

Home Demonstration Club News

BY MRS. T. J. O'NEIL
Macon County Home Demonstration Agent

B MARKET

The curb market which is located in the old Munday store on West street got off to a fair start Saturday. In order to make the market a success the farm women secured the cooperation of the women of Franklin. Prosperity in the country means better business in the city. Suggestions as to products prepared by the housewives will be appreciated. Orders for chickens for every day of the following week were filled. Orders may be given for cottage cheese, cookies and other products.

PRESSURE COOKERS

Orders for 25 pressure cookers have been placed during the last two weeks. Orders continue to come in. A pressure canner saves time, fuel, spoilage and makes canned foods safe from poisonous toxins. Orders given through the home demonstration clubs are given at a large discount. Cookers also save time and fuel in cooking meals during the year, to say nothing of serving the flavor and food value of the food cooked. Those interested in securing pressure canners, please communicate with Mrs. T. J. O'Neil, home demonstration agent.

CANNING DEMONSTRATIONS

Through the courtesy of the Ball Canning company, those attending canning demonstrations will be sent copies of the Ball Canning Book. There is ordinarily a

charge for this publication.

HOUSEHOLD HINTS

Use apples or apple peelings for making pectin to be used in jelly making.

Extracted apple pectin: 4 pounds apples 2 1/2 quarts water for the first extraction

Clean the apples thoroughly and cut them in slices. A considerable amount of pectin of satisfactory quantity can be extracted from the cores and parings alone, but this extract does not have so pleasing a flavor as that obtained from whole apples. Add the water to the sliced apples, boil the mixture rapidly in a covered pan for 20 minutes. Strain it through a jelly bag. Make a second extraction of the pulp by adding to it an equal volume of water, boil the mixture for 20 minutes and strain it. The first two extractions should give about 3 quarts.

Mix the extractions in a shallow pan and boil rapidly until the juice is concentrated to about 1 1/2 pints (about 30 minutes). Since too long boiling injures the pectin, the concentrating process should be done as rapidly as possible.

If the pectin is stored for future use, pour the mixture into sterilized jars and seal at once.

In combining pectin with fruit juices low in pectin, use half as much pectin as fruit juice, and two-thirds as much sugar as juice and pectin combined.

Plant Trees

R. W. Graeber, extension forester, will cooperate with the American Tree Association in encouraging North Carolinians to mark in 1937 the sesquicentennial of the framing of the U. S. constitution by planting trees. He will help the association distribute booklets containing a reprint of the constitution, all amendments, important dates, Washington's letter of transmittal to Congress, and 16 pages of tree-planting instructions.

LEGAL ADVERTISING

ADMINISTRATOR'S NOTICE

Having qualified as administrator of the estate of Thomas Gibson, deceased, late of Macon county, N. C., this is to notify all persons having claims against the estate of said deceased to exhibit them to the undersigned on or before the 30th day of June, 1937, or this notice will be plead in bar of their recovery. All persons indebted to said estate will please make immediate settlement.

This 30th day of June, 1936. JIM GIBSON, Administrator.

Jly2-6tp-A6

EXECUTOR'S NOTICE

Having qualified as executor of the estate of H. J. Bradley, deceased, late of Macon County, N. C., this is to notify all persons having claims against the estate of said deceased to exhibit them to the undersigned on or before the 30th day of June, 1937, or this notice will be plead in bar of their recovery. All persons indebted to said estate will please make immediate settlement.

This 30th day of June, 1936. JONATHAN MORGAN, Executor.

Jly9-6tp-A13

EXECUTOR'S NOTICE

Having qualified as executor of the estate of Florence I. Pendergrass, deceased, late of Macon county, N. C., this is to notify all persons having claims against the estate of said deceased to exhibit them to the undersigned on or before the 14th day of July, 1937, or this notice will be plead in bar of their recovery. All persons indebted to said estate will please make immediate settlement.

This 19th day of July, 1936. C. L. PENDERGRASS, Executor.

Jly16-6tc-A20

ADMINISTRATRIX NOTICE

Having qualified as administratrix of the estate of L. H. Higdon, deceased, late of Macon county, N. C., this is to notify all persons having claims against the estate of said deceased to exhibit them to the undersigned on or before the 21st day of July, 1937, or this notice will be plead in bar of their recovery. All persons indebted to said estate will please make immediate settlement.

