

The planting of a garden must now be worked in with the spring clean

MILK ALWAYS FRESH

disturbing after effects.

butter, garden truck, and fruits in Misses Isabelle Cromartie and Cora

thence with said tract towards the sound -You'll find that we excel in caterto the Beginning.

ing. In fact the garden should be Women are coming to use evapor laid out first. The city dweller will ated milk more and more. be careful to plan her garden plots so The caramel taste that some people that the packing of the soil due to rug have not become accustomed to in the amount of modification to fit our modand carpet cleaning will not be the Evaporated Milk come from heating ern life. That the "proof of the pudand carpet cleaning will not be the Evaporated Milk come from heating ding is in the eating" has been long will be no lax of food and a great Fay Huckabee, who will spend the that the one beating carpet will stand Evaporated milk can be used the same recognized as a fallacy-the real proof either on the sidewalk or in what is as fresh milk in cooking if diluted is in the after effects. to be a path in the conservation gar- properly. The label on the can says to use half and half to equal the le- dish may be, if the combination of den.

Indoor spring cleaning plans should gal standard. For cooking purposes it the several dishes served at a meal be laid with the thought of getting must be diluted more than that. Two is wrong your guests are going to feel through as quietly as possible fore- and a quarter cups of water to one uncomforable afterward. Thus all your most. Here is where a home maker cup of Evaporated Milk gives the infinite pains to make the dinner a shows her executive ability to best ad- same consistency as milk used in or- success have failed, for now we trace vantage. If she lacks in this it will dinary cooking. It can be used in the cause of after-dinner discomfort while arrow the location by a dia vantage. If she lacks in this it will dinary cooking. It can be used in the cause of after-dinner discomfort while away the lonesome hours. Save originating in the moulding depart-be evidenced to the outsider by a dis- making candies, puddings, sauces, and foods perfect though each may be turbed family and confused house. Evaporated Milk is also capable of foods, perfect though each may be, Plan just what you can afford to do being whipped very satisfactorily. In- without regard to the balance of the and before starting decide on the formation on this has been in the Armour Magazine recently and repeated best method of operating.

Take a room or floor at a time. Iy in the Household page. You prob-Never put yourself and family through ably have this information. the confusion and nervous irritation EVAPORATED MILK CAKE accompanying an entire upset house. 1 c brown sugar

The Commissary Department. 1-2 c vegetole When buying the seed for your gar- 2 eggs den and materials for housecleaning 5 tbsp. cocoa lay in a good supply of package foods 1-2 c evaporated milk so that no matter what emergency 2.3 c water arises you will have stardardized 3 c sye flour foods on hand, in perfect condition, 1 tsp. soda ready to be served in numerous at- 3 tsp. baking powder tractive and appetizing ways. 1 tsp. salt

I would never think of starting a 1 tsp. vanilla extract period of house cleaning or garden making without first taking stock of every spring for a number of years, alternately. Beat well. Bake thirty of any of the other necessities. The wits," and so conceived these impossi- clear" signal was sounded. of the very best brand of 'canned minutes in a moderate oven. soup, vegetables, fish, some meats (U. EVAPORATED MILK CARAMELS S. inspected) a variety of condiments, 1 lb. light brown sugar and some fruits, jams, and jellies. 1 tbsp. oleomargarine.

Many a situation has been saved by 1-4 c evaporated milk. the ever useful jar of extract of beei. 3.4 c water The most practical way to start a 1 c chopped nuts.

busy week is to have a baked ham for Bring ingredients to boiling point Sunday dinner. The best grade will then stir constantly until the mixture slice to advantage to the last outside is so thick that a ball of the caramel the basis of the average meal. When the Charlotte Observer office. piece, affording a nourishing dish mixture will be formed when a little you serve pork, goose, duck or ham it every day, leaving out, of course, the is dropped into ice cold water. Add is well to start the meal with a fruit our cities, merchants placing baskets serving of the ham on Tuesday. As nuts while still over the heat, remove cocktail, a fruit juice, an ice or clear convenient for purchasers, who 'disthe ban has been lifted on pork we the spoon before boiling ceases, and bouillon. A dinner where the leaner card their old gloves. Any society, will all welcome back the tasty dishes put into a buttered pan to the depth meats are served can begin with a patriotic or club, can form their comwe were glad to forego to help win of a half-inch. When cool turn the soup or puree. In either case follow mittees and collect the gloves. Our

