"Better Be Wise Than Rich."

Wise people are also rich when they know a perfect remedy for all annoying diseases of the blood, kidneys, liver and bowels. It is Hood's Sarsaparilla, which is perfect in its action. It so regulates the entire system as to bring vigorous health. It never disappoints.

Coitre—"For 42 years I had goitre, or swellings on my neck, which was discouraging and troublesome. Rheumatism also annoyed me. Hood's Sarsaparilla cured me completely and the swelling has entirely disappeard. A lady in Michigan saw my previous testimonial and used Hood's and was entirely cured of the same trouble. She thanked me for recommending it." MRS. ANNA SUTHERLAND, 406 Lovel Street, Kalamazoo, Mich.

Poor Health—"Had poor health for years, pains in shoulders, back and hips, with constant headache, nervousness and no appetite. Used Hood's Sarsaparilla, gained strength and can work hard all day; eat heartily and sleep well. I took it because it helped my husband." MRS. ELIZABETH J. GIFFELS, Moose Lake, Minn.

Makes Weak Strong—"I would give $5 a bottle for Hood's Sarsaparilla if I could not get it for less. It is the best spring medicine. It makes the weak strong." ALBERT A. JAGNOW, Douglastown, N. Y.

Hood's Sarsaparilla
Never Disappoints

Hood's Pills cure liver ills; non-irritating and the only cathartic to take with Hood's Sarsaparilla.

Not Quite Useless.

The eminent surgeon closed his pocketbook with a snap on the $100 fee a wealthy patient had just paid him for a successful operation for appendicitis.

"Tell me the appendix vermiform is a useless organ, will you?" he soliloquized.—Chicago Tribune.

The Lutherans in the United States have about 4000 congregations, 3000 ministers and a membership of 600,000.

SYRUP OF FIGS

THE EXCELLENCE OF SYRUP OF FIGS

is due not only to the originality and simplicity of the combination, but also to the care and skill with which it is manufactured by scientific processes known to the CALIFORNIA FIG SYRUP CO. only, and we wish to impress upon all the importance of purchasing the true and original remedy. As the genuine Syrup of Figs is manufactured by the CALIFORNIA FIG SYRUP CO. only, a knowledge of that fact will assist one in avoiding the worthless imitations manufactured by other parties. The high standing of the CALIFORNIA FIG SYRUP CO. with the medical profession, and the satisfaction which the genuine Syrup of Figs has given to millions of families, makes the name of the Company a guaranty of the excellence of its remedy. It is far in advance of all other laxatives, as it acts on the kidneys, liver and bowels without irritating or weakening them, and it does not gripe nor nauseate. In order to get its beneficial effects, please remember the name of the Company—

CALIFORNIA FIG SYRUP CO.
SAN FRANCISCO, Cal.
LOUISVILLE, Ky. NEW YORK, N. Y.

Loaded Down.

The air is loaded down with pains and aches, and some systems take them in like a sponge. St. Jacobs Oil rubbed in will take the pain away and leave a cure.

The French Canadians comprise thirty per cent. of the entire population of the Dominion.

Don't Tobacco Spit and Smoke Your Life Away.

To quit tobacco easily and forever, be magnetic, full of life, nerve and vigor, take No-To-Bac, the wonder-worker, that makes weak men strong. All druggists, 50c or $1. Cure guaranteed. Booklet and sample free. Address Sterling Remedy Co., Chicago or New York.

About 65,000,000 pounds of beet sugar were raised in California last year.

Beware of Ointments for Catarrh That Contain Mercury.

as mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure to get the genuine. It is taken internally, and is made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free. Sold by Druggists; price, 75c. per bottle. Hall's Family Pills are the best.

The shipyards of Great Britain could turn out a big steamship every day of the year.

To Florida Resorts.

The Plant System reaches the finest resorts in Florida, Cuba, Jamaica and Porto Rico. Tickets by both rail and water from the East. Five steamships weekly between Port Tampa, Key West and Havana. Beautifully illustrated literature, maps, rates, etc., upon application to J. J. Farnsworth, Eastern Pass. Agent, Plant System, 261 Broadway, New York.

The average length of a whale's jawbone is seven feet.

Lane's Family Medicine.

Moves the bowels each day. In order to be healthy this is necessary. Acts gently on the liver and kidneys. Cures sick headache. Price 25 and 50c.

It is estimated that New York City expends $25,000,000 a year in charity.

To Cure a Cold in One Day.

