

SUPERINTENDENT'S NOTES.

OUR NEW BOOKS.

Have you noticed the new classic readers?—what excellent paper and strong cloth binding? If you have examined their pages you have seen that they are bubbling over with child life—the bright, sunny side of child life—their pets, toys, games and sports. For the first twenty pages, or more, the simple child-like words are both written and printed. By the previous training outlined in "How to Teach Reading" the little ones can write and read writing of the simple words by the phonic system. Teachers, have your little ones to copy the words at first, and by association with print—by drill in both as you pass along, the children take right hold of the printed words, and get the happy child-like thought.

There are three ways by which a lesson can be learned: 1, by attention; 2, by frequent repetition; 3, by interest taken. It will be observed by examination of the little readers that master hands made the books—authors who were masters of the teaching art and whose souls thrilled in children's joys, sympathized with child nature and were aflame with a desire to develop their immortal minds in nature's way. First, the attention is secured and held by the nature and arrangement of the subject matter—the brightest and rarest things in the children's world. Secondly, they continue repeating the words as they are learned, in new lessons. Lastly, the interest is quickened and intensified as the new pages are passed over by more vivid scenes. Thus the books insure the greatest incentives to study.

At first the child should learn to read, and not read to learn merely, as he does at a more advanced stage. What can be more interesting to second grade pupils than "Teeny, Tiny," "London Bridge," "Little Bo-peep," "Tom Thumb," "Jack and the Bean-stalk," "The Wise Men of Gotham" and the "King's Trumpet"? These are classic stories, and lead the child unawares into the realm of literature.

For third, fourth, and fifth grade pupils we have readers containing selections from the standard literature by the gifted Dr. E. A. Alderman. These fairy tales, stories of animal life, descriptions of people and homes of other lands, history and biography, and stories of adventure broaden the children's minds and lead them to appreciate the beautiful in literature as well as learn to read.

In the "Classics, Old and New" third, fourth and fifth readers, the subjects range from nature and myth and adventure to biography and patriotism and ethics. Good literature enlightens the mind and uplifts the spirit more than any other power, save the influences of home. In the hands of sympathetic teachers this course of reading will not only make good readers and lovers of fine literature, but also will inspire a love for reading—the reading habit which is worth far more than the knowledge acquired from the books themselves. Especially will this habit result if the supplementary readers recommended by our State Superintendent be used in connection. I shall have more to say of supplementary reading in a future article.

I have said more on this subject because good reading is the basis of good scholarship in all branches, and because I hope our teachers recognizing this fact will change to the new reader as early as possible. My distinguished predecessor, Prof. Turington, has labored hard to get teachers out of the "old ruts" of poor reading and spelling, and as a result has placed reading and teaching reading on a higher plane. Now I appeal to the teachers to take no backward step—try with the little ones to make a complete success of the phonic system, and often consult your bulletin No. 1, "How to Teach Reading."

THE NEW SPELLER.

Foust and Griffin's Speller for use during the next five years is a speller pure and simple, and not intended, as the preface shows, in any way to take the place of the dictionary, or of language lessons. It is the work of our distinguished North Carolina authors. Prof. J. I. Foust, of the Normal and Industrial College at Greensboro, is principal author. A short examination by any experienced teacher is sufficient to convince him of the superiority of this speller

over any we have had heretofore. Every teacher should read carefully the preface to know how to direct the spelling exercises in Parts I to 6, inclusive. Since spelling and reading are in most respects one subject, the words are carefully selected from the "Course of Study for Elementary Public Schools," and are therefore thoroughly practical, everyday words.

THE NEW ARITHMETIC

Colaw and Duke's Intermediate Arithmetic recently adopted fills a much needed space between the Primary and Advanced formerly used and re-adopted. This proposition goes without question as the mental step between the last two named was too long for the child's mind to take. It worked discouragement to both teachers and pupils. Arithmetic is a very important, and, I may say, difficult study. Children need not learn to dread it, however; if proper steps are taken it becomes one of the most interesting studies. Just here I recommend to the teachers not to try to teach the "Exercises for Advanced Classes" in the Advanced Arithmetic until after the Common School course is gone through with. (Read the preface of the book and see what the author intended.) This supplementary work is necessary for complete arithmetic and can be done more easily as final review of the book.

THE NEW LANGUAGE BOOK.

Smith's Our Language, Second Book, is adopted to come between Hyde's Book I in English, and Buehler's Modern English Grammar, both the latter re-adopted. It requires extensive composition work, treats in a thorough but simple way the parts of speech, the classification and analysis of sentences, and most happily combines with the study of language and grammar that of literature. Dr. C. A. Smith, the author, is also one of North Carolina's most scholarly sons and stands pre-eminent among the great scholars in English. His treatment of the language subject renders it no longer a dry subject but one of the most interesting, and like the intermediate arithmetic, the Book Commission placed it just where it is needed.

