

"Cardui Cured Me"

For nearly ten years, at different times, Mrs. Mary Jinks of Treadway, Tenn., suffered with womanly troubles. She says: "At last, I took down and thought I would die. I could not sleep. I couldn't eat. I had pains all over. The doctors gave me up. I read that Cardui had helped so many, and I began to take it, and it cured me. Cardui saved my life! Now, I can do anything."

TAKE THE CARDUI Women's Tonic

If you are weak, tired, worn-out, or suffer from any of the pains peculiar to weak women, such as headache, backache, dragging-down feelings, pains in arm, side, hip or limbs, and other symptoms of womanly trouble, you should try Cardui, the woman's tonic. Prepared from perfectly harmless, vegetable ingredients, Cardui is the best remedy for you to use, as it can do you nothing but good. It contains no dangerous drugs. It has no bad after-effects. Ask your druggist. He sells and recommends Cardui.

Write for: Ladies' Advisory Dept., Chattanooga Medicine Co., Chattanooga, Tenn., for Special Instructions, and 64-page book, "Home Treatment for Women," sent free, J. 54

Fewer Willing to Sell Their Hair.

Owing to the fact that the young countrymen of France, under the spreading influence of the cities, are becoming more particular as to the appearance of the girls they "walk out" with, peasant girls are becoming less and less willing to sell their rich tresses to hair dealers. At the great Limoges fair, held in the market place of the city, there were fewer dealers present than ever before. The supply of hair is falling and prices ranged from \$1.50 to \$1.35 a pound.

Select the Beautiful Way.

There is a beautiful and an ugly way in which to say almost everything, and happiness depends upon which way we take. You can upset a person for a whole day by the harsh way in which you may call him in the morning, or you may give him a beautiful start by the cheerfulness of your greeting. So not only in words, but in all the little common courtesies and duties of life, think of the beautiful way of doing each.—D. L. Porter.

Defender of Apaches Debarred.

One Paris lawyer has had his name struck off the rolls because it was discovered that he acted as the regular legal adviser of the Apache fraternity, from which he drew \$5,000 annually in fees. One day he was engaged to defend an Apache in a suburban court. His client was not satisfied with the lawyer's procedure in the case, and after a heated argument outside the court the client threw the lawyer into the River Seine.—Case and Comment.

An Ideal.

I know of no more encouraging fact than the unquestionable ability of a man to elevate his life by a conscious endeavor. It is something to be able to paint a particular picture, or to carve a statue and so make a few objects beautiful; but it is far more glorious to carve and paint the very atmosphere and medium through which we look, which morally we can do.—Thoreau.

Always a Way.

In a public washroom, where there were towels aplenty, if anybody wanted to use that kind, Tip saw a man who had been washing his face in cold water take his immediately clean, very fresh-looking shirt sleeves, as he could with the cuff button links unfastened, and slowly mop his dripping face till it was dry; so there's always a way.—New York Press.

Bell Ringer's Occupation Gone.

The abolition of the custom of ringing the town bell at Buntingford, Hertfordshire, England, which for 300 years has tolled for deaths and funerals from over the gateway of an inn, throws out of occupation Saunders, the bell ringer, whose family have rung the bell continuously for over 140 years.

Sweets for Children.

If you desire to keep your children healthy and yet satisfy their natural craving for sweets, give them the sugar in its natural form. Candy is luxurious, but honey, preserved figs and dates, raisins and maple syrup are just as much appreciated by the small folk as the manufactured sweets.

The Men Who Succeed

As heads of large enterprises are men of great energy. Success today demands health. To all is to fail. It's utter folly for a man to endure a weak, run-down, half alive condition when Electric Bitters will put him right on his feet in short order. "Four bottles did me more good than any other medicine I ever took," writes Chas. B. Allen, Sylvania, Ga. "After years of suffering with rheumatism, liver trouble, stomach disorders, and deranged kidneys, I am again, thanks to Electric Bitters, sound and well." Try them. Only 50 cents at E. T. Whitehead Company's.

