

### Increase In Deaths Noted At Railroad Crossing Accidents

Raleigh—After a steady-year decline, railroad crossing accidents are threatening to kill a record number of persons in North Carolina during 1940, according to Ronald Hocutt, director of the Highway Safety Division.

Six crossing fatalities in January and five in February combined to make a two-month total of more than half the number of fatal accidents at railroad crossings in the state during the entire twelve months of 1939. There were 19 crossing fatalities in North Carolina last year, compared with 22 in 1938, 23 in 1937 and 30 in 1936.

Just as we were congratulating ourselves on the fact that railroad crossing accidents were on the decline in North Carolina, we learn that motorists in this State have started out the new year with a total of eleven crossing fatalities in two months," Hocutt said. "This type is distressing, especially when we consider how easily this type of accident might be avoided. Every railroad crossing is either guarded or marked, and in ninety-nine cases out of a hundred the motorist who runs into the side of a train or into the path of one is guilty of inattention and negligence.

"With the exception of 'I love you' the best known three-word utterance in the English language is 'Stop! Look! Listen!' yet only a minute fraction of the drivers who see these three words on a sign near a railroad crossing pay the slightest attention to them.

"It's so easy to stop, look and listen upon approaching a crossing, and failure to do so can prove so costly. A railroad crossing is one of the places where every man controls his own safety. The train will never hit your car unless it is there to be hit. Stop, look, listen and live.

### Liquor And Driving Cost the Lives Of 117

Calling attention to the fact that 117 persons were killed last year in this state as a result of drinking and driving, Ronald Hocutt, director of the Highway Safety Division, recently termed the drinking driver as the most dangerous if not the most numerous type of offender on our highways today.

"Drinking and driving do not mix," Hocutt said. "Even one drink can so effect a driver's reaction time as to make him a potentially dangerous driver. The Highway Safety Division advises anyone who does any drinking to let someone else do their driving for them."

### HINTS FOR HOMEMAKERS

By Miss PHYLLIS OWEN, Home Service Director, Virginia Electric And Power Company

#### SPRING VEGETABLES

Vegetables are indispensable to the diet because of their building and regulating value. At this season of the year there are many fresh varieties on the market. Fresh vegetables should be cooked with the least amount of water for the shortest possible time to retain color, flavor, texture and nutritive value. The measured controlled heat of the modern range permits the steaming of vegetables without loss of vitamins.

Busy homemakers can easily prepare their vegetables for cooking early in the day and store them carefully wrapped or covered in the refrigerator where they will remain fresh and crisp. Preparing vegetables in advance saves time in meal preparation.

Vegetables may be served with a sauce to change appearance and flavor. White sauce with variations is most frequently used.

#### White Sauce

- 3 tsp butter
- 3 tsp flour
- 1-3 tsp salt
- Few grains pepper
- 1 1-2 c milk or 3-4 c vegetable water and 3-4 c evaporated milk

Melt butter in saucepan, add flour mixed with seasoning. Stir until smooth, then add liquid gradually while stirring constantly. Stir until sauce boils and keep hot over hot water. Variations: Add one of the following ingredients:

- 1 tsp paprika
- 1 or 2 pimentos cut in pieces
- 1-2 cup cheese, grated
- Mushrooms fried in butter
- Use tomato juice or soup in place of milk

#### Hollandaise Sauce

- 1-2 cup butter
- 1 tsp lemon juice or vinegar
- Few grains cayenne
- 2 egg yolks
- 1-4 tsp salt
- 1-4 tsp paprika
- Put 1-3 butter in saucepan with egg yolks and lemon juice and stir over boiling water until butter is melted. Add half the remaining butter and as mixture thickens add last piece of butter. As soon as it is thick, remove immediately from heat, add seasonings and serve.

