

A FLAT COIFFURE FOR THE SMALL HAT



Tie the Back Strand Securely

Pinning the Side Sections

ARRANGING THE COIFFURE How to Accomodate It to the Style of Hat Worn.

BY EDNA EGAN.

Never interesting subject is that of hair. Every woman—that is, every live woman—pricks up her ears when she hears any mention of a little turn of the betterment of her coiffure. Some women are born with a knack for arranging their hair easily and becomingly. Others have to practice before they become at all adept. Still others are so apathetic about the matter that they never care how their hair looks. It is the middle class, then, who will be interested in the following talk about the arrangement of the flat coiffure which will look well with the small hat.

The flat coiffure is very often uncurled, but there are so few women with features that will admit of this treatment that the majority of coiffures have at least some sign of waves. The hair is curled before it is arranged into the final lines. It is then brushed down around the head, and divided in half from ear to ear.

The back strand securely as shown in the photograph. This will not only keep the section separate, but it will give a foundation on which to pin the knot when it comes time to arrange it.

The next step is to divide the hair at the side, taking just a small portion near the ear and pinning the hair to the back section. Draw the hair to form a scallop as indicated. At first you will have difficulty in getting the hair to stay in such a position, but the use of hair pins and the occasional application of brilliantine will do much to train the hair in the way it should go.

To gain another scallop, pick up an-

other strand of hair—do not take up too much, for you will need a portion to draw back from the middle front. Pin the strand which is to form the second scallop back loosely with the rest of the hair and then coax the front into a waved line.

Do the same thing with the other side of the hair and then draw the middle portion back rather taut. Of course, this cannot be laid down as a general rule, for there are many women to whom the style would not be becoming. In this case the middle front portion can be arranged loosely.

Now twist all the ends together at the back. Here you are cautioned against twisting the knot too tight. After the knot has been pinned and spread out as flat as possible squeeze or press it gently with both hands. This gives the knot a better shape than it would otherwise have.

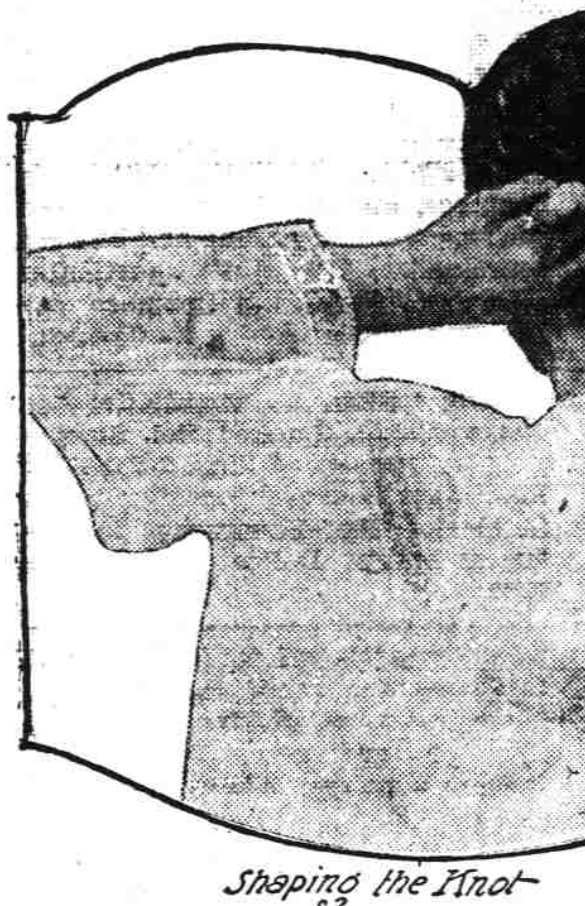
In adopting any style of hairdressing remember that in order to look well, the hair must be properly cared for and groomed daily. This means that it should be kept clean and brushed daily. A daily massage is not to be overlooked either. It is by the massage that the circulation of the blood is stimulated, the scalp becomes supple and the hair roots receive proper nourishment. All of the rules applying to the upkeep of the general health are especially good for the condition of the scalp and hair. I have found, and no doubt many of you have found also, that when the health is below par the hair becomes lifeless and almost unmanageable. It is for this reason that the condition of the entire system must be of the best if one wishes to have a luxuriant crown of glory.

