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WILLIAMSTON, N. C., FRIDAY, MARCH 15, 1907

WHOLE NO. 367

#### THE SPORTING WORLD FOR THE HOUSEWIFE

Wrestler Jean Baptiste.
Jean Baptiste, the St. Louis wrestling star, frequently uses a novel hold in his matches, a hold that requires great strength in the execution thereof.
He raises a man's legs from the mat (when his opponent is on all fours) and



BAPTISTE RESCUTING AN REPRCTIVE HOLE secures the reverse of the ordinary crotch hold, one arm extending down his opponent's back. With his other hand Baptiste reaches down and grasps the back of his opponent's neck and pulls the head toward himself. This removes the support of his oppo-This removes the support of his oppo-nent's body, and Baptiste then falls heavily on him, bringing him flat on

Kraenzlein's New Place.

Alvin C. Kraenzlein, the former
Pennsylzania track athlete, has been
chosen to succeed Thomas E. Burke,
formerly of Harvard, as coach of the
Mercersburg (Pa.) academy track
team Kraenzlein and only in Kraenziein not only is a great e, but has had a varied and suc-

cessful experience as a trainer.

He was in charge of the track men at the University of Wisconsin for two sensons and also trained a number of schools in and around Philadel-

ber of schools in and around Philadelphia. He was highly recommended by Mike Murphy, the Penn veteran trainer, who expects him to make good training the preparatory school athletes at Mercersburg.

Kraenslein has a great record as an all around track athlete, made not only while representing his college, but with the Chicago Athletic club and the New York Athletic club. Besides being a record holder in the low and high hurdles and broad jump, Kraenzlein has made good marks in the sprints, quarter, pole vault, high jump and weights. He holds the American amateur record in the 120 yard hurdles, 220 yard hurdles and broad jump, dies, 220 yard hurdles and broad jump, his mark for the events being 15 1-5 seconds, 23 3-5 seconds and 24 feet 44 inches respectively. Kraeuzlein will have a squad of about seventy-five men to work on in the spring, which includes a number of hurdlers and jumpers of promising ability, and he is expected to develop some stars out of the sound.

No Centiped Races.

It was announced recently that the board of stewards of the intercollegitate rowing regasts have decided to abandon the plan of holding centiped moss at Poughkeepsie, N. Y., between cawa from the universities composing. crews from the universities composing the Intercollegiate Regatta association. This action was taken because of the small number of entries that had been

their entries, but the project was op-posed by the other four college coach-es, Courtney of Cornell and Ten Eyck of Syracuse being especially outspoken in their stand against the plan. When only two entries out of six had been received nothing but the definite dropping of the matter remained for the without spilling the contents.

Cornell Rowing Shells.

That the other colleges believe the Cornell crews' victories on the water are due largely to the boats they use is demonstrated by the fact that when Coach Courtney decided to sell some of the shells to make room in the boathouse at Cayuga Lake, N. Y., nearly threescore of offers were made for them. After six had been sold to smaller colleges Courtney had to tell the others that were clamoring for the boats that there were no more for

one of the orders for half a dosen shells came from Seattle, Wash. The Ithacan conch took pains to make sure that none of his shells went to any of the larger colleges.

Buys Picknet, 2:15%.
Picknet, 2:15%. a son of Allerton, at won a number of pacing races in consylvania and New Jersey last sar, has been purchased by D. B. cMenamin of Elkton, Md.

A Valuable Cleanser.

It is not generally known that soap bark is a wonderful cleanser—so good that it's well worth while mixing ready for use and putting away, always to have at hand. Buy 5 cents' worth of soap bark at the druggist's, cover with a quart of cold water and boil till you have a mixture about the color of weak. have a mixture about the color of weak coffee, about one and a quarter pints. If you wish to keep it a long time, then boll to one pint, add one and a half gills of alcohol, bottle and keep on a cool shelf. If you merely wish to remove spots, rub off with a piece of woolen rag. Shirts, coats or men's garments can be put on a board and scrubbed with a small scrubbing brush. It makes a soapy lather which can be wiped off with a cloth wet with clean warm water. Press when nearly dry.

Value of Cracked Ice. Fever patients derive more comfort from cracked ice when the mouth is dry and hot than from drafts of wa-ter. A bit of ice laid on the tongue and left to dissolve slowly, trickling down the parched throat of itself without the effort of swallowing, is inex-

pressibly grafeful.

