

BOOKLET LISTS MOORE COUNTY GROUPS

Services Aid N. C. Alcoholics

The Education Division, State Department of Mental Health, has released a North Carolina directory, "Sources of Help for the Alcoholic and His Family," and mailed over 750 copies to key state and local agencies and individuals who deal with their problems.

Dr. Norbert Kelly, director, estimates that 125,000 persons in the state are afflicted with alcoholism. Of these only a small minority have ever been treated for the illness and most of those who have experienced many of its worst aspects before reaching treatment, he said.

"If we are ever to make a dent in this tremendous problem, we must get more alcoholics into a treatment situation and get them there earlier in their illness," he said. Those receiving directories can help accomplish this.

Directories were mailed to

state and local public health and welfare departments, probation and parole officers, clerks of court and judges, family service and mental health agencies, and community alcoholism programs. Directories are available to anyone on request to ALCOHOLISM, Box 9494, Raleigh, N. C.

Unfortunately, the patient's illness is usually in the middle or late stages before he comes to the attention of these groups, Dr. Kelly pointed out. "We also need to reach the alcoholic whose illness is developing but not yet recognized as an illness by those closest to him even though tell-tale symptoms are present," he said.

It is in this area that families and employers can be the "earliest casefinders" because the early signs of alcoholism shows first in the home and then on the job, he said. In the absence of "tried and proved" techniques for early diagnosis or casefinding in alcoholism, the best protection is to know what the early signs are. Even then the problem of getting the patient to accept help remains, but the earlier he does the greater his chances for recovery will be, the physician noted.

Dr. Kelly said that everyone can aid in the early diagnosis and treatment of alcoholism by "accepting the first signs of a drinking problem as warnings of a progressive illness instead of going along with the person's denial that he is losing control."

County Groups Listed
A copy of the "Sources of Help" booklet sent to The Pilot lists the following groups and programs available in Moore County, with their time and place of meeting, mail address and telephone numbers to call for further information or assistance:

Alcoholics Anonymous (AA)
Southern Pines—Meets at Emmanuel Episcopal Church, E. Massachusetts Ave. at 8 p. m. on Mondays, P. O. Box 917, Telephone, 692-3648.

Aberdeen—Meets at Community House, at 8 p. m., Tuesdays and Saturdays, P. O. Box 233, Telephones W14-1629 and W14-1469.

Carthage Meets at Jaycee Clubhouse at Fairgrounds at 8 p. m., Fridays, P. O. Box 461, Telephone Carthage WH7-5360.

Note: The directory also lists, among Alcoholics Anonymous groups in state prison units, one at the Carthage prison camp, meeting at 7 p. m. each Wednesday.

The booklet describes the Alcoholics Anonymous program, which operates nation-wide, as follows:

"Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

"The only requirement for membership is a desire to stop drinking. There are no dues or fees for A. A. membership; the organization is self-supporting

through its own contributions. A. A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. The primary purpose of A. A. members is to stay sober and help other alcoholics to achieve sobriety."

Al-Anon Family Group
Only one of these groups is listed in Moore County—at Aberdeen, P. O. Box 393, Telephone W14-1179.

The Al-Anon Family Group is a program with which the public is less familiar than with A. A. Its purpose is described in the booklet:

"The Al-Anon Family Groups are a fellowship of the wives, husbands, relatives, and friends of alcoholics who are banded together to try to solve their common problems. Al-Anon is a separate fellowship and not a part of A. A. However, both are closely allied and cooperate with each other in every way possible. Al-Anon, like A. A. stresses the anonymity of its members and there are no dues or fees for membership.

"The primary purposes of the Al-Anon Family Groups are to welcome and render aid to the families and friends of alcoholics by helping them to gain new insight into their attitudes and problems; to give understanding and encouragement to the alcoholic; and to grow spiritually through living by the Twelve Steps of Alcoholics Anonymous."

Local Alcoholism Program
Southern Pines is listed in the booklet as one of 18 North Carolina communities having Local Alcoholism Programs, with the following pertinent information: The Rev. Martin Caldwell, director, Moore County Alcoholism Education Committee, P. O. Box 1098, Telephone 692-3171.

The booklet has this to say about Alcoholism Programs:

"One of the major goals of these community groups is to create a public awareness of alcoholism as an illness and the all-catholic as a sick person or, stated another way, to create a climate of public opinion in which the alcoholic can freely seek the help he needs from appropriate facilities provided by a knowledgeable and understanding public.

"Toward this end, and also in the hopes of preventing alcoholism among those drinkers not now afflicted, local alcoholism programs conduct educational activities in which the facts about alcohol and alcoholism are presented to the public at large, special groups within the public, and individuals.

"Any alcoholic or member of a family in which there is an alcoholic may go to his local alcoholism program and discuss his problems freely. There he may not only obtain information on alcohol and alcoholism but also information on where to go for

the help he is seeking." The Moore County Mental Health Clinic is listed in "Sources of Help" among 18 such clinics of similar facilities operating in towns and cities over the state.

The Moore County clinic's address is incorrectly given as Southern Pines in the booklet, which was prepared before the clinic's move to the new Pinehurst Medical Center building opposite Moore Memorial Hospital at Pinehurst.

The correct new mail address and telephone number for the Moore County Mental Health Clinic are: P. O. Box 1069, Pinehurst, Telephone 295-5661.

Of the mental health facilities around the state, the booklet says:

"Outpatient treatment and services for alcoholics and their families are available through mental health clinics, several alcoholism programs and some health departments located in

several North Carolina cities. These facilities can be of invaluable assistance in three important ways: preparing the problem drinker for treatment; aiding the patient's wife or husband in making the necessary adjustments in his or her own attitudes; and in helping the patient maintain sobriety after treatment.

