

Devoted to the interest of
Martin County in General &
Williamston in Particular

THE ENTERPRISE

Advertisers will find our
Columbus Lath Key to 1100
Martin County Homes.

Volume 19. Number 47

Williamston, Martin County, N. C. October, 11, 1918

Established 1898

Spanish Influenza-Three-day Fever "The Flu"

The disease now occurring in this country and called "Spanish Influenza" resembles a very contagious kind of "cold" accompanied by fever, pains in the head, ears, back or other parts of the body, and a feeling of severe sickness. In most of the cases the symptoms disappear after three or four days, the patient rapidly recovering; however, some of the patients, however, develop pneumonia, or inflammation of the ear, or meningitis, and many of these complicated cases. Whether this so-called "Spanish" influenza is identical with the epidemics of influenza of earlier years is not yet known.

Epidemics of influenza have visited this country since 1647. It is interesting to know that this epidemic was brought here from Valencia, Spain. Since that time there have been numerous epidemics of the disease. In 1889 and 1890 an epidemic of influenza, starting somewhere in the Orient spread first to Russia, and thence over practically the entire world. Three years later there was another flare-up of the disease. Both times the epidemic spread widely over the United States.

Although the present epidemic is called "Spanish influenza," there is no reason to believe that it originated in Spain. Some writers who have studied the question believe that the epidemic came from the Orient and they call attention to the fact that the Germans mention the disease as occurring along the eastern coast in the summer and fall of 1917.

In most cases a person taken sick with influenza feels sick rather suddenly. He feels weak, has pain in the eyes, ears, head or back and may be sore all over. Many patients feel dizzy, some vomit, most of the patients complain of feeling chilly, and with this comes a fever in which the temperature rises to 100 to 104. In most cases the pulse remains relatively slow.

What is the course of the disease? Do people die of it? Ordinarily the fever lasts from three to four days and the patient recovers while the proportion of the present epidemic has generally been low, in some places the outbreak has been severe and deaths have been numerous. When death occurs it is usually the result of a complication.

No matter what particular kind of germ causes the epidemic, it is now believed that influenza is a virus spread from person to person, the germs being carried along with the very small droplets of mucus, expelled by coughing or sneezing, forceful talking, and the like by one who already has the germs of the disease. They may also be carried about in the air in the dust coming from dried mucus from coughing and sneezing, or from careless people who spit on the floor and on the sidewalk. In most other catching diseases, a person who has only a mild attack of the disease himself may give a very severe attack to others.

What should be done by those who catch the disease? It is very important that every person who becomes sick with influenza should go home at once and go to bed. This will help keep away dangerous complications and will, at the same time, keep the patient from spreading the disease far and wide. It is highly desirable that no one be allowed to sleep in the same room with the patient. A fact no one but the nurse should be allowed in the room.

If there is cough and sputum or running of the eyes and nose, care should be taken that all discharges are collected on bits of gauze or rag or paper napkins and burned. If the patient complains of fever and headache, he

should be given water to drink, a cold compress to the forehead, and a light sponge. Only such medicine should be given as is prescribed by the doctor. It is foolish to ask the druggist to prescribe and may be dangerous to take the so-called "safe, sure, and harmless" remedies advertised by patent-medicine manufacturers.

If the patient is so situated that he can be attended only by some one who must also look after others in the family, it is advisable that such attendant wear a wrapper, apron, or gown over the ordinary house clothes while in the sick room, and slip this off when leaving to look after the others.

Nurses and attendants will do well to guard against breathing in dangerous disease germs by wearing a simple fold of gauze or mask while near the patient.

Will a person who has had influenza before catch the disease again? It is well known that an attack of measles or scarlet fever or smallpox usually protects a person against another attack of the same disease. This appears not to be true of "Spanish influenza." According to newspaper reports the King of Spain suffered an attack of influenza during the epidemic thirty years ago and was again stricken during the recent outbreak in Spain.

How can one guard against influenza? In guarding against disease of all kinds, it is important that the body be kept strong and able to fight off disease germs. This can be done by having a proper proportion of work, play, and rest, by keeping the body well clothed, and by eating sufficient, wholesome, and properly selected food. In connection with diet, it is well to remember that milk is one of the best all-around foods-obtainable for adults, as well as children. So far as a disease like influenza is concerned, health authorities everywhere recognize the very close relation between its spread and overcrowded homes. While it is not always possible, especially in times like the present, to avoid such overcrowding, people should consider the health danger and make every effort to reduce the home overcrowding to a minimum. The value of fresh air through open windows can not be overemphasized.