Cracked ice should be the instant resort in cases of hemorrhage from the

iungs.
Ice is especially valuable when one has an inflamed throat. Cases of ton-silitis and incipient quinsy are relieved and indeed entirely cured by holding cracked ice in the mouth for hours at

Household Hints

When placing jewelry in a jewel bag it is well to wrap each piece in tissue paper. This prevents scratching and dust from gathering.

To set colors in new cotton fabrics dissolve one ounce of sugar of lead in

dissolve one ounce of sugar of lead in eight quarts of water and soak the arti-cles in it overnight.

To remove the feathers from wild ducks dip them in boiling water, then wrap in a thick cloth. The feathers are steamed loose in a very few min-nies and the "plus" will give little or ne trouble.

Handy Medicine Spoon.

The administering of medicine, especially liquid medicine, to children is a delicate operation, generally requiring the servicer of two persons cases more of the medicine finds it way



to the floor than down the child's apoon herewith shown, the invention of a Virginia man, administering becomes easy. The child may struggle and fight, but there is no possibility of the fluid spilling out over the edges of the spoon. It is made in two parts, the lower part being similar to the ordinary struggle. nary spoon. Pivoted to the latter, ad jacent to the bowl, is a cover which When the matter of holding a centiped race was first brought up Coaches Ellis Ward of Bennsylvania and James Rice of Columbia were enthusiastic over the plan and immediately sent in The edges of the bowl of the spoon bowls are brought in contact there is

Cleaning the Hands.
One of the most efficacious cleanses of soiled hands is common bran Moisten a small quantity in the pain of the hand with tepid water and wel of the hand with tepid water and well rub "it in and over the hands. Wash it thoroughly off with tepid water, and the hands will be perfectly clean. Oat-meal and juice of a fresh lemon are also most successful cleansers and whiteners of the hands. A small piece of tomato very speedily removes luk stains from the fingers.

Warmed Over Roast Seeiv
When you wish to reheat a roast left
from a previous dinner put it into a
patent roaster or covered pan with a
cup of stock and allow it to just heat
through in a very hot men. If an open
pan is used, the meat must be basted
and turned frequently. Serve on a
hot platter with a vegetable sauce
served around it.

Keeping Olives.
Olives opened for some special occusion when all are not required may be kept almost indefinitely if olive oil be poured into the bottle. The oil, being light? rises to the top of the liquid in which the olives were stored and thus keeps ont the air.

# Isn't This Town A Pretty Good Town? If Not, Why Not?

How do you like the town you live in? Pretty fair sort of place, isn't it? Otherwise you'd move to some other town, wouldn't you!

But you don't think much of this town, you say? Well, what's the matter with this town? If there's anything wrong, let's all get to-

> gether and right it. All of us live here, and we ought to pull together. Nobody living in New York or Chicago or St. Louis or San Francisco is going to do any pulling FOR us.

On the contrary, some of those cities are doing a lot of pulling FROM us. They not only pull away some of our best young men as the boys grow up, but they pull away many of our good American dollars, which ought to be spent right here, where they would do the most?

What is your favorite book? The Mail Order Catalogue? Ah, so we

Now suppose, just for a change, you read your local paper carefully, watch the advertisements, and if you don't see what you want ask the home merchant for it. Suppose all of us trade at home a little more regularly. That ought to help make this a better town.

And maybe if we'd keep more of our money at home to build up the town we'd keep more of our boys at home.

#### FOR THE CHILDREN

thought!

Quicker Than the Eye. quickness of animal motion is es greater than can be detected by the human eye. It is a favorite ent of country boys when they can find an owl sitting on a stump in a field to walk around the bird at a distance and see him "twist his head off." tance and see him "twist his need of."
As the boy circles around the owl
seems to follow him by turning his
head, giving the impression that the
head is moving continuously in a circle. As a matter of fact, however, as soon as the owl's neck is twisted sufficiently for comfort he turns his head in another direction, but so suddenly that the eye cannot detect the movement. The toad is not always sluggish. You may see one sitting a few inches from a fly when suddenly where it has gone. It has really gone into the toad's mouth, but the motion of its tongue in taking the fly in is so quick that your eye cannot detect it. It is a familiar saying among natural-ists that the stroke of the rattlesnake

Queer Things in Nature.

Who can tell why it is that the lonely woodpecker, when he comes down from his tree and goes to drink, stops several times on the way and listen and looks around before taking the

why is it that geese are never run over by vehicles? A carriage comes suddenly upon a flock of them in a narrow road and drives rapidly through it; but, although the geese seem to be right under the hoofs and wheels, they give a flap of the wings and waddle off in safety. It is said that there is no case on re

hair a chance.

