# **CLIMBED STAIRS** ON HER HANDS

Too III to Walk Upright. Operation Advised. Saved by Lydia E. Pinkham's Vegetable Compound.

This woman now raises chickens and does manual labor. Read her stury:
Richmond, Ind.—"For two years I was so sick and weak with troubles



steps, then sit down
at the top to rest.
The doctor said he
thought I should have an operation, and my friends thought I would not live to move into our new house. My

daughter asked me to try Lydia E. Pinkham's Vegetable Compound as she had taken it with good results. I did so, my weakness disappeared, I gained in strength, moved into our new home, did all kinds of garden work, shoveled dirt, did building and cement work, and raised hundreds of chickens and ducks. I cannot say enough in praise of Lydia E. not say enough in praise of Lydia E. Pinkham's Vegetable Compound and if these facts are useful you may publish them for the beneft of other women. "-- Mrs. M. O. JOHNSTON, Route D, Box 190, Richmond, Ind.

## 50,000 ACRES OF LAND

in the Great Mattamuskeet Drainage District in Hyde County, N. C., are now opened for sale. Here are some of the richest and most productive lands in the State. Men will buy these lands as soon as they know about them. We want agents everywhere to take up the sale of these lands. We will pay a liberal cash commission. Let us tell you all about it. Inclose this advertisement with your letter and address (KW) New Holland Farms, Inc., New Holland, Hyde County, North Carolina.

#### LABORERS — White and Colored Steady Work - Good Wages

Excellent opportunity for handy men to advance in all trades. Can also use all classes of *Mechanics* at *Good Wages*. Apply in person to

#### Bethiehem Steel Co., Sparrow's Point, Md.

Back to Earth.

We had a friend who had been pretty prosperous, but who came upon evil days. We met him one day and he said that he was pretty close to being busted, but he was still hoping. Then he honked his horn, mournfully, and drove away, and we didn't see him again till the other day when we bumped into him on the street, says the Cleveland Plaindealer.

"Hello, old scout!" we said. "How are things breaking now?"

"Fine!" he answered. "I'm on my

feet again." "Bully!" we exclaimed. "How did

you do it?" "Sold my car."

The joke was so obvious that we didn't see it till after he had gone.

Women "Man" Mail Vans.

Seven hundred horses belonging to the royal mail vans of Great Britain women, under the guidance of a skill- seed, 2700. ful veterinary surgeon. The sick horses are groomed and cared for by uniformed women, who wear ordinary breeches and knee-long coats of dark blue linen. The drivers of the mail carts wear very smart uniforms of dark blue serge, edged with red and having brass buttons with the royal cipher. Their dark blue peaked caps have also a line of red and a badge showing that they are on his majesty's



# **PARENTS**

who love to gratify children's desire for the same articles of food and drink that grown-ups use, find

# INSTANT **Postum**

just the thing.

"There's a Reason"

### LATE NORTH CAROLINA MARKET **QUOTATIONS**

Western Newspaper Union News Service Prices Paid by Merchants for Farm Products in the Markets of North Carolina as Reported to the Division of Markets for the Week Ending Saturday, June 9, 1917.

Charlotte.

Corn, \$1.80 bu; oats, 90c bu; peas, \$3 bu; Irish potatoes, \$8.50 bbl; sweet potatoes, \$1 bu.

Western butter, 50c lb; N. C. butter, 45c lb; eggs, 30c doz; spring chickens, 25c lb; hens, 15-20c lb; hogs,

Cotton, middling, 22.50c; cotton seed 60c bu.

Durham. Corn, \$1.75 bu; oats, 75c bu; peas, **\$**3 bu

Western butter, 45c lb; N. C. butter. 40c lb; eggs, 30c doz; spring chickens, 35c lb; hens, 15c lb.

Cotton, middling, 21.50c Fayetteville.
Corn, \$1.80 bu; oats, 78c bu; peas,

\$2.75 bu; Irish potatoes, \$8 bbl; sweet Western butter, 48c lb; N. C. butter,

50c lb; eggs, 30c doz; spring chickens, 20c lb; hens, 15c lb; hogs, \$15

Cotton, middling, 22c lb. Hamlet.

Corn, \$1.80 bu; oats, 90c bu; peas, potatoes, \$1.25 bu.

Western butter, 40c ib; N. C. butter, 40c lb; eggs, 30c doz; spring chickens, 20c lb; hens, 18c lb; hogs, \$15 cwt. Cotton, middling, 21c. Lumberton.

Corn, \$1.80 bu; oats, 80c bu; peas, \$2.75 bu; Irish potatoes, \$8.50 bbl; sweet potatoes, \$1 bu.

