

BRUCE BARTON Says:



THE RACE GOES ON

You have read, of course, the story of the French Revolution. Riot and pillage swept through Europe's noblest city; proud necks were bowed upon the block; the gleaming knife descended; wise heads and beautiful heads rolled together into the basket.

Ask almost anybody the question: "How many met death by the guillotine?" and the answer probably will be: "Tens of thousands."

Recently I had occasion to look upon the figures. It appears that in the fifteen months from March 1793 to June 1794, 1251 men and women were sent to the guillotine in Paris. The highest computation that we can make of the increase in the death rate in the city in that period is that it rose from 27.8 per thousand to around 30—nothing to be compared with what an influenza epidemic or a list of automobile casualties can do in this country today.

France was as near to chaos as any modern country has been at any time. Yet even through this chaos we must assume that bakers rose early and fired their ovens, the butcher slaughtered his animals, the grocer chattered with the farmers, the mothers scrubbed the faces of their children and packed them off to school. The actors played in theatres; the people walked the streets.

I was quoting these historical facts recently to a rich and apologetic gentleman who had been arguing that the United States is about to come to an end. I said: "You confuse your personal fortunes with the fate of the nation. You are going to lose some money, perhaps, but the country is not going to die. People will keep on getting married, having babies, telling lies, engaging in silly quarrels and drinking too much coffee, just as they always have done. You and I, who have had things easy up to now, may not be quite so comfortable. But the race goes on."

MEET A "MOST ABUNDANT LIFE"

When the market crashed in the fall of 1929 I happened to be visiting a rich man who, though still fairly young, had about made up his mind to retire. In four days two-thirds of his fortune was swept away; he knew that his plans for his life would have to be radically revised. At breakfast on the fifth day he came up smiling. "I'll have to keep at work," he said. "I've thought the thing through, and adjusted my mind to it." Then he added: "After all, retiring is just one form of suicide."

I thought of that extraordinary comment the other day when I met a man who had been retired always. He is now in his early fifties; he is married, but has no children; his health is good, and his income, probably between \$12,000 and \$19,000 a year, is derived from government bonds which he bought with money left him by his father.

After graduating from college he "worked" for a short time in the family business, but with no enthusiasm, and when his father passed away he promptly took his share of the estate and has done nothing ever since. In the summer he drives to New England where he has a little farm. He has no interest in any of the arts, pays no attention to the advancement of science, does hardly any reading, and takes no part in politics.

His income being tax-exempt he makes no contributions to the expenses of government, and having carefully guarded against the incidence of off-spring, he has no care for the future of the race. In fact the only spark of interest he showed during our conversation was when he told me that he had at last found why the grass would not grow around the borders of the pond on his farm.

Here is a chap who has what one might call the "most abundant life." But why was he born at all? What's it all about? He is the dullest man I have ever met.

(Copyright, K.F.S.)

GOOD PASTURES ARE ESSENTIAL

Livestock Specialist Gives Timely Hints on Care Of Grazing Land

Cattle get plenty of exercise but produce little meat and milk from worn out pastures, according to James M. Parks, agronomist of the soil conservation service in North Carolina.

Properly managed pastures control erosion on sloping fields and produce the cheapest of all livestock feeds. Overgrazed pastures are soon reduced to a play ground for hungry cows and mules, says Parks.

Good permanent pastures prevent losses of topsoil and the formation of gullies. Together with trees they represent the only natural and income-producing means for protecting slopes too steep for the production of clean-cultivated crops.

To keep a pasture from becoming a livestock gymnasium and to protect the soil from washing away, Parks suggests the application of these timely pasture hints:

1. Do not graze heavily in dry seasons.
2. Mow the weeds and shrubs that rob moisture.
3. Let new seedings make a good top growth before grazing.
4. Plant temporary pastures of

Hill Enters Politics



ST. PAUL . . . Louis W. Hill Jr. (above), grandson of the late "Empire Builder" James J. Hill, has made a successful entrance into politics, gaining his district primary nomination for the state legislature, without party designation.

Sudan grass, soybeans, cowpeas, etc., to tide the livestock over the entire season.

Political Note

Roosevelt believes that high prices promote prosperity—sound old Republican doctrine. So the two teams will play this year's game defending each other's goal.—New Yorker.

Witness states five per cent of stockholders own half of A. T. & T. stock.

Wheat growers straw but well filled crop now being North Carolina.

Lyric Theatricals

Sylva, N. C.

Week of July

MONDAY & TUESDAY

WILL ROGERS

In

"Connecticut"

WEDNESDAY

CHARLIE CHAPLIN

In

"Shanghai"

THURSDAY & FRIDAY

"Mr. Deeds Goes to Town"

GARY COOPER

JEAN ARTHUR

SATURDAY

JOHN WAYNE

In

"Desert Trail"



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A Democrat All the Way All the Time

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THE FAMILY DOCTOR

By JOHN JOSEPH GAINES, M.D.

DROPPED COLON BETTER THAN NONE

A very much alarmed patient came to a great specialist and said: "Doctor, I have a 'dropped colon,' now what's the worst thing that may happen and when may I expect it?" "It has already happened, my dear," said the doctor soberly; "it happened when the fool told you his diagnosis."

Among my present clientele there are no less than three elderly patients with dropped colons of 20 to 30 years standing. They are neither dying, nor "running into cancer," as the esteemed charlatan would have them believe. The colon has become the veritable gold mine for the medical impostor, who will stave the "cancer" off for you if you tickle his benevolent palm with a sufficiency of cash—in advance.

You may have a dropped colon, "ptosis" we call it. Stop worrying.

Treat yourself as if you didn't have it. If it causes no discomfort, let it alone. If it annoys you, take gentle laxatives and unload it, always gently. Try mineral oil every day until you get a satisfactory effect. A well-fitting abdominal supporter, not too tight, may help. You want support, not garroting. See that you maintain a regular diet, avoiding hard fried foods and heavily seeded berries, either in pies, preserves or jams. Seeds are bad for colons and so are skins of baked apples, cherries, plums. Swallow no skins if your colon gives distress.

Sweet milk may clog the lazy canal. If it does, switch to butter-milk. Whatever you do that is right, stick to it. You can't put a dropped colon back in place. Neither can the blatant quack, even if you paid him a hundred or five hundred dollars. And a dropped colon is better than none. Be sensible.



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