

**"SUPREME QUALITY MY STANDARD"**

**"Right Price My Motto"**

**THIS WEEK'S SPECIALS**

Large Prunes 12 1-2c per pound

Gold Bar Apricots in Heavy Syrup

Fresh Meats and Fish Saturday

Remember Ice Cream

**NEILL M. McKEITHEN**

**: : "The Cash Merchant" : :**

**BRIEFS**

Speaking of skirts, doubtless you have noticed that some of the dear creatures will go to any length to attract attention.

And if, after all the washing of dirty linen in full view of the public, the Stillman case is done for, what was it begun for?

Still another thing that has been holding this old world back is the fact that too many men talk an hour for every minute they work.

Nothing on earth would make the average Vass woman happier than for her husband to admit sometime that her pies and coffee were as good "as mother used to make."

We still have a few more pamphlets left on "How to Secure Better Lawns" that can be had for the asking. Remember a good lawn adds greatly to the attractiveness of the home.

The Volstead law has made a lot of new kind of hypocrites who talk prohibition on the street corners and then sneak around to some back alley to make a dicker with a bootlegger.

When you tell the editor to put you on his subscription list you gladden his heart, but when you tell him and pay him at the same time you make both his stomach and his pocket feel good.

Here is another question the Pilot man wants to ask Edison: Why is it a fellow can't wear a high pineapple hat with an extreme narrow brim any better than a bow-legged girl could wear an extreme short skirt with a hopple hem.

There is no other town in the country that has done as much beautifying in the past month as Vass. It is getting to look like a new town. Keep it up and let us all help the movement to make Vass more beautiful. Great credit is due the ladies who have the work in charge.

"What," asks a critic of Edison, "is the the name of a large inland body of water with no outlet?" and answers his own question, "the Anti-Saloon League of America."

He wouldn't rank 100 per cent on that reply. The body has two well-known outlets. They are W. H. Anderson and Wayne B. Wheeler.—N. Y. Times Wrong again brother. The Pilot man thinks you should have included William J. Bryan's name. That would have given that great body of water three outlets.

The small room, formerly used as a barber shop, is being repaired and when finished will be used by the Secretary and Treasurer, W. D. Matthews as an office for the members of the Vass Building and Loan Association, to pay their dues. The office will be open every Saturday from June 4th.

**WOMEN MAKES COMMUNITY CLUB PROSPEROUS**

It is astonishing how the ladies are determined to make the community club, of Vass, a great big success by attending its meetings. Had it been left to the men the club would have been dead long ago. The meeting in Hotel Vass last Friday evening was unusually well attended, and lots of business was transacted.

**Have You a Brood Sow?**

We are offering

**50 Registered Berkshire BRED GILTS**

On good terms to those who want good foundation stock.  
**OUR PROPOSITION:**

**Pay \$37.50 and next fall pay the remaining \$37.50**

We guarantee you price for three pigs next fall that will make the second payment, thereby giving you a sow and the remaining pigs for the first amount.

For further information apply to

**THE PINEHURST FARMS  
PINEHURST, N. C.**

INDIGESTI

By W. Biddle Gilman

The second cause of indigestion is due to influence of the cerebro spinal nervous system acting in the greater or less degree of that portion of our system which influences are close to the study without sufficient rest, especially in the open air, grief, great anxiety, nervousness and distress arising from physical or mental fatigue.

In case of close and continual application to study, an object difficult to obtain, undue fears are entertained, in case of great nervousness in business matters, or in a long and dubious struggle in the management of a living, more especially in certain literary pursuits, the symptoms and conditions are similar and as the whole system sympathizes with the more or less stamped impression seen in the following manner. The face assumes a haggard, worn expression, the eyes are less, sunken, with contracted pupils and the manner is restless, in degree, not only shifting from one position to another continuously, but the head and neck are included in the restlessness, in some cases, the mouth, eyes and nose, in the facial muscles are under the influence; persons so affected suffer very much with headache accompanied with nervousness and much giddiness. The ears are usually disturbed by unpleasant dreams and restless nights, obtaining little sleep, it being of short duration, very easily broken, the system is irritable and at times the bowels are generally quiet, sometimes loose, at times constipated, the tongue is flabby and tooth marked with enlarged papillae, frequent feeling of sickness, headache and sometimes vomiting of undigested food taken, hours, and even at times the stomach is previously, throbbing sensation of the pneumogastric nerve, the stomach and the parts affected thus, the sensation may also affect the other parts of the body, there is a loss of weight, there is distension and distress, a great mass of undigested food, the patient has eaten little, the appetite is generally poor for a period of time, the food sent, upon passage of the pylorus into the duodenum, the stomach severe spasms may result.

As stated above, food undigested in the stomach, hours, and there have been cases in which it has been retained, the gastric juices not being able to dissolve or digest the substances thus retained, fermentation takes place, resulting in splanchnic heartburn, pain, this condition is more common when an excess of food is taken, especially when sugar is a part of the meal, and indigestion occurs if fruit is taken combined, by that I mean not the sugar in the fruit.