Cure for Dime Novel Reading.

It was asked recently what could be done to stop boys from reading dime novels, and the reply of one observer was: "Teach dime novels in the same way that you do English in the high schools and that will soon stop it." I know one or two young folks who will never read Scott, because French was taken up as a school subject.

If you knew of the real value of Chamberlain's Liniment for lame back, soreness of the muscles, sprains and rheumatic pains, you would never wish to be without it. For sale by all dealers.

A Jewel.

Says one of the characters in a current play, speaking of his wife whom he wants to divorce: "She sees that my meals are properly cooked, she runs my house, she takes care that the buttons are on my clothes, but she doesn't make her a wife?" Nope, it doesn't make her a wife. It makes her a jewel of purest ray serene.—Philadelphia Inquirer.

Few, if any, medicines have met with the uniform success that has attended the use of Chamberlain's Colic, Cholera and Diarrhoea Remedy. The remarkable cures of colic and diarrhoea which it has effected in almost every neighborhood have given it a wide reputation. For sale by all dealers.

Christmas Makes Demand.

The German demand for apples and nuts to hang on Christmas trees is always very great. The inland production of apples, even in a favorable year, although large, is far too small for the demand, in spite of the fact that thousands of acres of new trees are planted each year. In order to supply the inland market, large quantities of apples and nuts must be imported from abroad each year.

Dyspepsia is our national ailment. Burdock Blood Bitters is the national cure for it. It strengthens stomach membranes, promotes flow of digestive juices, purifies the blood, builds you up.

JUDGE FOR YOURSELF.

Which is Better—Try an Experiment or Profit by a Scotland Neck Citizen's Experience.

Something new is an experiment. Must be proved to be as represented.

The statement of a manufacturer is not convincing proof of merit.

But the endorsement of friends is. Now supposing you had a bad back, A Lame, Weak or Aching one, Would you experiment on it? You will read of many so-called cures.

Endorsed by strangers from far-away places.

It's different when the endorsement comes from home.

Easy to prove local testimony. Home endorsement is the proof that backs every box of Doan's Kidney Pills.

Read this case:

Mrs. W. S. Bradley, Roanoke St., Scotland Neck, N. C., says: "I have been convinced that Doan's Kidney Pills are a good kidney medicine for they have been used in my family with splendid results. One of my children had a kidney weakness and I used Doan's Kidney Pills in this case, getting them at E. T. Whitehead Co.'s Drug Store. The results were very satisfactory."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, New York, sole agents for the United States.

Remember the name—Doan's—and take no other.

Small Boy as Conservationist.

A lecturer before a suburban woman's club raised his voice with emphatic confidence. "I venture to assert," he said, "that there isn't one in this audience who realizes the importance of the conserving of our forests." A small boy who had accompanied his mother to the lecture interrupted in a high, childish voice. "I once shot a woodpecker," he said.

Newly Driven From Home.

Every year, in many parts of the country, thousands are driven from their homes by coughs and lung diseases. Friends and business are left behind for other climates, but this is costly and not always safe. A better way—the way of multitudes—is to use Dr. King's New Discovery and cure yourself at home. Stay right there with your friends, and take this safe medicine. Throat and lung troubles find quick relief and health returns. Its help in coughs, colds, grip, croup, whooping-cough and sore lungs make it a positive blessing. 50c and \$1. Trial bottle free. Guaranteed by E. T. Whitehead Company.

Misquotation.

It is very surprising to find in the Charlotte Observer this misquotation of an old phrase, "Everything was lovely and the goose was hanging high." This is the way the unformed communally have come to write it, but in the Tar Heel country they know better. The right rendering is "the goose hangs high," as the wild goose does when the weather is fine, or in other words, when "everything is lovely."—Nashville Banner.