If you are troubled with annoying little ends after the hair is dressed,

Coaxing a Waved Hair Line

you should wear a hair net, but be sure to arrange it loosely. Loosen up the hair underneath the net by raising it with hairpins where it seems to be too tightly drawn for grace.

To adjust the hair net cleverly requires practice. Begin by pinning the net at each side of the head in front of the temples, and then draw the ends loosely toward the back, where they should be fastened at the nape of the neck. Use small invisible hairpins for the purpose. If possible, get the pins to match the color of your hair.



Shaping the Knot

ADENOIDS

EVERY little babies, sometimes snore and snuffle and habitually breathe through their mouths. If this trouble continues and does not yield to simple correction the child must be watched and when a suitable age is reached be operated on for adenoidal growths.

Sometimes the symptoms do not appear until the child is several years old, and this is just as well, for the child then has had a chance to get over its teething troubles before it begins to suffer from a lack of fresh air in its lungs.

It must be remembered that everyone has adenoids; they are a natural growth and do not become dangerous until they grow abnormally large and clog the passages. They have their uses, just as anything else in Nature has a purpose, but when they exceed in size the space allotted to them it is time to disturb them rudely and effectually, for not only do they necessitate mouth breathing, but they interfere with the proper development of both mind and body and even cause trouble with the ears and throat. We need plenty of fresh air, but it must pass through the nose so as to be disinfected and warmed before it reaches the throat and lungs. The nose is built to perform this duty, but the mouth is not, hence in addition to the lack of pure air the adenoid sufferer is filled with germs which under right conditions would have been caught and largely destroyed in the nasal passages.

No mother wants her child to start in life with such a drawback to health, and while it is not well to be hasty about operating, the child should yet be under the care of a competent physician until the psychological moment arrives for removing the growths. This moment will necessarily vary according to the individual child.

WHEN YOU EAT AT THE HOTEL Many Girls Dread Publicity of the Hostelry Dining Room.

BY LUCILLE DAUDET.

SO many girls look forward to a hotel dinner as a dreaded ordeal, rather than a pleasure. They are sure that they will make mistakes at every turn, and rather than prove themselves ridiculous, they invent excuses for refusing an invitation.

Of course, the young girl is governed by her mother in accepting invitations of this nature; but when she has reached the age of discretion, she may go to dinner at a hotel, unchaperoned, provided the customs of her locality sanction such an arrangement, and on condition that her escort is thoroughly reliable.

Etiquette peculiar to hotels virtually does not exist, the rules followed there being identical with those obeyed at any home dinner, and all that is needed for the amateur is to use her common sense. If a girl conducts herself generally in a ladylike manner, she need not be at a loss on such occasions.

The first difficulty a girl presents is what she shall wear. Is it to be an evening gown or a suit? This depends very much on the nature of the entertainment that has preceded or is to follow the dinner. Very often, after a long, healthy, appetite-giving walk, dinner is proposed. On the other hand, it precedes a theater engagement. The costume that befits most occasions is a street suit, with a dressy blouse and becoming though not too elaborate hat. An afternoon dress with separate coat is also appropriate. Remember that you can never err through too simple a garb. Even though others are more elaborately dressed, if you do not call too much attention to yourself, nobody can criticize nor are you bringing unfavorable notice to yourself. If you are going to a party, find out if it will be formal, so that you will be able to wear evening dress, if the others decide to do so.

If you go in street costume, the hat is always worn at dinner, and the coat may be worn into the dining room and there removed, or left in the ladies' cloak room to be checked and held for your return. It is the escort's place to propose the latter plan if he wishes you to be relieved of the burden of

wraps. Have no hesitation at such a time to ask him where the ladies' retiring room is, as especially after a walk or afternoon's outing, it is almost a necessity to freshen up.

In the dining room, the gentleman takes the initiative in everything. The waiter will pull out your chair for you, and either he or your escort will help you to remove your coat if you have not already done so.