This 21st day of July, 1936. MRS. L. H. HIGDON, Administratrix.

J23-6tc-A27

EXECUTRIX NOTICE

Having qualified as executrix of the estate of W. B. McGuire, deceased, late of Macon county, N. C., this is to notify all persons having claims against the estate of said deceased to exhibit them to the undersigned on or before the 30th day of July, 1937, or this notice will be plead in bar of their recovery. All persons indebted to said estate will please make immediate settlement.

This 30th day of July, 1936. MARGARET BULGIN MCGUIRE, Executrix

Jly30-6tc-S3

NOTICE OF FORECLOSURE SALE OF LAND

North Carolina, Macon County, The Federal Land Bank of Columbia, Plaintiff,

vs.

G. T. Brown and wife, Annie Brown, McCowen Mahoney Company, Perry Jones Chev. Co., Haynes Henson Shoe Company, L. B. Phillips, W. C. Ledbetter, William Garland, Trustee, The Bank of Franklin, Elizabeth Slagle, G. C. Stamey and O. C. Bryant, Defendants.

Pursuant to a judgment entered in the above entitled civil action on the 27th day of July, 1936, in the Superior Court of said County by the Clerk, I will, on the 31st day of August, 1936, at 12 o'clock, noon, at the County Courthouse door in said County, sell at public auction to the highest bidder therefor, the following described lands, situated in said County and State, in Smiths

LEGAL ADVERTISING

Bridge Township, comprising 33 31/36 acres, more or less, and bounded and described as follows:

All those certain lots, tracts or parcels of land containing respectively 9 1/9 acres and 24 3/4 acres, more or less, located, lying and being in Smiths Bridge Township, County of Macon, State of North Carolina, having such shape, metes, courses and distances as will more fully appear by reference to plats thereof made by W. M. Parrish, Surveyor, February, 21, 1928, which are on file with the Federal Land Bank of Columbia, Columbia, S. C.

The 9 1/9 acre tract is bounded on the North by lands of Moffit and McPherson; East by lands of A. N. Brabson; South by lands of A. N. Brabson; and West by lands of McPherson. The 24 3/4 acre tract is bounded on the North by the lands of Tom Brabson; East by the Tennessee River; South by the lands of A. N. Brabson; and West by lands of A. N. Brabson.

The Terms of the sale are Cash. All bids will be received subject to rejection or confirmation by the Clerk of said Superior Court and no bid will be accepted or reported unless its maker shall deposit with said Clerk at the close of the bidding the sum of Fifty (\$50.00) Dollars, as a forfeit and guaranty of compliance with his bid, the same to be credited on his bid when accepted.

Notice is now given that said lands will be resold at the same place and upon the same terms at 2 o'clock, P. M., of the same day unless said deposit is sooner made. Every deposit not forfeited or accepted will be promptly returned to the maker.

This, the 30th day of July, 1936. G. A. JONES, Commissioner.

A6-4tc-J&J-A27

NOTICE OF FORECLOSURE SALE

North Carolina, Macon County.

Under and by virtue of the authority conferred by a deed of trust executed by L. W. Rice, dated the 1st day of January, 1934, and recorded in Book 33, at Page 202, in the Office of the Register of Deeds for Macon County, North Carolina, Sambo Stewart will, at 12:00 o'clock, noon,

Monday, August 24, 1936

at the Court House door of Macon County, in Franklin, North Carolina, sell at public auction, to the highest bidder, for cash, the following land, to-wit:

BEGINNING at a stake in A. P. Anderson's west boundary line situated north 22 degrees east one pole and 12 links from said Anderson's southwest corner in the north line of Oak Street, same being the third corner of Thomas F. Parker's Ingram tract, runs 33 degrees west with the north line of Oak Street, 28 poles and 16 links to a stake at the street corner; thence north 37 degrees east 38 poles to a stake on the north bank of Mill Creek in the north boundary line of said Ingram tract; thence up Mill Creek with its meanderings, 16 poles to a stake the fourth corner of said Ingram tract in A. P. Anderson's line; thence south 22 degrees west with Anderson's line 48 poles and 13 links to the BEGINNING, containing five and 4/100 (5.04) acres more or less and being lot number 7 of the sub-division of said Thomas F. Parker's 27 acre Ingram tract as surveyed and mapped by J. Q. Pierson, May 1914, said map being registered in Book "U3" of Deeds at page 292 on the 2nd day of July, 1914.