An article that has real merit should in time become popular.

That such is the case with Chamberlain's Cough Remedy has been attested by many dealers. Here is one of them. H. W. Hendrickson, Ohio Falls, Ind., writes, "Chamberlain's Cough Remedy is the best for coughs, colds and croup, and is my best seller." For sale by all dealers.

Women in Suicide Epidemic.

No fewer than five suicides, all of women, were committed in Paris one recent day. A mother and her daughter took cyanide of potassium because they had had no food for three days. The daughter was a lyric artist. A young Australian girl of 18 threw herself onto the rails as a train was entering the Marben station of the Metro. A woman of 40 took arsenic, and the fifth, who was 27, shot herself through the heart.

Uncle Ezra Says

"It don't take more'n a gill uv effort to git folks into a peck uv trouble," and a little neglect of conversation, lillousness, indigestion or other liver derangement will do the same. If ailing, take Dr. King's New Life Pills for quick results. Easy, safe, sure, and only 25 cents at E. T. Whitehead Company's.

Bright Light in Calamity.

Times of general calamity and confusion have ever been productive of the greatest minds. The purest ore is produced from the hottest furnace, and the brightest thunderbolt is elicited from the darkest storm.—Lacon.

Running up and down stairs, sweeping and bending over making beds will not make a woman healthy or beautiful. She must get out of doors, walk a mile or two every day and take Chamberlain's Tablets to improve her digestion and regulate her bowels. For sale by all dealers.

Stained Boards.

Boards that are stained are apt to become lighter after a little wear; but if rubbed with paraffin oil they will again become darker. They may then be rubbed with beewax and turpentine, when they will look as well as ever.

Any skin itching is a temper-temper. The more you scratch the worse it itches. Doan's Ointment cures piles, eczema—any skin itching. At all drug stores.

RECIPES FOR CANAPES

VARIED ASSORTMENT THAT SHOULD SUIT ALL PALATES.

Chicken, of Course, Always the Most Popular, Though Anchovy, Caviar and Mayonnaise Are All Delicious—Made With Hash.

Chicken Canapes.—Fry round slices of white bread, or toast them delicately, and then top each with a little minced chicken and sauted mushrooms, seasoning delicately with salt, cayenne and butter. Set in the oven for five minutes and serve hot. The drumsticks of a large roast chicken and six mushrooms would make half a dozen of these delectable bites. If the chicken is dry, mix it with a little fresh cream or olive oil.

Cold Anchovy Canapes.—Pound anchovies to a smooth paste with a little butter and season with cayenne and lemon juice. Spread the paste on thin strips of hard toast about two inches wide, then sprinkle them with hard boiled egg, chopped almost to a powder. These are delicious supper bites.

Caviar Canapes.—Mix caviar to a cream with lemon juice and spread on thin strips of buttered toast. Sprinkle the bread in even rows with chopped hard boiled egg and minced onion, adding a dust of salt and cayenne. Another way is put a ring of onion on the bread and then drop a slice or two of hard boiled egg inside.

Mayonnaise Canapes.—Spread rounds of fried bread very thinly with anchovy paste and then cover with mayonnaise, to which have been added chopped capers, olives and onion. Serve cold, and garnish the dish with cress.

Hash Canapes.—Put a little ham or tongue with beef or mutton and chop almost to a paste. Add one tomato and a green pepper and season highly with cayenne; only heat the mixture thoroughly in butter if all the ingredients have hitherto been cooked, and serve on slices of hot buttered toast. Remember that any appetizing edible in the house may always be added to a meat hash, fish excepted.

Ham Canapes.—Rub chopped ham to a smooth paste, moistening it with cream or melted butter. Spread the paste on small rounds of fried bread, sprinkle with grated Parmesan cheese and cayenne or paprika, and brown in the oven.