Take Laxative Bromo Quinine Tablets. All Druggists refund money if it fails to cure. 25c

Out of every million persons 12,000 die from gout.

Educate Your Bowels With Cascarets.

Candy Cathartic, cure constipation forever 10c, 25c. If C. C. C fail, druggists refund money.

Great Britain and Ireland have an orchard area of 226,059 acres.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c. a bottle

In Iloilo, Philippine Islands, there is not a hotel or a public conveyance.

I cannot speak too highly of Piso's Cure for Consumption.—MRS. FRANK MOHNS, 215 W. 23d St., New York, Oct. 29, 1894.

At the recent Paris show 1153 different motor carriages were exhibited.

The Year Round.

All the year around chronic or neglected rheumatism hangs on. It is worse in chilly damp weather, but never so bad that St. Jacobs Oil can't promptly cure it.

There were 25,043 marriages in Indiana last year.

Have used Dr. Seth Arnold's Cough Killer for Whooping Cough with good results.—D. C. KEMP, 1375 No. Carey St., Baltimore, Md., July 14, 1898.

Woman's hair usually begins to grow gray when she is about thirty-five.

No-To-Bac for Fifty Cents.

Guaranteed tobacco habit cure, makes weak men strong, blood pure. 50c. $1. All druggists.

The entire population of Canada at the last census was barely 5,000,000.

Fits permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. $2 trial bottle and treatise free DR. R. H. KLINE, Ltd., 931 Arch St., Phila., Pa

It is a felony to run a crap game in Tennessee under a new law.

To Cure Constipation Forever.

Take Cascarets Candy Cathartic. 10c or 25c if C. C. C. fail to cure, druggists refund money

"Benevolent assimilation" has succeeded "being touched" as common slang.

Coughs Lead to Consumption.

Kemp's Balsam will stop the cough at once. Go to your druggist to-day and get a sample bottle free. Sold in 25 and 50 cent bottles. Go at once; delays are dangerous.

It is estimated that about 2,000,000 bicycles have been made in Europe and America.

It Hangs On

If it was only health, we might let it cling.

But it is a cough. One cold no sooner passes off before another comes. But it's the same old cough all the time.

And it's the same old story, too. There is first the cold, then the cough, then pneumonia or consumption with the long sickness, and life trembling in the balance.

Ayer's Cherry Pectoral

loosens the grasp of your cough. The congestion of the throat and lungs is removed; all inflammation is subdued; the parts are put perfectly at rest and the cough drops away. It has no diseased tissues on which to hang.

Dr. Ayer's Cherry Pectoral Plaster

draws out inflammation of the lungs.

Advice Free.

Remember we have a Medical Department. If you have any complaint whatever and desire the best medical advice you can possibly obtain, write the doctor freely. You will receive a prompt reply, without cost.
Address, DR. J. C. AYER, Lowell, Mass.

BAD BLOOD

"CASCARETS do all claimed for them and are a truly wonderful medicine. I have often wished for a medicine pleasant to take and at last have found it in Cascarets. Since taking them, my blood has been purified and my complexion has improved wonderfully and I feel much better in every way." MRS. SALLIE E. SELLARS, Lattrell, Tenn.

CANDY CATHARTIC
Cascarets
TRADE MARK REGISTERED.
REGULATE THE LIVER.

Pleasant. Palatable. Potent. Taste Good. Do Good. Never Sicken, Weaken, or Gripe. 10c, 25c, 50c.
... CURE CONSTIPATION. ...
Sterling Remedy Company, Chicago, Montreal, New York. 319

NO-TO-BAC Sold and guaranteed by all druggists to **CURE** Tobacco Habit.

Fun in Sweden.

General Baron Rappe, Swedish Minister of War, has just suffered a penalty for a very amusing slight to royal ceremony. The day before Christmas King Oscar summoned a cabinet council to the palace. At the last moment General Rappe, who is notoriously absent minded, having on his full uniform, as required by the regulations, forgot to put on his plumed chapeau, and hastily clapped his ordinary silk hat on his unfortunate head. No one happened to see him en route till he approached the palace. The King and the rest of the cabinet, looking out of the window, saw the motley War Minister approaching, and burst into loud guffaws at his unceremonious appearance. They chaffed him without mercy, and the King, to censure his absence of mind, put him under a three days' arrest as provided by the military regulations forbidding the wearing of civilian attire in conjunction with military uniform.