Western butter, 48c lb; N. C. butter, 45c lb; eggs, 30c doz.

Cotton, middling, 21e. Raleigh.

Corn, \$1.81; oats, 84c; beans, \$4 bu; peas, \$2.75 bu; Irish potatoes, \$8 bbl; apples, \$7-\$9 bbl.

Western butter, 43c lb; N. C. butter, 40c lb; eggs, 31c doz; spring chickens. 32c lb: hens. 18c lb.

Cotton, middling, 21.75c.

Rocky Mount. Corn, \$1 90 bu; oats, 92c bu; beans, \$5 bu; peas, \$3.50 bu; Irish potatoes, \$8 bbl; sweet potatoes, \$1.40 bu.

Western butter, 42c lb; N. C. butter, 47 1/2 c lb; eggs, 35c doz; epring chickens, 271/2 c lb; hens, 221/2 c lb; hogs,

Salisbury. Corn, \$1.95 bu; oats, 90c bu; peas,

\$3 bu; Irish potatoes, \$10 bbl; sweet potatoes, \$1.6\$ bu. Eggs, 35c doz; spring chickens, 28c

doz; hens, 16-18c lb.

Cotton, middling, 22c. Corn, \$1.95 bu; oats, 90c bu; peas, \$3 bu; Irish potatoes, \$10 bbl; sweet potatoee, \$1.65 bu.

Scotlnad Neck. Corn, \$1.90 bu; oats, 85s bu; Irish potatoes, \$10 bbl; sweet potatoes, \$1

Western butter, 45c lb: N. C. butter, 40c lb; eggs, 30c doz; spring chicgens, 25c lb; hens, 15c lb.

Cotton, middling, 20.50c; cotton are "planned" and run entirely by seed, 80c bu; lbs. of meal for ton of

potatoes, \$10 bbl; sweet potatoes, \$1.10 cated near the border of a town the

Winston-Salem.

46c lb; eggs, 36c doz. Eggs, 35c doz; hens, 10c lb; hogs,

Corn, \$1.75 bu; oats, 78c bu; soy beans, \$4.50 bu; peas, \$3 bu; Irish potatoes, \$10 bbl; sweet potatoes, \$1.15 bu; apples, \$6 bbl. Chicago, III.

No. 2 white corn, \$1.62-\$.73 ½ (de-livered in Raieigh \$1.77-\$1.88½); No. 2 yellow corn, \$1.62-\$1.721/2 (delivered in Raleigh \$1.77-\$1.87 1/2). Butter 36-49c (creamery); eggs,

81 % -36 1/2 c (firsts). New York. Butter, 40 1/2-42 1/2 c (extra); eggs, 35 1/2-39c. (extra fine(.

Hopeless.

Economy may be practiced constantly, but no one ever seems to become expert in it.

Infallible Indication.

When a man says he merely plays for pastime, the indications are he quits loser .- Atchison Globe.

Both Cost Too Much. When it comes to price, you can't tell a necessity from a luxury.-Memphis Commercial Appeal.

Force of Habit.

Friend-"I will return your pleasant call." Young Author (absently)-"But I have given you no postage!"-Puck.

#### KINDNESS TO DAIRY CATTLE

Farmer Who Appreciates Good Cows Will Prosper on Returns From His Animals.

The farmer, who regards his dairy cattle as dirty machines that thrive on abuse, will never make any money in the dairy business, while the cattle owner who appreciates good dairy cows and treats them with kindness will like farming and will prosper on the returns from his cows.



#### UGLY POINTS MAY BE HIDDEN

Permanent Fixtures, Such as Fence and Clothes Posts, Should Be Made Things of Beauty.

The most noticeable permanent features of the backyard, which is the usual place for the city garden, are the fence and the clothes posts. They remain grim and uncomprondsing. while shrubs flourish and flowers bloom and after the leaves have withered and fallen.

The garden magazines advise massing shrubs on the fences, letting vines climb the clothes posts or stringing wire netting for nasturtiums to climb upon. This is well in summer, but when the leaves have failen and the naked fence is again exposed, the dragging vines blow in the wind, and netting and all fall in an uncomely heap together unless the careful gardener removes them. At any rate the fence and the posts can only be covered with foliage and bloom during a short period.

The solution of the difficulty then is to make the fence and posts, the ugly and permanent features, things of beauty. A fence may be made of such a pattern as not to be offensive to the eye, and if it is possible to have it of brick or stone it need not be a \$2.85 bu; Irish potatoes, \$7 bbl; sweet support for vines unless one desires

> The posts, too, may be placed in unconspictous positions. They may be painted green, a soft color, harmonizing well with grass, vines and flow-

These two difficulties disposed of, one may begin the planning of the backyard city garden with confidence.

