



**HEALTH IS WEALTH**  
**HEALTH AND HYGIENE**  
 By the STATE BOARD OF HEALTH

Questions on Health, Hygiene and Sanitation of general interest to our readers will be answered in these columns or by mail if addressed to this office or to the State Board of Health at Raleigh and accompanied by a stamped, addressed envelope. No diagnosis or treatment of individual cases will be attempted.

**The Traitor In The Ranks.**

A spy is a contemptible person, but a traitor is a thousand times worse. Every doctor, when he receives his degree, Doctor in Medicine, takes the Hippocratic Oath. He solemnly swears not to do certain harmful or deleterious things. He swears that whatever houses he may enter, he will go into them for the benefit of the sick and will abstain from every voluntary act of mischief or corruption. Every good doctor lives up to that oath. But there are rascals in all professions. Now and then a doctor forgets his responsibility and indulges in deliberate mischief and corruption—he acquiesces in the criminal desire of some family to conceal the existence of contagious disease from the health authorities. This is a vicious act of corruption which ought to cancel the doctor's license to practice in the State.

Sometimes it is hard to say no.



"HARD TO SAY, NO."

If it is a Quarantinable Disease Don't Ask Your Doctor to Call It Something Else to Avoid Quarantine. There are selfish people in every community who care nothing for the welfare or safety of their neighbors and stop at nothing to evade the law governing the isolation of contagious disease. Such people will appeal to the doctor to make an exception in their case, in order to avoid injury to their business or something like that. If the doctor is square and honest he will do his duty and refuse to be a party to fraud. If he is crooked he may give in to the pleadings of the family and consent to the conspiracy against public welfare. Such a physician merits a severe penalty. He is a traitor to

**"The Big Fight" by Capt. David Fellon--Price \$1.50, at Herald Book Store. Read It!**

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**SPIERS BROS.**  
 Smithfield, N. C.

**DOWN IN FLORIDA**

Not a Fish Story But a Big Fish This Time.

"Your readers have read too often of Florida's delightful winter climate, her fruits and vegetables, historic towns and other points of interest, so I shall in this letter omit these things and call to your consideration the big fish which was recently caught down in Florida waters," writes Mr. John A. Mitchener, of Selma, who is now visiting his son, Mr. A. W. Mitchener, at Miami, Fla.

Mr. Mitchener writes: "My son, A. W. Mitchener, saw the fish while being captured. I have had my hands on the fish and my head in his mouth. He is now on exhibition here. Just think of a fish 45 feet long with a liver weighing 1,500 pounds, and had just swallowed another fish weighing 1,000 pounds, and you will want to read the whole story."

The whole story referred to by Mr. Mitchener occupies more than three columns in the Miami Daily Herald, and though he asks us to publish it, it is too long for our use at this time. However, we are making an extract from the article which will give our readers a good idea of this great fish. Facts About the Deep Sea Mystery.

It is 45 feet long.  
 It is 23 feet 9 inches around.  
 It is 8 feet 3 inches in diameter.  
 It weighs 15 tons—30,000 pounds.  
 Its mouth is 38 inches wide 43 inches deep and 31 inches from lip to lip when wide open.  
 Its tail measures 10 feet from tip to tip.

Its pectoral fin is 5 feet long by 3 feet wide.  
 Its dorsal fin is 3 feet long by 2 feet 9 inches wide.

Its skin is 3 inches thick and its gills 4 feet long.

It has swallowed an animal weighing 1,500 pounds that was still alive in its stomach.

Its liver alone weighed 1,700 pounds and it had swallowed several hundred pounds of coral and other material.

It was captured in the vicinity of Knight's Key, Florida, after a fight lasting 39 hours.

Five harpoons and 151 bullets were required to subdue it and it took five days to finally kill it.

It smashed a boat into thousands of pieces and knocked the rudder and propeller off a 31-ton yacht.

It had to be towed by an ocean going tug more than 100 miles to bring it ashore at Miami.

It was mounted by J. S. Warmbeth, expert taxidermist recommended by the Smithsonian Institute, Washington, D. C.

The creature is not classified in Natural History, the genus or species is unknown and it is the most remarkable specimen ever captured in this or any other country.—Miami Herald, March 5.

**BROGDEN SCHOOL NEWS.**

Mr. J. Rufus Creech went to Raleigh Friday night to hear Texas Ritchie.

Mrs. D. W. Creech has returned from Rocky Mount where she visited her daughter, Mrs. Sasser.

The moving pictures will be here again Friday night. Admission ten cents. There will be ice cream to sell to help purchase a new piano for the school. Everybody invited.

**Honor Roll for 4th Month.**

Grammar Grades—Rexford Gardner, Thomas Pittman, Cleo Howell, Mae Gardner, David Creech, Nettie Creech, Rosa Howell, Rosa Kemple.

Intermediate Grades—Albert, Arthur and Elmer Gardner, Alton and Erma Creech, Inez Gardner, Paul Oliver, Nancy Jane and Johnny Creech, James Capps, Leslie Mazingo, Elwood Rose, Robert Howell, Flonnie Overly and Callie Langley.

Primary Grades—Rachel Creech, Eldridge Creech, Mildred Creech, Beatrice Overby, Janette Mazingo, Fannie Thompson, Flonnie Mae Wallace, Percy Thompson, James Parrish, Ralph Gardner, Lonnie Edwards, Bennie Grant and Ransom Toler.

TEACHERS.

**NOTICE.**

The undersigned having qualified as Adm'r. on the estate of John T. Futch, deceased, hereby notifies all persons having claims against said estate to present the same to me duly verified on or before the 19 day of March, 1919, or this notice will be pleaded in bar of recovery; and all persons indebted to said estate will make immediate payment.

This 18 day of March, 1918.  
 JESSE DAUGHTRY, Adm'r.  
 F. H. BROOKS, Attorney.

MISTAKE—ON SATURDAY NIGHT March 9th some one through a mistake carried out a package belonging to Mr. J. S. Strickland containing the bowl of a store lamp. The mistaken party will please bring it to my store. Jas. A. Creech Co. Four Oaks, N. C.

**Girls What Do You Want for Easter?**

We have just received a big lot of silk, silk dresses, silk waists, silk skirts and, well, whatever it takes to dress you up and make you look nice you will find it in our Ladies Department.

**Our Prices**

on this line for the next two weeks will be reduced to the very bottom so we may help you get it. We are agents for the Standard Patterns and the Designer.

**Ladies**

Our stock of Dry Goods of all kinds is very complete and we will be glad to help you make any selections you want from our big stock and our prices speak for themselves—They are our best salesman.

**Boys**

If you want a nice Suit, Hat, Tie, Shirt or Slippers for Easter we can fit you from stock or have you a suit made to order by one of the best Tailoring houses in the United States

**Gentlemen**

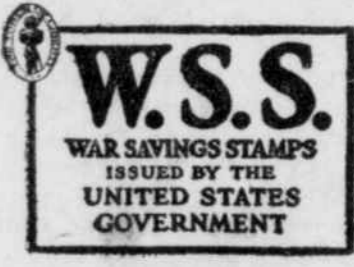
If you need anything in the Grocery or feed line or fertilizer we can save you some money if you will see us before you buy. All we want is a chance. Our prices and goods sell themselves.

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