

Mr. Robert H. Norris, No. 1333 Hen-ry St., North Berkeley, Cal., writes: "We have never had any other medi-cine but Peruna in our home since we have been married. I suffered with kidney and bladder trouble, but two months treatment with Peruna made me a well and strong man. My wife felt weak and was easily thred and was also troubled with various pains, but since she took Peruna she is well

HAIR STAIN "Walnutta"

For Gray, Streaked, Bleachted and Red Hair or Moustache. Matches Shade — Light Brown to Black. Does not wash nor rub off. Sold by your Druggist. Regular size, 60 conts. Send to Howard Nichole, 2208 Clark Av., St. Louis, Mo. Free and get a FREE Trial Bottle.

A Change.

"Did Caesar's disposition change much during his life?" asked the pro-

'Well." answered the bluffing student, "he had a lot more Gaul when he died."

HUSBAND SPENT EVERYTHING

In an Effort to Bring Wife's Trou-bles to End, and Finally Succeeds.

Myra, Ky .-- Mrs. Sarah Branham, of this town, gives out the following statement for publication: "I am 37 years of age, and suffered untold agony with womanly troebles for 11 years. For 7 years, I was all run down, and was told that I could not live. My husband spent everything he had, but I got only temporary relief.

A merchant recommended Cardul, the woman's tonic, to my husband, and he got me 5 bottles at one time. I began taking it, and before the first bottle was gone, I began to feel better. I took all of the 5 bottles, and 1 am today as sound and well as any

woman, and fat and hearty." Such testimony as the above, which is given unsolicited, speaks for itself. Can't you see, lady reader, that you are doing yourself, your family, your friends, an injustice by not, at least, trying Cardui, if you suffer from any of the many ailments so common to women?

Cardul is composed of pure, harmless, vegetable ingredients, which act in a gentle, natural way on the weak-s ened womanly organs, helping build them back to permanent strength and

Cardui has helped thousands of other women. Why not you?

*Ask your druggist. He knows about

N. B. Write to Ladier' Advisory Dept., Chatta-nough Medicine Co., Chattanogh, Tenn, for Sectal Instruction, mil 64 page book, "Home Treat-ment for Wongen," sent in plan wrapper, on

It is Still Fashionable. "Pa, what's poetic justice?"

"The former president of a bachearried to a who makes him feel that he would rather lose his job than be late for dinner furnishes a pretty fair sample

Calomel Is an Injurious Drug and is being displaced in a great

many sections of the South by Dr. Williams' Liver and Kidney Pills. These pills stimulate the Liver and Bowels without that weakening Sold by dealers 25c. bottle. Sample mailed free on request. The G. B. Wilhams Co., Quitman, Ga.—Adv.

Gossip.
Lou I saw Ethel yesterday, and we had the loveliert confidential chat

talk to me today - Judge.

Backache Warns You Backache is one of Nature's warning kidney weakness. Kidney diseas

sills thousands every year.

Don't neglect a bad back. If your back s laine if it hurts to stoop or lift il here is irregularity of the secretions suspect your kidneys. If you suffer head aches, dizziness and are tired, nervou and worn-out, you have further proof. Use Doan's Kidney Pills, a fine remedy for bad backs and weak kidneys.



FOSTER-MILBURN CO., BUFFALO, N. Y

OIL FROM SOY BEANS

INTERESTING EXPERIMENT CON-DUCTED WITH PRODUCT AT ELIZABETH CITY.

PROSPECTS OF BIG INDUSTRY

North Carolina is Especially Adapted to Cultivation of Soy Bean and is Now Producing Half Million Bushels Annually.

much interest to oil men and one in Fig. 1, require little or no descripwhich may eventually result in a big tion. All that is needed is a couple agricultural industry in North Caro of poles 1 inch thick, 2 inches wide lina was conducted at the plant of the and about 6 feet long, for the uprights, Elizabeth City Cotton Oil and Ferti- and two blocks of wood 2 inches thick, lizer Company recently. The oil was 3 inches wide, and 6 inches long, for extracted from five bushels of soy the step blocks. beans by a process which the experimenters are keeping a secret. The a pair of stilts that may be adjusted to experiment is regarded as being very successful and those who watched the process are very enthusiastic over the prospects of future developments along this line. They honestly believe that discoveries in the manufacture of soy bean products are about to be made which will make them extensively cultivated and for which the farmers will receive thousands of dollars.

