

## MUCH FOOD IS PRODUCED BY 4-H GARDENERS

Every county in North Carolina has its boys and girls growing 4-H gardens and the total number of gardens runs into many thousands, which are conducted under the supervision of the farm and home agents of the State College Extension Service and its horticultural specialists.

Rachel Sites, a member of the Balls Creek Senior 4-H Club in Catawba county, is only 14 years old but she presents a good example of what so many of her 4-H brothers and sisters in gardening are doing.

This year Rachel won the victory garden contest in Catawba, sponsored by the Sears Roebuck Foundation, and came second in food preservation. She produced 60 bushels of vegetables, growing 11 different types, with snap beans, lima beans, and tomatoes leading.

Besides furnishing an abundance of fresh vegetables for the family, Rachel canned 201 quarts of snap beans, lima beans, beets, corn, garden peas, and tomatoes.

Miss Sara Smith, assistant home agent of the State College Extension Service for Catawba, says that Mr. and Mrs. Fred Sites, the parents of Rachel, encouraged her in every way possible in her gardening work and points out that this is one of the most important points in conducting successful 4-H activities.

Mrs. Sites is a member of the Balls Creek Home Demonstration Club and is active in all phases of its work.

### PRESS ADS PAY

**Merry Christmas To All Our Friends and Customers**

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### State Collgee Hints To Farm Homemakers

By Ruth Current  
N. C. State College

Brooms washed in medium soapy water, rinsed, and thoroughly dried, will keep in good condition and the wire will not rust.

Are you getting your money's worth in cleaning powder and soap? Are you putting enough soap in your washing machine to get the clothes clean and sparkling, but not more than is needed? Home management specialists say it takes about two inches of standing suds to get a load of clothes clean in the washing machine. A bit of experimenting with the measuring cup will show you how much soap it takes to make two inches of suds.

Every home laundress knows that soap makes suds more quickly if it is shaved, grated or pulverized. If your retail store is out of soap flakes or powders, you can make your own from bars of laundry soap, which is generally easier to find. Be sure the soap is well dried, cut it into pieces and run it through the meat grinder. Let it dry well, then pulverize. You may wish to use a grater or slaw cutter to make flakes or chips. This may also serve as a thrifty way to use up small left-over bits of bar soap.

The whipping quality of cream depends on its age and its "richness" or butterfat content. Freshly separated cream does not whip well. It needs to stand and chill at least four hours. The whipping quality improves if it stands 24 hours. Cream sold by dairies for whipping will have sufficient aging when delivered.

If cream is to be kept after whipping, keep it in the coldest part of the refrigerator.

How much cream to whip at a time depends on the size of the whipper. The usual small household beater does the best job with not more than a pint of cream. If larger quantities are to be whipped, time will be saved by whipping in successive batches.

Rymer W. Rogers, SF 3/C, who has been stationed at Bainbridge, Md., has been honorably discharged from the Navy at the separation center, and has returned to his home, Franklin, Route 2.

L. H. Mielke, who has been in the Seabees for the past two years, and Mrs. Mielke and son, Charles, who have been living in Knoxville, Tenn., where Mrs. Mielke has been employed, are spending several days with Mrs. Mielke's mother, Mrs. Martin F. Jones at her home on Bonny Crest.

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### PFC. BUREN MORGAN



Pfc. Buren Morgan, son of Mr. and Mrs. Wade Morgan, of Franklin, Route 3, has been in the armed forces for the past year, and the past four months in overseas service. He took his basic training at Fort Bragg, Camp Wheeler, Ga., and at Camp Rucker, Ala. He is now stationed on Luzon Island.

### Marchman, Now In Japan, Promoted To Technical Sergeant

Charles R. Marchman, son of the Rev. and Mrs. James F. Marchman of Franklin, has been promoted from the rank of staff sergeant to that of technical sergeant, according to an army announcement received here. Sgt. Marchman is with the 25th Infantry (Tropic Lightning) division of the Sixth army in Japan.

T/Sgt. Marchman, a veteran of 22 months' overseas service, entered the army in June, 1942, at Fort McPherson, Ga., and took his basic training at Camp Crowder, Mo. He joined the 25th division in New Caledonia and landed with the liberating forces on Luzon last January, where the Division saw 165 consecutive days of action against the Japanese forces.

Sgt. Marchman is entitled to wear the Asiatic-Pacific theater ribbon with one battle star and the Philippine Liberation ribbon with one star.

Farmers may soon be able to get telephone service over rural electric lines, if tests are satisfactorily worked out.

### Get Right Kind Of Poultry Feed

Feed manufacturers make poultry feed mixtures to give certain definite results and these feeds must be used accordingly, says Prof. Roy S. Dearstyne, head of the Poultry Department at State College.

Recently some growers of broilers have been using starter and growing mash rather than the specific mash for broiler production. "The most economical gains and quick growth cannot be obtained by this practice," Prof. Dearstyne says. "The starting and growing mashes are developed for the specific purpose of carrying the birds from chick size up until they reach sexual maturity."

"Broiler mashes are made to give the rapid, intensive growth expected in this class of birds. While the feed situation is very tight at the present time, still broiler producers should make every effort to get the right kind of feed needed for their birds."

"All small flock owners can have supplemental grazing crops for their pullets at this time of year. Feed costs must be reduced and one of the best ways of doing this is through green crops. As in providing grazing for dairy cows, beef animals, workstock, and hogs, the grazing crop should be sown about the last of August, with a relatively heavy seeding of grains and legumes and plenty of fertilizer on real good land."

The champion 4-H dairy food preparation team for 1945 in North Carolina was composed of Jean Hackney and Glenna Duncan of Chatham county.

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### Lt. Davis L. Dean Now On Duty At Ft. Benning

First Lt. Davis L. Dean, of Franklin, a member of the Army Air Forces, has recently reported for duty at Lawson Field, Ft. Benning, Ga., the base of the IX Troop Carrier Command, it has been learned here.

Lt. Dean returned from the European Theater of Operations, where he served with the 446th Bomb group of the 8th Air Force. He is the wearer of the Distinguished Flying Cross and the Air Medal with three Oak Leaf Clusters. He has attended AAF's Engineering and Air In-

spection Illinois, bases have Texas, La. Lowery Field A graduate high school, son of Mr. a Dean of this c The Troop Ca is that branch of Forces charged w troops, hauling su towing gliders.

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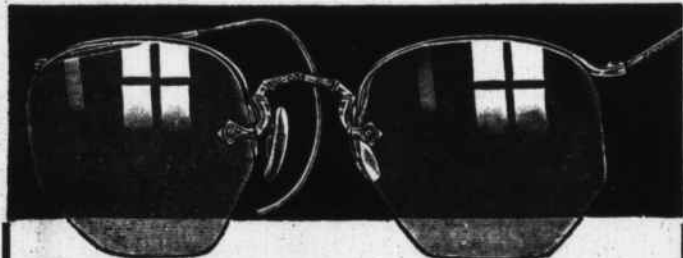
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