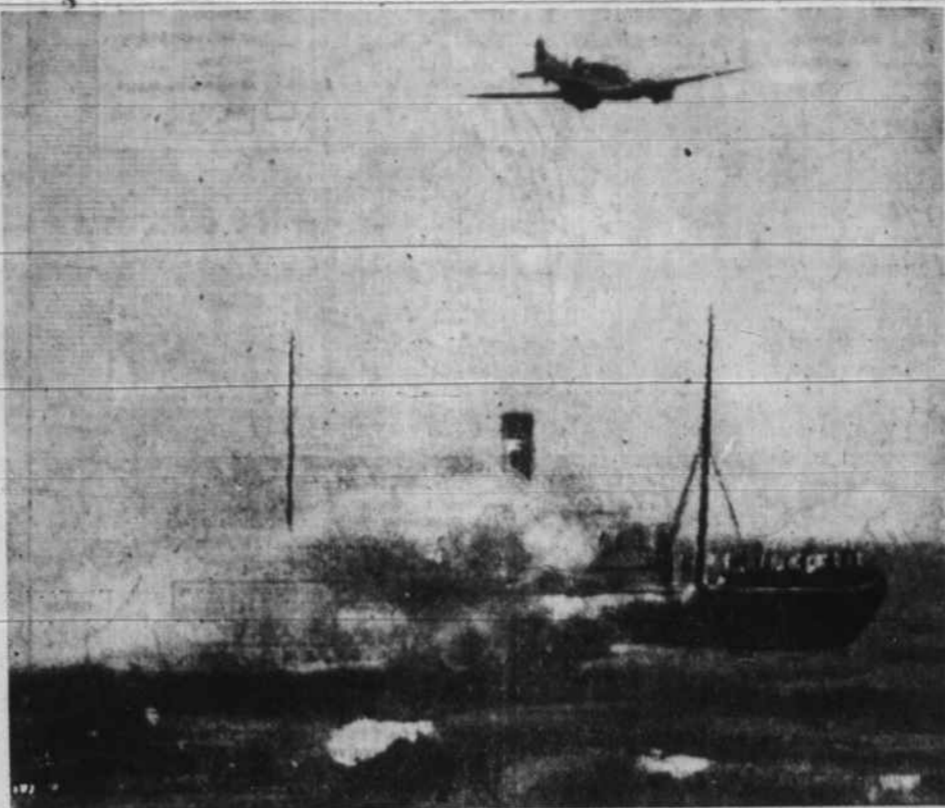
#### Garden Peas With New Potatoes

Place in tightly covered saucepan with 2 strips of bacon or 2 tsp butter—season—add water to depth of 1 to 1 1-2 inches.

#### New Beets With Orange Sauce

- 1 bunch new beets
- 2 tsp grated orange
- 1-4 tsp salt
- 1-4 tsp paprika
- 1 tsp water

### Radiophoto of Stricken Domala



While a Royal Air Force plane hovers overhead, the British liner Domala is shown burning off the coast of England as the result of a bomb attack by Nazi airmen. The Domala was enroute from Antwerp, Belgium, to England with 301 persons aboard, many of them British subjects who had been interned in Germany and who had just been exchanged for Germans held in England. British and Dutch vessels picked up many survivors, but 108 were reported lost.

### Stranded in Finland



These American-born youngsters, Ruth Elizabeth Niemela (left), 11, and her brother, Paul (right), 8, former Herbster, Wis., grade school pupils, were trapped in northern Finland at outbreak of Soviet invasion. Fears for their safety were quieted when the American legation found them in the old Niemela homestead near bombed Kausamo. They will be repatriated. Their father was forced to leave Finland without them because of insufficient funds.

### Pedestrian Number One Traffic Worry

"The pedestrian is fast becoming North Carolina's Number One traffic problem," Ronald Hocutt, director of the Highway Safety Division, stated recently in calling attention to the fact that more than one-third of the street and highway fatalities in North Carolina last year were pedestrians.

"During 1939 there were 331 pedestrians killed and 1,021 injured in this state," Hocutt said. "Our records indicate that 302 of the pedestrians who were killed were in apparently normal condition, that is, they had not been drinking and had no physical defects. This means that ninety per cent of the 331 fatalities were due to negligence or recklessness on the part of pedestrians or motorists, or both.

"A large proportion of our pedestrian fatalities arise from failure of drivers and pedestrians to understand one another's habits, inclinations and mental processes. Motorists, drive as though you were walking; pedestrians, walk as though you were driving. Only in this way can we do much toward reducing the growing number of pedestrian fatalities and injuries in North Carolina."

