

HEALTH BRINGS HAPPINESS.

Invalid Once, a Happy Woman Now.

Mrs. C. R. Shelton, Pleasant street, Covington, Tenn., says: "Once I seemed a helpless invalid, but now I enjoy the best of health. Kidney disease brought me down terribly. Rheumatic pains and pains made every movement painful. The secretions were disordered and my head ached to distraction. I was in a bad condition, but medicines failed to help. I lost ground daily until I began with Doan's Kidney Pills. They helped me at once and soon made me strong and well."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

There is some bliss that is not ignorance.

Hicks' Capidine Cures Nervousness. Whether tired out, worried, overworked, or what not. It refreshes the brain and nerves. It's liquid and pleasant to take. 10c., 25c., and 50c., at drug stores.

Little dogs start the hare, but great ones catch it.—Italian.

DEATH TO RING WORM. "Everywhere I go I speak for TETTERIN, because it cured me of ringworm in its worst form. My whole chest from neck to waist was raw as beef, but TETTERIN cured me. It also cured a bad case of piles." So says Mrs. M. F. Jones of 28 Tannehill St., Pittsburg, Pa. TETTERIN, the great skin remedy, is sold by druggists or sent by mail for 50c. Write J. T. SHUPRINE, Dept. A, Savannah, Ga.

Don't be afraid of rebuffs. This may be your empolyer's method of trying your grit.

What a Poultry Man Says About 20-Mule Team Borax

As I am in the poultry business, I had ten white chicks to wash and prepare for a show. I used "20-Mule Team" Soap for washing the birds, and I can say from years of experience washing white birds, never before have I found a soap or Borax that cleaned my birds so fine and easy. I had a great deal of comment on my birds being so white. J. A. Dinwiddie, New Market, Tenn.

All dealers—1/2, 1 and 5 lb. cartons. Sample and booklet, 5c. Pacific Coast Borax Co., New York.

Some men just wont foot a bill without kicking.

To Drive Out Malaria and Build Up the System

Take the Old Standard GROVE'S TASTELESS CHILL TONIC. You know what you are taking. The formula is plainly printed on every bottle, showing it is simply Quinine and Iron in a tasteless form, and the most effective form. For grown people and children, 50c.

Freakishness doesn't indicate individuality. So. 28-'08.

Ladies Can Wear Shoes One size smaller after using Allen's Foot-Ease, a powder. It makes tight or new shoes easy. Cures swollen, hot, sweating, aching feet, ingrowing nails, corns and bunions. At all druggists and shoe stores, 25c. Don't take any substitute. Trial package FREE by mail. Address Allen S. Olmsted, LeRoy, N. Y.

A woman at Steubenville gave birth to quintuplets.

FITS, St. Vitus' Dance, Nervous Diseases, permanently cured by Dr. Kline's Great Nerve Restorer. \$3 trial bottle and treatise free. Dr. H. R. Kline, Ltd., 931 Arch St., Phila., Pa.

Let the fame of a patriot be dimmed it should be explained, protests the Louisville Courier-Journal, that when the author of a just published history says that Lincoln, upon the occasion of his inaugural address, "was surrounded by a number of press agents" he means representatives of the press.



Proof is inexhaustible that Lydia E. Pinkham's Vegetable Compound carries women safely through the Change of Life.

Read the letter Mrs. E. Hanson, 304 E. Long St., Columbus, Ohio, writes to Mrs. Pinkham:

"I was passing through the Change of Life, and suffered from nervousness, headaches, and other annoying symptoms. My doctor told me that Lydia E. Pinkham's Vegetable Compound was good for me, and since taking it I feel so much better, and I can again do my own work. I never forget to tell my friends what Lydia E. Pinkham's Vegetable Compound did for me during this trying period."

FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness or nervous prostration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

Modern Farm Methods As Applied in the South.

Notes of Interest to Planter, Fruit Grower and Stockman

Some Remedies for Cabbage Pests.

