



THE FAMILY DOCTOR

BY JOHN JOSEPH GAINES, M.D.

"CANKER SORES"

Seldom a week goes by that I am not appealed to by people with the well-known "Canker-sores"—small ulcers of stomatitis. They occur anywhere within the buccal cavity usually may be seen inside the mouth, on the walls that touch the outer surfaces of the teeth. No description necessary—but they occur from size of a pin-head up to large as a penny; never exactly circular, unless when very small. They are whitish, covered with mucous—nature doing all she can to repair. We are asked to "touch 'em up with caustic," which is the usual procedure. This doesn't cure the condition causing them—it just gives us a stall for time, until the digestive tract rights itself, I think.

The other day a young druggist came into my office; he had a distressing case; couldn't eat anything very salty, very tart, very cold or

very hot. Maybe you have been that way.

I "touched 'em up" with 20% nitrate of silver solution. I told him as I have just told you—it was treating the symptom instead of the simple ailment. "You've got plenty of 'citro-carbonate' in the store, haven't you?" I asked. "Sure," he answered. "Then take three or four doses a day, between meals and at bedtime," was my direction. The patches disappeared within three days. The effervescent, alkaline mixture was easy to take, and, with brief directions as to too much greasy food; the cure was neither difficult nor unpleasant.

Now had my patient been a farm boy—several miles away from the drug store—it would have been different. I might have told him to buy a quarter's worth of Cream Tartar—and take a heaped teaspoonful in a glass of water, two or three times a day.

Highlands Highlights

EDITED BY MRS. T. C. HARBISON

BREAKS LEG

Guy Paul was taken to Brevard for medical aid after breaking his leg Monday.

COLD WAVE

Highlands, along with the rest of the country, suffered extremely cold weather last week, with the thermometer registering from zero to a few degrees below.

CHRISTIAN ENDEAVOR GROUP ENTERTAINED

Members of the Christian Endeavor enjoyed a party given at the home of Mr. and Mrs. Chandler on Friday evening.

AUXILIARY MEETS

The regular meeting of the Woman's Auxiliary of the Church of the Incarnation, Episcopal, met at the home of Mrs. J. A. Hines Thursday afternoon at 3:30 o'clock with the following members present: Mrs. A. R. Nall, Mrs. Jessie Lamb, Mrs. T. N. Hall, Miss Char-

lotte Elliott, Miss Caroline Hall and Miss Bess Hines. A study club was instituted at this meeting with classes to be held at the church at 3 o'clock each Friday afternoon. The Rev. Frank Bloxham, rector of the church, expects to conduct services every Friday during Lent.

Miss Susan Rice and Mrs. Annie Westbrook attended the district teachers meeting of the ERE in Franklin Saturday.

Dr. and Mrs. Georgia and children, of Black Mountain, were in Highlands last week-end.

Mr. and Mrs. Randal, of Cincinnati, who have a summer home on "Billy Cabin Mountain," were here this week.

Miss Sarah Hicks Hines was visiting her family here last weekend.

David Watson and several friends from Clemson, S. C., spent last week-end at Mr. Watson's camp, "The House of David," in Webmon.

Superlatives

Named by Franklin High Junior Class

The superlatives of the junior class of the Franklin high school have been selected as follows:

Henry Sprinkles, most studious boy; Alma Cabe, most studious girl; Harvey Cabe, most athletic boy; Ruth Holbrooks, most athletic girl; Ralph Bryson, the most handsome boy; Marie Morgan, the most beautiful girl; Lawrence Curtis, the most popular boy; Rachel Slagle, the most popular girl; Andrew Jones, best all-round boy; Lena Conley, best all-round girl; Bill Conley, most mischievous boy; Meda Peek, most mischievous girl; Mack Setser, class baby boy; Oliatta Potts, class baby girl; Joe Shope, wittiest boy; Ruth Holbrooks, wittiest girl; Lawrence Curtis, teacher's boy pet; Rachel Slagle, teacher's girl pet; Fred Gray, biggest boy flirt; and Helen Hughes, biggest girl flirt.