What Our Knowledge is Good For.

The attainment of skill is the alpha as it is the omega of science. It was the attempt to gain perfection in his every-day work that led primeval man to take the first steps in that great movement of which the fruition appears in the final development of our modern universities. For a man of highest culture, also, the end and object of study is, as Aristotle teaches us, not the attainment of knowledge, but the perfecting of conduct, and this is true not only when we conceive of conduct as our action in relation to other men, but also if we look upon it as action in relation to the objects and conditions which surround us. — From "The Field of Art" in Scribner's.

Wipe Out.

It is the specific virtue of penetration in St. Jacobs Oil which carries it right down to the Sciatic nerve in the cure of Sciatica, and the effect is to soothe the nerve and wipe out the pain.

At present there is only one Protestant church on the whole island of Porto Rico.

Beauty Is Blood Deep.

Clean blood means a clear skin. No beauty without it. Cascarets, Candy Cathartic clean your blood and keep it clean, by stirring up the lazy liver and driving all impurities from the body. Begin to-day to banish pimples, boils, blotches, blackheads, and that sickly bilious complexion by taking Cascarets,—beauty for ten cents. All druggists, satisfaction guaranteed. 10c, 25c, 50c.

The population of the Soudan is numbered at 3,000,000, nearly all wholly uneducated.

The public awards the palm to Hale's Honey of Horehound and Tar as a cough remedy. Pike's Toothache Drops Cure in one Minute.

HELPS FOR HOUSEWIVES.

Children's Dressing Tables.

The children of this generation have a great many little dainty things that were not considered necessary in the past generation. And while there are people who do not hesitate to say too much is being done for children, there are a few sensible individuals who realize that children are never too young to learn to appreciate dainty belongings. Almost every little girl of ten or twelve is now given a room to herself, and this is daintily and prettily fitted up. If it is not possible for the child to have her own room, and she must needs share it with her sister, or even a maid, at all events she can have her own bureau or dressing table and writing desk, and these can be furnished with what is both useful and pretty without starting any extravagant ideas.—Harper's Bazar.

Spots on the Carpet.

When soot is spilled upon the carpet, heat enough bran to cover it, spread it over the place to the depth of an inch or more, and set a hot iron on two on the bran. The heat draws the grease out, and the bran absorbs it. One application is usually sufficient, but if any grease remains, sweep the bran off and apply a fresh coating. Ink stains can usually be removed if treated as soon as the ink is spilled. Take a large, coarse sponge and take up all the ink it will absorb. Wash the sponge, pour sweet milk on the spot, and dry with the sponge as often as necessary to remove every trace of ink. Then wash the place with clean suds, rinse thoroughly, and wipe as dry as possible. Every trace of ink will be gone when the carpet is dry. Blotting paper may be used to absorb the ink if the sponge is not at hand, and the carpet washed with a soft cloth.

How to Grate a Cocoanut.

"It is no trouble to grate a cocoanut," says Miss Cornelia C. Bedford, the cooking expert, "but there are ways and ways of doing it. Now, I consider it worth while to pay a few cents more when I am going to use a cocoanut and have it peeled for me. Then I have a large almond grater and I break my cocoanut into small pieces and put it in the grater. Then I turn the crank for a few minutes and my nut is grated as finely as I wish it and with no trouble. There is a simple cocoanut pudding, which I think is very good, for which I buy cocoanut in this way and grate it. I butter thick slices of stale bread, cut into half-inch dice, and to one quart of the dice allow a heaping cupful of the nut, one-half cupful of sugar, one pint milk, four eggs, a pinch of salt, and a teaspoonful of vanilla. Then I butter a deep baking dish and put in alternate layers of the crumbs and grated nut. Then I separate the whites from two of the eggs and beat the rest together, add the milk, salt and vanilla, mix well, pour over the contents of the dish and bake in a moderate oven until set in the centre. The two whites remaining I whip until frothy, add two tablespoonfuls of powdered sugar and half a teaspoonful of vanilla, whip until stiff and glossy, heap over the pudding, dust thickly with powdered sugar, return to the oven until it is colored a delicate brown and serve cold. The juice of half an orange can be used in place of the vanilla, if desired, and the grated rind of a quarter of the peel with a few drops of the juice in the frosting."—Chicago Times-Herald.

Recipes.