These food precautions will help in squares and wrap in paraffin paper. starchy potatoes and one hot vegeevery home manager to keep happiness in her home, even when she must

do practically all the spring renovating herself. The well stocked shelf

What shall it avail if the national balance. of pantry supplies will keep her calm producer takes the greatest care in even though a piece of work takes collecting the proper foods and car- great aid as an effective equalizer or daughters, whose sons are in the serlonger than expected and only gives fully caring for them, carefully pre- adjuster of food balance at hearty dinher time to dress hurriedly before paring them and organizing a great ners. It is served to very good advant- dress mail, simply putting the initials, the "folks" come home at night. She distribution system by which these age either at the beginning of the write full given names, with address

YOUR GROCERIES

to become soft or for the vegetole

tory meal can be prepared in half an ered to the housewife and left upon tion of the dessert. hour, for thousands of specialists the kitchen table, the housewife lets have done al the laborious work of them stand in her warm room from cal "test of tests" of repeated use. preparing the stardardized foods she one and a half to two hours before properly putting them away. It gives paper ,or recipes for meatless days. relies upon. time for the oleomargarine or nutola

RECIPES

SHIRRED EGGS Eggs

put in a cool place.

Adjusting Menu All the old "sayings" need a certain governments shoulders. This, daugh However delicious each individual ters, is our duty.

Call for Magazines.

drags the time with your boys when off duty and on Sundays, far away combination.

Newspapers Tell How

chefs and domestic science specialists sent. in the country. The great daily press

much starchy food at a meal.

white bread is needed.

Combining Foods.

is constantly presenting these points. so important to the effectiveness of novation, which we will term an "in-

the busy homemaker's success. genious invention," conceived by French chefs, who are recognized some clever woman, is the saving old the world over as authority not only kid gloves, especially long ones, night a group of enemy airplanes in the preparation of dishes that are These are used to make aviators crossed the lines and a certain numthe delight of the epicure, but also vests. They are cut and laid flat, ber of bombs were dropped on Comon the nicety of balance in the menu, sewed on felt, and made into linings peigne and different towns in that reare particular to arrange the dinner for vests which are warm and protect gion. Several machines advanced fur-

so that there will be a certain pro- from piercing winds when soaring in ther to the south, but were forced to Cream vegetole and sugar, add co- portion of acid, fat, protein, starch dizzy heights. "Necessity always the turn back by the fire of our artillery. coa and well-beaten eggs. Add milk and sweet. Too much starch will un mother of invention," seems to have The alarm was immediately given in my pantry staples. I've found need and water and sifted dry ingredients balance the meal as will too much in this respect, used her "Motherly Paris and a half hour later, the "all

Aviators Vests.

American error in menu balance ble comforts for her children. seems to lie in the serving of too. In Charlotte and many other cities, gloves are being collected in great numbers, which are sent to New Orleans to be used in the service. Bas-Potatoes are rich in starch, and when these are included in the menu kets are being placed in all departwith any other starchy vegetable no ment stores and old gloves are thrown in them, and then shipped. Further information can be had by addressing

should like to see this made in all sheet of caramel on a board and cut the meat course, which includes the division aviators need warm inner vests. in squares and wrap in paraffin paper. starchy potatoes and one bot were baughters save al your old gloves. Addressing Mall for Over Seas. table, with a salad. Your dessert gives Much confusion has resulted and the necessary touch to complete the much mail lost by not properly addressing. For the benefit of such Grape juice has been found to be a vice, this will help you. Never adknows that a complete and satisfac. perfectly prepared foods are deliv- meal, in the salad, or as the founda of sender in the corner. Never use a pencil. Use heavy paper or cloth in Recipes have been given the practi- sending packages, for in transit paper is badly torn. Give address of his title, name of his unit, or orfianization to which he is assigned, and add "American Expeditionary Forces."

War Relics.

to become heated through. The meat French sisters will never half be told, is the only safe and proper place in should be immediately unwrapped and Even those of us who imagine easily which to keep al lhistorical relics.

large quantities that will not only W. Clark, spent a pleasant week-end supply the home, but to sell. If those with relatives at Camp Jackson. who have such favorable conditions Mrs. R. R. Myers and little son, have is if these five important features in and 30 minutes West from a stone near a surrounding them, will unite to do returned to their home at Petersburg, Shoes are of prime interest to you. this al over the United States, there Va. They were acompanied by Miss mountain will be removed from our summer there.

Mrs. L. F. Ritchie entertained at a beautiful reception for the teachers of the Clarkton High school Thurs-

A great call is being made for mag- day evening and an enjoyable time azines for the cantonments. How was held by all present.