#### ERECT NOVEL DANGER SIGNS

Motorists Think Checkerboard Warnings Will Attract the Eye of the Driver Readily.

Checkerboard signs have been erected in Columbus, O., as danger signals. emphasis. For instance, the past quar-Certain street intersections and the narrow parkways in the center of wide



fares have been merous motor accidents, and these boards, composed ly, have been set up as warnings at these places.

scription except a mortality. statement that they were installed by the Columbus Automobile club.

It is believed that the checkered soon will come to be recognized by all

Co-operation in Planning.

If one town succeeds in relocating or depressing or elevating a railroad, the adjacent towns have to plan to Corn, \$1.80 bu; oats, 88c bu; Irish conform. If a railroad station is lonearby streets and car lines in the next town are altered to fit. A good Western butter, 45c lb; N. C. butter, park on the edge of one community has a strong influence on the park situation of the adjacent community. Bad housing "just over the line" brings up serious planning problems. Different planning laws and restrictions in towns which border on one another give rise to all sorts of complications and unfairness. Of two towns side by side, where one is conscientiously interested in the appearance fof its streets and buildings and the other is not, the latter soon finds itself at a considerable disadvantage. Everything is to be gained by co-operation in planning. Waste is bound to ensue without it.

Parks for All the People. The parks belong to all the people and should be so conducted that all will feel that a genuine welcome and variety of entertainment, comfort and pleasure await them in every park. They should be made so attractive to the general populace that hundreds will flock there to where now the individual "flocks" in loneliness. Some parks are planned and planted as though they possessed an attitude, one of extreme austerity, seeking to overawe the visitor and curb his natural exuberance. These cold and uninviting, inhospitable parks should have introductions of bright flowers, tennis courts, swings, teeter-boards, sand boxes, seats, arbors, picnic grounds, music, etc., and thereby become attractive to their owners-the public at large.-Exchange.

Using Walls and Fences. More use should be made of walls and fences in small gardens. It is not always necessary that either ornamental or fruiting plants should be in the open or clear of structures. Not alone ornamental vines, but also fruiting vines and shrubs may be trained in fan shape or flat against walls covered with mesh wire. Used in this way even melon and cucumber vines become ornamental and do splendid service as short-season screens.

# **SUNDAY SCHOOL LESSON**

the Sunday School Course I Bible Institute of Chicago.) Cepvright, 1917, Western Newspaper Union.

#### **LESSON FOR JUNE 24**

THE PURPOSE OF JOHN'S GOSPEL (REVIEW-READ JOHN 21:15-25.)

GOLDEN TEXT—These are written, hat you might believe that Jesus is the brist, the Son of God; and that believng ye might have life through his name.

John 20:31.

There are a variety of methods to be followed in reviewing the work of the past six months and to give va-Teachers of classes, or superintendents of schools, may select one or combine several, as their judgment dictates. Of course, the easiest way is to procure a good speaker who is familiar with the Gospel of John and the lessons of the past quarter, and let him bring out in the review its most outstanding and salient features,

One method would be to have oneminute talks either by members of the class or persons selected from the school. Each of twelve scholars could be assigned one minute, each to have one of the lessons of the past quarter

Another good way would be to take the outstanding and significant verses from the lessons of the quarter, not the golden text, but verses which seem to emphasize the outstanding features of the six months' work. "Behold the Lamb of God," (Ch. 1:36): "Ye must be born again," (3:7); "Come see a man which told me all things that ever I did; is not this the Christ?" (4:29): "Verily, verily I say unto you, he that heareth my word and believeth on him that sent me, hath everlasting life and shall not come into condemnation but is passed from death unto life," (5: "I must work the works of him that sent me while it is day; the night cometh when no man can work."

Another method of review would be, particularly in the adult classes, to have each lesson with its present-day ter: Lesson 1-The Christian in his dealing with blindness. Lesson 2-Modern wonders of healing and medical missions. Lesson 3-The shepthe scenes of nu- herding of church members. Lesson 4 -Do we know how to give? Lesson 5 -Is Christ supreme in our national life? Lesson 6-Ambition and its cure. of black and Lesson 7-The world's good springing white squares ar- from Christ. Lesson 8-Temperance ranged alternate- reform. Lesson 9-The Holy Spirit in everyday life. Lesson 10-How Christ is betrayed and denied today. Lesson 11-The uplifting power of the cross. They bear no in- Lesson 12-Why men believe in im-

A good method of review would be to have someone take up each of the golden texts, announcing it in advance pattern will attract the eye readily and that pupils may be prepared for this method. The teacher would write the as an emblem of danger. The city texts of the quarter, each on a sepahas promised to equip them with red rate piece of cardboard, and lay them lights. The signs measure three by face down on a table; pupils would then draw the golden texts, one at a time, and tell what the lesson is to which this text belongs, giving as full an account of the lesson as possible. the teacher helping out with questions where necessary.