Ants, as everybody knows, wage regular warfare and fight regular pitched
battles. And they are in the habit of taking other ants captive to be used as slaves. Why is it that these captives are black ants? Nobody knows. There are lots of things in nature

that we have yet to discover

Game of Jolly Miller.

The players decide among themselves which one of their number shall act the part of the jolly miller. This being done, each boy chooses a girl as partner. The jolly miller having taken his stand in the middle of the room, they all beefs to walk arm in arm around. begin to walk arm in arm around m, singing the following lines:

There was a jolly miller, who lived by himself.

As the wheel went round he made his wealth. One hand in the hopper, and the other in the bas.

curing a partner for himself. Should be succeed in doing so the one left without a partner must take the place of the jolly miller and must occupy the center of the room until fortunate enough to get another partner.

How Many Ways. At a young people's party a boy pro-posed that each member of it take the line, "All day the smith shall stand for us beside the flashing forge," and se in how many different ways it might Suppose the boys and girls try it. They will probably be surprised at the re-sult. One of the boys at the party re-ferred to wrote the line in forty-two different ways, beginning each time with the words "For us." When it is remembered that there are various other ways of beginning the line some no tion of the possibilities of the case suggests itself.—Chicago News.

Desultory. The origin of some words is queer almost to the point of laughable. Take the word "desultory," for example, which, as everybody knows, means disconnected, or jumping from one thing to another. Strange to say, we get it from the Roman circus, where certain performers rode two or more horses and would leap from one to another These were called "desultores" in Lat in, and from that word came "desul-tor," which, in the same language means one who goes from one thing to another, as in a rambling, disconnected

A boy wants the editor to tell him why a chestnut pops open when roast ing and why the popping makes a noise. The chestnut pops open be cause the air in it is expanded by the heat of the fire, and the pressure be comes so great that it bursts the shell. The noise is caused by the The noise is caused by the sudden rush of air to fill the partial vacuum produced by the explosion.—Chicago

The Sandman.
I'm sorry for the sandman, he has such a lot to do.
For people all don't go to bed at eight, like me, and you.
Some children can stay up till nine—some later still maybe—
And once I heard a grownup man say he'd been up till three!
It seems to me they're very mean, these folks that stay up late.
To keep the sandman hanging round. He

When I'm grown up I'll never act so selfish and so cruel;
To go to bed at mise o'clock will be my solemn rule.
I'll feel more easy in my mind, I'm very sure, for then

#### PEOPLE OF THE DAY

The Governor of New York. Charles E. Hughes, governor of New York, who has little sympathy with ne machine style of politics, is nevertheless a firm believer in party organernor said:
"Organization is essential to success

ful work, and no man would expec



olitical undertaking to be sucful which is not skillfully organized and wisely managed. But the success of political organization, important as is practical management, will depend on its ideals. No matter how skillconstructed or astutely led the people will smash any organization that is devoted to selfish interests."

Governor Hughes came into prominence in 1904 as counsel for the legis lative committee that investigated the insurance companies in New York. In the fall of that year he was offered the nomination for mayor of New York on the Republican ticket, but declined nomination and defeated William R Hearst. He was the only candidate of his party on the state ticket to score a victory.

For the Ladies.

A bill was passed by the house of representatives recently at the sugges tion of Mr. James, the Kentucky peace maker, giving to a local chapter of the Daughters of the American Revolution the right to construct a drinking fountain on the lawn of the customs house at Paducah, Ky.

The presentation of the bill led Mr. Payne, the Republican floor leader, to

"What is the need of a drinking fountain in Kentucky?"
To which Mr. James, who is no slower of wit than of movement, respond-

ed:
"This, I understand, is for the use of

When It's Wicked. Surgeon General R. M. O'Reilly was talking about the abolition of the army canteen, in consequence of which he holds, intemperance has increased among soldiers.

"The canteen." he said. "was only harmful when it was badly administer ed. You know the dancing story?

"A young man of sober views said to a pretty girl:
"'Do you think dancing is wicked?' "Yes,' said she, 'if one dances as badly as you do."

Foe of Land Grabbers and Boodlers. Francis I. Heney, the man who se cured the indictment of Abe Ruef. Schmitz and a number of their followers in San Francisco, is a national figure. He gained fame as the foe of the land grabber. Appointed



FRANCIS I. HENEY.

ecial United States district attorney

he had procured the conviction of one United States senator, two members of the national house of representatives and various others high in official life. Shortly after the disaster in San Francisco, Hency was appointed as-sistant district attorney to investigate the charges of gigantic grafting by public officials and political bosses in that city. The indictments found show here well his work was done

that city. The indictments found show how well his work was done.