Rice Fritters—Two cups of cold boiled rice, two eggs, one cup of milk, one spoonful of baking powder, one cup of flour, half a cup of sugar. Have some beef suet hot, drop into the pan a spoonful of the batter and fry brown. Serve hot with a sauce made with one cup of sugar, one teaspoonful of flour and any flavoring to suit; add one cupful of boiling water.

Lemon Honey—Take one pound of loaf sugar, six eggs, the juice of six lemons, the grated rinds of two, and one-quarter of a pound of butter. Put the sugar, butter and lemon juice in a saucepan and melt slowly over a gentle fire; when all are dissolved stir in the eggs, which have been well beaten, stir in rapidly until it is as thick as honey. It will keep twelve months if put up air-tight.

To Preserve String Beans—To one peck cleaned and sliced (late) green beans take one quart of coarse salt. Use a large crock and put in a layer of beans, then a layer of salt and so on until it is full, then cover with a cloth and round board (small enough to go inside the crock) and weighed down with a stone to keep them compact. Before using soak in fresh water to remove the salt.

Consomme Royale—Beat up three yolks of eggs and one white, pepper and salt them and stir them into one gill of stock. Pour this into a small buttered mould and steam very gently till the whole coagulates. Cool the custard, turn it out in fancy shapes with a cutter. Cut the best flesh of a cooked chicken into dice and place this and the custard in a hot tureen. Boil three pints of consomme and pour it into the tureen, then serve the soup quickly.

Fried Onions—There is but one way, says a culinary authority, to fry onions properly. Cut them in slices and soak ten minutes in milk. Then dip the slices in flour and drop them in boiling fat—fat that is hot enough to brown instantly a bit of bread dropped in it. Fry about six minutes and take out with a skimmer upon a brown paper. The more common way is to fry a few slices of salt pork or bacon and then fry the onions in the fat. This is much more satisfactory than frying in butter, which the onion absorbs, making a dark-colored, pasty, greasy mass.

WOMAN'S PECULIAR ILLS

THE ills of women conspire against domestic harmony. Some derangement of the generative organs is the main cause of most of the unhappiness in the household.

The husband can't understand these troubles. The male physician only knows of them theoretically and scientifically, and finds it hard to cure them.

But there is cure for them, certain, practical and sympathetic. Mrs. Pinkham has been curing these serious ills of women for a quarter of a century. Failure to secure proper advice should not excuse the women of to-day, for the wisest counsel can be had without charge. Write to Mrs. Pinkham for it. Her address is Lynn, Mass.

Among the multitude of women helped by Mrs. Pinkham and by Lydia E. Pinkham's Vegetable Compound, is MRS. JOSEPH KING, Sabina, Ohio. She writes:

"DEAR MRS. PINKHAM—Will you kindly allow me the pleasure of expressing my gratitude for the wonderful relief I have experienced by taking Lydia E. Pinkham's Vegetable Compound. I suffered for a long time with falling of the womb, and those terrible bearing-down pains, and it seemed as though my back would never stop aching; also had leucorrhœa, dull headaches, could not sleep, was weak and life was a burden to me. I doctored for several years, but it did no good. My husband wanted me to try your medicine, and I am so thankful that I did. I have taken four bottles of the Compound and a box of Liver Pills, and can state that if more ladies would only give your medicine a fair trial they would bless the day they saw your advertisement. My heart is full of gratitude to Mrs. Pinkham for what her medicine has done for me. It is worth its weight in gold."

Switzerland's Falling Mountain.

The din of falling rocks and rubble continues at Airolo, Switzerland, when fresh portions of the mountain break away from time to time. The ruined mass of stones, trees and houses measures not less than five hundred thousand cubic metres, and the damage caused is estimated at over $200,000.

As further downfalls are feared, it has been proposed to blow down with mines the whole mass in one great avalanche, and so end the prevailing terror.—Berne correspondence of the London Mail.

Go to your grocer to-day and get a 15c. package of

Grain-O

It takes the place of coffee at ¼ the cost.

Made from pure grains it is nourishing and healthful.

Insist that your grocer gives you GRAIN-O. Accept no imitation.

DO YOU COUGH DON'T DELAY TAKE KEMP'S BALSAM THE BEST COUGH CURE

It cures Colds, Coughs, Sore Throat, Croup, Influenza, Whooping Cough, Bronchitis and Asthma. A certain cure for Consumption in first stages, and a sure relief in advanced stages. Use at once. You will see the excellent effect after taking the first dose. Sold by dealers everywhere. Large bottles 50 cents and $1.00.

