

BEN E. GARDNER FARM

8 miles S. E. of Smithfield Sub-divided into small tracts to be sold

At Auction Saturday November 10.

IN directing your attention to the sale of the old "Whitley Place" now owned by Mr. Ben E. Gardner, we feel that we are making it possible for you to own a part of one of the best farms in Johnston County. Certain it is, there is no better farm to be bought at auction and on terms that are more than liberal. Too much cannot be said for the soil on this farm, it being one of the

most productive under cultivation. The location is certainly all that could be desired. Good neighbors, good churches and good schools near by. This truly is a great sale of a great farm in a great community.

Free Dinner will be served to all attending and a brass band will furnish lively concerts. The terms will be easy and your price will be ours for one day only.

Note: We are going to sell only about 300 acres of this fine farm, this being the very best part.

SALE CONDUCTED BY

First National Auction Company

Office: SMITHFIELD, N. C.

SANDLIN BROS., Mgr's.

BEN E. GARDNER, Owner

"Let Us Sell YOUR Land"

Milk a Cheap Food.

The housewife who is endeavoring to reduce family living expenses should consider milk and milk products as possible substitutes for higher goods. It has long been known that milk and cheese are exceptionally good and very cheap foods. Numerous nutrition experiments have been conducted in which milk and cheese have been used in comparison with other foods such as beef, chicken, eggs, and bread. These experiments have demonstrated the real value of milk, cheese and butter in relation to the other foods. For instance, Percy Werner, Jr., of the Missouri College of Agriculture points out that 1 quart of milk is equivalent to three-fourths of a pound of beef, 8 hen eggs, 2 pounds of chicken (including bones as bought) or one-half pound of white bread. In other words, a glass of milk will furnish as much food as two whole eggs; or a meal containing 2 pounds of chicken would have been fully as nutritious if a quart of milk had been substituted for the chicken. When milk is 10 cents a quart, chicken 25 cents a pound, and eggs are 40 cents a dozen, 10 cents worth of milk equals in food value, 50 cents worth of chicken or 26 cents worth of eggs. A still more striking way of expressing the value of milk is to state what one could afford to pay for milk in order to get the same quantity of food which is now received from beef at 20 cents and chicken at 25 cents a pound. If beef is worth 20 cents per pound milk is worth 15 cents per quart. If chicken sells at 25 cents per pound milk is worth 50 cents per quart. If one can afford eggs at 40 cents a dozen he can afford to pay 25 cents a quart for whole milk. Cream cheese is just about six times as concentrated as milk which means that one pound of cheese is equivalent to 2 dozen eggs or about 2 pounds of beef. Good cheese at 40 cents a pound is about 5 cents cheaper than beef at 20 cents and 80 cents cheaper than eggs at 40 cents a dozen. This analysis is sufficient to show that milk at ordinary prices of 8 and 10 cents a quart is one of the cheapest foods available. Bread is cheaper and makes a very good meal with milk. Milk is not only cheap but it contains some substance, present in butter but lacking in lard and oleomargarine, which stimulates growth of children. Every growing child should receive at least 1 quart of milk a day.—Indiana Farmer.

BUSINESS LOCALS.

 500 NICE PINK CHRYSANTHEMUMS for sale, 50 cents to \$1.00 per dozen. Fine assorted colors \$1.50 to \$2.00 per dozen. Mrs. C. V. Johnson, Smithfield, N. C.
 LAND FOR SALE—EIGHTY-ACRE farm, known as the Cook Place, situated two miles East of Clayton, and suited to tobacco and general crops. Lot in Clayton, containing one and three-eighths acres. Will sell whole or part. Two lots in "New Colored Town" in Clayton. Lot near depot in Smithfield. D. J. Thurston, Clayton, N. C.
 FOR RIDING DUTCH PLOWS, Mowers, Cutaway Harrows, see The Austin-Stephenson Co.
 BUGGIES AND HARNESS—A CAR load of old Hickory and Hughes buggies now on hand. Get our prices on buggies. Roberts Atkinson Co., Selma, N. C.
 THE SMITHFIELD BUILDING & Loan Association has helped a number of people to build homes. It will help others, and maybe you. New series of shares now open. See Mr. J. J. Broadhurst.
 OUR FALL AND WINTER SHOES line is now complete. Cotter-Underwood Company, Smithfield, N. C.
 FLOWER BULBS JUST ARRIVED. Hood Bros., Smithfield, N. C.
 COLES HOT BLAST STOVES AND Ranges, the fuel savers, and satisfactory cookers and heaters. Roberts Atkinson Co., Selma, N. C.
 IF YOU WANT TO MAKE MONEY buy your Shoes, Clothing and Dry Goods from Austin-Stephenson Co.
 THE BEST AND LARGEST STOCK of Furniture in Smithfield is at Cotter-Underwood Co.'s, Smithfield, N. C.
 FARM—WANTED A GOOD FARM in middle or eastern North Carolina. State number acres in tract, number cleared, price and terms. Address Box 8, Middlesex, N. C.
 COTTER-UNDERWOOD COMPANY have just unloaded two cars of fine Furniture. See them before you buy and save money. Smithfield, N. C.