The five bushels of beans in this experiment was separated into two products, oil and meal. An abundance of oil was secured which the experiment ers will have analyzed. They believe that this oil will prove to be of a very high grade and that it will have great commercial value, while the meal will be capable of being manu- different heights? Fig. 2 shows a factured into many food products useful to both man and beast.

especially gratifying, as a similar one form of stilts. The step blocks will was made about two years ago by an- look neater if sawed off on a slant on other oil mill and 'we was attended their lower end, as shown in Fig. 3, inwith failure as the yield of oil was not satisfactory at all; besides this experiment revealed the fact that is made with two pairs of hinges and there is no waste in the manufacture, some wire. T-hinges are shown in the the whole bean being converted into illustrations, but any other form of either oil or meal.

There are great prospects for a big industry in eastern North Carolina as the soil of this section is especially adapted to the cultivation of the soy bean or stock pea, as they are com- flap if a T-hingo is used) to each side monly called. A large acreage is of each step block, as shown in Fig. 3. planted each year and five or six counties last year yielded nearly a half million bushels, This crop can be increased until the yield will amount to several million bushels, as the invention of soy bean pickers have made the harvesting of them on a large scale possible at a small cost.

Epworth League Meets June 17-21. Wilmington,--Arrangements are be ing made far the state convention of the Epworth League which will be held at Fifth Street Methodist church June 17th to 21st. It is expected that the convention will be attended by from 500 to 600 young people from all sections of the state. Miss Lizzle, Hancock, of New Bern, secretary of the state organization, has written to the local society that a strong team being careful to get those on each 20th. Rev. G. T. Rowe, of the Western North Carolina Conference, will upright through the sleeve formed by conduct the annual conference on Sunday morning.

Caldwell County Commencement.

Lenoir. - Caldwell county commencement for the schools of the large crowd of people from all sections of the county came in to participate in the exercises and encourage the movement. The parade of the different schools formed in front of the graded school building at 10 o'clock and marched through the business section of the town to time beat them to the adjustable steps. en by the drummers. In the parade there was about 1,000 school children Fig. 7 furnish lots of fun. You can from only a few of schools represented. The had weather for the past few weeks and many of the schools Lucy I thought so; she wouldn't having closed their terms is responsible for so small a per cent of the schools being represented.

Greensboro Gets Creamery.

Greensboro. - A few days ggo a amery to supply Greensboro and central North Caro'ina was formally opened. A test made before the opening produced a fine quality of butter, and was made in the presence of A. J' Reed, of the state experiment station, who is in charge of dairy field work; and Assistant Stanley Combs. of the same department. A formal opening will be made with an exhibition of churning and butter making, to which farmers and housekeepers from Greensboro.

Build Big Fertilizer Plant, Mount Holly .- The Southern Elec tro-Chemical Co. begins work this week on an extensive fertilizer plant, which will require about six months for completion, working a large force of hands full time. This plant will be erected alongside the Southern Power Company's steam plant and will use its surplus. This auxiliary power plant has 10,000 horepower to dispose of, which power will be utilized by the chemical company. J. L. Patterson of Fort Mill, S. C., at present is in charge of the work.

For Handy Boys and Girls to Make and Do

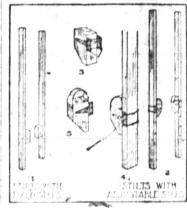
(Copyright by A. Neely Hall)

By A. NEELY HALL.

HOMEMADE STILTS.

The common form of stilts made Elizabeth City. An experiment of and used by American boys, and shown

Have you ever attempted to devise



pair that is very simple to make. The uprights and step blocks should be of The success of this experiment is the dimensions given for the common stead of being left square as in Fig. 1.

