

RHEUMATISM



Munyon's Rheumatism Remedy relieves pain in the legs, arms, back, stiff or swollen joints. Contains no morphine, opium, cocaine or drugs to deaden the pain. It neutralizes the acid and drives out all rheumatic poisons from the system. Write Prof. Munyon, 633 and Jefferson Sts., Philadelphia, Pa., for medical advice, absolutely free.

PERFECT HEALTH.

Tutt's Pills keep the system in perfect order. They regulate the bowels and produce a VIGOROUS BODY.

Tutt's Pills

TOO MUCH FOR THE CORPSE

Exhibition of Meanness That Galvanized the "Dead" Irishman into Indignant Life.

"Don't be mean in your offerings," said T. P. O'Connor, in a plea in New York for the Irish cause. "The Irish can't stand meanness."

"No, no; the Irish can't stand meanness. Take O'Grady's case. You know, in Ireland, some 60 or 70 years ago, when a poor family lacked a coffin they made the corpse beg for it."

"This custom, alas! sometimes led to imposture. Thus, Thirsty O'Grady and his friends wanted money badly once, and O'Grady was assigned to act the corpse. So they laid him on a bier outside the door and they put a pewter plate beside him for the pennies."

"An O'Grady lay there, so still, with closed eyes, an old woman stopped and dropped sixpence into the plate. Then she began to take out change. A penny, tuppence, threepence she took out, and O'Grady couldn't stand such meanness. Corpse as he was, he said: 'Arrah, now, don't mind the change.'"—Washington Star.

It Wasn't a Fire.

The principal of one of the New York East Side night schools was enrolling a new pupil, who was togged out in a suit of clothes as new that it hurt him. Just before the boy came in the principal had heard the sound of fire engines in the street.

"What is your name?" the principal asked the lad.

"Tom Dugan," was the reply.

"Where was the fire, Tommy?" asked the principal as he wrote down the name. There was no reply; only a scowl.

"I say, where was the fire?" repeated the principal.

"Don't git gay wit me," was the somewhat astonishing answer. "Dere wasn't no fire, see? I bought dis here suit and I paid seven-fifty for it."

Great Baseball Play.

"What was the greatest baseball play you ever saw?" asked a friend of Governor-elect John W. Tener.

"The greatest play I ever saw," said he, "took place in an amateur game on a town lot at Charleroi. The teams were playing on a wet field and an outfielder who wore a derby hat went after a high fly. He came to a little pond and taking his eye off the ball made a jump to cross it. As he was leaping the ball struck him on the head, went through the crown of his hat and lodged there. The base runner was out and the fielder had not touched the ball with his hands. Can you beat it?"—Washington Correspondence Pittsburg Dispatch.

Hear It.

Hall—What is silence?
Hall—The college yell of the school of experience.—Harper's Bazar.

RESULTS OF FOOD.

Health and Natural Conditions Come From Right Feeding.

Man, physically, should be like a perfectly regulated machine, each part working easily in its appropriate place. A slight derangement causes undue friction and wear, and frequently ruins the entire system.

A well-known educator of Boston found a way to keep the brain and the body in that harmonious co-operation which makes a joy of living.

"Two years ago," she writes, "being in a condition of nervous exhaustion, I resigned my position as teacher, which I had held for over 40 years. Since then the entire rest has, of course, been a benefit, but the use of Grape-Nuts has removed one great cause of illness in the past, namely, constipation, and its attendant evils."

"I generally make my entire breakfast on a raw egg beaten into four spoonfuls of Grape-Nuts, with a little hot milk or hot water added. I like it extremely, my food assimilates, and my bowels take care of themselves. I find my brain-power and physical endurance much greater and I know that the use of the Grape-Nuts has contributed largely to this result."

"It is with feelings of gratitude that I write this testimonial, and trust it may be the means of aiding others in their search for health." Name given by Postum Co., Battle Creek, Mich.

Read the little book, "The Road to Wellville," in place. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

CONVENTION IS KILLED

CONSTITUTIONAL CONVENTION

BILL BY MR. STUBBS IS DEFEATED 69 TO 22.

A SCHOOL FOR TEACHERS.

Bill to Establish Training School For Teachers in West Will Pass—Legislators Want More Pary—Trust Law With Teeth.

Raleigh.—The House passed the Quicker Bill to amend the hour of the labor law of 1910, making both railroad companies and employes guilty of a misdemeanor for employes working over 16 hours, the amendment being to relieve the employer of the misdemeanor charge so that its employes injured while working over time can have standing in court for damage suits the ruling of the Supreme Court in Lloyd vs. Southern Railroad. Opposition to the bill was on the ground that the double check of misdemeanor for railroad and employe conserved protection of the travelling public from mistakes by overworked trainmen.