Mr. Heney is a native of California and received most of his education in San Francisco. When a young nan he went to Arisona and for a time was attorney general of the territory.

### HINTS FOR FARMERS

Set the machine level in some dry well ventilated room, where there are no great extremes in temperature; run it for a short time without eggs and get familiar with its peculiarities, studying all the details; fill and trim

the lamp at least once every day; all the tray with fresh, fertile eggs and turn and air them at least once every day; all the tray with fresh, fertile eggs and the tray with fresh tray with fresh the tray with t day and keep the temperature as near 103 degrees as possible, and no one with ordinary intelligence ought to make a failure of the hatching busi-

ness. It does not require extraordinary genius or ability, but no indolent or careless party need apply.—American

Box Stall Advantages.

Whenever practicable partitions between stalls should be removed, thus converting them into box stalls. Many a good horse has been seriously or DRS. WARREN & RHODES. even fatally injured by being "cast in the stall." For this reason mangers should be raised to such a height that the horse cannot be "cast under the the horse cannot be "cast under the manger," or, better still, the manger should be on the floor. The horse nat-urally gathers its food from the ground. In a box stall natural inclinations can be 'partially imitated to advantage, whereas the old fashioned, parrow stall recludes such a sensible arrangement

Poultry Feeding.

Rice is almost valueless as a poultry food and should never be so employed. Buckwheat is very much rel-ished by poultry. The color and shape of the kernels are strange to them a first, but once they know what they are they will leave other grain for it. Being deficient of flesh forming sub stances, it should only be used at intervals as a change. Potatoes should only be used when they are the refuse from the table and never alone, but mixed with some kind of meal, such as middlings.-A. V. Meersch in ern Poultry Journal.

The Stable Doors and Windows. Small windows in horse stables should be replaced by large ones, and these should be kept open or partially so night and day at all seasons, at least sufficiently to insure good ventila-

Doors should be sufficiently wide and high to enable large horses to enter without danger of injuring the hip bones or the poll. "Down at the hip or the bone of one hip fractured, is n "Down at the hip, an uncommon consequence of too narrow doors, while many accidents occur from doors that are too low.

Substitute For Ensilage

Upon a recent visit to Ontario l found that cutting hay before feeding is commonly practiced," says a writer on farm topics. "It is claimed that it prevents waste, as cut hay cannot be thrown out of mangers, and other feeds can be mixed with it to the best advantage. Some farmers cut hay and oat straw tegether, mix the proper propor-tion of ground grain with it, dampen it and pile it up. In twenty-four to thirty hours it begins to heat. Then it is eaten greedly and makes a fine substitute for ensilage."

Mulberries In Orchards One of the characteristics claimed for the mulberry is that the fruit ripens over a period of several months. The tree is a rapid grower, and the abun dance of fruit produced makes it specially useful for planting around stables and chicken and stockyards. the fruit is greatly relished by birds, a mulberry trees planted in the or chard serve as a protection to more valuable fruits.-American Culti-

Dairy Notes.

Excitement not only checks the flow of milk in a cow, but reduces the percentage of fat in the milk.

Feeding too much is bad, and feed

ing too little is bad. Never feed more than the animal will eat up clean.

An extra yield of butter will naturally follow the use of richer feed if the cow has been well selected, but a case of an ordinary cow. Productivity of Weeds.

gle plant of pepper grass will produce 18,000 seeds, dandellon 12,000, shep-herd's purse 37,000, wheat thief 7,000, ragweed 5,000, pursiane 375,000, plantain 47,000 and burdock 43,000. The importance of not allowing a single weed to produce seed cannot be alluded to too frequently. A single hour's work in destroying weeds may save weeks

of labor next season.

Dry hydrate of lime, formed by slak ing fresh lime with just water enough to crumble it into a fine powder, is used as an insecticide. It is still very caustic and fatal to the larvae of as paragus beetles, slugs or currant, pear, plum and other larvae, having a mols surface. Applications are best made in the morning, while plants and insects are yet a little damp.

Sittings of Eggs. Eggs for sitting should be as fresh as possible. If set the day they are laid, so much the better, but they should not be older than a week or ten days in summer and two weeks in winter. Staler eggs may produce chick-ens, but they are sure to be more delicate. Medium sized eggs are the best.

Alfalfa For Poultry. Every farmer who makes a specialty of poultry should plant a patch of alfalfa. It makes excellent pasture for the fowls in summer and can be cut for hay for winter use.

The shell should be even and strong.

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