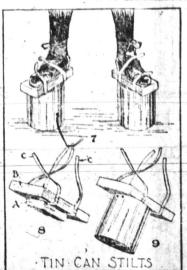
The slide arrangement for the steps hinges that you may have, at least 21/2 inches long, and with 3 screw-holes in each flap, will serve the purpose. Electric bell wire will do for the wire. Screw one flap of a hinge the long



of speakers has been secured. Among step block cancily opposite one anthose who are on the tentative protection of the bell wire gram are: Rev. Harold M. Nort, of through the top holes of the project-Greensboro, who will conduct the con- ing flaps of the hinges, and another secration service Sunday night. June through the bottom holes of the daps, the hinge block, and twist together the ends of the wires close against the stilt upright so as to make a stight-fitting sleeve (Fig. 4). The step block will now slide along the upright. To fasten county was held here recently and a to make a hole through the upright at different heights and in the proper po sitions so a nail can be pushed through the center holes of the hinge flaps, and through the upright, as shown in Fig. 4.

Most boys want toe-straps, and Fig. shows the best way of attaching

Tin-can stilts like those shown in



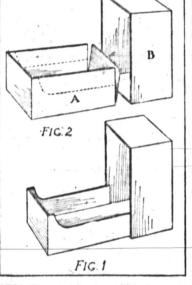
have races on them, and you can use them for making "scent" tracks when playing the game of "Hare and Hounds." Cut the Block A (Fig. 8) of the right length to fit inside of the top of a tomato-can. Then cut a block about 4 inches wide and 8 inches long (B. Fig. 8), and, after tacking the straps C to it, nail block A to its center. Set block A into the top of the can, and fasten it in place by driving Straps C may be strips of cloth. Fig. 11. Glue or sew them together.

By DOROTHY PERKINS.

DOLL FURNITURE MADE OF CARD-BOARD BOXES.

Cardboard boxes -- large, round and square ones—suggest many possibilities for home handicraft that a gtrl may work at.

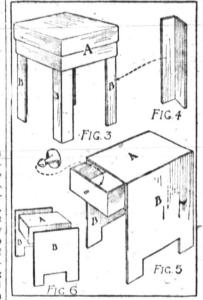
The doll bed shown in Fig. 1 is made from a candy box or box in which fancy stationery has come. Get the kind of which the box telescopes into the cover. In Fig. 2, A shows how the foot and sides of the bed are made from the box, and B shows the cover used for the head and canopy. Cut away the sides of box A as indicated by dotted lines, to make them of the form shown in Fig. 1. Then cut and bend down the head end of



the box, and, slipping this inside of the cover, fasten it with glue.

The top of the little table shown in Fig. 3 is an inverted pillbox, with the cover removed. The legs (B) are each made of a piece of cardboard folded as shown in Fig. 4, and are glued or sewed inside of each of the four corners of the box top.

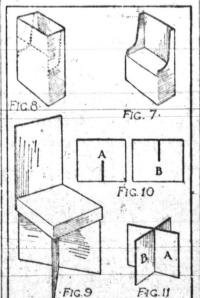
A table of a more elaborate construction, though one quite as easy to make, is shown in Fig. 5. You will



notice that it has a drawer in one end. This drawer and the table top are ade of a pillbox, the kind having a sliding cover (A, Figs. 5 and 6). Cut the two sides (B) of the form shown in Fig. 6, and fasten them to the ides of the box with glue.

The armchair (Fig. 7) is made out of the sliding cover of a pillbox. The dotted lines in Fig. 8 show the necessary cutting.

A small box-cover forms the seat of he chair shown in Fig. 9. The legs are formed of two pleces of cardboard (A and B, Fig. 10), one having a slit cut from its bottom page up to the



center (A), and the other from its top edge down to its center (B). By cutting the slits in this manner, the nails through the can into its ends. pieces will fit together as shown in



Thirty Years THE CENTAUR COMPANY, NEW YORK. At6 months old 35 DOSES - 35 CEN. 5 Guaranteed under the Foodan

If not sold by your druggist, will be sent by Parcels Post on receipt of price. Arthur Peter & Co., Louisville, Ky.

Exact Copy of Wrapper

Fac Simile Signature of

Charff Fletcher.