A bill for an annex for wives and widows of Confederate veterans at the soldiers' home came from the House pensions committee with favorable report and was referred to the appropriations committee since it carries \$5,000 appropriation and \$2,500 maintenance.

The Battle bill to allow cities and towns to amend their charters as will for commission or other form of government came from the judiciary committee with favorable report and five hundred copies were ordered printed.

Senator Cotten introduced a bill to prohibit the use of coupons in cigarettes and tobacco packages sold in North Carolina. There was also a bill by Senator Thorne to encourage the use of goods made by independent concerns and handicap sale of trust goods.

A resolution by Senator Starbuck, conveys an invitation from the General Assembly for residents of the Northwest to visit this State during every October.

The committee on propositions and grievances reported favorably Ewart's remarkable bill "To tax dogs, justices of the peace and bachelors in Henderson county." He insists that Henderson county has too many of all three of these classes.

The Stubbs bill to call a constitutional convention for the revision of the North Carolina constitution was defeated in the house by a vote of 69 to 22.

A bill by Kellum, of New Hanover, seeks to allow Wilmington to vote local option on petition of citizens to city council. This bill is drawn with State-wide machinery, but a final clause limits it to New Hanover county. It allows vote on saloons if thirty per cent. of the voters petition. Strict saloon regulations are prescribed and the license tax is \$1,000 each for city and State, any violation of regulations to forfeit license and bond.

By a vote of 24 to 31 the Turlington bill to protect insurers in fire insurance companies not licensed to do business in this State, by enabling them to serve summons in case of disagreement as to losses, and requiring that policies for such companies shall be reported to the State Commissioner of Insurance and a tax of five per cent. paid on premiums was defeated. This was on the ground that the State law already makes it a misdemeanor for any agent to represent an unlicensed company in this State.

The Senate voted 20 to 8 for passage of the bill creating Hoke county out of portions of Cumberland and Robeson and it was ordered sent to the House without engrossment. An amendment providing for a change of Robeson had been voted down, the amendment providing for a change of boundary of Hoke so as to include Lumber Bridge and Red Springs townships.

Senator Martin, of Buncombe, offered a joint resolution thanking the State of Nevada for refusing to accept a gift the repudiated bonds of North Carolina.

Unique Debate Between Schools.

Something unique for this section of the country in the realm of debate has just been arranged between the high schools of Charlotte, Greensboro and Raleigh.

On the night of Friday, April 14, a debate will occur in each of the three cities, this necessitating two teams of two men each for each school. Each school will also have both the affirmative and the negative side of the query, so that the merits of the question will have a negligible effect in the final award of honors.

Judge Pritchard is Progressive.

Judge Jeter C. Pritchard of the western district United States court has written from Asheville to ex-Judge R. W. Winston most heartily endorsing the movement for providing a million-dollar fireproof administration building for the State, endorsing the increase proposed in the salary of the Governor and making other pertinent comments and endorsements of legislation pending.

Judge Pritchard is one among the best posted men on North Carolina affairs.

WANT ADDITIONAL FEDERAL JUDGE.

An effort is to be made in the United States Senate to get a bill through providing for the appointment of an additional Federal judge for the fourth circuit, in which are the States of West Virginia, Virginia, North and South Carolina and Maryland. This is the measure that was so persistently pushed at the last session of Congress and which would probably have passed had it not been for the efforts of Congressman Webb of North Carolina, who fought it to death in the House.

Hookworm War Continues. An active campaign is being carried on by the North Carolina Board of Health, with the special physicians and agents who are paid by the Rockefeller Hookworm Commission, and the past year has witnessed no let-up in the war. A summary of the work done, and the results accomplished, show that Dr. Rankin, Dr. Ferrall and the medical profession has been earnest and vigorous, in both trying to arouse the co-operation of all the people and in providing treatment for children.

ELIJAH'S VICTORY

Sunday School Lesson for Feb. 12, 1911 Specially Arranged for This Paper

LESSON TEXT—1 Kings 18:1, 2; 17:40. Memory Verses 23, 24.

GOLDEN TEXT—"Choose you this day whom ye will serve."—Josh. 24:15. TIME—Three to three and one-half years after Elijah first warned Ahab. Between B. C. 920-900 (or 875-857).

PLACE—The Great meeting was on Mount Carmel, near its summit. The situation so far from the capital would leave the meeting unmolested by the city hoodlums, and Jezebel's influence.

St. James in his epistle tells us that Elijah had prayed earnestly that "it might not rain," because the famine seemed to be the only way by which people could be brought to repentance, and that now, at the end of three years and a half, he again prayed that it might rain.