Births

INS—BIRTHS On Saturday, February 9, a daughter, Alma Joyce, was born to Mr. and Mrs. Gordon Tallent at their home in Franklin township.

A son, Grant Stevenson, was born to Mr. and Mrs. L. C. Knight at their home on Skeenah on January 16.

Mr. and Mrs. J. D. Gibson announce the birth of a son, James Daniel, at their home on Franklin Route 1, on Thursday, January 3.

Just a few cents a day gives you the Comfort, the Safety and the Convenience of a

TELEPHONE
WESTERN CAROLINA
TELEPHONE CO.

U. D. C. Chapter To Meet Monday Afternoon

The Macon County Chapter of the United Daughters of the Confederacy, will hold their regular monthly meeting on Monday afternoon, March 11, at 3 o'clock at the home of Mrs. Lyman Higdon.

Historical events will be the topic for discussion, with Mrs. F. L. Siler in charge of the program.

All members are requested to be present.

McDonald-Lumpkin Tax Plan Opposed by Ray

Representative J. Frank Ray, of Macon county, has joined with 12 other legislators from western North Carolina in expressing opposition to the proposed McDonald-Lumpkin tax plan, according to news dispatches from Raleigh.

The McDonald-Lumpkin plan was submitted to the legislature as an alternative to the sales tax.

Senator Vance Browning, representing this district, also was in the group of western legislators opposing the McDonald-Lumpkin plan.

Walter Brown Here On Visit from Wyoming

Walter Brown, of Pine Bluff, Wyo., is spending several days here visiting his children at the home of their grandparents, Mr. and Mrs. C. A. Lowery.

WORD OF THANKS

I want to thank my many friends and relatives and doctors for their assistance and sympathy through my sickness. And I feel now that by the prayers of many Christian people and the help of the Lord, before many days, if I still continue to improve, I may be out again to meet with my friends.

J. W. HASTINGS

It (adv.)

SUMMARY MADE OF FIRE LAWS

Ranger Asks Public Aid To Prevent Forest Fires

J. W. Cooper, forest ranger in the Franklin area of the Nantahala National Forest, called attention this week to state and federal laws concerning the setting out of fires in woodlands and grass lands. Close observance of these laws will greatly reduce the hazard of forest fires, Mr. Cooper said, expressing the hope that the people of the county would cooperate with the forest service to prevent the starting of such fires.

Following is a summary of the North Carolina fire laws:

State Laws

Section 4309. Intentionally setting fire to grass, brush and woodlands. This is unlawful except on one's own property and then only when notice is given beforehand to adjoining landowners. In addition, the fire must be extinguished before it reaches the lands of another. Penalty for violation—imprisonment for not less than 60 days nor more than 4 months or a fine of not less than fifty or more than five hundred dollars. This section refers to "burning off" one's own property and deliberate burning on another's.

Section 4311. (C. S.) Setting fire to woodlands and grass lands. This section refers to fires escaping from camp fire, wagoners' fires, etc. It makes unlawful the kindling of such fires unless all litter has been cleared for 10 feet around the place. In addition, such fire must not be left without being fully extinguished. It further makes illegal starting woods or field fires by torch, gun, match or other means either accidentally or negligently. The penalty is a prison sentence of not to exceed 30 days or a fine of ten to fifty dollars.

Section 4312. (C. S.) Certain fires to be guarded by watchman. All fires set for "burning off" which may endanger any other's property must be guarded by a careful, competent watchman while it is burning. Fires escaping from such burning shall be evidence of neglect of these precautions. Penalty for violation—imprisonment not to exceed thirty days or a fine of from ten to fifty dollars.

Federal Regulations

Following is a summary of the federal fire laws:

Section 52 Whoever shall wilfully set on fire, or cause to be set on fire, any timber, underbrush, or grass, upon the public domain, or shall leave or suffer fire to burn unattended near any timber or other inflammable material, shall be fined not more than five thousand dollars, or imprisoned not more than two years, or both.

Section 53 Whoever shall build a fire in or near any forest, timber, or other inflammable material upon the public domain, shall, before leaving said fire, totally extinguish the same; and whoever shall fail to do so shall be fined not more than one thousand dollars, or imprisoned not more than one year, or both.