Where crowding is unavoidable, as in street cars, care should be taken to keep the face so turned as not to inhale directly the air breathed out by another person. It is especially important to beware of the person who coughs or sneezes without covering his mouth and nose. It also follows that one should keep out of crowds and stuffy places as much as possible, keep homes, offices, and workshop well aired, spend some time out of doors each day, walk to work if at all practicable-in short make every possible effort to breathe as much pure air as possible.

"Cover up each cough and sneeze, If you don't you'll spread disease."

DONT'S
"1. Don't associate with the impolite and careless, who spray your air with their spit.
"2. Don't go to unnecessary public gatherings while the epidemic is on. Put your moving picture show money in Thrift Stamps.
"3. Don't drink from common dippers and drinking cups.
"4. Don't use a roller towel.
"5. Don't patronize a soda fountain that does not use paper cups.
"If you get the grippe: Go to bed and stay there until you are well, until your temperature has been normal for at least two days. If you are past fifty, or if you are not strong, stay in bed four days after normal temperature. Remember, the danger of grippe is pneumonia. Pneumonia

Another Letter From France

The following is a letter received by Mr. and Mrs. Joe Jones of near Williamston from their son, Corporal Mack M. Jones, who was wounded in action in July, carried to a hospital and now recovered. We are all delighted to hear that he is well again.

Base Hospital No. 15, France.
Aug. 20, 1918.

My dear Mother and Father:
I received 22 letters yesterday, most of them were written in May, but I was certainly glad to get them.

I know that you have been worried lots since I was wounded but don't worry any more for I am well and at work again. I was lucky enough to be near a hospital when I was struck just above the hip bone by a sharpnel shell. Had the best doctor in the world and he says that the wound has healed nicely and will not trouble me any more.

I am doing guard duty at the Base Hospital now, it is a nice job and I like it. I cant say whether I will ever go in the trenches again or not but if I have to go I am ready and willing to do my part.

Mother you asked me if I could come home, no, I cant until the war is over but that want be long now and besides I feel that it is my duty to my country to stay and help win the war.

I received a letter from Mr. Harry Biggs telling me that I was the first man from Martin County to be wounded. Mr. Crawford wrote to me also Mr. W. C. Manning and he sent me a paper, I surely did enjoy that for there was lots of news from the home folks in it and the people over there are speaking so well of the boys over here, we feel better to know that you are all so proud of us.

No Mother and Dad, I haven't seen any of the boys from home since I sailed but Sgt Carter is dead. He was killed at the same time I was wounded and in about five feet of me, this is what he said to me as he was dying, "Mack, I hope you have better luck than I've had and when your time comes meet me in heaven." Mother you know I hated to give him up but we are all willing to die for our country.

As I have asked you before do not worry about me, I am well and getting along fine, the only thing that bothers me is to know that you're miserable over me.

With love to all,
Your devoted son,
Mack Jones.

is the penalty for disrespect to the grippe that gets out of bed too soon.

"In conclusion, public officials can do little to protect you. You can do a great deal to protect yourself."

Schools Closed

Schools all over the county have been closed for two weeks at least on account of the epidemic of Spanish influenza. Parents are requested to keep the children off the streets to prevent the spread of the disease. It is a personal matter with every mother and father in the county and it can't be understood why they allow their children to be out visiting and walking the thoroughfares, inevitably coming into contact with the malady.

Churches, Sunday Schools, theaters, and all other public gathering places are closed for the present. And with the hearty cooperation of the public the physicians and health officers hope to stop the ravages of the grippe before the whole county afflicted as it is in some parts.

Latest fad in neck ornaments, Asafoetida bags with a dash of turpentine for a reminder.

Farm Demonstrators Here

Mr. O. F. McCreary, Farm Demonstration Agent in charge of the north eastern district with quite a number of County Agents and Farmers toured Martin County last week, examining the permanent pastures which have been planted under the direction of our County Agent Mr. J. L. Holiday, who has done much good work along this line.

On Thursday night they had a meeting at the Lotus Club where they were welcomed by W. C. Manning. Mr. McCreary made an address on the work of the county agents. Dr. John D. Biggs made a short speech, expressing the willingness of the Financial Institutions of the County to cooperate and help in financing the movement of the farmers in promotion of good farming.

Dr. Gacardwell, Agricultural Agent of the Atlantic Coast Line R. R. Co., at Wilmington was present and made some splendid remarks on the need of more live stock. Mr. M. C. Vaughan Agent for Craven County and C. L. Sams of Raleigh spoke on the important subject of bee keeping, and pleased our folks by saying that Martin leads all other counties in the State in honey producing.

Interesting and instructive speeches were also made by Mr. Rouse, Agt for Jones County, K. W. Johnson, Agt. for Washington County, J. W. Williamson, Agt. for Pamlico County, Mr. H. H. Lawley for Beaufort County, Mr. W. H. Laughinghouse for Tyrrell County, also Mr. T. C. Butt of Aurora. Among prominent farmers at the meeting were Messrs. T. R. Hodges, J. P. Gray and T. C. Butt of Beaufort and W. T. Meadows of Craven County.

