

Look For This Name

Libby's On Packages of **Olives and Pickles**

—It's a quality mark for exceptionally good table dainties. Our Manzanilla and Queen Olives, plain or stuffed, are from the famous olive groves in Spain.

Libby's Sweet, Sour and Dill Pickles are piquant and firm. Your summer meals and picnic baskets are not complete without them.

Insist on Libby's at your grocer's.

Libby, McNeill & Libby
Chicago

CALL FOR Lookout Biscuit

STANDARD OF EXCELLENCE
SOUTHERN MADE
CHATTANOOGA BAKERY
CHATTANOOGA, TENN.

LITTLE WONDER 10 CENTS RECORDS

all selections. Write for circular issued each week. Little Wonder Record Albums, 10c each, holds 20 Records. Give us the names of 5 persons having talking machines and we will mail you prepaid 1,000 loud or soft tone talking machine needles, 10 papers value 50c for 35c. Will play on any disc machine.

UNITED 6-10-25 STORES
937-939 W. Baltimore St. BALTIMORE, MD.

Callon furniture cleaner, quart carpet and clothes cleaner, plus peroxide, (powder form), 12c each, all three 35c. John Cochran, Graysville, Ohio

Sawed-Off Sermon.

Where ignorance is bliss it is folly for a woman to acquire wisdom by going through her husband's pockets.

To Fortify the System Against Summer Heat

Many users of Grove's Tasteless Chill Tonic make it a practice to take this old standard remedy regularly to fortify the system against the depressing effect of summer heat, as those who are strong withstand the heat of summer better than those who are weak. Price 50c.

Electricity Kills Insects.

A process has just been developed in the department of agriculture by means of which insects and pests may be killed by electricity. The process consists in the application of salt water to the ground that is to be treated, and then causing a current of electricity to pass through the soil. The current generates a gas which will instantly kill all germs, larvae and insect pests in the soil, without in any way injuring the vegetation. A large area of ground can be treated by digging shallow trenches in which a powerful current can be developed.

Who Is the Boss?

The superintendent of a big department store in Boston conducts a school of salesmanship in his establishment, and one of the first questions he puts to his class of beginners is: "Who is the boss?"

After salesmen pupils have guessed every official about the establishment, the superintendent explains: "No, no, no; he is not the boss. The real boss in this store is the customer. It's the customer that you and I are here to please. It's the customer who pays your wages and mine. Now, if you are sitting behind your counter, doing nothing, and you see me coming, don't jump up; but if you see the customer—the boss—coming, jump! That always makes a deep impression."

The lesson is a good one to memorize.—Retailers' Journal.

For Pure Goodness

and delicious, snappy flavor no other food-drink equals

POSTUM

Made of wheat and a bit of wholesome molasses, it has the rich snap and tang of high-grade Java coffee, yet contains no harmful elements.

This hot table drink is ideal for children and particularly satisfying to all with whom coffee disagrees.

Postum comes in two forms: The original Postum Cereal requires boiling; Instant Postum is made in the cup instantly, by adding boiling water.

For a good time at table and better health all 'round, Postum tells its own story.

"There's a Reason"

Sold by Grocers everywhere.

The KITCHEN CABINET

Are you in earnest? Seize this very minute What you can do, or think you can, begin it. —Goethe.

VALUABLE HINTS.

Have you gone through your home this spring putting away many pieces of bric-a-brac too choice with association to give away, perfectly useless, incongruous things taking up space and causing needless handling to keep in order. If not, do so, for the sake of the comfort of your family. If the things have real value shut them away for a time at least and they will be all the more appreciated when brought out again.

Emerson says, "a lady is serene," doctors tell us that hurry like worry is death to good looks and an enemy to health as well. The people who accomplish the most in the world are those who plan their work well and serenely accomplish it. Did you ever time yourself on a certain piece of work; for example the making and frying of a rule of doughnuts? If so you will know the time needed and will know what to plan for. Of course, there are always the unexpected interruptions which we cannot plan on, but it is wise to know the length of time it takes to do certain pieces of work. If mistresses had a better understanding of these things there would be more peace and harmony in the household. A maid who had a two weeks' washing under way should not be asked to prepare a dinner for invited guests. It is such inconsiderate women who are helping to keep the servant problem still unsolved, and are always looking for a servant. If one is possessed with the precious power of concentration, use an alarm clock and set it at the time that the dinner is to be started or the bread put into or taken out of the oven. It takes but an instant to provide this security and it so relieves the mind that the whole attention may be put upon what ever work is at hand.

Tapoca baked with sour apples and served with sugar and cream is another simple and wholesome dessert.

