## The Sum and Substance of belaga abuberiber to orbit <br> Eyo-Sigh

 it pho pert beceme to member Athe fily High

## We're Opposed

 Mail Order Concerns


## Restored

## After Being Given

 A wonderful cure by MILAMMr, w. E. Orlege, soorotary anc Troenuror Woetbrooke Elovator
Co. and formerly Cashtor Bank of Danvilice, atyer
 Impure blood-that is where catarrh has its beginning.
And right there is the place to cure it
Our puri








The Wretchedness of Constipation
 Gequine





organizes an aycock me mgRIAL AsSociation to

Substanital Reduction in Cotton.
Chariotte.-Acording to the re
turns from the several towntion turns from the several to the rexhips Mecklenburg county it appears tha
the cotton acreage reducton thit
spring will amount to about 20 pe spring will amount to about 20 pe
cent of that of last season. The tac
has been previously noted that the cent of that of last season. The fac
has been prevouously noted that the pro
portionate acreage of cotton in thit
county to county to the corn, grain and other
crops is not near so great as in
coner and nether crops is not near so great as in
other and netghboring countles, but
that the ratio is well under the stanthat the ratio is well under the stan
dard recommended by those in charg be a substantial reduction this spring
in the cotton acreage.
Medital College Reorganized. Charlotte-The North Carolina Med
iocal College, the oldees medical col
lege in the state, is ical college, the oldest medical col
loge in the state, is to be reorganized
and ingtead of and instead of stock-ownership con
trol, a board of truatees is to be pointed that of will hastees is to be abolute and
complete supervision of the insttitution This fact has recently been made
known and is in accord with the sug known and is in accord with the sug,
gestions of Dr. N. P. Colwell of the
American Medical Association, Amernt several days in the clty la
spon
month

Commiltmente Havo Been Recelved. Ktate prison for Commitements to thillican. Nic negroes charged with burning the business sestion of that town laa
year, have been recelved by Sherit
Nunn and he will in a few, days take Num and he wntentiary to serve sen
them to the pent
tences of thirty years each. The me tences of thirty years each. The men
were convieted at the January sitting
ve

Name Wae Floyd And Not O'Berry.
Fairmont. -The name of the youn Fairmont-The name of the youns Whon who has accidentally kilied an
the rallway track, has was found neen incorreet the ralliway track, has been incorreet
ly given in reports to the atate po
pern. The name to Floyd and no pers. The name if Floyd and no
$\mathrm{O}^{\prime}$ Berry.

[^0] Hkes me?
Tees-Well, he gave the dog's chain
and mue $\frac{{ }^{2} \text { a }}{\text { muzzie away yesterday. }}$
$\qquad$ "Life." she murmured dreamily, "1t
atter all, nothing but a romance in
hich we are chang Which we, are charactera, moving hith
er and yon as the supreme author of r and yon as the
our beting directs."
"And in the
"f ald he, tenderly, "where do 1 come
in?",
"Your", she answered with a smile,
"Oh, you are-let me mee one, two
three you are Chap Seventeen."
Harper's Weekly.
 it has some food with lime in it. other form of lime. activities of yesterday. albumin and water to make gray matter.

## Why Should a Chicken

## Lay a Soft-Shelled Egg?

Because, Willie, the chicken don't know how to create a hard-shelled egg unless
So chicken-raisers often provide limestone gravel, broken oyster shells or some
Let the chicken wander free and it finds its own food and behaves sensibly.
Shut it up and feed stuff lacking lime and the eggs are soft-shelled.
Let's step from chickens to human beings.
Why is a child "backward" and why does a man or woman have nervous pros tration or brain-fag? There may be a variety of reasons but one thing is certain.

If the food is deficient in Phosphate of Potash the gray matter in the nerve centres and brain cannot be rebuilt each day to make good the cells broken down by the

Phosphate of Potash is the most important element Nature demands to unit
Grape-Nuts food is heavy in Phosphate of Potash in a digestible form.
A chicken can't always select its own food, but a thoughtful man can select suitable food for his children, wife and himself.
"There"s a Reason" for Grape-Nuts


[^0]:    - Regular Naval seaman shot
    Ralelgh. - While the United State Cruiser Eishifita, (now Un service un
    (niter der the state fash commilisionee on on
    eruise in eastern North Carolina wat eruise in eastern North Carolina wat
    ers, enforecing new state fishing law
    concerning use of unlawful nets) wae concerning use of unlawful nets) was
    in port at Elizabeth Clty, a regular
    naval seaman nemed naval seaman named Raymond Har
    vey, from Maryland, was shot an
    dangerously' wounded by Pugh Rob inson, of Edenton, a member of the
    Iorth Carolifn naval reserves, the
    Nomper North C
    company
    crulser.
    Dispose of $\overline{\text { spenee, }}$ smith casee.
    Chariotte.-Declaring that it is no the province not the duty of the Uu-
    ited stase courts to try poltical
    quarrels Judge quarrels Judge James E. Boyd took
    the case of the United Statos agalns the case of the United stat 3 s agalnst
    Postmaster J . B. Spence of this city,
    from the Jury and directed a of not gutily. Post diastected a spenco waet
    indicted by the federal grand jury on e charge or having unlawfully
    detained isgues of the Bessenner CIt
    Messenger in the Chariotte ponto Messenger in the Charlotte postor.
    aco and directed that they be not al.
    ifcred. acd and
    Hicred.

