

### National Special Aid Society

Wednesday, March 20, was one of our red letter days. We had a great crowd of workers and accomplished a quantity of work, but we are behind in every thing that we make. The Pansements and Carded Cotton.

For instance, we had counted on making at least 500 pansements—the Sunset ladies came out in force, but owing to the lack of carded cotton we could not make but 250, just half the amount. The ladies of Mrs. Cameron's carding unit did not let us have as much cotton as usual, and so we could not turn out the work. If they realized how dependent we are on them, they would make even greater sacrifices than they do to give us the materials which are imperatively necessary.

**The Carrel Cushions.**

For the same reason we are short in the Carrel cushions—no carded cotton. Those who think carding cotton is a light matter are very much mistaken. It is the basis of the most important work we are doing and without it we simply have to fall down on our job.

**Peter Coopers and Rings.**

The chairman of the Peter Cooper table has been ill a long time and her assistants have either strayed away or have been unable to come to the work room. We have had much difficulty with the Elbow table too. Mrs. E. Y. Davis has been ill so long that the work has been retarded in quantity though not in quality, because it is being directed by Mrs. James D. Nutt. But, oh, for the ladies who used to come and are now disabled or unable to do so.

**Hopeful Outlook.**

But we see a rift in the gloomy cloud. Like a ray of sunshine the presence of the high school girls is spreading a genial influence upon our busy overburdened. We sounded many a blast and long at that as all those young people will testify, before we could get them to hear it, but they are awake at last—they have heard the call of their country, and to quote Mr. Whitehair with due apologies for the substitution, "the men may quit, the women may quit, but the youth of our land will never quit, never."

In triumph through the triumphal way under the Brandenburg, Tuer, and down to the Schloss itself for a chat with Wilhelm II. If you want any proof of this, come up to the high school about 8:15 a. m. and see the Cadets drilling, real military fashion with real officers. If you look them in the eye you will realize that their goal is a certain Schloss on a certain street by name Unter der Linden. If you need further proof come up to the high school and ask about the play that Sophomore 3 gave under the direction of Mabel West, a block messenger, and a young woman with a vision as broad as the earth itself. If you could have seen the hole that was given Christianity with gleaming golden cross you would realize that the youth of our land understand that the fight we fight is to the tune of "Onward Christian Soldier!" But we furnish still further proof. Did you hear how Sophomore 1 got 171 patriotic pennies together for Wednesday morning, and when Mr. Little announced it with a flourish in chapel the Juniors of the general course immediately began to work to beat it and brought their class pennies up to \$2.56? Why the high school gave 735 patriotic pennies last week, which is about three times as much as they have been in the habit of giving. And work! Come down to the work room and we will point out Miss Elizabeth Nutt, Miss Berenice Bailey, Miss Rena Cole, Miss Joanna Rehder, Miss Margaret Berry, Miss Emilia Bislinger, Miss Annie MacMillan, and dozens of others, and a throng of block messengers who are making this old town over into a great living, beating artery of the war. You can feel the pulse beat down at the work room, and if you have just a spark of imagination you can divine what it will mean to this country when the Special Aid's Block Messengers get busy all over the United States, which is the ambition of the New York headquarters.

**Patriotic Service Record.**

Our chairman on distribution, Mrs. Gerkin, gave out 3,000 patriotic service records to the block messengers for distribution to every man, woman and child who contributes the patriotic penny. We are asking the citizens to fill in these blanks and return the record to us not later than April 30. The information will be copied on your individual card by the chairman of the card index, Mrs. Thomas Strange, and you will be down on the State record for your war services. If you fill out the first blank you are entitled to another to keep during the year and at the end of that time we will take it up and record what you have written. We are hoping that every Wilmingtonian will put himself on the roll of honor. Mothers might encourage the children and once a week the family might get out the records and compare notes and vie with each other in having the most to report. We will be able to preserve invaluable bits of information if all will help. To be worth anything it must be complete.

**For French and Belgians.**

The block messengers were asked to co-operate with the Red Cross by asking every one to send old, but serviceable clothing to the rest room packed and sent to be collected and later packed and sent to the destitute, our spirit. We urge our messengers to make the plea as strong as they can in order to get the best results possible.