It will be of great value to the puis if they can get in this review a lear outline of the main events of hrist's last weeks upon earth, covred particularly by the past quarter. ere are forty standing events of past quarters: (1) The healing of man born blind; (2) Jesus the good pherd; (3) Jesus sending forth the enty; (4) Jesus in Berea; (5) The sing of Lazarus; (6) The ten lephealed; (7) Bartimaeus at Jericho; Jesus visits Zaccheus; (9) Jesus inted by Mary; (10) The fig tree; Triumphal entry; (12) Cleaning temple; (13) Weeping over Jerum: (14) The widow's mite; (15) Greeks seek Jesus; (16) Preparafor the passover; (17) Washing disciples' feet; (18) The Lord's per; (19) The farewell discourse; (20) The farewell prayer; (21) The agony in Gethsemane; (22) Judas betrays Jesus; (23) The arrest of Je-(24) Peter denies Jesus; (25) is before Ananias: (26) Jesus be-Calphas; (27) Jesus before the edrin; (28) The mocking of Je-(29) Jesus before Pilate; (30) s before Herod; (31) Pilate conns Jesus; (32) The sorrowful t; (33) The crucifixion; (34) The last words; (35) Jesus dies; (36) Burial; (37) Resurrection; (38) Appears to Mary: (39) Appearance during the forty days; (40) The as-As brought out heretofore, John

sets, forth the purpose of this Gospel; namely, that "Jesus is the Christ, the Son of Gol, and that believing on him we might have everlasting life, eternal life in his name." (See golden text). A Suggestion.

In setting forth this review, let us not as teachers and officers, overlook the opportunity we have of calling from our scholars an expression of the faith that has been born within them. (See Rom, 10:9, 10). Jesus the light of the world has power to set men free from sin and "whom the son shall make free is free indeed." If we properly set him before our scholars, they will be made free from the slavery of sin and enter into the freedom of believers. True faith is built upon facts; those who accept and believe these facts will have everlasting life.

# INTERNATIONAL CALOMEL WHEN BILIOUS? NO! STOP! ACTS LIKE DYNAMITE ON LIVER

I Guarantee "Dodson's Liver Tone" Will Give You the Best Liver and Bowel Cleansing You Ever Had-Doesn't Make You Sick!

feel lazy, sluggish, bilious or constipated, listen to me!

Calomel is mercury or quicksilver which causes necrosis of the bones. Calomel, when it comes into contact with sour bile, crames into it, breaking it up. This is when you feel that aw ful nausea and cramping. If you feel "all knocked out," if your liver is torpid and bowels constipated or you have headache, dizziness, coated tongue, if breath is bad or stomach sour just try a spoonful of harmless Dodson's Liver Tone.

Here's my guarantee-Go to any drug store or dealer and get a 50-cent bottle of Dodson's Liver Tone. Take a

A Panama.

The straw hat's reappearance led Barclay Warburton, the Philadelphia newspaper owner, to say:

"Before the war I often golfed at Biarritz, at the Chambre d'Amour gelf links, looking out over the Bay of Biscay.

"Sometimes I had for caddie an old Scotchman. I said to the old Scotchman one day:

"Glorious view! Glorious view, eh?" "'Yes, Mr. Warburton,' said he, 'It's what you might call a very fine

# With the Fingers! Says Corns Lift Out Without Any Pain

Sore corns, hard corns, soft corns or any kind of a corn can shortly be lifted right out with the fingers if you will apply on the corn a few drops of freezone, says a Cincinnati authority. At little cost one can get a small bot-

tle of freezone at any drug store, which will positively rid one's feet of every corn or callus without pain or soreness or the danger of infection. This new drug is an ether compound, and dries the moment it is applied and does not inflame or even irritate the

surrounding skin. Just think! You can lift off your corns and calluses now without a bit of pain or soreness. If your druggist hasn't freezone he can easily get a small bottle for you from his wholesale drug house.—adv.

Soldiers of One Army. "Are not all true men that live, or that ever lived, soldiers of the same army, enlisted under heaven's captaincy, to do battle against the same enemy, the empire of darkness and wrong? Why should we misknow one another, fight not against the enemy, but against ourselves, from mere difference of uniform? All uniforms shall be good, so they hold in them true, valiant men."-Carlyle.