When we learn to keep our sense of proportion, and know that, however, desirable it may be to have the washing out early, a sweet temper, a calm and quiet mind are much more to be desired and vastly more appreciated by the home folks.

An aim in life is the only fortune worth finding; and it is not to be found in foreign lands, but in the heart itself.—R. L. Stevenson.

A man has to live with himself and he should see that he always has good company.—Chas. Hughes.

OLD-FASHIONED DISHES.

With all the new and fancy dishes that are daily being originated and which we enjoy, there are none, no matter how tasty that quite take the place of the things we knew and liked in childhood.

Sally Lunn.—Separate the yolks from the whites of two eggs, beat the yolks, add a tablespoonful of sugar, a tablespoonful of shortening, a cupful of milk, a half teaspoonful of salt, and one and a half cupfuls of flour, sifted, with two teaspoonfuls of baking powder, beat again and fold in the well-beaten whites of the eggs and bake in three piepans. The mixture should not be more than half an inch thick in each. As soon as they are baked, butter and pile them one on top of the other and send to the table piping hot.

Horseradish Sauce.—Take a cupful of freshly grated horseradish, one teaspoonful of salt, a half teaspoonful of sugar, a dash of cayenne, two tablespoonfuls of lemon juice; mix well and just before serving add a half cupful of whipped cream.

Popovers.—Beat two eggs without separating, add a cupful of milk, and then add this slowly to a cupful of flour mixed with a teaspoonful of salt. Grease very hot gem pans and bake 40 minutes in a hot oven.

Corn Bread.—Beat two eggs very light, add a tablespoonful of sugar, a teaspoonful of salt, a cupful of flour, sifted with two teaspoonfuls of baking powder, a cupful and a half of sour milk, two tablespoonfuls of softened butter and a half teaspoonful of soda dissolved in the milk. Bake in a well greased dripping pan.

Dumplings.—Take a cupful of milk, add one egg, a little salt and flour, enough to make a stiff mixture; add two teaspoonfuls of baking powder. Drop from a spoon and cook eight minutes without removing the cover. If a teaspoon is used for dropping, eight minutes is sufficient time for cooking.

Raisin Pie.—Grate the rind and chop the pulp of a lemon, add a cupful of raisins, a pinch of salt, a half cupful of molasses, a tablespoonful of butter. Boil together one cupful of sugar (brown) a half cupful of flour and two cupfuls of water five minutes; add the other ingredients and bake in two crusts.

Nellie Maxwell.

INTERNATIONAL SUNDAY SCHOOL LESSON

LESSON FOR JULY 9

THE THESSALONIAN CHRISTIANS.

LESSON TEXT—I Thess. 2:17-20; 4:13-18; 5:14-24.

GOLDEN TEXT—If we believe that Jesus died and rose again, even so them also that are fallen asleep in Jesus will God bring with him.—I Thess. 4:14 R. V.

This epistle is probably one of the earliest of Paul's letters (A. D. 50-53). It links itself closely with the seventeenth chapter of the Book of Acts. Driven from Berea, Paul goes to Athens and later to Corinth, while Timothy returns to Thessalonica and carries a report to Paul at Corinth. Whereupon, perhaps within six months, Paul writes his epistle. A study of the two letters addressed to this church teaches us how Paul advised and instructed his Gentile converts. The first is a particularly cheerful, positive and helpful exhortation.

1. Thanksgiving and Testimony (1:1-10); (2) Salutation (1:11-17); (3) Knowledge in Paul's mind (v. 4). They were "elected" to salvation, holiness and likeness to Jesus (vv. 5-9; I Pet 1:2; Eph. 1:4, 5; Rom. 8:29); (4) Testimony (vv. 6-10). Paul could appeal to the known conduct of himself and his friends to substantiate, to prove, the standing of those candidates for holiness who had been "elected." His words had not come to them in mere exhortation and eloquence but "also in power," which governed their conduct. This was not to win applause, but in his own case he labored for their sakes (v. 5) and in their case they had received the word "with joy" in the midst of affliction to the end that they became examples (patterns or types; literally, like the far echoing notes of a trumpet) (v. 7) to all that dwell in the regions thereabout. Their obedience, consistency and missionary spirit (vv. 8-10) sounded forth everywhere and all that needed to be done was to say, "Behold the church of Thessalonica!" (5) Paul's glory and joy (2:17-20). Paul sets forth his character as a Christian worker (2:1-16). (a) His physical boldness (vv. 1, 2); (b) his faithful, impartial teaching (vv. 3-6), affectionately kind (v. 7), unselfish, working for his own support (v. 9), holy and consistent (13-16). No one "had anything on him," and such a life dares to be bold, though it is not free from persecution (v. 15). (6) Paul's desire (2:17-20). He here sets forth why this letter was written. Separated from them by persecution, he desires to return and supply the things they were yet lacking and to see face to face those whom he loved. Satan prevented (v. 18) doubtless using the bitter persecution stirred up against him. He had therefore sent Timothy from Berea to comfort them (3:15), who had made such a good report (3:1-10) that it urged Paul to greater prayer (vv. 11-13) on their behalf.