**Mrs. J. Wallace West, Chairman N. S. & S. Liberty Loan Com.**

Mrs. J. Wallace West has been appointed chairman of the National Special Aid Society. She has been markedly successful in selling bonds and in securing her for this work we have been most fortunate. The appointment is a compliment to Brooklyn, because Mrs. West is chairman of the work room in the northern part of the town. We know the ladies there will assist Mrs. West in this work with the same zeal which they show in collecting. The response in Brooklyn to the little pamphlet, "The Goal, which we published recently, has been tremendous. Some of the best messengers in town are now working that territory, some of them have no time except at night as they are employed all day, but they go about their blocks at night and do this service so sincerely that they are making a great impression on the town.

**Mrs. Garrett Chairman Ammunition Committee.**

The U. S. government has issued a call to save the collapsible tubes which contain tooth paste, cold cream, etc. This material can be worked over in the ammunition factories and we are to be told where to send it. We ask in the name of the chairman, Mrs. Garrett, that persons having such tubes will bring them to us. The Wilmington Hotel is saving them and we hope the Y. M. C. A. will do the same.

**Assistance of Boy Scouts.**

All you have to do if you are in trouble of any kind is to telephone Mr. Hinnaat at the Y. M. C. A. and ask him to lend you some Boy Scouts. We had ten huge, heavy boxes to be carried up two long flights of stairs and we asked for Boy Scouts and in fifteen minutes he had all those boxes placed in the work room.

**The Boxes.**

These boxes are not to ship. We have supplied every table with a private box hinged and locked in which the lady in charge is to keep her unfinished work, her patterns, models, etc., and we expect this method to result in greater satisfaction to all concerned. The work will be out of the way of the workers who must go through it in search of implements and it will be easier to find articles of common property.

**Tables.**

We have two new tables made by Mr. G. E. Holmes. One for the Sisters Comfort Club and the other for Miss Bailey's tampons. We have enough tables now for all that we can do in the room.

**Black Oilcloth.**

Why do we use black oilcloth? Because it is easier to see the threads when one pulls them in cutting gauze. They are kept scrubbed by the janitor and are just as clean as the white ones. In fact you can see dust better on black than on white.

**Our Rest Room.**

We hope to have it ready for occupancy in ten days. The carpenter work has been completed and as soon as the tiles are laid we can have the plumbers do their part. We have raised almost half of the amount that the workers were to contribute to this cause.

**Our Entertainment of the Soldiers.**

Last Saturday we had the pleasure of entertaining the soldiers at the Y. M. C. A. and this week we have a different committee planned by Mrs. Walter Williamson who is in charge of the entertainment. The ladies have been very generous in donating chocolate, cake, coffee, cream, candy, etc., and we hope they will not forget that we will have two more Saturdays to provide for.

**25,000 Dressings.**

Oh, ladies, what are we to do! We have six big boxes to fill up with dressings, which must be ready by Wednesday, the 27th, and how can we do it? We need hundreds of eye tampons; we need hundreds of compresses; hundreds of sponges, and it looks as though we were going to fall short. How can we bear to let the shipment go without sending everything we possibly can make for this great occasion? Won't you please deny yourself a little pleasure and come down and help us? If you only knew how many things some women are doing without to have the time to spend in the work room you would blush at your own laziness. Can't you see that it's no more their duty than yours? Dust a little less, sweep a little less, don't make that new Easter dress, leave off one tuck in Mary's new petticoat or deny yourself an afternoon's pleasure and spend that time in work? Do you know that if you work two hours you will add to the wealth of the world by the value of that amount of time? Labor is the most expensive thing in the world today and if you perform any task you are increasing the world's power. It is said that a United States Senator put his head down on the table and went when he read that our men on the front, near France, could not cope with the enemy because they lacked aeroplanes. When one of our best workers heard that the sumtotal of work for the French shipment was several thousand short, she all but imitated the Senator, but suddenly it occurred to her that a better thing to do than that would be an appeal to a people who never yet have failed to respond. This is the appeal. How will you answer it?

**Donations and Contributions.**

We thank the following ladies most cordially for their gifts mentioned below and congratulate the gentlemen who have been pleased to aid so materially. Mrs. G. W. Parker, 25 eye bandages; Mrs. McClammy, old linen; Mrs. John Bonitz, 2 bunches violets; Mrs. Edwin Bunting, 1 dozen chrysanthemum plants; Miss Rena Cole, wistaria; Mrs. J. D. Nutt, beautiful yellow jessamine; Mrs. E. M. Gregg, white flag lilies; Mrs. W. S. Bunt, 12 patriotic penny decorations; Hall & Pearsall, 12 glass jars for patriotic penny sales; Mrs. Brittain, a bundle of cloth; Mrs. J. W. King, Mrs. Emilia Bislinger, Miss W. J. Hardin, Mrs. J. G. Hardin, Miss Annie Hart, Mrs. R. H. McKay, eye bandages; Mrs. Mitchell, 1 dozen balls of cotton, which she is making 3 dozen eye bandages; Master Joseph Woolford, Jr., \$1 articles for a rummage sale and two bags of snap pins; Mrs. Freeman Legwin, one very large bag

**The Collection.**

We took in \$136 at the hall, but later Mr. Bailey telephoned that the bottle at the Wilmington Iron Works was full of money and the messenger, Miss Elizabeth Rhodes, went for it, and it proved to contain over \$8. With this and a belated collection the sum total was \$145.