# Twenty-Five Years' Experience With This

It is a quarter of a century since I introduced 'Dr. Kilmer's Swamp-Root to my trade and they all speak very favorably regarding it, and some friends said it is the best medicine they have ever used. The sale we have enjoyed on the preparation and the splendid reputation that it feels is a positive proof that it is one of the most meritorious remedies on the market. Very truly yours,

F. E. BRITTON, Druggist. Nov. 28th, 1916. Jonesboro, Tenn.

Prove What Swamp-Root Will Do For You Send ten cents to Dr. Kilmer & Co. Binghamton, N. Y., for a sample size bot tle. It will convince anyone. You wil also receive a booklet of valuable infor mation, telling about the kidneys and bladder. When writing, be sure and mention this paper. Regular fifty-cent and one-dollar size bottles for sale at all drug stores.-Adv.

The Better Way. "What I went through in my married life was a caution.'

"What I went through in my married life were my husband's pockets." Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it Bears the Signature of Cast Flitchire
In Use for Over 30 Years.

Appearances may be deceitful but a three days' growth of beard always is exactly what it looks.

Children Cry for Fletcher's Castoria

Dr. Peery's "Dead Shot" is not a "lo-enge" or "syrup," but a real old-fashioned lose of medicine which cleans out Worms or Tupeworm with a single dose. Adv.

Too few women know how to use

Stop using calomel! It makes you spoonful and if it doesn't straighten sick. Don't lose a day's work. If you you right up and make you feel fine and vigorous I want you to go back to the store and get your money. Dodson's Liver Tone is destroying the sale of calemel because it is real liver medicine; entirely vegetable, therefore it cannot salivate or make you sick.

I guarantee that one spoonful of Dodson's Liver Tone will put your sluggish liver to work and clean your bowels of that sour bile and constipated waste which is clogging your. system and making you feel miserable. gnarantee that a bottle of Dodson's Liver Tone will keep your entire family feeling fine for months. Give it to your children. It is harmless; doesn't gripe and they like its pleasant taste. -Adv.

Started Right in to Fight. "They quarreled immediately after

the wedding ceremony. "That so? While the guests were

"Yes, right in the presence of everybody. It seemed a disgraceful thing to do until I caught the idea."

"What was the idea?" "It seemed he wanted to convince all of us that he was not marrying her tô escape war."

# FRECKLES

Now is the Time to Get Rid of These Ugly Spots.

There's no longer the slightest need of feeling ashamed of your freckles, as the prescription othine — double strength — is guaranteed to remove these homely spots. Simply get an ounce of othine—double strength—from your druggist, and apply a little of it night and morning and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than one ounce is needed to completely clear the skin and gain a heautiful clear complexion.

Be sure to ask for the double strength othine, as this is sold under guarantee of money back if it falls to remove freckles.—Adv.

Forestalling a Shortage. This restaurant shortcake is approriately named, all right. It surely loesn't last long.

Granulated Eyelids, Sties, Inflamed Eyes relieved over night by Roman Eye Balsam.
One trial proves its merit. Adv.

He who would enter politics should first-learn to watch his step.





Heals Boils Poll Evil, Quittor, Fistula and infected sores quickly
as it is a positive antiseptic
and germieide. Pleasant-to
uhe; does not blister or remove
the bair, and you can work the horse.
82.00 per bottle, delivered.
Book 7 M free.

ABSORBINE, JR., the antiseptic liniment for manking, reduces Painful, Swollen Veins, Wens, Strains, Bruisers stope pain and infiammation. Price 31:00 per botte desicrs or delivered. Will tell you more if you write. Liberal Trial Bottle for 10c in stamps. W F. YOUNG, P. D. F., 310 Temple St., Springfield, Mass.

GREEN MOUNTAIN



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**SWEET POTATO PLANTS** Nancy Hall and Porto Rico's, 1,000 to 9,000 as \$3.00. 10,000 up at \$2.50. F. O. B. Here.

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FARMERS AND SHIPPERS NOTICE Ship your vegetables to us get highest market prices. Write for stenedl. We also handle eggs. FRED YOST & CO., Wholesale Commission Morchants, 196 Reade Street, New York

Makes Tender Feet Tough
Postpaid 10c (no stamps.) The
LITTLE CO., Beeer. Bidg., Pittaburg, Fa FARM HANDS BIG PAY. Write WILL BHANLEY, Rudyard. Mont.



Sold for 47 years. For Malaria, Chills and Fever. a Fine General Strengthening Tonic. 80cm \$1.00 stall