HORN'S SHOE SHOP SAYS WE ARE STILL MENDING SHOES

When your soles tickle And your heels tear We'll save you a nickle On every pair,

HORN'S SHOE SHOP

Troy F. Horn Box 212 Opposite Courthouse

Watch Your Kidneys!

Help Them Cleanse the Blood of Harmful Body Waste

Your kidneys are constantly filtering waste matter from the blood stream. But kidneys sometimes lag in their work—do not act as Nature intended—fail to remove impurities that, if retained, may polson the system and upset the whole body machinery.

polson the system and upset the whole body machinery.

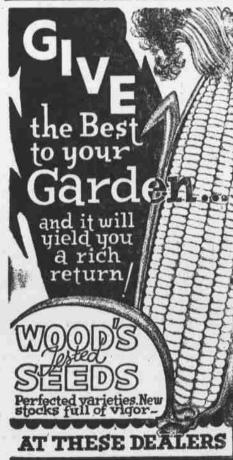
Symptoms may be nagging backache, persistent headache, attacks of dizxiness, getting up nights, swelling, puffiness under the eyes—a feeling of nervous anxiety and loss of pep and strength.

Other signs of kidney or bladder disorder may be burning, scanty or too frequent urination.

There should be no doubt that prompt treatment is wiser than neglect. Use

treatment is wiser than neglect. Use Doan's Pills. Doan's have been winning new friends for more than forty years.
They have a nation-wide reputation.
Are recommended by grateful people the
country over. Ask your neighbor!





*Indicates Seeds in Bulk FRANKLIN Angel Drug Co Roy Cunningham Farmers Federation Inc. Franklin Hdwe. Co. J. R. Pendergrass HIGHLANDS *Talley & Burnett F. A. Edwards Highlands Hdwe. Co. G. W. Marett

J. D. Burnette SYLVA Farmers Federation Inc. Sylva Pharmacy

SCALY

WHATS NEWard BEST

Vrite for a FREE copy of Wood's NEW Catalog of Garden. Flower



OLD AGE ACT TO AID MANY

State Board Statement Clarifies Act; Shows Who Are Eligible

RALEIGH, May 12.-There are thousands of North Carolinians who will be eligible for aid under provisions of the Old Age Assistance Act passed by the 1937 General Assembly, and there are many more who will not be able to meet the requirements for various rea-

The State Board of Charities and Public Welfare, anxious to make clear provisions of the Old Age Assistance plan, which becomes effective on July 1 of this year, has issued a statement tending to clarify the Act.

One of the first requirements is that applicants for aid under the plan shall be citizens of the United States, either native-born or naturalized. Another essential is that applicants shall be 65 years of age or over, and shall not have sufficient income, or other resources. to provide a reasonable subsistance compatible with decency and health.

Many persons reaching the age of 65 have not been able, frequently through no fault of their own, to save sufficient money to care for themselves in the declining years of their lives; others, because of age or disabilities, are unable to earn a comfortable livelihood, while still others are not so situated that they can care for them-

Applicants for assistance under the Act are not supposed to be inmates of any public institution at the time the applications are filed. However, they may apply for aid which, if allowed, will not begin until they have ceased to be inmates of public institutions.

In order to prevent possible fraudulent applications for assistance under the Old Age plan, the law specifically prohibits the assignment or transfer of property during the two years prior to the filling of applications.

Another requirement which will be rigidly adhered to is that all applicants must have been residents of North Carolina for at least five of the nine years preceding the filing of the applications, and for one year immediately preceding the

There is an additional stipulation, in view of the fact that the 100 counties of the State are participating in the financial aspects of the Act, that applicants must have been residents of the county in which the applications are filed for at least one year. This, however, in cases where county residence has been of shorter duration, has been cared for by a clause in the law which provides that approved applicants shall receive full benefits, with the difference which would have been absorbed by the county coming from the State appropriation, Instances of this character will be passed upon by the State

Amounts to be paid applicants will not exceed \$30 per month, or \$360 per year. Of this amount, the counties will pay practically onefourth, and the State one-fourth.

Women Interested In Radio Recipes

Farm women are always interested in timely recipes, specialists of the Home Demonstration Division at State college have discovered.

As an example, nearly 100 requests for preserving strawberries came in after Mrs. Cornelia C. Morris, extension economist in food conservation and marketing, gave a talk on the Carolina Farm Features program over Station WPTF, Raleigh, in which she mentioned

several recipes. With the strawberry season flourishing, farm homemakers are interested in preserving some of the fruit for use during those months when fruits and berries are scarce.

