| "Courage and Strength <br> in Times of Danger." |  |
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| Read the warning between the lines. What is that warning? It is of the danger from accumulation of badness in |  |
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|  |  |
| usual heavy living of theWinter months. Soring is |  |
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| the clearing, cleansing time of the year; the foreranner of the brightness and beauty of |  |
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| Sumer |  |
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| Hood's, Saisaparillg |  |
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| asin |  |
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| Try Grain=0! |  |
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|  |  |
| a package of GRAIN-O, the new food rink that takes the place of coffee. The children may drink it without |  |
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| The children may drink it withou <br> it like it. GRAIN-O has that rich seal brown of Mocha or Java |  |
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| Looks like Coftee |  |
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| A. W. SPALOING \& bros. |  |




The courtship period for Ayer's Sarsaparilla
passed long since, when it won the confidence and esteem of thoughtful men and women 50 years ago.

You need have no doubts, if, when you go to buy Sarsaparilla, you simply say the old name

# "AYER'S" 

That is the kind that cured your fathers and their fathers before them, and it is the kind that will cure you. Other Sarsaparillas may look like it, may even taste like it, but somehow or other they haven't the knack of curing people that Ayer's has. Just try one bottle of Ayer's today.


PAINFUL PERIODS NO MORE $\mathbf{M}^{\mathrm{R}}$


