

At the time of King Nebuchadnezzar of Babylon (604-561 B. C.) men had acquired the art of making hand burned brick. Some are beautifully moulded and enameled.

Early brick had identifying finger marks backed into the brick. The earliest brick found with the maker's identifying stamp dates back to 2250 B. C.

### Lang To Head Research Studies On Water And Flood Control Projects

John A. Lang, Jr., of Carthage, who has served almost 10 years as Congressional Secretary to Representative Charles B. Deane of North Carolina's 8th District, has accepted an appointment as assistant to the chairman of the important Water Resources and Power Subcommittee of the

House Committee on Government Operations.

Lang will assume his new duties September 1, according to the announcement released in Washington Monday. The appointment was tendered by Representative Robert E. Jones, Alabama Democrat, who is chairman of the subcommittee.

Lang will be in charge of research studies of all phases of the nation's water resources, flood control and public power projects.

He said today that the Yadkin and Cape Fear Flood Control Projects in North Carolina will be among the proposals under his study.

Lang has served as Deane's Secretary since January 3, 1947. In World War 2, he served in the Army Air Force for over four years and advanced from the grade of private to major. He now holds the rank of lieutenant colonel in the U. S. Air Force Reserve and has maintained his active reserve status.

Previous to his induction in the Army Air Force, Lang was State Administrator of the National Youth Administration in North Carolina for four years. Before

### Rotary Club Gets Program Listing For Six Months

A partial listing of programs planned for the next six months for the Southern Pines Rotary

going with the NYA, he held the position of Assistant to the Director of Education in the Civilian Conservation Corps, U. S. Office of Education.

In commenting on Lang's new appointment, Congressman Deane, who strongly recommended him for the position said: "John has been at my side for 10 years. I shall always be sincerely grateful for his loyalty and devotion. He has rendered to me and our 8th District a distinct and outstanding service for which all of us shall ever be grateful. God speed him along the way."

Club was announced at the regular meeting of the club Friday at the Country Club.

Earl Hubbard, chairman of the program committee, said that a number of films, many of them dealing with business life, will be presented. The films will also deal with various aspects of American life.

Also scheduled are speakers from the University of North Carolina, State College, and Duke University, Hubbard said.

At Friday's meeting Frank Yandell, Moore District scout executive, asked the club's cooperation in the coming "Get Out the Vote" campaign, which is conducted yearly by the Boy Scouts.

The club voted to cooperate with the vote campaign.

Guests at the meeting included Bill Brown, Troy, George Casey, Sanford, W. G. Fussel, Bladenboro, Luke Marion, Carthage, Julian River, Milledgeville, Ga., and Wilson Hasty, Rockingham.

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CLOSED

LABOR DAY

The Town Office will be closed Labor Day, Monday, September 3, 1956. Regular Monday garbage collections will not be made. The Sanitary Department will attempt to pick up all garbage the following day.

Town of Southern Pines

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### OPEN SUNDAYS

Beginning September 2 our Cafe will be open on Sundays

— HOURS —

Sundays - 9 a.m. to 9 p.m.  
Weekdays - 6 a.m. to 10 p.m.

ALL FOOD HOMECOOKED INCLUDING  
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For the pause that refreshes, wherever you are



AND IF YOU'RE COUNTING CALORIES, HERE ARE THE  
REAL FACTS...FROM AN INDEPENDENT SOURCE...

### TEA MARKETING FACTS

Bulletin No. 21  
JUNE 1954

#### TEA'S CALORIE STORY

At the request of the Tea Council, the Miner Laboratories, Chicago, Illinois, scientifically examined 31 different varieties of hot and cold beverages and computed the caloric content of each. As the following table shows, tea without additives has significantly less calories than any of the other popular drinks.

Beverage	Approximate Calories Per 6 Fluid Ounce Serving
Grape Juice - Canned & Bottled	121
Milk	107
Grape Juice - Frozen	101
Orange Flavor Drink	95
Orange Juice - Fresh	94
Berry Flavor Drink	94
Orange Juice - Frozen	88
Super Coola	87
Root Beer	86
Lemonade - Frozen	86
Pepsi-Cola	86
Royal Crown Cola	83
Coca-Cola	78
Beer	59
Sugar Free Root Beer	19
Sugar Free Orange Drink	17
Coffee	11
Tea	4

Coffee and Tea served with the following flavorings:

6 ounces Hot or Iced Coffee 11 calories

- + 16 calories for each teaspoon of sugar
- + 30 calories for each 1/2 ounce of cream

6 ounces HOT COFFEE, 1 teaspoon of sugar and 1/2 ounce of cream 57 calories

6 ounces ICED COFFEE, 1 1/2 teaspoons of sugar and 1 ounce of cream 94 calories

6 ounces Hot or Iced Tea 4 calories

- + 16 calories for each teaspoon of sugar
- + 9 calories for each 1/2 ounce of milk
- + 2 calories for each 1/8 segment of lemon

6 ounces HOT TEA, 1 teaspoon of sugar and 1/2 ounce of milk 29 calories

6 ounces ICED TEA, 1 1/2 teaspoons of sugar and 1/8 segment of lemon 30 calories

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