Mimeographed directions for conserving the berries were sent to all those who had requested the reci-

Mrs. Morris and others in the department expressed themselves as being well pleased with the response which has been shown by farm women to the weekly home demonstration program heard each

Ancestral Crafts Asset To W. N. C. Mountaineers

valleys of the mountains of West- Park Inn and the principal prodern North Carolina, mountain folks uct, the noted Biltmore Homespun, today work the shuttles of their is known throughout the nation as ancestral looms, pump the fires of a famous suiting material. old-time forges and twirl ancient spinning wheels-with a purpose.

of the present generation of mountaineers, used these same looms and forges to make the clothing and hardware needed on the mountain farms, Skill in the crafts was passed down from father to son and mother to daughter. In these modern times with high-speed machines turning out all his needs, there is no further necessity for the mountaineer to make materials, laboriously by hand. But today, there are more mountain craftsmen products, ranging from rugs. at work than ever before in history. The mountaineer has found a national market for his handmade products.

The making of handmade objects and materials from wool, cotton, linen, metal, wood, river reeds, white oak splits, pine cones and clay has become a major industry in the hills due to the national demand for these products, created through the tourist trade and through well-organized marketing operations.

In 1901 Mrs. George W. Vanderbilt established on the famous Biltmore Estate, the Biltmore Indusownership of Fred L. Seely, were ish 9.69, and the Germans 7.01,

ASHEVILLE.-In the coves and moved to the grounds of Grove

Other schools to teach wider varieties of skill and products to Several years ago, the ancestors mountain people have been located at Penland and Crossnore and other sections of the highlands. Mountain craftsmen in many sections turn out beautiful articles of furniture and other items from matched woods, useful implements and beautiful ornaments from metal, and there is a vast variety of attractive wares produced by mountain potters from mountain clays on old-time potters wheels.

The great variety of mountain through silver and metal crafts, wooden toys, woodcarvings, furniture, blankets, homespun, linens, rhododendron wood souvenirs and pottery, to Cherokee Indian-made baskets, pottery and beadwork, go not only into the tourist trade of this section but to all parts of America.

American per capita cheese consumption was approximately 6 pounds during 1936. This contrasts with the consumption of but 2.9 bounds in 1917. America is still far behind other cheese-eating countries. The Swiss lead the van, with tries, a school at which mountain 19.2 pounds per person each year; folks were taught greater skill in the French are next with 16.6 weaving and art of woodcarving, pounds, the Dutch 15.4, Scandinav-Later the industries under the ians 10.8, the Danes 10.57, the Brit- and will provide valuable rough-

Colder Months Best To Grow Hay Crops

Success usually smiles on the dairy farmer who grows his hay crop during the winter and early spring months, according to F. R. Farnham, extension dairy specialist at State college.

This plan, to a large extent, overcomes failures often encountered due to a lack of rainfall when summer grown hay has been depended upon.

Farnham says farmers have found that winter cereal hay crops provide an excellent roughage if cut at the right time.

Most authorities now agree that the correct time to harvest small grains and legumes found in the mixture for cereal hay crops comes when this hay contains the largest quantity of digestible nutrients.

Therefore, says Farnham, it has been established that the stage of maturity will determine the nutritive value of the hay when cut. When plants are permitted to become over-ripe, the fibre content increases and the protein decreases.

Cows do not relish over-ripe hay of this type if it has been stored over a period of several months, and will not produce as much milk when fed such hay.

For winter hay crops, such as oats, wheat, barley, vetch, and Austrian winter peas, the bloom is the best indicator known for time of cutting. Harvest the hay at the end of the bloom period, Farnham

When harvested at this time, the hay is palatable, high in protein, age for dairy cows.

What is the "Low-price Field"?

70U hear a lot about "the low-price field" these days. A good many cars claim to be in it.

So whenever the low-price field is mentioned, -remember:

Until Ford came, no average American could own a car.

Today all Ford prices are still low - with the prices of the 60-horsepower Ford V-8 \$30 to \$60 lower than those of any other car of comparable size.

But with Ford, "low price" doesn't merely mean low figures on the price tag. It means much more than that. It means low prices and low costs all the car's long life. Low prices for service - for parts - and, above all, for operation.

Both Ford V-8 engine sizes are economical to operate. The 85 horsepower gives greater gasoline mileage this year than ever, and the "60" delivers the highest mileage in Ford history.

Private owners, cab companies, fleet operators all report that the "60" averages from 22 to 27 miles per gallon of gasoline.

Check and see how much Ford saves you.

Ford Founded the Low-price Field Ford Keeps That Field Low-priced Today

Ford V·8 Prices Begin at \$529

AT DEARBORN FACTORY. TRANSPORTATION CHARGES, STATE AND FEDERAL TAXES EXTRA

This price is for the 60-hp. Coupe equipped with front and rear bumpers, spare tire, horn, windshield wiper, sun visor, glove compartment and ash tray.



A MONTH, after usual down-payment, buys any Ford V-8 Car from any) Ford dealer in the U.S. through Authorized Ford Finance Plans of Universal Credit: Co.