**New Chairmanship and New Assistant Treasurer.**

Miss Bernice Bailey has been appointed chairman of the High School Scrap Book Club and will carry on the work at a special table in the work room.

Miss Rena Cole, of East Wilmington, has been appointed 3d assistant to the treasurer. This is a compliment to her ability and her other fine qualifications. The treasurer's work has become so heavy by reason of the increased collections, that we have had to add to the force of workers.

**Allies Card Club.**

The Allies Card Club met at the home of Mrs. Nell Morse Tuesday afternoon and made \$5 for the National Special Aid.

## A Thought for the Mother

**CONSTIPATION makes children uncomfortable, cross and irritable, just as it does older people. Dr. Caldwell's Syrup Pepsin is a mild, pleasant tasting combination of simple laxative herbs with pepsin, that acts easily and naturally and promotes normal regularity. Children like it and take it willingly. It contains no opiate or narcotic drug.**

**Druggists Sell Dr. Caldwell's Syrup Pepsin 50 cts. (two sized) \$1.00**

A trial bottle can be obtained, free of charge, by writing to Dr. W. B. Caldwell, 457 Washington St., Monticello, Ill.

## Home Demonstration Dept.

Five districts in the county have organized classes in domestic science. The teachers in these districts are heartily co-operating with the county home demonstration agent in this work.

**Wrightsboro School.**  
Name of Club—Earnest Workers.  
Colors—White and blue.  
Motto—Be pure and true.  
This was the first school in the county to take up the domestic science course. Through the assistance of the Wrightsboro Demonstration club, the necessary equipment was furnished—a kitchenette, with cupboard, table, stove, dishes, etc. The following girls have done splendid work during the winter months: Misses Orpha Setter, president; Julia Spencer, secretary; Ethel Setter, Emma Setter, Elizabeth Cox, Bessie Ray Oldham, Evelyn Hancock, Julia Murray, Doris Hancock, Louise Farr, Lucile Horn, Ruby Kerr, Willie Blake, and Eunice Horn.

**Oak Hill School.**  
Name of club—Oak Hill club.  
Colors—White and gold.  
Motto—Grin and be happy.  
The Oak Hill school was brave in the face of difficulties. With no equipment of any kind—but with a willing mind and a determined effort to find a way—this class started out. The first lesson was held at Mrs. English's home. Soon funds were provided for a stove. One good man furnishes the oil; another has provided lumber to build a cupboard and table; several have donated dishes, spoons, pans, etc. These girls also have stood 100 per cent. examinations—questions similar to the above.

**Masonboro School.**  
Name—Four Leaf Clover.  
Colors—White and green.  
Motto—Joyous service.  
The young ladies of this school are peculiarly fortunate in having the use of a four-room cottage and in being proud possessors of many beautiful dishes, and a full equipment for their kitchen. Mr. and Mrs. Parsley and many members of the Community Service League and the Mothers' Demonstration club have been most kind in providing for this club. Their garden is well under way—many vegetables being up and growing nicely.

**The members of the Oak Hill Domestic Science and Canning club are as follows:**  
Misses Katie Williams, president; Lottie Burnett, secretary; Lillian Bidle, Mary Lee Bidle, Catherine Keys, Zoland Keys, Lizzie Burnett, and Miss Brady.

**The members of this club are as follows:**  
Misses Meta Walton, president; Myrtle Herring, secretary; Bettie Hewlett, vice president; Doris Hewlett, Annie Farrow, Lillie Cottle, Pearl Benton, Maude Benton, Lena Farrow, Alberta Farrow, Genie Kirkham, Alice Capps, and Dorothy Teachey.