Your escort will order the dinner, because he knows about how much he intends to pay, and he will probably suggest one or several things that he thinks would be suitable. Very often hotels have one or a choice of table d'hote dinners, that is, dinners already arranged and more reasonable in price than if each course is ordered separately, "a la carte." If your escort will not undertake the ordering of your dinner, try to choose dishes of a medium price, neither too cheap nor too expensive, perhaps including soup or oysters, meat and vegetables, salad, and dessert; or if there is a special dinner, it would be proper to order it.

If you are having coffee or tea, the waiter may serve it or ask you if you care to do so. You may consent or refuse. In the first case the service is put conveniently near you, and it is your duty to pour the beverage as well as add the cream and sugar that your escort may desire.

At some hotels the diners dance between courses. In such a case, the girl may accept her partner's suggestion to get up and join the others.

Another matter often discussed, is the taking of liquors when at dinner in a public place. It cannot be said that the girl who makes this a practice is a bad girl, but she runs the risk of being termed thus. The respectable girl should be most careful of the impression she makes on others, particularly the public in general. No matter how accustomed she may be to taking it at home, she will find it the safest plan to avoid it when out with a young man. Of course it is taken for granted that her escort is well known and respected by her and her family; but the chances are that they are all mistaken, and in such a case, especially if the girl be inexperienced, the results are apt to be disastrous should she indulge.

THE KITCHEN

Baked Tomatoes, Luncheon Style.
Have ready a quart of canned tomatoes, one cup of fine stale bread crumbs and one cup of chopped pecan nut meats. Stir one-quarter cup of melted butter through the bread crumbs. Put a layer of tomatoes in dish, sprinkle lightly with salt and pepper, then with the bread crumbs and the chopped nuts. Continue the layers until all are used, having the last layer of nuts and then crumbs. Let cook about 20 minutes.

Harvard Salad.
Cover green peppers with ice water and let stand until crisp. Cut a slice from stem end, remove seeds and wipe inside. Mash cream cheese, moisten with cream and season with salt and cayenne. Fill pepper case with cheese, chill thoroughly and cut in one-third inch slices crosswise. Drain slices of canned pineapple, arrange a thin slice in each nest of lettuce and on each slice of pineapples place a slice of pepper. Serve with the following dressing: Mix four tablespoons of olive oil, two tablespoons lemon juice, half teaspoon of salt, and one-quarter teaspoon paprika. Shake before using.

Pineapple Whip.
Take a cup of grated pineapple, heat with a cup of sugar and a cup of cold water and let simmer 10 or 15 minutes. Soak a tablespoon of gelatin in one-eighth cup of cold water, while the above is cooking. Mix this with the hot pineapple on taking it from the fire, and cool; then add the whites of four eggs, beaten stiff, and beat all till it begins to harden thick. Pour into a mold to harden. Serve with whipped cream.

French Fried and Glazed Onions.
Peel onions, cut in quarter-inch slices and separate into rings. Dip in milk, drain and dip in flour. Fry in deep fat, drain on brown paper and sprinkle with salt.

Glazed Onions—Peel small silver skinned onions and cook in boiling water 15 minutes. Drain dry on cloth

put in buttered baking dish, add high-seasoned brown stock to cover bottom of dish, sprinkle with sugar and bake until soft, basting with stock in pan.

Prune Whip.
Cook one pound of prunes as for sauce, with half a cup of sugar or more if desired. When done and cooled cut up fine and remove the stones. Whip half a pint of cream and stir with the prunes, then beat the whites of three egg stiff, with half a cup of sugar and stir into the other mixture. Whip another half pint of cream and pile on top of the other when served in glasses.

Lemon Patties.
Scald two cups of grated bread-crumbs with one cup of boiling milk. When cool add three well beaten eggs, two ounces of butter beaten to a cream and one tablespoon of powdered sugar. Bake in small cups and serve with whipped cream flavored with vanilla and lemon sauce.

Ice Cream Surprise.
Just before serving ice cream make a meringue with whites of three eggs and three tablespoons of sugar. Turn the ice cream on a thin round sheet of sponge cake on the serving plate, cover it all with the meringue. Do not smooth it. Put the plate on a piece of wood and put it in a quick oven a few minutes to brown slightly. The cream will not melt, because the wood and meringue both act as non-conductors of the heat.