II. Ignorance Illumined (4:13-18). Paul rebukes certain sins (4:1-12), exhorting them to godliness and to love one another. He then touches upon a doctrine which was one of his strongest reasons for writing to these Thessalonians. The imminent return of Christ had been strongly emphasized, but in the months of Paul's absence some of their number had died, died without seeing Christ's promised glory. Would those who remained have any advantage over the dead saints when Christ should come? It is to set their thinking aright that Paul writes. This he does by outlining the great and blessed hope of the church in its "rapture" at Christ's coming. This is more clearly set forth here than anywhere else in the New Testament. Those who mourned over departed loved ones are not to "sorrow as those who had no hope." Jesus the risen, everlasting Savior and King is certainly coming again in his kingdom of glory, "with a shout, with the voice of the archangel." Their sorrow is not that of the world, for those departed are but "sleeping" and will come back with Jesus when he comes. Together they who sleep and they who are alive shall be caught up "to meet the Lord in the air," all to dwell together forevermore with the Lord.

Paul's description of the events of this second coming, this rapture of the church, has not yet been fulfilled but he and the disciples were not taken as to its nearness, its imminence.

III. The Hope of Church and Str. (5:14-24). The letter closes with moral exhortations with reference to spiritual leaders, care of one another, the spirit of prayer; and he exhorts them not to "quench the Spirit" by despising prophesying, that preacht and testifying which can be exercised by the weakest, feeblest member of the church; if he be Spirit-endued.

NOT A FRIEND TO BE SOUGHT

Man Who Continually "Blows His Own Horn" is as a General Principle to Be Avoided.

Beware of the person who is continually telling you of the good he's doing. Something about that man is not right.

He has some reason for desiring to make you think him better than he is. He either wants to work you into something, or he wants to reach someone else through you.

The man who does deeds of kindness, prompted by a heart which is right, seldom tells of them. He might mention one to an intimate friend, perhaps, but then only incidentally.

The man who gives, not because he really wants to do so, but because of some selfish desire, will never get credit any higher than his own roof. His desire for effect and his insincerity make him a man to be avoided—never trusted.

Look out for the man who wants you to turn his grindstone.

CARE FOR YOUR HAIR

Frequent Shampoos With Cuticura Soap Will Help You. Trial Free.

Precede shampoo by touches of Cuticura Ointment if needed to spots of dandruff, itching and irritation of the scalp. Nothing better for the complexion, hair, hands or skin than these super-creamy emollients. Also as preparations for the toilet.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

Seven-League Boots.

Two Saxon cavalymen were overheard in conversation. One was a big fellow from a guard regiment, the other was a little fellow—a hussar. Each was standing up for his corps. But the last word was with the big guardsman. "Do you know, you runt," said he, "that when a company of you pygmies come along and you find a guard's cast-off boot lying on the road, your captain calls out: 'Look out for the tunnel!'"

AN ARKANSAS MAN TESTIFIES

Mr. J. T. Dunn, Charleston, Ark., writes: "My wife was in very poor health, not able to do her housework and in bed part of the time. The doctor said she had tuberculosis and had had it some eight or ten years and said that there was no medicine that would do her any good. Having noticed your advertisement of Lung-Vita we decided to try a bottle. She has taken four bottles and is now on her fifth. She says that she feels as well as she ever did and has gained eleven pounds in weight. We can gladly recommend your medicine to all suffering likewise."

FRECKLES

Now Is the Time to Get Rid of These Ugly Spots.

There's no longer the slightest need of feeling ashamed of your freckles, as the prescription ointment—double strength—is guaranteed to remove these homely spots. Simply get an ounce of ointment—double strength—from your druggist, and apply a little of it night and morning and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than one ounce is needed to completely clear the skin and gain a beautiful clear complexion.

Be sure to ask for the double strength ointment, as this is sold under guarantee of money back if it fails to remove freckles.—Adv.

The Reason.

"Only a human paradox can put a weather sign on a steeple."

"Why so?"

"Because he is the only kind of man who can be successful in a vane attempt."

ELIXIR BABEK A GOOD TONIC

And Drives Malaria Out of the System. "Your Babek" acts like magic; I have given it to numerous people in my parish who were suffering with chills, malaria and fever. I recommend it to those who are sufferers and in need of a good tonic.—Rev. S. Szymanski, St. Stephen's Church, Perth Amboy, N. J.