I have commented on the above named books because they have been adopted for use in the schools for the next five years. The new Readers displaced Holmes' Readers, and the new Speller displaced Harrington's Spellers. The law requires the new books to be taught, yet as stated in my article last week, a reasonable time will be allowed to make the change. Having personally examined these new books I the more earnestly advise where it can be done to exchange the old books for the new and so have the advantage of the new ones this session.

J. P. CANADAY.

Mr. Hearst's certified statement of his campaign expenses places the amount at \$256,370. As candidate of the Independence League he spent \$198,870, and he gave the Democratic state committee \$50,000. His traveling expenses were \$500. What he paid Murphy to get the Democratic nomination and his friends nominated for the judge-ships could hardly be called campaign expenses, and, of course, were not included in the return made to the secretary of state.—Wilmington Messenger.

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its cod liver oil elements heal and strengthen the lungs. Many people inherit weak lungs which are likely to be attacked by consumption. So also are lungs weakened by disease or by a stubborn hacking cough. Vinol, which is a real cod liver preparation with all the useless oil eliminated and tonic iron added, strengthens weak lungs and gives one the power to throw off wasting diseases. We ask every person suffering from weak lungs, stubborn hacking coughs or any wasting disease to try Vinol on our guarantee.

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NO MAN IS STRONGER THAN HIS STOMACH.

Let the greatest athletes have dyspepsia and his muscles would soon fall. Physical strength is derived from food. If a man has insufficient food he loses strength. If he has no food he dies. Food is converted into nutrition through the stomach and bowels. It depends on the strength of the stomach to what extent food eaten is digested and assimilated. People can die of starvation who have abundant food to eat, when the stomach and its associate organs of digestion and nutrition do not perform their duty. Thus the stomach is really the vital organ of the body. If the stomach is "weak" the body will be weak also, because it is upon the stomach the body relies for its strength. And as the body, considered as a whole, is made up of its several members and organs, so the weakness of the body as a consequence of "weak" stomach will be distributed among the organs which compose the body. If the body is weak because it is ill-nourished that physical weakness will be found in all the organs—heart, liver, kidneys, etc. The liver will be torpid and inactive, giving rise to biliousness, loss of appetite, weak nerves, feeble or irregular action of heart, palpitation, dizziness, headache, backache and kindred disturbances and weaknesses.

Mr. Louis Pare, of Quebec, writes: "For years after my health began to fail, my head grew dizzy, eyes pained me, and my stomach was sore all the time, while everything I would eat would seem to lie heavy like lead on my stomach. The doctors claimed that it was syphilis, but I was told by a friend to try Dr. Pierce's Golden Medical Discovery. I bought a bottle and we soon found that I began to improve, so I kept on the treatment. I took on flesh, my stomach became normal, the digestive organs worked perfectly and I soon began to look like a different person. I can never cease to be grateful for what your medicine has done for me and I certainly give it highest praise." Don't be wheedled by a penny-grabbing dealer into taking inferior substitutes for Dr. Pierce's medicines, recommended to be "just as good."

To gain knowledge of your own body—in sickness and health—send for the People's Common Sense Medical Adviser. A book of 1008 pages. Send 21 one-cent stamps for paper-covered, or 31 stamps for cloth-bound copy. Address Dr. R. V. Pierce, 663 Main Street, Buffalo, N. Y.

A Magazine for the Blind.

Through the beneficence of a wealthy good lady in New York City, Mrs. William Ziegler, a monthly magazine of some fifty pages is soon to be published in raised print for the blind of the United States who can read, to be sent to the blind FREE OF CHARGE. It will be on the order of the regular monthly magazines for the seeing and will contain general news and literary matter of interest to the blind, as well as a correspondence column for the blind.

The magazine is to be published in the New York Point print and in the Braille, so as to accommodate the blind who can read either. For the purpose of reaching every blind person in North Carolina who can read, it is earnestly requested that the full name and post-office address of any blind citizen in any part of the State be sent AT ONCE to John E. Ray, Principal of the State School for the Blind, Raleigh, N. C., stating the preference of the person between the New York Point and the Braille print. This request should receive IMMEDIATE ATTENTION.

Republican Majority is 54.

Washington, Nov. 17.—Congressional statisticians who have been here the past few days figuring on the status of the House of Representatives in the 60th Congress, have reached the conclusion that the Republican house majority will be fifty-four. This is as near final as the estimate can be made until the clerk of the house has received certificates of election and will stand as correct, probably, until all contested election cases have been finally decided.

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Bachelors.

"Bachelors can be found roaming at large in all parts of the world. They inhabit apartments, clubs, open fields, bodies of water and music halls. They are also seen behind the scenes. They hover at times near front gates, and have been found in back parlors with the aid of the search-light.

"Bachelors are nomadic by nature and variable in their tastes, never going with one girl long enough to be dangerous.