- 2 tsp lemon juice
- 1-4 cup butter
- 1-2 cup orange juice
- 1-2 tsp cornstarch mixed with 1 tsp water

Cook grated rind, salt, paprika, water and lemon juice about 5 minutes. Cream butter and add with 1-2 cup orange juice to the hot mixture. Add 1-2 tsp cornstarch mixed with 1 tsp cold water and cook slowly, stirring constantly until mixture is thick and cornstarch is cooked—about 15 minutes. The juice of a blood orange is best to use if one can be secured. The sauce is of the consistency of thick cream. Pour over cooked buttered beets and serve.

#### Stuffed Tomatoes

- 6 tomatoes
- 4 tsp diced bacon
- 6 tsp chopped green pepper
- 2 cups soft bread crumbs
- 1-4 tsp salt

Remove tops and centers from tomatoes. Season inside of tomatoes with salt and pepper. Fry bacon, add chopped green pepper and continue cooking 5 minutes. Add bread crumbs, salt and liquid (vegetable juice, meat stock or milk). Fill the tomatoes and place in a greased shallow pan. Bake in a moderately hot oven (400°) 20 to 30 minutes. Substitute chopped cooked chicken, ham or corn for half of the crumbs.

**Cabbage With Cheese Sauce**  
1 small head cabbage  
2 tsp butter  
2 tsp flour  
1-2 tsp salt  
1-16 tsp pepper  
1 cup milk  
1-2 cup grated cheese  
Butter crumbs  
Shred cabbage and cook in 1 cup water 10-15 minutes or until tender. Cabbage should not be cooked until it loses its crispness. Melt butter, add flour and seasonings and stir until well blended. Add milk and sauce in layers with cabbage in casserole. Top with buttered crumbs and brown in a moderately hot oven (400°).

**Vegetable Plate Combinations**  
Arrange well seasoned, cooked vegetables on a warm dinner plate. Serve with any desired sauce, relish or salad.

Stuffed green peppers, Harvard beets, summer squash.  
Baked kidney beans, broiled tomatoes, buttered Brussels sprouts.  
Scalloped corn, string beans, buttered cauliflower.  
Broiled mushrooms on toast, but-

tered green lima beans, carrots, salad greens.

Mashed potatoes, buttered green peas, diced yellow turnips, broiled apples.

Baked potatoes, French fried onions, spinach, carrots.

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**DEAD LINE**

Applications for payment under the 1939 agricultural conservation program will be received until March 30. If a farmer is eligible for payment under last year's program and has failed to make application, he should go to his county office immediately and sign the necessary forms. No applications will be taken after March 30.

**Payments Will Be Made for Mulching Trees In This State**

North Carolina farmers will be allowed a practice payment of \$1.50 under the 1940 agricultural conservation program for mulching their bearing orchards, according to H. R. Niswonger, extension horticulturist at State College.

Two tons of air-dried straw or an equivalent in mulching material, excluding barnyard and stable manure, will be required per acre. The material must be hauled into the orchard and may consist of straw, hay, leaves, wood shavings, or other organic matter which has a good water-holding capacity.

Payment will not be allowed if any of the mulching material or material produced on the orchard land in 1940 from grasses, legumes, or cover crops is taken from the land.

Niswonger explained that the material should be thick enough to check the growth of grass or other vegetation. Likewise, it should be applied not closer than two feet from the trunk of the tree and as far out as the branches extend.

The quantity of mulch to apply to each tree at the rate of two tons to the acre will depend upon the size of the tree or the spread of its branches. Most North Carolina apple orchards average 50 trees to the acre.

If straw or similar material is used, each tree will require approximately one bale, or 70 to 80 pounds, if the trees are of medium size. Small bearing trees may require less than one bale, and large mature trees may need two to three bales.

Mulching aids bearing fruit trees by maintaining a supply of moisture, preventing erosion, improving the size and color of the fruit, and providing an abundance of humus or organic matter for the soil.

**DR. V. H. MEWBORN**  
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Please Note Date Changes

Robersonville office, Scott's Jewellery Store, Tuesday, March 19.

Williamston office, Peele's Jewellery Store, every Wed., 10 a.m. to 5 p.m.

Plymouth office, Liverman's Drug Store, every Friday, 10 a.m. to 4 p.m.

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