This sale is made on account of default in the payment of the indebtedness secured by said deed of trust, and is sold subject to all taxes and assessments against same, whether due or to become due.

This the 17th day of July, 1936. SAMBO STEWART, Trustee. By: Dan K. Moore, Attorney.

J30-4tc-DKM-A20

NOTICE OF SALE

North Carolina, Macon County.

The undersigned will on the 15th day of August, 1936, at 12 M. at the Court House in the town of Franklin, North Carolina, sell to the highest bidder for cash the following described land.

Being all the land contained in a deed executed Feb. 17, 1936, by Maggie R. Hall, T. J. Williams and wife, Hattie Williams to B. V. McCoy and wife, Fern McCoy.

This sale is made pursuant to a

LEGAL ADVERTISING

power of sale contained in a deed of trust made by B. V. McCoy and wife, Fern McCoy, to the undersigned trustee.

This the 14th day of July, 1936. J. FRANK RAY, Trustee.

Jly23-p-A13

NOTICE OF SALE UNDER TAX FORCLOSURE

North Carolina, Macon County.

M. D. Billings, Plaintiff,

vs.

R. L. Telford and wife, Anna Telford, W. E. R. Byrne and wife, Amanda Byrne, E. B. Dyer and wife, Lucy Mc Dyer, Biard Mica and Clay Company, a Corporation and all Persons, Firms and Corporations Claiming any Interest in the Subject-matter of this action, Defendants.

Pursuant to a judgment entered in the above entitled tax foreclosure suit on the 6th day of July, 1936, in the Superior Court of Macon County by the Clerk, I will, on the 17th day of August, 1936, at 12 o'clock, noon, at the Courthouse door in Macon County, sell at public auction to the highest bidder for cash the following described lands and property, situated in said County and State, in Franklin Township, and bounded and described as follows:

All the mineral interest, minerals and mining privileges in and upon and under the following tract or parcel of land to-wit: In Macon County, BEGINNING at a chestnut on the East side of a hill in the edge of an old field, runs N. 22 W. 99 poles to a chestnut; then N. 57 W. 122 poles to a stake in the line of an old tract on top of the mountain near the Lee Siler Gap; then with the old line N. 41 E. 63 poles to a White Oak; then N. 61 E. 56 poles to a Black Jack; then S. 45 E. 98 poles to a White Oak; then S. 61 E. 34 poles to a Spanish Oak; then S. 28 E. 28 poles to a Black Gum; then S. 51 E. 12 poles to a Black Gum; then S. 43 E. 32 poles to a Black Jack; then S. 48 poles to a stake; then S. 72 W. 86 poles to the BEGINNING, containing 129 acres, more or less.

All bids will be received subject to rejection or confirmation by the Clerk of said Superior Court, and no bid will be accepted or reported unless its maker shall deposit with said Clerk at the close of the bidding the sum of Fifty (\$50.00) Dollars, as a forfeit and guaranty of compliance with his bid, the same to be credited on his bid when accepted.

Notice is now given that said lands will be resold at the same place and upon the same terms at 2 o'clock, P. M. of the same day unless said deposit is sooner made.

Every deposit not forfeited or accepted will be promptly returned to the maker.

This 16th day of July, 1936. G. A. JONES, Commissioner.