WANTED TO BUY YOUR MUTTON suet. Hood Bros., Smithfield, N. C.
 LOST OR STOLEN—SEPTEMBER 28th, one black and white spotted bird dog, medium size. Finder will please notify Geo. F. Moore, Benson, and receive reward.
 WHEN YOU WAKE IN THE MORNING a Cee, Cee Inner Spring Mattress makes you feel rested and ready for another day's toil. Something New. Cotter-Underwood Co., Smithfield, N. C.
 GET YOUR INDIVIDUAL CHRISTMAS cards this season. A nice line of samples engraved Christmas cards now at Herald Office. Give your order early and avoid the rush.
 FARM MACHINERY EXHIBIT—See our exhibit at the Fair ground of farm implements. Roberts Atkinson Co., Selma, N. C.
 GET YOUR BLUESTONE FROM—Hood Bros., Smithfield, N. C.
 WE HAVE COTTON-SEED MEAL, 16 per cent acid, 8-3-2 and 8-3-3 fertilizer that we exchange for cotton seed. Austin-Stephenson Company, Smithfield, N. C.
 IF YOU WANT THE BEST FLOUR in town, buy Dan Valley, at Cotter-Underwood Co.'s, Smithfield, N. C.
 MONEY TO LOAN ON IMPROVED farm land at 5 per cent interest. Five, seven and ten years time. Amount unlimited. A. M. Noble, Attorney-at-law, Smithfield, N. C.
 FLOUR AND FEED MILLS—SEE them in operation at the Fair grounds. Roberts Atkinson Co., Selma, N. C.
 WE CAN SAVE YOU MONEY NOW. Buy your Fertilizers, Cotton Seed Meal and Acid now before Spring Prices are announced. Austin-Stephenson Company, Smithfield, N. C.
 YOU CAN MAKE MONEY BY BUYING your Furniture at The Austin-Stephenson Company's. A trial is all we ask.
 AUSTIN-STEPHENSON COMPANY will sell you an all wool suit for \$8.50. Can you beat it?
 NEW TESTAMENTS AND BIBLES for sale at The Herald Office.

WHEN YOU ARE READY TO BUY your fall goods, come to Austin-Stephenson Company's, where you can find a full stock and they will save you money.
 STALK CUTTERS AND GRAIN drills. See them at our exhibit at County Fair, next to Delco's exhibit. Roberts Atkinson Company, Selma, N. C.
 NOTHING BUT THE BEST HARNESS sold at Austin-Stephenson Co.
 BE SURE TO SEE OUR NEW line of Furniture at old prices. Cotter-Underwood Co., Smithfield, N. C.
 COTTER-UNDERWOOD COMPANY'S Store is the place to buy your Dry Goods at the right price.
 STRAYED FROM MY LOT SATURDAY night, October 27th, one light red milk cow with horns and white spots over her. Reward for information leading to her recovery. Mrs. W. L. Brady, Smithfield, N. C.
 WANTED—TEN CORDS OF OAK and ten cords of pine wood. Highest cash price paid. Edward W. Pou, Smithfield, N. C.
 IF YOU WANT ONE-THIRD OF your life, easy and comfortable see our Felt Bed line of Mattresses. Cotter-Underwood Co., Smithfield, N. C.
 IF YOU WANT TO EXCHANGE your seed for meal and fertilizer, see The Austin-Stephenson Co.
 IF YOU WANT TO BUY A PAIR OF ladies' fine Shoes, go to Cotter-Underwood Co.
 IMPROVED FARM IMPLEMENTS a good demonstration will be at County Fair. Exhibit next to Delco's Lighting display. Roberts Atkinson Co., Selma, N. C.
 CAR LOAD NUT COAL EXPECTED in about a week. W. M. Sanders, Smithfield, N. C.
 CAR LOAD EGG COAL EXPECTED in about a week. W. M. Sanders, Smithfield, N. C.
 WE CAN SAVE YOU MONEY NOW. Buy your Fertilizers, Cotton Seed Meal and Acid now before Spring Prices are announced. Austin-Stephenson Company, Smithfield, N. C.