His heart was full of pity. He saw signs of repentance. The time was ripe for reform; and Elijah prayed to God for the blessed rain. God saw too. But it was wisest and most effective for all that the rain should come from God in answer to the prophet's prayer. For the fact that the relief came from the true God through his prophet would complete the work of the famine and draw men to the giver of the blessing.

Elijah sent for the king to come to him. The prophet was the greater and had more power. That Ahab came at all, shows that he recognized the power of the prophet, and of the true God; and that he had been humbled by the famine experience. Ahab's first words were: "Are thou he that troubleth Israel?" He had no word to say of his own sin; he forgot the iniquity of the people of the land, in which he had been the leader; he took no note of the hand of Jehovah in the calamity, and spoke as if the whole matter had been a mere personal difference between him and Elijah. Elijah replied, "I have not troubled Israel; but thou, and thy father's house." Elijah then proposed that the question as to who was the true God should be put to a fair and satisfactory test.

They built an altar, placed the sacrificial bullock upon it, and put no fire under it. There were too many eyes upon them for any trickery, and not knowing what kind of a test was to be expected, they had no opportunity to prepare for any deceit. It would almost seem as if tricks not unlike that practiced year after year at the Greek Easter at Jerusalem were familiar to that age. Some of the idolatrous priests of an earlier time were accustomed to set fire to the sacrifice from hollow places concealed beneath the altar, and it was an old tradition that the Baal prophets had concealed a man for that purpose beneath their altar, but that he had died from suffocation. They called on Baal till mid day, and yet no answer of fire came. Elijah mocked them. He held up the mirror before them and pointed out to the people the real situation.

They grew frenzied in their excitement, and cut themselves with their weapons. Herodian describes the dance of Heliogabalus round the altar of the Emons sun-god, and Apuleius describes at length the fanatic leaping and gashings of the execrable Gall. Their feeling was that God was well pleased with such tortures and pains. The only sufferings with which God is pleased are those which men undergo for the sake of helping and saving their fellow men; such as Christ's sufferings on the cross, and Paul's sufferings to give men the Gospel.

They prophesied and cried in wild ecstasies, like those in ancient time who thus in excited frenzies pretended to be filled with the power of their deities. There was no answer, though they continued their exertions till the time of the offering of the evening oblation. And Elijah said, "Come near unto me, so that they could see and hear, and could know that there was no concealment or trickery.

He repaired the altar of the Lord that was broken down. On this altar the wood and the sacrifice were laid. The fire of the Lord fell, not an accidental stroke of lightning, for the sky was clear of cloud. It was simply the direct act of God's will upon the laws of nature. No mere natural act such as Baalites or anyone else could do, would prove that it was God himself who was summoning them to obedience. It would be a strange God, and Father, that could not use his own laws of Nature to produce a moral effect. The proof was the more decisive because the divine fire not only consumed the offering, but the water and the very stones of the altar.

The people fell on their faces, and they said, "The Lord, he is God; the Lord, he is God."

This was a decisive, yet no mere sudden change; but one for which the famine, announced from God, had for three years been preparing them; just as the fire on the day of Pentecost came to disciples who had had three years of training under Jesus.

Elijah went up to the highest point of Carmel where a wide horizon of the sea was visible, and prayed for rain, prayed "the effectual fervent prayer of a righteous man," which "avalleth much." He sent his servant to watch for the answer. And it came in abundant rain.

For Israel there came a new joy in the rain. It was the proof of forgiveness. It was the assurance of the divine favor. It "fell on the evil and the good;" on the evil to make them good, and on the good to make them better, with new love, new hope, new joy in their God and Redeemer.

OWES HER HEALTH

To Lydia E. Pinkham's Vegetable Compound

Scottville, Mich.—"I want to tell you how much good Lydia E. Pinkham's Vegetable Compound and Sanative Wash have done me. I live on a farm and have worked very hard. I am forty-five years old, and am the mother of thirteen children. Many people think it strange that I am not broken down with hard work and the care of my family, but I tell them of my good friend, your Vegetable Compound, and that there will be no backache and bearing down pains for them if they will take it as I have. I am scarcely ever without it in the house."



"I will say also that I think there is no better medicine to be found for young girls to build them up and make them strong and well. My eldest daughter has taken Lydia E. Pinkham's Vegetable Compound for painful periods and irregularity, and it has always helped her."

"I am always ready and willing to speak a good word for the Lydia E. Pinkham's Remedies. I tell every one I meet that I owe my health and happiness to these wonderful medicines."

—Mrs. J. G. JOHNSON, Scottville, Mich., R.F.D. 3.

Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, contains no narcotics or harmful drugs, and to-day holds the record for the largest number of actual cures of female diseases.

