

For Those Sunday Appetites

By BEULAH V. GILLASPIE
Director, Sealtest Laboratory Kitchen



Courtesy Sealtest Laboratory Kitchen

SAUSAGES and sauerkraut—a satisfying combination if there ever is one! And, for a Sunday luncheon or supper, the recipe suggested here calls for a lot of "seconds." Easy to prepare, too!

SAUERKRAUT WITH SAUSAGE DRESSING

- 1 No. 2½ can or 3½ cups sauerkraut
- 1 cup thick sour cream
- ½ pound sausage meat
- 2 cups soft bread crumbs

- 2 tablespoons butter
- Salt and pepper

Drain the sauerkraut, add the sour cream and mix lightly. Place in a buttered shallow baking dish. Fry the sausage, stirring frequently until brown. Drain and add to the crumbs. Add the melted butter and 1 tablespoon of the sausage fat and season with salt and pepper to taste. Shape in 6 patties and place on top of the sauerkraut. Bake in a moderately hot oven (375°F.) for about 25 minutes. Serves six.

FERTILIZED VETCH

A. C. Thomas, Jonesboro, Route 3, Harnett county, planted vetch each fall on his corn land until he began to harvest 40 bushels of corn an acre. Last year, says the county agent, Mr. Thomas fertilized the vetch before planting, followed it with corn to which he added no fertilizer and harvested from 75 to 85 bushels of corn to the acre last fall.

BARGAINS!
FACTORY RECONDITIONED
SINGER SEWING MACHINES
AT ONE-THIRD
THE ORIGINAL PRICE
Bryant Furniture Co.

HELP STOMACH DIGEST FOOD

Without Laxatives—and You'll Eat Everything from Soup to Nuts
The stomach should digest two pounds of food daily. When you eat heavy, greasy, coarse or rich foods or when you are nervous, hurried or chew poorly—your stomach often pours out too much fluid. Your food doesn't digest and you have gas, heartburn, nausea, pain or sour stomach. You feel sour, sick and upset all over. Doctors say never take a laxative for stomach pain. It is dangerous and foolish. It takes those little black tablets called Bell-sun for Indigestion to make the excess stomach fluids harmless, relieve distress in no time and put you back on your feet. Relief is so quick it is amazing and one 25c package proves it. Ask for Bell-sun for Indigestion.

Loyal Order of Moose

Franklin Lodge, No. 452
Meets
In Americal Legion Hall
Every Thursday Night
7:30 O'CLOCK
Billy Bryson, Secretary

INSURANCE

Fire, Windstorm
Automobile (all forms)
Public Liability
Bodily Injury
Bonds

Careful Personal Attention to all Business

SAMUEL H. LYLE, JR
Higgins Bldg. Franklin, N. C.

CAGLE'S CAFE

FRANKLIN SYLVA

"We Cater to the General Public"

Oysters, Steaks and Fish
a Specialty

Good Tasty Food and
Home-Baked Pies

We Appreciate Your Patronage
A. G. CAGLE, Prop.

State College Answers Timely Farm Questions

Q. When should poultry be vaccinated for chicken pox?

A. Young birds are more susceptible to pox than the adults so the proper time to vaccinate is when the birds are from 10 to 15 weeks old. Do not use pigeon pox virus at this time. Pull a few feathers from the thigh and rub the small brush, which comes with the vaccinating material, over the holes left by pulling the feathers. Be sure the brush has been dipped in the vaccinating solution. When once started, all birds on the farm, except the old hens which are probably resistant, should be vaccinated.

Q. Is it necessary to plow up tobacco plant beds?

A. Yes—all beds should be plowed up and all plants destroyed immediately after use of the bed. These plants and beds furnish a breeding place for insect pests which will spread to the tobacco in the field and cause the loss of thousands of dollars worth of tobacco. After the plowing the bed should be planted to sweet potatoes or some other garden crop or it may be sown to soybeans.

Q. How can I force the growth of garden crops?

A. The quality of succulent vegetables is dependent upon rapid growth and it is very often necessary to maintain this vigorous growth with side applications of a quickly available nitrogen. The time for applying these side applications depends upon the vigor and maturity of the crops and also upon seasonal conditions, and the grower must use his best judgment in determining when the application should be made. In applying nitrogen, care must be taken not to let the fertilizer come in contact with the plants as this will usually result in severe damage.

4-H Crops Champions To Get Scholarships

L. R. Harrill, State 4-H club leader, announces that four one-year scholarships to State college again will be offered to the 4-H members who conduct the best cotton, corn, tobacco and horticulture projects in 1939. These awards, together with a cash prize of \$100 for the best club in the state and banners to the best club in each county, are given by the Arcadian Nitrate Educational Bureau, through H. L. Meacham, its North Carolina representative.