Liver Canapes.—Sauté thinly sliced calf's liver in butter, not cooking it too much; season with salt and black pepper. Then fry a little thinly-sliced bacon. Put the liver, cut in narrow strips, on two-inch strips of buttered toast, then cross them with smaller strips of bacon. Add a small lump of butter to each canape, and put them in the oven for this to melt. Ornament the platter with watercress.

Making Cream Puffs. Put two ounces of butter into a saucepan, add half a pint of water, bring to boiling point, add quickly half a pint of sifted flour, a pinch of salt, and one teaspoonful of sugar; stir well with a wooden spoon until the mixture leaves the sides of the pan; remove from the fire, allow to cool, but not become cold; add four eggs, beating each one thoroughly in. Put away in a cool place for one hour. Put the mixture into a forcing bag with a plain tube and force on to a baking tin into small rounds; brush over with beaten egg and bake in a hot oven for half an hour. When cold split open on one side and fill them with whipped cream, sweetened and flavored to taste. Sprinkle powdered sugar over the top.

Vegetable Sausages.

Three carrots, four onions, two parsnips, one half pint split red lentils, two eggs, one-half pound bread crumbs, sage, parsley, garlic, salt and pepper. Boil the vegetables and mash them; cook the lentils until soft; pound them well; add to the mashed vegetables, together with a little boiled sage, chopped parsley, a small portion of finely chopped egg and bread crumbs; add a portion to the other ingredients; make up into pieces about the size of ordinary sausages; roll in egg and bread crumbs; fry in boiling oil until brown.

Stuffed Ham.

Select a freshly cured ham and have bone removed. Fill cavity with stuffing made of bread crumbs, tie up securely and inclose ham in a paste of flour and water to keep juices from escaping. Tie in a pudding bag or cloth, have ready a pot of boiling water and let ham boil slowly about two hours. When boiled sufficiently, remove the crust, pare skin off carefully, so as not to injure the shape of the ham, put it in a roasting pan, sprinkle with bread crumbs, set in moderate oven to roast.

Pineapple Sandwich.

One cup of pineapple, juice and pulp, three-fourths of a cup of sugar, juice of half a lemon, lady fingers; cook the pineapple, sugar and lemon juice until thick, let it cool, spread upon the lady fingers or sponge cake. Press together in pairs.

Dates and Ginger Sandwich.

Chop the dates and preserved ginger, moisten with syrup from the ginger jar and a little lemon juice; cook with a little water or not, to a smooth paste; cool; when cold spread the mixture upon thinly sliced bread and cut in diamond shapes.

Sleeping in Doses.

Doctors are now studying the idea of sleeping for a shorter time and oftener. By division of the hours of sleep new stimulus for work is gained and new energy—both physical and mental—must result.—Harper's Weekly.

"I have been somewhat costive, but Doan's Regulents gave just the results desired. They act mildly and regulate the bowels perfectly."—George B. Krause, 306 Walnut Ave., Altoona, Pa.

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The Kind You Have Always Bought

Chas. H. Fletcher

What is CASTORIA?

Castoria is a harmless substitute for Calomel, Drops and soothing Syrup, contains neither Opium, Morphine, nor any other narcotic substance. Its age is its guarantee, and allays Feverishness, Teething Troubles, Colic, and Flatulency. It assimilates the Stomach and Bowels, giving health to Infants and Children—Experience Testifies.

GENUINE CASTORIA

Bears the Signature

Chas. H. Fletcher

The Kind You Have Always Bought

In Use For Over 30 Years.

THE CENTAUR COMPANY, 27 MURRAY STREET, N. Y. C.

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A State school to train Teachers for the public schools of North Carolina. Every young man and woman who is qualified to teach should be trained to this one purpose. Tuition free to all who agree to teach. Fall Term begins Sept. 21, 1912. For catalogue and other information address:

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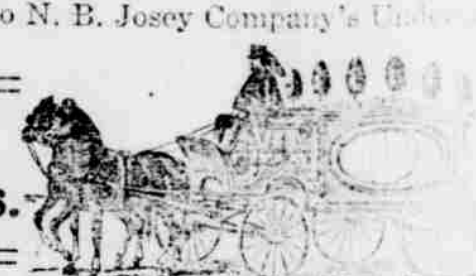
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(Established 1848.) 159-168 Park St., N. Y. C.