At the last meeting of our Farmers' Union some one asked what to do for an insect that was eating cabbage, but could not be found. The reply was, that it was a bug which burrowed in the soil when not eating; and there was no remedy except thorough cultivation preceded by thorough preparation of the soil before planting time. Another member said to try sprinkling the plants and ground around them, with a solution of saltpetre, using two teaspoons of powdered saltpetre to a pail of water. He also gave this as a preventative of the ravages of the beetle that so often injures squash, melon and cucumber plants. It does not kill, perhaps, but drives away the bug, which answers the same purpose. Sometimes a second application is necessary.

Saltpetre and water are said to be good for cabbage worms. Sometimes sprinkling ashes or garden dust on the cabbage while the dew is on will kill the worms; but the surest remedy is a teaspoonful of Paris green to forty tablespoons of flour, sprinkled on the cabbage while damp with dew, or use Paris green in solution sprinkled on later in the day. Many are afraid to use Paris green, because it is poison; but the growth of cabbage is from the inside, and the remedy is applied to what later becomes the loose outside leaves and cannot injure any one. Should any enter the inner part of the head, the first good rain would wash it all away; or the washing when the cabbage is prepared for table renders it perfectly harmless.—Progressive Farmer.

Lettuce Growing Wrinkles.

A combination method of indoor and outdoor lettuce culture that sometimes works nicely is starting head lettuce in the greenhouse, hot-bed or cold frame and transplanting to the open as soon as the weather is favorable. Not only do we thus get earlier lettuce, but the development of head lettuce seems to be very fine under these conditions. Deacon, Big Boston, May King, Black Seeded Tenisball, Market Gardener's Private Stock, Iceberg and Improved Hanson are varieties suitable for this combination culture.



Grand Rapids Lettuce Plant. [Growth in pot for transplanting to bench or box.]

The last two are curly leaved varieties, but under proper cultural conditions form good heads. The plants are started in the greenhouse, transplanted into flats and hardened off in the cold frames. They are then set in the open ground in rows fifteen inches apart and about ten inches apart in the row.

Another wrinkle in the growing of early lettuce is to grow the plants in pots until about the size of that shown in the figure and then transplanted to flats, in which the plants are grown to maturity or at least a salable size.—New York Witness.

How to Avoid Red Bugs.

Red bugs (called also chigoe, chigre, jigger and several other names) are frequently given as a reason why chickens hatched late in spring cannot be grown successfully in the South. These little mites can be avoided without great trouble, so that chicken raisers can have success with late hatched chicks if they will. When the little birds run among all sorts of green things, the red bugs get on them and burrow into the flesh, causing trouble that for small chicks is far more serious than when the bugs burrow into the flesh of man. A cure is troublesome at the best, and the necessity of a cure is not infrequently a serious matter. By keeping the pests off the chicks, all trouble is avoided.

How can they be kept off? If the chicks are constantly on bare ground, there will be no chance for the bugs to get on them. One successful poultryman makes it a practice to fence in his small chicks under fruit trees, the ground being plowed or spaded till there is not a spear of grass anywhere. It becomes necessary then, of course, to supply enough green feed, both for the chicks and their mothers. This particular poultryman keeps each hen

in a coop, with provisions for the little fellows to run in and out as they like. They soon learn where their own mothers are, and there is very little likelihood of any cross hen having the chance to peck the chicks of other hens.

Sanitary precaution makes it advisable to move the coops about to fresh ground frequently, also to stir the soil all over the enclosure to get the droppings under the earth. A small wheel, hoe, or push plow will turn the mellow earth over two inches deep quickly and easily. In order that the chicks may have something to do, which will prevent them from getting into mischief, grain may be worked into the soil for them to scratch out. They will soon learn to do the work and will enjoy it. Indeed, they will be so eager to get at it if they are kept as hungry as they should be, that they will get in the way when the grain is being worked into the soil. The enclosure should not be too small for the number of chicks it contains, or they will not have room to exercise sufficiently and the earth may get so filthy as to be positively poisonous.

Will not some reader report what his or her experience is in managing the red bug evil among poultry?—Chas. M. Scherer.

Around the Farm.

Steer clear of notions in farming. What does that mean? Just this: Have nothing to do with Belgian hares. Leave the ginseng fad out. There is nothing in them for the everyday farmer. Same way about frog culture, raising skunks and all that sort of thing. Be enterprising, but let it be along lines of legitimate farming.