Fruit and Nut Rolls.
Stir together three cups of flour, six level tablespoons baking powder and one and a half teaspoons salt. Work in from one-eighth to one-half cup shortening. Mix soft with sweet milk. Roll out one-third inch thick. Spread with soft butter and sprinkle with raisins and chopped nuts (filberts preferred). Roll compactly, then cut the roll in pieces an inch long. Set on end in buttered tins and bake 20 minutes.

WICKER FURNITURE

IN days gone by, a decade or two years or more ago, wicker was considered principally and almost exclusively a porch furniture. It was the very nicest kind of furniture for the porch though it was much too high priced for the average family of moderate means. That is, it was much too expensive for a family of moderate means to use on the porch, when any cheap wood would do just as well. But it was considered out of the question for indoor usage in those days. Expensive and exclusive as it might be for porch, it was quite impossible for interior usage.

Now, however, all the old order is changed. Any number of the up-to-date country homes are furnished throughout in wicker. Beautiful bedroom sets, stunning dining room sets, to say nothing of innumerable living room sets, are all made by the modern furniture makers in wicker. Even in city apartments you can see a great many parlor sets in gray or white or brown wicker, and an endless number of wicker-furnished bedrooms.

Perhaps many of you housewives have discovered to your sorrow that your charming wicker parlor furniture no longer looks as it did three or four seasons ago, when it was new. You may have wiped, washed or gasolined all the dirt and stains off it as best you can, and even after all this it still looks old and unprepossessing. Yet you can, if you will, restore your set to almost its old freshness with no particular difficulty. Even the worn seats can be fixed up, if you will take the trouble. You can restore its original freshness either by a new coat of varnish or fresh paint or by dyeing it.

Devised Sardines.
Remove the skins from the sardines, place on a buttered plate, season with Worcestershire sauce, mustard and cayenne. Cover with buttered crumbs and bake till brown. Serve very hot.



The Finished Coiffure

DAME FASHION SAYS

BY MRS. KINGSLEY.

SO many women a frock made of taffetas alone is a good summer standby, and dark blue is a useful color and one that fashion approves heartily. Such a dress requires only the touch that genius can contrive to raise it from the commonplace.

Very cleverly arranged to the end that both originality and economy were realized was a frock of dark blue taffetas seen the other day, which at the hem of the skirt had a rather deep band of oxidized silver tissue covered with row after row of narrow black lace, slightly ruffled. The sleeves agreed with this scheme, which was a very charming exposition of utility.

In another case a narrow green galloon and short fringe was a new idea at the hem of a skirt and coat of fine dark blue hopsack, and one great dressmaker uses narrow ribbon for the purpose of providing a contrast. Lacquer-red or green looks striking, set not startling, against dark blue, and the punctuation of a linen of black or lavender ribbon sprinkled over with tiny white mauve, and black posies is an effective resource for a thin black gown.

Many of the girls of today have a

wonderful knack with ribbon and flowers and are developing it with the happiest results in so varying one frock that it looks like two or more different dresses.

To their aid a multitude of lovely ribbons have come, broad, of medium width, and very narrow, with delightful blossom centers and bold black or dark edges sometimes tipped with bullion.

One girl has made a broad belt for her muslin frock, like a swiss one turned upside down, so that the straight line defines the slenderness of her waist and the point is carried up to the schu she affects. At one side she has stashed the belt to mark the appearance of three ends which hang far down upon her skirt.

Nowadays we find the most elaborate taffetas gowns decorated with broderie Anglaise worked by hand, and a summer blouse recently seen was expressed in pale rose linen and richly ornamented with open-work embroidery done in pale rose-working silk. Underneath there was a slip bodice made of ivory white pongee and the blouse was finished with a Puritan collar and deep cuffs made of very fine Valenciennes insertion and web muslin.

ODDS & ENDS

TO remove stains from wallpaper, mix a little grated clay with enough water to make a smooth paste, spread this over the stain and leave for twelve hours. Afterward scrape it off with a paper knife or other blunt instrument, and brush with a soft brush. No trace of the stain will remain.

IF you wish to transplant annual flowers that have been started in a hot bed, the best time is late in the afternoon. If the little plants are thick and not easily separated, it is a good plan to set clumps of them in a shallow pan of water. The water will loosen the earth without disturbing the roots, and then the tiny seedlings may be separated without difficulty. And after the little plants are in their new locations they should be given water with a generous hand.

