST

urai sice

Castoria is a harmless substitute for (goric, Drops and Soothing Syrups. It is contains neither Opium, Morphine por of substance. Its age is its guarantee. It destays have and allays Feverishness. It cures Diarrhom and Wa Colic. It relieves Teething Troubles, curve Constitution and Flatulency. It assimilates the Fond, regulates the Stomach and Bowels, giving healthy and The Children's Panacea-The Mother's I