There is a lot of talk all the time about the best ways of keeping up the fertility of our lands. The best way that anybody ever has thought out is to keep stock. Good, old-fashioned barnyard manure is the most natural fertilizer in the world. The more we can get of it the better off we will be.

Keep a steady hand on the wheat crop. Do not be influenced very greatly by the fluctuations in the market. Plan to grow a good piece next year. It will all be needed and will bring a fair price.

Prices for pork have been high and will be again. That means that we should get in large crops of corn this spring. Plan for it, work for it. How? By making your soil rich, by plowing the very best you can, by thorough cultivation, by using first-class seed and by caring for the crop after it is on the way.

Some men never think of bringing in a pail of water at their own homes. They will go away to somebody else's home and do lots of little chores and smile all the time. Isn't your wife just as thankful for these little attentions as your neighbor's wife is?

I see our friend Jones never fails to go to town twice a week to help save the country at the grocery store congress. Meanwhile his sheep crawl through the bottom wire fence and have a good time among the corn-stalks he is too busy to husk out.—Home and Farm.

Killing Cut Worms and Potato Bugs.

A correspondent asks how to kill cutworms. If the garden had been plowed at intervals during winter, the cutworm larvae would have been exposed and killed and there would have been no cutworms this spring. Wheat bran moistened with syrup and arsenic acid, made into little balls and laid about on the ground, will attract them by the sweetness, and poison them. Air-slacked lime will kill them, but injure the plants. To apply the lime, set a tin can or paper cone over the plant to protect it, put a circle of lime completely around, remove the can or paper cone cover next plant, apply lime, etc. It is not so tedious as it seems.

Several ask how to kill potato bugs. One pound of Paris green to two hundred barrels of water, apply with a spraying machine; or one pound of Paris green to twenty-five pounds of flour thoroughly mixed and sifted on the plants from a thin muslin sack while the dew is on, is a safe remedy. If one has a small patch in the garden, use in proportion of one tablespoon of Paris green to forty tablespoons of flour. Sometimes it is necessary to repeat in a week or ten days. Do not wait until potato vines are half-eaten up before applying. Begin as soon as the bugs begin. Partly destroyed vines mean an injured and lessened crop.—Progressive Farmer.

There are 40,000 lakes in Newfoundland.

News of the Day.

A 12-year-old boy saved his parents and three other adults whose sailboat had turned turtle in Lake Erie.

President Roosevelt received six persons and talked to Casper Whitney about big game.

Alfred Ben Smith, 15 years old, was drowned in the Appomattox river while trying to rescue William Smith, 12 years old.

Current Events.

The statute of Lieut.-Gen. Phil Sheridan by Borglum, intended for Washington, has been cast in plaster.

Count Zeppelin's airship remained up nearly seven hours and made 341-2 miles an hour, everything working well.

The trial of Prince zu Eulenburg on the charge of inciting to perjury in the "round table" revelations case began in Berlin.

Habitual Constipation

May be permanently overcome by proper personal efforts with the assistance of the one truly beneficial laxative remedy, Syrup of Figs and Elixir of Senna, which enables one to form regular habits daily so that assistance to nature may be gradually dispensed with when no longer needed as the best of remedies, when required, are to assist nature and not to supplant the natural functions, which must depend ultimately upon proper nourishment, proper efforts, and right living generally. Forget its beneficial effects, always buy the genuine

Syrup of Figs and Elixir of Senna manufactured by the CALIFORNIA FIG SYRUP CO. ONLY SOLD BY ALL LEADING DRUGGISTS. One size only, regular price 50¢ per bottle.

Laziness begins in cobwebs and ends in iron chains.—Spanish.

DOCTOR SAID "USE CUTICURA"

For Bad Case of Eczema on Child—Disease Had Reached a Fearful State—Order Resulted in Cure.