We hoped that Mr. Holiday will be able to get these good people to visit our County often and show them the good work he is doing and the many advantages we have to offer.

Miss Helen Truitt Dies of Pneumonia

Miss Helen Truitt, age 22, died at the home of her parents Sunday morning from pneumonia as a result of contraction of Spanish Influenza. The young lady had been ill for two weeks. She is survived her by father and mother, Mr. and Mrs. H. C. Truitt, who resides on Battle street. Several sisters and brothers also survive her. The young lady had been a resident of Rocky Mount for only a few months. She had many friends here, to whom the news of her death was known with sincere regret.

The funeral services held yesterday afternoon, at 5 o'clock, at Pineview cemetery, and were conducted by Rev. B. B. Slaughter, pastor of the Clark street Methodist Church, and the Rev. Frederick Dahl, rector of the Church of the Good Shepherd. Interment was in the Pineview cemetery.

—The Evening Telegram.
It with sincere regret the town learns of the death of Miss Helen Truitt. Miss Truitt lived here with her mother and father on Main Street for many years and in that time made a great many friends. She was a young woman of sterling character and was an active Church worker. The town extends its deepest sympathy to the sorrowing parents.

Don't Forget To Register

The Registrar of your township or precinct will be at the voting place each Saturday until Oct. 26th. You can see him at his home or places of business however prior to that time. Remember the Election November 5th.

Fifteen deaths in Rocky Mount up to Wednesday from Spanish Influenza.

Help Needed And At Once

The Health Department of the County has asked the local Red Cross for assistance to cope with the influenza situation. A soup kitchen has been established and nourishing soup and milk are to be sent to patients ill without attention, twice a day. Volunteers for going in the homes and helping for a few minutes, these people where every member of the family is seriously ill and no one to even give a dose of medicine, have been called and it is earnestly requested that women able to do this respond at once.

It is the Christian duty of the people in this county to help. If you are afraid to be in direct contact with the disease furnish milk, bread or ingredients for soup, find out from Miss Gluyas, the head of this Department the time you are needed at the school house to help prepare nourishment for these people. This work is hard for a few and it isn't right to leave it up to a few, almost every woman in this town can help in one way or another, show your human kindness if you have any by doing something at this time. We don't want to expose anyone to the disease but we can't allow people to die in our midst without assistance. You may need assistance some time yourself. "Do unto others as you would have them do unto you."

In Roxboro there is no one to bury the dead, we don't want that situation in our own County. Keep the children off the streets, visitors off the road, be precautionary and help all you can.

"Don't be a Slacker"
Dr. W. E. Warren,
Health Officer
A. J. Manning, Clerk.

Dies From Influenza

Elizabeth City, N. C., Oct. 7th. Willis Owens, Sr., died Monday morning at 4 o'clock, at his home in Edenton from Spanish influenza at the age of 48 years.

He was the brother of W. L. and Mathias Owens, of this city, who were called to Edenton Saturday night when his condition grew very serious. He is survived by his wife and three sons, Lieut. Willis Owens, Jr., of the United States army, and Alfred and Gerald Owens, and by six brothers.

Mrs. Owens, wife of the deceased was Miss Sadie Rogerson, sister of Mr. J. L. Rogerson and formerly of Williamston.

Announcement

To The Farmers:
The Local Warehouses will be closed until further notice on account of the epidemic of Spanish influenza. It is considered necessary on account of the widespread of the disease through out the county.

Tobacco is selling high now and the prices will be same when the market opens again.
Thanking you for all past favors.

Respectfully
The Brick Warehouse.

Red Cross Shower

Friday night at the Masonic Hall a Linen Shower for France was given by the local Red Cross Chapter. A great number of hand and bath towels were received. The Martin County Chapter of the Red Cross has a larger allotment of linen to be given than any chapter in the south its size, larger even than Raleigh. This proves that we are making good in the eyes of the Directors in charge of the Southern Division and we must keep this reputation.

ROOMS WANTED.- Married couple with one child, is anxious to rent three or four rooms for light housekeeping. If you can let such rooms please call, phone, write or send word to this office at once.

Special Appeal For Prayer

To the People of Martin County: While physicians are battling with the Spanish Influenza and most of us are using what means we can to guard against infection it is not well for us to ask Divine aid in our fight. Our churches are closed and congregational prayer cannot be used. There is then all the more need for an increase of personal and family prayer. I therefore suggest to every individual and every family that at least once a day special prayer be offered. Let us pray; let each one offer his own prayers privately; let each head of family gather his own family altar and lead them in prayer. Let us pray God to stop the plague; let us pray for the sick; let us pray for the well that they be not taken; let us pray for the physicians; let us pray for the nurses.