CAR LOAD EGG COAL EXPECTED in about a week. W. M. Sanders, Smithfield, N. C.
 CAR LOAD NUT COAL EXPECTED in about a week. W. M. Sanders, Smithfield, N. C.
 CAR OF PIEDMONT WAGONS AT—The Austin-Stephenson Co. All sizes.
 EVERYBODY IS HAPPY THAT sells tobacco at the Farmers Warehouse. Join the happy crowd.
 BUGGIES OF ALL KINDS AT—Cotter-Underwood Co.'s Store at the old prices. Smithfield, N. C.
 WE CAN SAVE YOU MONEY NOW. Buy your Fertilizers, Cotton Seed Meal and Acid now before Spring prices are announced. L. G. Stevens Company, Four Oaks, N. C.
 WE HAVE FOR SALE—SOME mules and horses cheap for Cash. Cotter-Underwood Co., Smithfield, N. C.
 WANT MILL HANDS, DRIVERS, log cutters, sawyers and farm hands. Good wages. J. W. Wood, Jr., Benson, N. C.
 IF YOU WANT TO SAVE FROM \$2.50 to \$5.00 in a suit of clothes, you can do it at The Austin-Stephenson Company's.
 There will be lots of Hot Doggies, weenies, barbecue and oysters for you at the Johnston County Fair.
 WE CAN SAVE YOU MONEY NOW. Buy your Fertilizers, Cotton Seed Meal and Acid now before Spring prices are announced. L. G. Stevens Company, Four Oaks, N. C.
 CAR OF HACKNEY BUGGIES EXPECTED to-day at Austin-Stephenson Company's—ask any man who has owned one.
 IF YOU WANT TO BORROW MONEY on your farm at only 5 per cent interest, see A. M. Noble, attorney-at-law, Smithfield, N. C.
 FOR SALE—ONE JERSEY BULL three and one-half years old. Apply to H. A. Peterson, Smithfield, N. C., Route No. 2.
 REMEMBER AUSTIN-STEPHENSON Company makes a specialty of clothing, Ladies' Cloaks and Shoes—Will save you money.

BOSCHEE'S GERMAN SYRUP. Why use ordinary cough remedies, when Boschee's German Syrup has been used so successfully for fifty-one years in all parts of the United States for coughs, bronchitis, colds settled in the throat, especially lung troubles. It gives the patient a good night's rest, free from coughing, with easy expectation in the morning, gives nature a chance to soothe the inflamed parts, throw off the disease, helping the patient to regain his health. 25 and 75 cent bottles. Sold by Creech Drug Co.—Adv.
 WANTED—LADY OR GENTLEMAN to solicit and write Accident and Health Insurance in Smithfield and vicinity. Apply General Accident, 311 Tucker Building, Raleigh, N. C.
 GOOD MILCH COW FOR SALE—See or write, W. V. Blackman, Bentonville, N. C., Route No. 2.
 WE CAN SAVE YOU MONEY NOW. Buy your Fertilizers, Cotton Seed Meal and Acid now before Spring Prices are announced. Austin-Stephenson Company, Smithfield, N. C.
 LOOK—BE SURE TO SEE OUR beautiful High-Top Ladies' Shoes, all colors, prices and quality. Cotter-Underwood Co., Smithfield, N. C.
 CAR OF PARKER BUGGIES EXPECTED daily at The Austin-Stephenson Company's.
 IF YOU NEED A NICE RUBBER Tire Buggy, call on Cotter-Underwood Co., Smithfield, N. C.
 ENGRAVED CHRISTMAS CARDS. We have a nice line of samples engraved Christmas Cards. Come in, make your selection and have your name engraved on the design you want. Individual Christmas Cards make your card mean more to the recipient. There will be a great rush along about Christmas times. Give your order now and avoid that rush.
 HERALD OFFICE, Smithfield, N. C.
 DR. J. F. FOSTER Physician and Surgeon KENLY, N. C.
 THE BEST LINE OF SHOES OF all kinds are at Cotter-Underwood Co., Smithfield, N. C.