25 CTS. PISO'S CURE FOR CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists. CONSUMPTION 25 CTS.

BUY NORTHERN CROWN SEEDS
FARM SEEDS
Salzer's Seeds are Warranted to Produce.
Mahlon Luther, E. Troy, Pa., astonished the world by growing 250 bushels Big Four Oats; J. Breider, Mishicott, Wis., 173 bush. barley, and H. Lovejoy, Red Wing, Minn., by growing 520 bush. Salzer's corn per acre. If you doubt, write them. We wish to gain 200,000 new customers, hence will send on trial
10 DOLLARS WORTH FOR 10c.
10 pkgs of rare farm seeds, Salt Bush, Rape for Sheep, the $.000 Corn, "Big Four Oats," Beardless Barley, Bromus Inermis—yielding 7 tons hay per acre on dry soils, etc., "40c. Wheat," including our mammoth Seed Catalogue, telling all about our Farm seeds, etc., all mailed you upon receipt of but 10c. postage, positively worth $10, to get a start, 100,000 bbls. Seed Potatoes at $1.20 and up a bbl.
35 pkgs earliest vegetable seeds, $1.00
JOHN A. SALZER SEED CO. LACROSSE, WIS.
Please send this adv. along. Catalog alone, 5c. No. AC

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The greatest remedy for
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Dr. SETH ARNOLD'S COUGH KILLER
CURES WHEN OTHERS FAIL
ALL DRUGGISTS
Send Postal for Premium List to the Dr. Seth Arnold Medical Corporation, Woonsocket, R. I.

DROPSY NEW DISCOVERY; gives quick relief and cures worst cases. Book of testimonials and 10 days' treatment Free. Dr. H. H. GREEN'S SONS, Box D, Atlanta, Ga.

WANTED—Case of bad health that R-I-P-A-N-S will not benefit. Send 5 cts. to Ripans Chemical Co., New York, for 10 samples and 1000 testimonials.

If afflicted with sore eyes, use **Thompson's Eye Water**

RHEUMATISM CURED—Sample bottle, 4 days' treatment, postpaid, 10 cents. ALEXANDER REMEDY CO., 246 Greenwich St., N.Y.

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Strength, Vitality, Manhood.
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The National Medical Association awarded the Gold Medal for this Grand Prize Treatise, which is truly A BOOK FOR EVERY MAN, Young, Middle-aged, or Old, Married or Single.

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The Peabody Medical Institute has been established in Boston 37 years, and the fame which it has attained has subjected it to a test which only a meritorious institution could undergo.—*Boston Journal.*

"The *Peabody Medical Institute* has many imitators, but no equals."—*Boston Herald.*

"Fool's Haste Is Nae Speed." Don't Hurry the Work Unless You Use

SAPOLIO

Locomotor Ataxia and Paralysis Can be Cured.

These extreme nervous disorders were treated with wonderful success by the discoverer of Dr. Williams' Pink Pills for Pale People, previous to his discovery being offered to the public generally. This remedy is the only known specific in many diseases that, until recent years, were pronounced incurable. Here is the proof:

James Crocket, a sturdy old Scotchman living in Detroit, Mich, at 88 Montcalm St., was cured of Locomotor Ataxia by these pills. For many years he has been a chief engineer of one of those big passenger palace steamers plying upon the great lakes. This is a position of great responsibility and the anxiety causes a great nervous strain. Mr. Crocket says: "For fifteen years I watched the big engines and boilers without a single accident, and only noticed that I was getting nervous. Suddenly without warning I was taken sick, and was prostrated. I had the best of physicians but grew gradually worse. At a council of doctors, they said I had nervous prostration, and had destroyed my whole nervous system and would never recover. For three years I was unable to move from my bed. The doctor said I had locomotor ataxia, and would never be able to walk again.

"The pains and suffering I experienced during those years are almost indescribable. The friends that came to see me bid me good-bye when they left me and I was given up. The doctors said nothing more could be done. My wife kept reading to me, articles about Dr. Williams' Pink Pills for Pale People. We finally decided to try them. The first box gave me relief. I continued to use them for about two years before I could get strength enough to walk. I am nearly seventy-five years old and there is not a man in this city that can kick higher or walk further than I can and to-day I owe my present good health to Dr. Williams' Pink Pills for Pale People for they saved my life."—*Detroit Evening News.*

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TRADE MARK. REGISTERED.
THE GREAT Blood Builder and Nerve Tonic

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