"When I was small I was troubled with eczema for about three months. It was all over my face and covered nearly all of my head. It reached such a state that it was just a large scab all over, and the pain and itching were terrible. I doctored with an able physician for some time and was then advised by him to use the Cuticura Remedies, which I did and I was entirely cured. I have not been bothered with it since. I used Cuticura Soap and Cuticura Ointment, but do not know exactly how much was used to complete the cure. Miss Anabel Wilson, North Branch, Mich., Oct. 20, '07."

Ellenborough's Sarcasm.

There are few places that have given birth to more humor and wit than the court room. Many have heard of the humor of the famous Lord Ellenborough.

One day a young member of the bar rose to address the Court in a grave criminal case. "My unfortunate client"—he began; repeated it two or three times, and then stopped short.

"Go on, sir, go on!" said Ellenborough. "So far the Court is with you."—New York Tribune.

The best gold pens are tipped with an alloy of osmium and iridium. Gold pens are alloyed with silver to about sixteen-karat fineness.

Why He Could Not Change.

The story is told of a Dutchman who certainly needed the service of the far-famed "Lady from Philadelphia," if ever any one required her assistance.

He was assigned to a seat in the coach which obliged him to ride backward through the Black Forest. At the first stopping place he asked the postmaster to give him another seat, saying it made him ill to ride backward.

"Ask the man opposite to change with you," said the postmaster, gruffly. "But there is nobody opposite to me," complained the Dutchman, "so I cannot ask him."—Youth's Companion.

WIFE WON.

Husband Finally Convinced.

Some men are wise enough to try new foods and beverages and then generous enough to give others the benefit of their experience.

A very "conservative" Ills. man, however, let his good wife find out for herself what a blessing Postum is to those who are distressed in many ways, by drinking coffee. The wife writes:

"No slave in chains, it seemed to me, was more helpless than I, a coffee captive. Yet there were innumerable warnings—waking from a troubled sleep with a feeling of suffocation, at times dizzy and out of breath, attacks of palpitation of the heart that frightened me.

"Common sense, reason, and my better judgment told me that coffee drinking was the trouble. At last my nervous system was so disarranged that my physician ordered 'no more coffee.'

"He knew he was right and he knew I knew it, too. I capitulated. Prior to this our family had tried Postum but disliked it, because, as we learned later, it was not made right.

"Determined this time to give Postum a fair trial, I prepared it according to directions on the pkg.—that is, boiled it 15 minutes after boiling commenced, obtaining a dark brown liquid with a rich, snappy flavor similar to coffee. When cream and sugar were added it was not only good but delicious.

"Noting its beneficial effects in me the rest of the family adopted it—all except my husband, who would not admit that coffee hurt him. Several weeks elapsed during which I drank Postum two or three times a day, when, to my surprise, my husband said: 'I have decided to drink Postum. Your improvement is so apparent—you have such fine color—that I propose to give credit where credit is due.' And now we are coffee-slaves no longer."

Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

Concrete Belt Armor.

The use of re-enforced concrete armor on warships has recently been suggested. An Italian engineer, Lorenzo d'Adda, has been led by the success of concrete land fortifications, as revealed in the Russian-Japanese war, to construct armor plates of re-enforced concrete, covered with thin plates of steel, as a protection against the immediate effects of the impact of shells. Concrete armor plates, even when re-enforced by stout and closely inlaid iron bars, must obviously be much thicker than hardened steel armor, but as the specific gravity of the material is only one-third that of steel the weight of the armor need not be increased, while its cost may be very greatly diminished. The substitution of re-enforced concrete for steel armor on a first class battleship would effect a considerable saving. The practicability of the substitution will be decided by the result of experiments, soon to be made, on the effect of shots on the re-enforced concrete plates.—Scientific American.

Mrs. Compton, widow of a Washingtonian, won a \$360,000 verdict from the Wabash over rights of way in Ohio.

KEEP YOUR SKIN HEALTHY.

TETTERIN has done wonders for sufferers from eczema, tetter, ground itch, erythema, infant sore head, chaps, chafes and other forms of skin diseases. In aggravated cases of eczema its cures have been marvelous and thousands of people sing its praises. 50c. at druggists or by mail from J. T. SHUPRINE, Dept. A, Savannah, Ga.