Section 54 provides that all fines collected under the above sections shall be paid into the school fund of the county where the offense was committed.

Classified Advertisements

WANTED—Employment in household work. Experienced. References on request—BERTIE ROPER. Mch 7-1tp

RADIO REPAIRING done by expert; also repairing of small electric appliances. See M. E. JOHNSON at J. F. Baker's Woodworking Shop. Mch 7-1tp

OLD STAMPS AND COINS WANTED—I will pay cash for old postage stamps on original envelopes or off, especially those of the years 1840 to about 1900. Look in old attics, old trunks, files in old business houses. Leave stamps on whole envelopes. Do not tear them off. They are worth more on envelopes. I also buy old coins—DEWEY H. TURNER, DEPT. S. BOX 278, LINCOLNTON, N. C. F28-4tc—Mch 21

THE BOOK

the first line of which reads, "The Holy Bible," and which contains Four Great Treasures

by BRUCE BARTON

THE HEART OF DAVID

WE KNOW that David solidified his kingdom and made it respected among the powerful nations of that part of the world.

Let us pass by, then, the record of his official life



Bruce Barton

throne. David gave orders that the boy was under no circumstances to be killed, but the zeal of a professional soldier was not to be curbed by such an order, and word was brought to the king that Absalom was dead. The revolt was broken, his throne was safe, he could go back to the security of the palace, but all meant nothing. The feelings of the monarch were swallowed up in the heart-breaking anguish of the father.

O my son Absalom, my son, my son Absalom! would God I had died for thee, O Absalom, my son, my son!

Perhaps the most poignant cry in history from a father's bleeding heart.

The faults of David are set forth none the less clearly than his virtues; we feel the reality of him in every line. Yet no catalogue of his shortcomings can hide his essential greatness. He was a genius in war, in administration and in literature. He reorganized a government that lasted more than four centuries as a single dynasty and which lived as an ideal through thirty centuries.

ADVERTISING DOES PAY

LENNOX, Pa.—Freddie Jones, grade student, had read in his home paper that it pays to advertise. He was called upon by his teacher to write a theme showing how we depend on the help of animals for our existence, and how such animals work for us. After much labor he handed in his paper which included the following paragraph.

"Consider the hen. She gives us eggs. After she lays an egg she cackles to tell the world about it. Ducks lay eggs, too, but do not cackle. So ducks' eggs, are not worth near so much on the market as hens' eggs."

To Better Serve You—

—I will attend the 1935 International Beauty Shop Owners convention and exhibition at the Hotel Pennsylvania, New York, N. Y., on March 11, 12, 13 and 14.

—In my absence Miss Vera Brown, of Taylorsville, N. C., an expert beautician, will be in charge of the Franklin Beauty Shop ready to render the kind of service that is a pleasure.

—PEARL B. MASHBURN

Franklin Beauty Shop

NEW BUS LINE

Now Operating Between

Asheville, Brevard, Highlands and Franklin

READ DOWN

P. M.

5:50 P. M. Leaves Asheville	Ar. A. M. 10:55
6:45 P. M. Leaves Brevard	Ar. A. M. 9:50
7:35 P. M. Leaves Sapphire	Ar. A. M. 8:55
8:15 P. M. Leaves Highlands	Ar. A. M. 8:05
8:45 P. M. Leaves Gneiss	Ar. A. M. 7:35
8:55 P. M. Leaves Cullasaja	Ar. A. M. 7:25
9:10 P. M. Leaves Franklin	Ar. A. M. 7:15

P. M.

READ UP

A. M.

Ar. A. M. 10:55	5:50 P. M. Leaves Asheville
Ar. A. M. 9:50	6:45 P. M. Leaves Brevard
Ar. A. M. 8:55	7:35 P. M. Leaves Sapphire
Ar. A. M. 8:05	8:15 P. M. Leaves Highlands
Ar. A. M. 7:35	8:45 P. M. Leaves Gneiss
Ar. A. M. 7:25	8:55 P. M. Leaves Cullasaja
Ar. A. M. 7:15	9:10 P. M. Leaves Franklin

A. M.

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