"Cured Neuralgia Pain"



"I take pleasure in writing to you that I had a neuralgia pain in my arm for five years, and I used your Liniment for one week and was completely cured. I recommend your Liniment very highly."—Mrs. J. McGRAW, 1216 Mandeville St., New Orleans, La.

Cured Quinsy Sore Throat

MR. HENRY L. CAULK, of 1242 Wilson St., Wilmington, Del., writes:—"I bought a bottle of Sloan's Liniment for the quinsy sore throat and it cured me. I shall always keep a bottle in the house."

SLOAN'S LINIMENT

gives instant relief from rheumatism, lumbago, sciatica, neuralgia, croup, sore throat, tonsillitis, hoarseness and chest pains.



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Restores Gray Hair to Natural Color, removes dandruff, invigorates and prevents the hair from falling off. For Sale by Druggists, or Sent Direct by XANTHINE CO., Richmond, Virginia. Price 25c Per Bottle, Sample Bottle 5c. Send for Circular.

FREE!

Willett's 1911 Seed Catalogue—(Leaders—Cottons, Corns, Forage Seeds.) Willett's Complete Poultry Industry Book. N. L. WILLET SEED COMPANY, Augusta, Ga.

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Is not recommended for everything; but if you have kidney, liver or bladder trouble it will be found just the remedy you need. At drug stores in fifty cent and dollar sizes. You may have a sample bottle of this wonderful new discovery by mail free, also pamphlet telling all about it. Address, Dr. Kilmer & Co., Binghamton, N. Y.

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It stands to other starches only if once—same price and "DEFIANCE" IS SUPERIOR QUALITY.

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FRENCH BEAN COFFEE, A HEALTHFUL DRINK

The healthiest ever; you can grow it in your own garden on a small patch 10 by 10, producing 50 pounds or more. Ripens in Wisconsin 90 days. Used in great quantities in France, Germany and all over Europe. Send 15 cents in stamps and we will mail you a package giving full culture directions as also our mammoth seed catalog free, or send 31 cents and get in addition to above 10,000 kernels' unsurpassable vegetable and flower seeds—enough for bushels of vegetables and flowers. John A. Salzer Seed Co., 182 S. 8th St., La Crosse, Wis.

NO CHANCE.



Piggles—May I offer you my hand and fortune?
Jessie—No, thanks, dear boy. Your fortune's too small and your hand's too large.

PAINFUL FINGER NAILS CURED

"I have suffered from the same trouble (painful finger nails) at different periods of my life. The first time of its occurrence, perhaps twenty-five years ago, after trying home remedies without getting helped, I asked my doctor to prescribe for me, but it was not for a year or more that my nails and fingers were well. The inflammation and suppuration began at the base of the finger nail. Sometimes it was so painful that I had to use a poultice to induce suppuration. After the pus was discharged the swelling would go down until the next period of inflammation, possibly not more than a week or two afterwards. These frequent inflammations resulted in the loss of the nail. I had sometimes as many as three fingers in this state at one time."

"Perhaps ten years later I began again to suffer from the same trouble. Again I tried various remedies, among them a prescription from a doctor of a friend of mine, who had suffered from a like trouble. This seemed to help somewhat for a time, but it was not a permanent cure; next tried a prescription from my own doctor, but this was so irritating to the sensitive, diseased skin that I could not use it. I began to use Cuticura Soap and Ointment. I had used the Cuticura Ointment previously on my children's scalps with good effect. I did not use the Soap exclusively, but I rubbed the Cuticura Ointment into the base of the nail every night thoroughly, and as often beside as I could. I had not used it but a few weeks before my nails were better, and in a short time they were apparently well. There was no more suppuration, no inflammation, the nails grew out clean again. One box of Cuticura Ointment was all that I used in effecting a cure." (Signed) Mrs. J. J. Horton, Katonah, N. Y., Apr. 13, 1910. On Sept. 21, Mrs. Horton wrote: "I have had no further return of the trouble with my finger nails."

A pessimist is a man who can't enjoy the beauties of an apple blossom because he only thinks of the possible stomach ache it represents. Most concerts are all right, if there are no cats in them.

Callous the bowels with harsh cathartics, and you'll need physic always. Help them gently, with candy Cascarets, and you'll need them rarely. Once learn the difference and you'll never take a harsher laxative than these.

Vest-pocket box, 10 cents—at drug-stores. Each tablet of the genuine is marked C.C.

Wood's Seeds

For The Farm and Garden

have an established reputation extending over thirty years, being planted and used extensively by the best Farmers and Gardeners throughout the Middle and Southern States.

Wood's New for 1911 will help you to determine as to what crops and seeds to plant for success and profit. Our publications have long been noted for the full and complete information which they give.

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