ELIXIR BABEK, 50 cents, all druggists or by Pareels Post, prepaid, from Kloczowski & Co., Washington, D. C.

People who are fond of music do not necessarily care for grand opera.

To remove soreness use Hanford's Balsam. Adv.

It's the bald-headed man who never says "dye."

CALOMEL MAKES YOU SICK, UGH!

IT'S MERCURY AND SALIVATES

Straighten Up! Don't Lose a Day's Work! Clean Your Sluggish Liver and Bowels With "Dodson's Liver Tone."

Ugh! Calomel makes you sick. Take a dose of the vile, dangerous drug tonight and tomorrow you may lose a day's work.

Calomel is mercury or quicksilver which causes necrosis of the bones. Calomel, when it comes into contact with your bile crashes into it, breaking it up. This is when you feel that awful nausea and cramping. If you feel sluggish and "all knocked out," if your liver is torpid and bowels constipated or you have headache, dizziness, coated tongue, if breath is bad or stomach sour, just try a spoonful of harmless Dodson's Liver Tone.

Here's my guarantee—Go to any drug store or dealer and get a 50-cent bottle of Dodson's Liver Tone. Take a spoonful tonight and if it doesn't

Experimenting on Wheat.

The slender angular head of the wheat stalk with its needlelike barbs—the characteristic of the American-grown crop—is doomed, if Professor William F. Freedman, graduate of Cornell university, is successful in experiments in wheat production. Professor Freedman has at his disposal wheat specimens gathered from all quarters of the globe. Among these is the "beardless" and "forked-head" product of Russia. His experiments aim primarily to reproduce an acclimated American wheat that possesses the "beardless" and "forked-head" or triploid properties of the Russian stalk.

Not Enough.

"Yes," said the business man to the college graduate who had applied for a job. "I think I can find a place for you, but of course you will have to start at the bottom of the ladder. Your salary will be \$10 a week to begin with."

"Ten dollars!" exclaimed the young man. "Why, my father has been paying me more than that for going to college."

Tetterine Cures Itching Piles.

Fort Scott, Kansas.

Again I am calling for the best salve I ever used. Enclosed find \$2.50. Send me one-half dozen boxes of Tetterine.

N. J. Kipp.

Tetterine Cures Eczema, Tetter, Ring Worms, Boils, Rough Scaly Patches on the Face, Old Itching Sores, Itching Piles, Canker Sores, Chills, Corns, and every form of Scalp and Skin Disease. Tetterine 50c, Tetterine Soap 25c. Your druggist, or by mail from the manufacturer, The Shuprine Co., Savannah, GA. With every mail order for Tetterine we give a box of Shuprine's 10c Liver Pills free. Adv.

How Many?

"I would love if I dared," said the enthralled young man to the fair telephone operator, "to press some kisses upon those ruby lips."

"Yes?" said she abstractedly.

"Number, please."

For Galled Horses.

When your horse is galled, apply Hanford's Balsam of Myrrh and you can keep on working. Try it and if your horse is not cured quicker than by any other remedy, the dealer will refund your money. Adv.

Some men are long on dollars and short on common sense.

WHO IS TO BLAME

Women as well as men are made miserable by kidney and bladder trouble. Thousands recommend Dr. Kilmer's Swamp-Root the great kidney remedy. At druggists in fifty-cent and dollar sizes. You may receive a sample size bottle by Parcel Post, also pamphlet telling about it. Address Dr. Kilmer & Co., Binghamton, N. Y., and enclose ten cents, also mention this paper.

Give Your Liver a Chance

Take a time tried and proven remedy for Liver Complaints, Costiveness, Biliousness, Jaundice, Kidney Troubles, Impure or Bad Blood, Pimples, Indigestion. If suffering from these take

Dr. Thacher's Liver and Blood Syrup

Your Liver and Kidneys are your best friends if you keep them in good condition, but when neglected they become your most dangerous enemies. If you are bilious or constipated you should immediately take this great preparation—50c and \$1—all dealers.

Children Cry For

Fletcher's CASTORIA

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhoea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher.

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

900 DROPS

CASTORIA

ALCOHOL—3 PER CENT.

A Vegetable Preparation for Assimilating the Food and Regulating the Stomach and Bowels of

INFANTS & CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral.

NOT NARCOTIC.

Recipe of DR. J. C. WELLS, 1875.

Prepared by

THE CENTAUR COMPANY, NEW YORK.

40 months old

35 DROPS—35 CENTS

Exact Copy of Wrapper.