I also wish to offer my services in visiting the sick, white or black, wherever the presence of a minister may be desired, regardless of denomination or no denomination, the only condition of such visit being that the request must come from the sick or some member of the family.
C. H. Jordan.

Cotton Producers Are Glutting

Raleigh N. C., Oct.—Without apparent rhyme or reason to the hurt of themselves and country, farmers are overcrowding gins and selling their cotton at useless sacrifices. This unwise practice has become so serious that the Food Administration has been compelled to request that all ginneries in the State be closed down for a week.

Mr. O. J. McConnell, of the Division of Markets, states that cotton producers in North Carolina have undoubtedly lost at least a millions dollars in the last two weeks by accepting any price that they could secure in glutted markets. It does not appear that price fixing rumors could have been responsible for the situation, as figures mentioned in connection with this talk are higher than cotton has been selling recently.

Farmers are urged by Mr. McConnell to sell moderately at fair prices on advancing markets but advised to cease selling upon every decline of consequence. Pick the cotton cleanly and rapidly, gin on first-class suction outfit when convenient, and the price will take care of itself.

Cotton Gins to Close

Owing to the shortage of labor and for the purpose of taking better care of seed, all cotton gins in Martin County will be shut down on Mondays and Tuesdays of each week until further orders.
This Oct. 10th 1918.

W. C. Manning
Food Administrator.

Appeal For Help

The scarcity of labor makes it practically impossible for farmers to hire help, and there are numbers of farmers who are down with pneumonia and from all indications will lose their peanut crops unless volunteers rescue them by going and digging them. Now is a good time to test your stewardship. Ye, are your brothers keeper, if willing to help, please furnish me your name, subject to call to help a neighbor house his crop.

W. C. Manning
Chmn. Council of Defense

Miss Flossie Tilley, left Friday morning for her home in Hillsboro, to spend a few days.

T. J. Smith and Reynolds Smith, left Friday for Danville Va., where they will spend a few days.

F. H. Saunders spent Wednesday in Rocky Mount.
Hubert Warren went to Durham Friday.

Williamston Personal

M. W. Haynes, of Tarboro was in town Tuesday in interest of the Coastal Plain Fair.

Miss Virginia Herrick, of St. Mary's School, Raleigh is at home for a few days.

Miss Clayton Crittenden of Scotland Neck is visiting Mrs. John Manning.

Mrs. Lucy Roberson and Miss Mary White returned from Raleigh Saturday on account of the influenza in King's Business College.

Miss Ethel Griffin came home Sunday because of the closing of Massey's Business College in Richmond.

Mr. R. L. Rollins, formerly employed by the Home Telephone Co. of Nashville, N. C. is now with the Williamston Telephone Co.

Lieut. Donald C. Godwin has been promoted to Flag Officer on the staff of Admiral Williams and is now on the Sup-Dreadnought New Mexico. Lieut. Godwin has for the past year been in the Submarine Service.

Miss Katie Philpot is Williamston's first Lady mail carrier. It is very strenuous work for Miss Philpot but it certainly shows her patriotism to be of the right sort to come to the rescue of the local post-office in its need of assistance.

Saturday is a National Holiday and all Business Houses all over the country are to be closed by order of President Wilson in the interest of the Fourth Liberty Loan. The day is to be given to the campaign workers so as to be able to see every available person during this Drive.

It is a good thing for Martin County that this order should come at this time. Stopping business for a day with a strict quarantine will help the influenza situation.

The Jule Purvis Farm at Spring Green was sold at auction yesterday by Burton Bros. of Wilson. This farm is one of the best in the county and bids were high. The epidemic of influenza kept many people away but the sales were good, a brass band and sandwiches bought from the Junior Red Cross by the Company making things interesting for the crowd. The Realty Companies have sold many farms in this part of the country recently.

Gold Point Items

Several of our people attended the show at Robersonville the past week.

B. E. Moyer is preparing to open a stock of General Merchandise in the B. H. Roberson old store.

Hon. Harry Stubbs was here for a short while last week.

Our Farmers sold most of their tobacco before the present slump in the market.

Mr. David Allen has sold his farm near here and bought one at Scotland Neck and will move there another year.

B. E. Johnson has purchased the residence of Arthur Johnson. Mr. Johnson moves to the country next year.

Jails In Bad Condition

At a recent inspection of jails by the State Health Inspector it was found that the county jails are not in a sanitary condition. Most all reports show that the prisoners are not examined by the health officer when committed to jail. No precautions are made against vermin, failure to provide bedding and clothes and bathing facilities and no measures against flies and mosquitoes are some of the charges, Martin County scores 71 1-2 in percentage, and Beaufort ranks lowest 58 1-2.