MALARIA and as a TONIC

When Winston Churchill was run Make the Liver Secrets of the Wardrobe. ning for the governorship of New Hampshire, his opponents became pestiferously active, making speeches, writing letters and distributing campaign buttons. One morning a friend sent this telegram to Churchill:

"Have you no buttons for your supporters?"

The candidate was out of town and did not get the telegram, but a pretty girl stenographer did.

She sent this answering wire: "No. We use safety pins.
"WINSTON CHURCHILL." -Popular Magazine.

HAIR CAME OUT IN BUNCHES

Route No. 3, Box 20A, Broken Arrow, Okla.-"My trouble began with an itching of the scalp of my head. My scalp at first became covered with flakes of dandruff which caused me to scratch and this caused a breaking out here and there on the scalp. It became so irritated until I could not rest at night and my hair would come out in bunches and became short and

"Everything I used would cause it to grow worse and it continued that way for about three or four years. While reading the paper I saw the advertisement of Cuticura Soap and Ointment and sent for a sample. It proved so good that I decided to get I nsed and in two weeks I saw a good effect. Now my hair is longer and looks better than I have ever known it to be. I give all the credit of my cure of scalp trouble to the Cuticura Soap and Ointment." (Signed) Mrs. Ella Sheffield, Nov. 30, 1912.

Cuticura Soap and Ointment sold throughout the world. Sample of éach free, with 32-p. Skin Book. Address postcard "Cuticura, Dept. L, Boston."-Adv.

Not Much. Bess-Do you think much of Jim-

Tess-No, only about twenty-four hours a day.-Judge.

SPRING SUGGESTION.

Take two or three Wright's Indian Vegetable Pills upon retiring a few times and you will say that they're the best Spring Medicine you've ever tried. Send for trial box to 372 Pearl street. New York .-- Adv

Wrong Label. Grocery Clerk-What is it, auntie? Colored Auntie-Missus sent me for two cans of medicated milk.

Do its Duty

Nine times in ten when the liver is right the stomach and bowels are right. CARTER'S LITTLE LIVER PILLS

gently but firmly cor pel a lazy liver to do its duty Cures stipation, In-

Headache, and Distress After Eating. SMALL PILL, SMALL DOSE, SMALL PRICE.

Genuine must bear Signature



This is the BEST Saw Mill The Twentieth Century Every single We make guaranteed.

these varia-ble belt feed and center friction feed saw mills of the best tested materials throughout. Steel headblocks and cable Economical. Write for descriptive catalog of all sizes of aw mills, planers, resaws, edgers, etc.

J. A. VANCE & CO., WINSTON SALEM

STONE STOMACH

BIG SALE of Ruffle Muslin cur-tains witt five pleats, 2½ yards long. Retail price 8.125 pair; we will send free at 60c a pair, wholesale price. Send money orders. SLATTERY & BREEN. 25 East 14th Street, Room 2, New York Oity

READERSof this paper desiring to buy any-thing advertised in its columns should

insist upon having what they ask for,

VITAL FORCE

Disease germs are on every hand. They are in the very air we breathe. A system 'run down'' is a prey for them. One must have vital force to withstand them. Vital force depends on digestion—on whether or not food nourishes—on the quality of blood coursing through the body.

DR. PIERCE'S Golden Medical Discovery

Strengthens the weak stomach. Gives good digestion. Enlivers the sluggish liver. Feeds the starved nerves. Again full health and strength return. A general upbuilding enables the heart to pump like an engine running in oil. The vital force is once more established to full power. Year in and year out for over forty years this great health-restoring remedy has been spreading throughout the entire world—because of its ability to make the sick well and the weak strong. Don't despair of "being your old self again." Give this vegetable remedy a trial—Today—Now. You will soon feel "like new again." Sold in liquid or tablet form by Druggistsor trial box for 50ebymail. Write Dr. R.V. Pierce, Buffale, N.Y.

Dr. Pierce's great 1006 page "Redical Advisor."

Dr. Pierce's great 1608 page "Medical Adviser," cloth-bound, sent for 31 one-cent stamps.