**This class has also stood examinations on why food should be properly cooked. Eighth. Why should we put twice as much water with mush, hominy, cream of wheat, as with oat meal? Ninth. Why cannot yeast bread be made of corn meal, without flour? Tenth. Explain the physical action that takes place in baking pop-overs which causes them to rise. Eleventh. Should starchy goods be put on to cook in cold or boiling water and why?**

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**Delgado School.**  
Name of club—Delgado Science and Canning club.  
Colors—Red, white and blue.  
Motto—Honorable service.  
Members of the club are: Misses Madge Woods, president; Adele Albright, secretary; Mary Andrews, Lessie Webb, Violet Mahan, Lou Nettie Watts, Irene Milican, Rosa Justice, Shula Milican, Mertie West, Kiver Jarrell, Alma Harrell, Emily Edens, and Mrs. Fickling.

Although this was the last club organized it is by no means least. Mrs. Fickling has enthusiastically entered into the work and given the class the use of a large room well provided with shelves, a table, chairs, etc. The food commission donated the stove Mr. Covington, the equipment.

The Delgado Cotton Mills Co., have given this club a plot of ground and provided horse-power, seed, and fertilizer for the garden. Mrs. Pretlow and Mrs. Fickling will give it their personal supervision. The girls have planted Irish potatoes and garden peas, and later will set out the tomato plants which are thriving nicely in the window boxes at the school.

The above classes have had lessons in cooking the war time breads—with potato, peanuts and corn meal substitutes; cereals, oat meal, and rice; potato soup, muffins, pop-overs,

and corn gems. They will enter next on the study of biscuit and yeast breads. The girls thoroughly enjoy the work and are very enthusiastic. When school closes they will begin their canning operations. Most of them have their ground broken and their plants ready to set.

To Strasburg belongs the doubtful honor of having scored the world's high-price record for food since the war began. In Strasburg market recently a large goose was sold for \$70.

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**DURHAM HOSEIERY MILLS, Durham, N. C.**

## The FOWLER CULTIVATOR Makes More Bread for The Nation

**Directions for Operating Fig. 1**

In this form the Fowler is used after plowing and harrowing to prepare a seed bed. All the soil slips between the upper and lower blades, forming a seed bed which is a perfect mulch. All clods, trash or stones, unable to pass through the narrow space between the upper and lower blades, slide along to the ends of the blades and are left in the middles between the rows. In doing this the upper blades move just above the surface of the ground and act as a leveling device. A perfectly level surface consisting only of fine pulverized soil, in which to plant the seed. The Fowler is also used in this form, when run deep, to throw up a raised seed bed, completing the bed at one trip through.

**Directions for Operating Fig. 2**

With the Plover Foot in the center removed the Fowler is used for early cultivation astride the row; harrowing off and cultivating both sides of the row at one trip through. By the action of the upper blades only fine pulverized soil is left on either side of the growing plant. All grass and weeds are cut off and left on the surface to die. The Fowler leaves a perfectly level surface behind it, entirely free from little furrows which would cause washing during heavy rains. In a dry season the fine dust mulch made by this Cultivator conserves the moisture and plant food and yet offers an ideal surface for receiving even the slightest rainfall. This work astride the row can be done with one horse by hitching to the side clevis.

**Directions for Operating Fig. 3**

When plants become too large for cultivating astride the row a short Blade is attached on the right to throw the fine mulch prepared by previous cultivations to the roots of the growing plant. In this case the Plover Foot is replaced and the long Blade on the left destroys all weeds and further pulverizes the soil between the rows. Note that the upper blades are taken off for this work. As all trash and clods have been removed from the proximity of the plants by the previous cultivation this is a very important feature. The clods and trash, previously thrown to the middles now slip over the Blade without leaving their place in the center between the rows.

**Directions for Operating Fig. 4**

For late cultivation, to keep down the final growth of weeds and vines and to break the hard crust forming after rains, only the long lower blades are used. These blades move parallel to and above the roots of the crop, which toward maturity come close to the surface. The Cultivator Blades do not injure these roots although completely destroying all grass, weeds and vines. Other cultivators run across the crop roots and deep enough to destroy many of them, making late cultivation with such tools impossible. When crop roots are damaged the energy of the plant is devoted to restoring such roots before further developing either stalk or fruit. It is late cultivation which gives that final complete maturity to the crop so necessary to a maximum yield.

**A Strong Guaranty With Each Fowler—It Will Do More Work and Better Than Any Other**

Unless otherwise specified the Fowler is shipped with 22-inch blades which, by means of the expanding lever, can be made to cut various widths of from 30 to 48 inches. The extra Short Blade shown in Fig. 3 is also shipped with every Cultivator. Longer or shorter blades covering any width from 15 inches to 45 inches will be furnished if preferred.

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