"Inability to pay is no barrier to receiving the service of these facilities. Where fees are charged, they are usually based on income, number of dependents and ability to pay.

"For an appointment, the prospective patient or member of his family should telephone or write the nearest facility stating the problem for which help is needed. It is a sign of good judgment to seek professional help for any emotional problem."

Other Facilities
The booklet also lists addresses, length of stays, costs and other information about State-operated

inpatient treatment facilities for alcoholics at six hospitals: the Alcoholic Rehabilitation Center at Butner, Broughton Hospital at Morganton, Cherry Hospital at

Goldsboro, Dorothea Dix Hospital at Raleigh, John Umstead Hospital at Butner and North Carolina Memorial Hospital at Chapel Hill.

PROFESSIONAL PRESCRIPTION SERVICE



MEDICAL CENTER Pharmacy

Facing Moore Memorial Hospital Pinehurst, N. C.

PHONE 294-2771

H. C. Reaves, Sr.

H. C. Reaves, Jr.

Registered Pharmacists

ufn

G.E. APPLIANCES
Sales & Service
Vass TV & Radio
Call Vass 245-7781



DREYFUS FUND INC

The Dreyfus Fund is a mutual investment fund in which the management hopes to make your money grow and takes what it considers sensible risks in that direction.

... you can invest monthly in a DREYFUS INVESTMENT PROGRAM for the systematic accumulation of Fund shares over a 10-year period. Completion life insurance optional. Completion life insurance optional.

prospectus* free from

MUTUAL FUNDS OF AMERICA, INC.

115 E. Pennsylvania Ave. Tel. 695-5451

*a colorful, illustrated booklet you'll enjoy reading.

Please send free Dreyfus Fund information.

Name Please Print

Address

City & State

j18,ju9inc

ANNOUNCING OUR ANNUAL MID-YEAR CLEARANCE SALE

Our large collection of quality Furniture, Tables, Lamps pictures and accessories at considerable reduction—
SAVINGS UP TO 50% ON STOCK ITEMS

20% OFF LIST PRICES ON SPECIAL ORDERS FOR ALL FURNITURE, LAMPS AND ACCESSORIES DURING THIS SALE FROM ALL OUR QUALITY LINES:

- | | | | |
|---------------|---------------|----------------|-------------------|
| Heritage | Globe | Carolina Forge | Brady |
| Henredon | Young's | Woodward | Traditional |
| Tomlinson | Shaw | Gilliam | Suggs & Hardin |
| Craftique | Morganton | Hickory | Statesville Choir |
| Henkel-Harris | Sanford | Simmons | Ross |
| Continental | Davis Cabinet | Barcalounger | Sprague & Carlton |
| Unique | Kittinger | Burris | W. M. Fetner |
| Drexel | Thomasville | White | Bassett |
| Maddox | Williams | Fox | And Many Others |

Experienced Interior Decorator Service



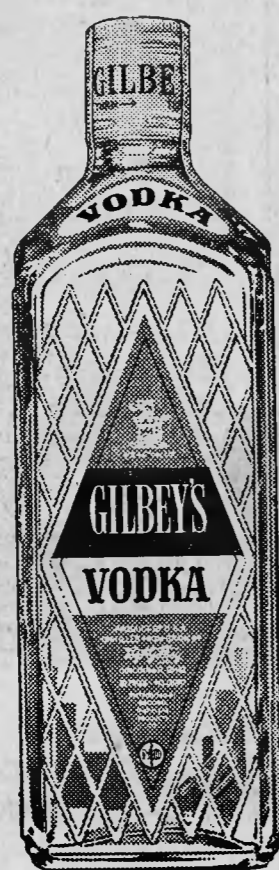
Mrs. Margaret Olive will help you develop your own ideas.

SPROTT BROS. FURNITURE CO.

114-118 South Moore Street

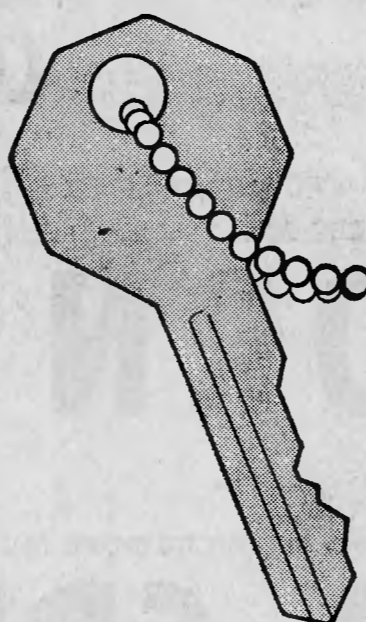
Sanford, N. C.

Gilbey's Vodka



2.15 Pt.

3.40 4/5



Your Key to Economical Financing...

A Low-Cost Citizens Bank Auto Loan

Let The Citizens Bank Help You Save Money On Financing Your Next New Car. Get All The Advantages Of Low Bank Rate Financing. A Convenient Monthly Payment Plan To Fit Your Budget, And Fast, Friendly Service. See The Citizens Bank First For All Your Financing Needs.

THE CITIZENS BANK

AND TRUST COMPANY

SOUTHERN PINES, N. C.

132 N.W. Broad Street

INSTALLMENT LOAN HEADQUARTERS SOUTH BROAD ST. OFFICE
Member Federal Deposit Insurance Corporation

600 S.W. Broad Street