THE vogue for black and white checked and striped materials is by no means on the wane, and many of the new coats and skirts fashioned in black and white check worsteds are exceedingly smart and becoming. A charming design for a costume of this description, with full skirt and basque jacket was seen a few days since. The collar and cuffs were of white moire silk, stitched with black, and with it was worn a white fox shoulder wrap, these white furs being particularly popular at the moment.

QUAKER indeed are the things chosen by some persons for table coverings. In houses where the floors are spread with rich rugs one will sometimes notice table coverings utterly out of keeping with the surroundings. It is by no means unusual to see a handsome, polished mahogany table in the living room with a jarring note in the way of a starched runner of Mexican drawn work linen, or possibly a round cluny lace and linen piece under the standard lamp. This seems like decoration. Wash dollies or washable lace affairs, unless unusually rare, odd or interesting, are far from being the correct things to use in living rooms or halls or in any formal room as table covers. Otherwise attractive and artistic effects may be altogether spoiled by just such inappropriate things. In general it may be said that white coverings are not suitable for the table in the living room and that it is not necessary to cover the whole table, unless a handsome rug is used.

ALMOST all women are heartily glad that larger hats are the fashion. There is a mysterious allure about the big shady hat which shadows the face that is wonderfully softening and becoming. To young faces the new hats which curve deeply down at each side make really bewitching frames, especially when they are of some dark color and lined underneath the brim with some blue, oyster pink or the pale putty shade that has proved so valuable for the purpose. Never has there been such a catholicity of choice as this spring. For, according to your re-

quirements and what becomes you best, you can have either the close fitting swathed toque, the tall, practically brimless hat of Cossack fame, surmounted by a cockade of a chevron ribbon; the dainty drooping Watteau or Dolly Varden, the charming and less exacting bell shape, or the great "cart wheel," always dear to the feminine heart—and head.

WHILE a nightly bath is excellent, the feet should not be soaked oftener than once a week, unless they are sore from walking or standing, says a writer. In that case dissolve a bit of washing soda the size of the thumb's end in a basin of water, as hot as can be borne. Soak the feet in this ten minutes, rinse in clear hot water, wipe dry and rub and knead with the bare hands for five minutes. For perspiration—especially offensive—never let hot water touch your feet. Bathe nightly in cold water with borax in it. For tender or burning feet nothing is better than a strong seasalt bath, either hot or cold.

HERE is a good polish for either floors or furniture.—Two ounces beeswax, one ounce white wax or wax candle, half pint turpentine, half pint boiling water, one-half ounce white Castile soap. Shred the beeswax and white wax and put them into a watertight tin or jar with the turpentine. Leave for several days, stirring at intervals, until the wax is dissolved. Shred the soap and pour the boiling water over it, stirring till dissolved. Add this mixture to the beeswax and turpentine and beat well together until the mixture is white and creamy. If the furniture is much scratched scratches may be removed from good furniture by the use of the polish used for dustless mops, or from stained and varnished furniture by rubbing lightly with a cloth dipped in methylated spirits. After the scratches are removed the furniture may be cleaned by rubbing with kerosene and afterwards with a dry cloth. Then apply the furniture polish, using it sparingly and rubbing hard.

SHOULD any one take even a hurried tour of the shops at the present time, it would readily occur that of all times of the year, the present is most apt to prove a temptation, not only to the woman who can spend money at ease, but also the woman whose expenditures are limited. "Why?" one asks. Because the numerous "seasons" of "little things" that are needed during the vacation week are being displayed everywhere in every degree of daintiness and varying attractively in price. From the handbag for the week-end trip even to the last detail of filling it. Attractive and practical sport collars that may be attached to a plain waist, and cuffs to match these with combining borders of charming combinations, hosiery in plain and gay dotted, striped or checked effects that prove exceedingly nobby with the tennis or golf outfit, broad brimmed hats for sport wear, that may be folded without injury and put into the handbag; the bathing accessories, that is, shoes, garters caps and hosiery—all of these things may be had now, at very reasonable sums.