Law is the perfection of reason.—Coke.

Capidine Cures Indigestion Pains, Belching, Sour Stomach, and Heartburn, from whatever cause. It's Liquid. Effects immediately. Doctors prescribe it. 10c., 25c., and 50c., at drug stores.

Don't be afraid to play the game honestly. Honesty always wins out.

Mrs. Winslow's Soothing Syrup for Children's teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c. a bottle.

Let every man praise the bridge he goes over.—Latin.



Libby's Cooked Corned Beef

There's a big difference between just corned beef—the kind sold in bulk—and Libby's Cooked Corned Beef. The difference is in the taste, quality of meat and natural flavor.

Every fiber of the meat of Libby's Cooked Corned Beef is evenly and mildly cured, cooked scientifically and carefully packed in Libby's Great White Kitchen

It forms an appetizing dish, rich in food value and makes a summer meal that satisfies.

For Quick Serving:— Libby's Cooked Corned Beef, cut into thin slices. Arrange on a platter and garnish with Libby's Chow Chow. A tempting dish for luncheon, dinner, supper



Write for free booklet—How to Make Good Things to Eat. Insist on Libby's at your dealers. Libby, McNeill & Libby, Chicago

RESURRECTED SONGS

This book contains the songs that our fathers and mothers sang. Songs that were the old time Gospel songs that can not die. RESURRECTED SONGS, 32 cents per copy; \$1.75 per dozen, prepaid. J. D. VAUGHAN, Clayton St., Athens, Ga.

GIN REPAIRS

SAWS, REBS, Drastic Twine, Rabbit, &c., for any make of GIN ENGINES, BOILERS and PRESSSES and Repairs for same. Shoring, Pulleys, Belting, in fact, all kinds of work. Sizing and Lath Mills, Gasoline Engines and Repairs. J. OMBARD IRON WORKS AND SUPPLY COMPANY, Augusta, Ga.



FRED. F. FIELD CO., Brockton, Mass.

MRS. FRANK STROEBE



A Remarkable Recovery.

Mrs. Frank Stroebe, R. F. D. 1, Appleton, Wis., writes: "I began using Peruna a few months ago, when my health and strength were all gone, and I was nothing but a nervous wreck, could not sleep, eat or rest properly, and felt no desire to live. Peruna made me look at life in a different light, as I began to regain my lost strength.

"I certainly think Peruna is without a rival as a tonic and strength builder." Peruna is sold by your local druggist. Buy a bottle today.

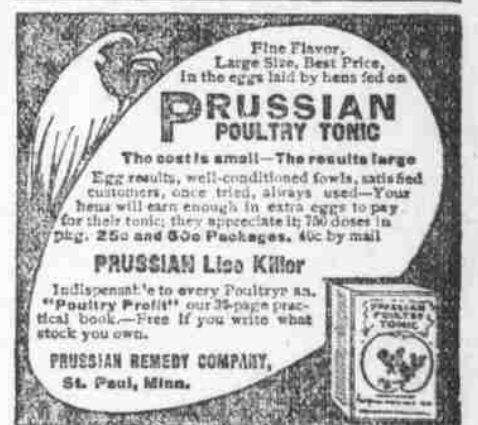
OUTDOOR LIFE AND



CUTICURA

Should be inseparable. For summer eczemas, rashes, itchings, irritations, inflammations, chafings, sunburn, pimples, blackheads, red, rough, and sore hands, and antiseptic cleansing as well as for all the purposes of the toilet, bath, and nursery, Cuticura Soap and Cuticura Ointment are invaluable.

Sold throughout the world. Depot: London, 77, Charterhouse St.; Paris, 8, Rue de la Paix; Australia, R. G. Davis & Co., Sydney; India, B. K. Paul, Calcutta; Japan, Maruya, Ltd., Tokio; So. Africa, Lennox, Ltd., Cape Town; E. A. Foster Drug & Chem. Corp., Sole Props., Boston. Post-free, Cuticura Book on Care of Skin.



Harold Somers, 240 South Ave., Brooklyn, N. Y. If a method with which you can see, use Thompson's Eye Water. So. 28-'08.