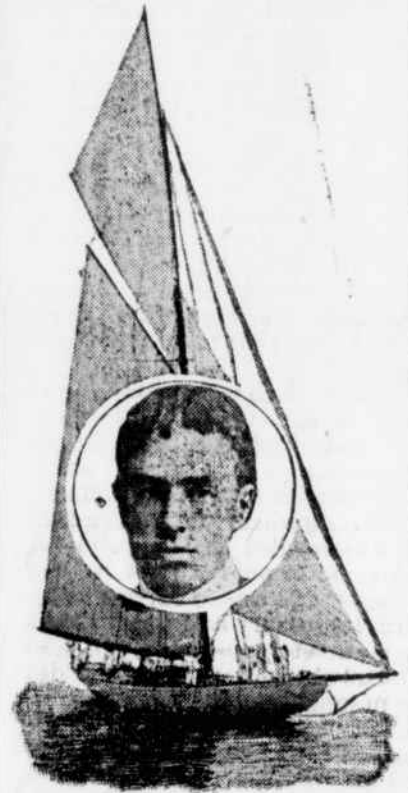
"Bachelors make love easily, but rarely keep it. Rich bachelors are hunted openly and shamelessly, and are always in great danger. Those who finally escape are, as a rule, useless ever afterwards."—Tom Masson, in the December Delineator.

Your stomach churns and digests the food you eat and if foul, or torpid, or out of order, your whole system suffers from blood poison. Hollister's Rocky Mountain Tea keeps you well. 35 cents. Tea or Tablets.—Hood Bros.

Cornelius Vanderbilt, Yachtsman

CORNELIUS VANDERBILT'S yacht Rainbow is a feature of the yachting season this year and is sailed by Captain Charley Barr of America's cup and kaiser's cup fame. In the absence of boats of the ninety foot sloop class the seventy footers, like the Rainbow, have the principal claim on attention. The leading yachting event of the season, the annual cruise of the New York Yacht club, of which Mr. Vanderbilt is commodore, occurs in August. The start will be from Glen Cove, N. Y., on Aug. 3. On the 8th the race for the king's cup, offered by King Edward VII. of England, will be sailed. The fall races for the autumn cups will be sailed in September. In some respects it is better for the yachtsmen when, as this year, there is no international cup race to excite public interest, for the absence of a contest between ninety foot yachts representing different nations gives more opportunity for attention to the contests between owners of smaller craft. The interest in yachting this season in all parts of the country where clubs exist has so far resulted in unusually large entries for races.

Commodore Vanderbilt's Rainbow has a long record of victories and is one of the prettiest sloops afloat. The commodore himself is recognized as one of the best and most sportsmanlike yachtsmen and as a sailor who can design a boat as well as handle it on the water. Mr. Vanderbilt's career has won him more popularity with the general public than is usually attained by the son of a millionaire. Not that he has striven for anything of this kind. On the contrary, he shuns publicity. But he has always shown a disposition to travel on his own merits, to carve out a career of his own and to make himself of use to the world instead of being, like so many



CORNELIUS VANDERBILT AND HIS YACHT RAINBOW.

rich men's sons, a mere idler and society favorite. He is democratic in his ways, and he married a girl, Miss Grace Wilson, whom he loved well enough to fight for, even though it was his own father with whom he had to contend, and his act cost him that father's ill will and a loss of many millions when the family fortune was handed down to the next generation.

When Commodore Vanderbilt was a boy, even before he entered Yale university, from which he graduated in 1835, he became interested in yachting. The fondness for boats, indeed, runs in the blood, the family fortune having originated in the success which the first Commodore Vanderbilt met with in the sailing of vessels and the operation of steamboat lines. The present Commodore Vanderbilt is known as Cornelius 3d. The original commodore, Cornelius 1st, when only sixteen years old, began sailing a small sloop between New York city and his Staten Island home, in which he conveyed passengers.

Cornelius 3d was about the same age when he took up the study of naval architecture and designed a boat which was built for his use. But it is as a designer of locomotives rather than of boats and as an inventor of railway appliances that young Mr. Vanderbilt has won most fame. He designed the locomotive which about four years ago made the record run on the Harlem road. Most of the railroads of the country have now introduced the patent fire box invented by him.

His papers on scientific and technical subjects command the attention of the leading scientific societies, something which they would not do in spite of his wealth unless they were of real value. He is only about thirty years of age, but for the past ten years at least has been hard at work on mechanical lines. There is something unusually picturesque in the idea of a man who owns millions and lives in a palace working in overalls. Young Vanderbilt used to do this not for effect, but because it was part of the profession which he had determined to learn from the bottom up. He is modest and sensible, as was illustrated one time when he spoke of an engine he had designed. "The main thing is that the locomotive works well," said he, "not that I invented it."

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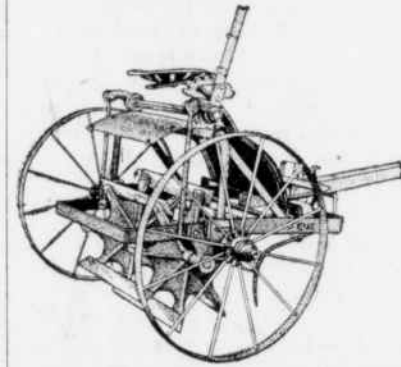
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