Jly23-4tc-MDB-A13

NOTICE OF SALE

By virtue of a power of sale contained in a deed of trust, from J. W. Bell, single, to J. R. Bell, trustee, for W. T. McDonald, dated January 19, 1932, and duly recorded in Book 31, page 590, records of Macon County, given to secure the sum of \$200.00. First note, due in 14 months from date, and the second note in 27 months from date, and default having been made in the payment of the money so secured and on demand of the party to whom the money is now due. I will on Monday, August, 10, 1936, at 12 o'clock M., and at the court house door in Franklin, Macon County, North Carolina, sell at public auction for cash the following described real estate:

Lying and being in Macon County, North Carolina; Part of the Alfred Angel lands, beginning at a hickory in Jim Bates line, being N. L. Garland's corner, and runs North 17 East 48 poles to a chestnut oak; then North 37 East 34 poles to a Spanish oak; then North 4 1/2 east 32 poles to a white oak; then North 30 East 23 poles to a stake in Bates' line then South about 63 West with Bates' line; 116 poles to a stake then South with Bates' line 56 poles to a stake and pointers in Jim Bates' line; then East with his line 38 poles to beginning, containing 30 acres, more or less.

This 9th day of July, 1936. J. R. BELL, Trustee.

J16-4tc-RDS-A6

THE FAMILY DOCTOR JOHN JOSEPH GAINES, M.D.

NO REASON TO FEAR WORK

Regular, legitimate toil never harmed any one. We often hear of "overwork" being a cause of breakdown mentally and physically; but when we look carefully into the matter, we find the victim, long laborer to his invalidism, wrecked the machinery of his body by improper feeding, irregular sleep, and unsympathetic exercise. Can you imagine a tubby, swivel-chair, clubbed gormandizer, getting exercise from a ride in an upholstered automobile, and three hours a week devoted to panting around a fancy golf course, where he does his heavy-ballasted carcass more harm than good? Wouldn't you think he is about fifteen or more years too late with his "exercise?" There is no hope of long life for that sort of man—absolutely none! He is in danger every moment he exists.

One thing our city business men should remember: There is a vast difference between "good business" and right living. My idea is, there is nothing that pays quite so well as a rigorous adherence to proper care of the body. It is a shame that we violate every law of diet, sleep, and exercise—die young—and put the blame on overwork. Does Providence remove the man that commits suicide?

I knew a man who worked in a stone-quarry on his farm until he was near eighty. "A freak," you say. No, you are the freak! This man ate regularly; when tired, he rested. He had his full allotment of fresh air; he slept eight hours every night; he ate just what he wanted and no more. He died at eighty-two—and he didn't die of overwork. His was a perfectly natural death.

fourth Sundays of each month in the American Legion hall, Main street, at 8 a. m. by Father Howard V. Lane, of Waynesville. All are welcome.

EPISCOPAL

Rev. Frank Bloxham, Rector St. Agnes, Franklin (Sunday, August 9) 8:00 p. m.—Evening prayer and sermon. Incarnation, Highlands (Sunday, August 9) 9:45 a. m.—Church school. 11:00 a. m.—Morning prayer and sermon. Church of the Good Shepherd, Cashiers (Sunday, August 9) 9:00 a. m.—Holy communion and sermon.

CARD OF THANKS

We wish to thank all our friends and relatives for the floral offerings and kindness shown to us during the sickness and death of our husband and father. MRS. J. H. LOVE AND FAMILY

A6-1tp

Shade and Water

During the hot summer months, poultry flocks need plenty of fresh air, shade, and fresh drinking water. They will not grow or lay well when over-crowded in hot, poorly ventilated houses, says Roy S. Dearstyne, head of the poultry department.

CHURCH Announcements

FRANKLIN METHODIST Chesley C. Herbert, Jr., Pastor Each Sunday) 9:45 a. m.—Sunday school. 11:00 a. m.—Morning worship. 7:15 p. m.—Epworth League meeting. 8:00 p. m.—Evening worship. Morrison's Chapel (2nd and 4th Sundays) 2:30 p. m.—Preaching service.

PRESBYTERIAN Rev. J. A. Flanagan, Pastor Franklin 10:00 a. m.—Sunday school. J. E. Lancaster, superintendent. 11:00 a. m.—Preaching service. 7:30 p. m.—Christian Endeavor prayer meeting. Morrison Chapel 2:30 p. m.—Sunday school. Bryant McClure, superintendent. 3:30 p. m.—Preaching service.

FIRST BAPTIST Sunday 9:45 a. m.—Bible school. 11:00 a. m.—Morning worship. 7:00 p. m.—B. T. U. 8:00 p. m.—Evening worship. Wednesday 7:30 p. m.—Mid-week prayer and praise service.

CATHOLIC Mass is said the second and