MUSTANG LINIMENT

CURED A BAD SPRAIN.

Dr. J. H. Ivey, Marion, N. C., writes: "My horse had a very bad case of spavin and was unable to work. I used Mustang Liniment and in a few days he was able to work again. I have used it since and it has cured many other cases of spavin and other ailments of horses. It is a very good remedy and I can recommend it to all horse owners."—J. H. Ivey, Marion, N. C.

MUSTANG LINIMENT

FOR HORNET STINGS.

Dr. J. H. Ivey, Marion, N. C., writes: "I have used Mustang Liniment for many years and it has cured many cases of hornet stings and other insect bites. It is a very good remedy and I can recommend it to all who are troubled with these ailments."—J. H. Ivey, Marion, N. C.

MUSTANG LINIMENT

FOR BURNS AND BRUISES.

Dr. J. H. Ivey, Marion, N. C., writes: "I have used Mustang Liniment for many years and it has cured many cases of burns and bruises. It is a very good remedy and I can recommend it to all who are troubled with these ailments."—J. H. Ivey, Marion, N. C.

Administrator's Notice.

Having qualified as administrator of John B. Neal, deceased, late of Halifax county, North Carolina, this is to notify all persons having claims against the estate of said deceased to present them to the undersigned within one year from the date of this notice or said notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate settlement.

July 11, 1912.

R. S. NEAL, Adm'r.
Kittelin & Smith, Att'ys.

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Maintained by the State for the women of North Carolina. Five regular courses leading to degrees. Special courses for teachers. Free tuition to those who agree to become teachers in the State. Fall session begins September 18, 1912. For catalogue and other information, address,

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For Saturday and Sunday forenoon trains, June 1st to September 8th, inclusive, limited to midnight of the following Monday.

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every year to poultry and hog raisers. Last year thousands of Hogs and Poultry were saved from cholera and other diseases during the hot weather by the use of

At-Sine

The Greatest Cholera Preventive Known

Drugs and chemicals cure cholera, but don't give you strength and energy. Give At-Sine to your poultry and hogs. It is a natural remedy and it cures cholera, typhoid, dysentery, and all other diseases of the bowels. It is a natural remedy and it cures cholera, typhoid, dysentery, and all other diseases of the bowels. It is a natural remedy and it cures cholera, typhoid, dysentery, and all other diseases of the bowels.

At-Sine is a natural remedy and it cures cholera, typhoid, dysentery, and all other diseases of the bowels. It is a natural remedy and it cures cholera, typhoid, dysentery, and all other diseases of the bowels. It is a natural remedy and it cures cholera, typhoid, dysentery, and all other diseases of the bowels.

YOU own it to yourself and family to see the

STIEFF PIANO

to get acquainted with its beautiful rich tone. Hearing and seeing is believing; come to our warerooms, see and hear for YOURSELF.

You will be surprised at the difference; particularly at the price and terms.

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THE WIDELY-PHENIX, Assets over \$1 million.

THE GLOBE AND RUTGERS, Assets over \$1 million.

Should you wish insurance of any kind see me. Will see that loss is paid, unless by fraud.

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DIAMOND BRAND

Refuse all Substitutes.

LADIES! Ask your Druggist for CHICHESTER'S DIAMOND BRAND PILLS in Red and Gold metallic boxes, sealed with Blue Ribbon. There are others. Buy of your Druggist and ask for CHICHESTER'S DIAMOND BRAND PILLS. Do not accept cheap imitations. They are not safe. Always Reliable. SOLD BY ALL DRUGGISTS

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