Fire in Shipyards

Jacksonville, Fla., March 23 .- Fire originating in the moulding departthem through your local war relief building plant, located two miles committee, who will see that they are south of South Jacksonville, destroyed forwarded. Don't send those that are three large sheds entailing a loss es-

too out of date, unless they are stand- timated at \$150,000 this morning. Housewives now have the advant- ard works. I know of instances where Two negroes were slightly injured by age of the experience of the greatest magazines published in 1876 were scalding water. The work of constructng five ships will be delayed a few days until material to finish the

What is growing to be a popular in- moulds arrive here.

Air Raid on Paris. Paris, March 23 .- At 9 o'clock to-

For Quality, Style, Fit, Comfort and Pritchard, and running thence Price, none can beat us as Shoe Experts-and very few stores can even ers; thence North S9 degrees East 14:0 feet to a large poplar tree near the edge equal the high standards we set. The following four leading makes fence; thence South 54 degrees and 2 are our best sellers, but all the brands minutes West to a post, a corner in said

we carry are real shoes made for peo- minutes West 451 feet along said cross ple who want the best at a moderate frence to the Beginning, containing 13 acres,

price. La France, Smaltz-Goodwin, Nettleton

and Slater. Wilmington Shoe Co.

diest Ask your Druggist

用云明

Ambrosia of delicious er of for every is

Family.

a treat for every mem.

ber of your

"Mark Its Subtle Flavors

or any part of the following Bonds: \$500,000.00 Permanent Improvement Bonds Wilmington's Best Shoe Store. Dated July 1, 1918, as follows:

\$100,000,00 Mature July 1 1925 \$100 000 00 Mature July 1. 1929 \$100.000.00 Mature July 1, 1930. \$100,000.00 Mature July 1, 1931. • "" \$100,000.00 Mature July 1, 1932. The Bonds will be sold at par to the per-

Second Tract:

3-24-30-tl.

ing to your every Footwear need-that Fannie G. Pritchard and others. BEGIN

Adjoining the lands

North 56

Attorneys

Raleigh. March 4, 1918.

ning at a point 2116 feet North 56 degrees

pond, said stone being a corner of W. H

Stocley's land, and the lands of Fannie (

degrees and 30 minutes West 1651 feet to

a stake, the old corner three pine point-

of a branch; thence South 55 degrees East

628 feet along a fence to another cross

fence; thence South 34 degrees and d

C. L. CARTER, Trustee.

By JOHN D. BELLAMY & SON.

NOTICE OF SALE.

Sealed proposals will be received by me

as State Treasurer of North Carolina, at

his office, in Raleigh, North Carolina un-

til April 1st, noon, for the purchase of all

STATE OF NORTH CAROLINA.

Treasury Department:

CHICHESTER S PILLS son bidding the lowest rate of interest not exceeding 4 per cent. Bonds paid for in full on April 1st will

Chi-ches-ter's Diamona Drand Pills in Bed and Gold metallic boxes, scaled with Bine-Ribbon. Take ne other. Buy of your Druggist. Ask for Chil-Onles. TER'S DIAMOND BEAND PILLS, for \$5 years known as Best, Safest, Always Relable be exempted from all taxation including income and also when constituting a part of the surplus of any bank, trust company or other corporation.

Apply to me for blanks upon which to SOLD BY DRUGGISTS EVERYWHERE

B. R. LACY, State Treasurer. 3-5-su-tu-th-4w.

Miller's Antiseptic Oll, Known As

Snake Oi

Will Positively Relieve Pain in Few Minutes

Try it right now for Rheumatism, Neuralgia, Lumbago, sore, stiff and swollen joints, pains in the head, back and limbs, corns, bunions, etc. After one application pain usually

disappears as if by magic. A new remedy used internally and externally for Coughs, Colds, Croup, Sore Throat, Diphtheria and Tonsilitis.

This oil is conceded to be the most pentrating remody known. prompt and immediate effect in re lieving pain is due to the fact that I penetrates to the affected parts at once. As an illustration pour two drops on the thickest piece of sole leather and it will penetrate this substance through and through in three minutes.

Accept no substitute. This great oil is golden red color only. Ever bottle guaranteed: 25c, 50c and \$1.00 a bottle or money refunded at Robert R. Bellamy Drug Co .- adv.



Send to Mrs. Adams, care of this. Women at the Front.

What this war has done to our The new State Museum, at Raleigh,