The awarding of these prizes will be on the basis of the approved project record book of the State college extension service, with Leader Harrill as the judge.

Two Rowan county boys and one each from Wayne and Wilson counties won the scholarships offered in 1938. Duard Cress, a 17-year-old club boy of Salisbury, Route 2, was the horticulture champion; Luther Paul Canup, 18-year-old freshman

at State college and a member of the St. Pauls 4-H club of Rowan county, won the cotton-growing championship; Walton Thompson, 16, of the Black Creek club in Wilson county, conducted the best tobacco project; and Clendon Best, 20, of the Four Oaks community in Wayne county, was the corn-growing king.

Young Cress made a net profit of \$124.75 on a tomato project, which was carried out on a garden plot of 360x120 feet. He sold 240 bushels of tomatoes, canned 112 quarts, gave 30 bushels to neighbors, and consumed 10 bushels in the home. Canup made 900 pounds of lint on a measured acre, which is approximately four times the state average. It measured 2,470 pounds of seed cotton and returned him a profit of \$99.62.

Thompson made \$287.42 from 1,284 pounds of tobacco produced on an acre, and Best produced 432 bushels of corn on 2.6 acres, the project netting him \$208.85 profit. The yield figures almost 167 bushels per acre.

Milton Sanders Given High Rating In College

In the dean's list of undergraduate students of high scholastic standing recently given out by the Massachusetts Institute of Technology at Cambridge, appears the name of Milton Sanders, son of Mr. and Mrs. Jack Sanders, of Franklin, who is a second year student in that noted institution.

Mrs. Herman Sutton of Windsor, Route 1, planted a nice little home orchard this winter consisting of 12 peach trees and six apple trees—enough, she says, to supply fruit for the family.

MORE

Cattle producers are expected to market considerably more grain-fed cattle this spring and summer than last, but numbers of heifers and cows marketed will be smaller, according to the U. S. bureau of agricultural economics.

Seventy swine growers of Johnson county have planned a trip to a packing plant at Richmond so as to study the effects of intestinal parasites, bruises, and feeding practices on the dressed carcasses and to see how the bodies are graded for soft and oily pork.

ENSIGN \$1.25



Ingersoll

POCKET AND WRIST WATCHES
\$1.00 to \$3.95

ALARM CLOCKS
\$1.00 to \$2.95

LOOK FOR *Ingersoll* ON THE DIAL

SAVE MONEY DURING National Shoe Repair Week

APRIL 15th TO 22nd

Your clothes closet is likely to reveal one, two, or maybe more pairs of shoes that can save you real money—if you'll bring them to us for repairs during National Shoe Repair Week. Maybe all your shoes need is a neat resoling job or a pair of rubber heels to put them in good condition. Look over all your shoes now and bring them to us for reconditioning.

OUR SHOP IS HEADQUARTERS FOR NATIONAL SHOE REPAIR WEEK
WILSON'S SHOE SHOP

Franklin, N. C.

Who knows most about Building cars?

Ford has built more than one-third of all the automobiles ever built in the world



THERE are more Ford cars in use today than any other make. And there are more Ford V-8s than any other 8-cylinder car.

The 1939 Ford V-8 represents the broadest experience in building cars any manufacturer ever had. You will find values in it far beyond what any other maker can put into a car at the low Ford price.

Ford performance, traditional for a generation, has reached new heights in the 1939 V-8.

And now Ford style leadership is equally outstanding. "The smartest cars on the road" is the way owners describe their new Fords. Smartest in action. Smartest in appearance. Leaders, as they deserve to be.

FORD V-8

APRIL IS FORD INVITATION MONTH! Your Ford dealer invites you to drive America's most modern low-priced car. Make a date for a new experience.

Look at these FORD FEATURES

- **STYLE LEADERSHIP**—The luxury car in the low-price field.
- **V-TYPE 8-CYLINDER ENGINE**—Eight cylinders give smoothness. Small cylinders give economy.
- **HYDRAULIC BRAKES**—Easy-acting—quick, straight stops.
- **TRIPLE-CUSHIONED COMFORT**—New flexible roll-edge seat cushions, soft transverse springs, double-acting hydraulic shock absorbers.
- **STABILIZED CHASSIS**—No front-end bobbing or dipping. Level starts, level stops, level ride.
- **SCIENTIFIC SOUNDPROOFING**—Noises hushed for quiet ride.
- **LOW PRICES**—Advertised prices include many items of desirable equipment.