

# Too Sick To Work

Many Women in this Condition Regain Health by Taking Lydia E. Pinkham's Vegetable Compound.



### Convincing Proof of This Fact.

Ridgway, Penn. — "I suffered from female trouble with backache and pain in my side for over seven months so I could not do any of my work. I was treated by three different doctors and was getting discouraged when my sister-in-law told me how Lydia E. Pinkham's Vegetable Compound had helped her. I decided to try it, and it restored my health, so I now do all of my housework which is not light as I have a little boy three years old." — Mrs. O. M. RHINES, Ridgway, Penn.

### Mrs. Lindsey Now Keeps House For Seven.

Tennille, Ga. — "I want to tell you how much I have been benefited by Lydia E. Pinkham's Vegetable Compound. About eight years ago I got in such a low state of health I was unable to keep house for three in the family. I had dull, tired, dizzy feelings, cold feet and hands nearly all the time and could scarcely sleep at all. The doctor said I had a severe case of ulceration and without an operation I would always be an invalid, but I told him I wanted to wait awhile. Our druggist advised my husband to get Lydia E. Pinkham's Vegetable Compound and it has entirely cured me. Now I keep house for seven and work in the garden some, too. I am so thankful I got this medicine. I feel as though it saved my life and have recommended it to others and they have been benefited." — Mrs. W. E. LINDSEY, R. R. 3, Tennille, Ga.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

**Its Limit.**  
"Is there any limit to the scope of this submarine war?"  
"Only the submarine's periscope."

**Two of a Kind.**  
The high cost of pleasure appears to be keeping pace with the high cost of living. — St. Paul Pioneer Press.

**Whenever You Need a General Tonic Take Grove's**  
The Old Standard Grove's Tasteless Chill Tonic is equally valuable as a General Tonic because it contains the well known tonic properties of QUININE and IRON. It acts on the Liver, Drives out Malaria, Enriches the Blood and Builds up the Whole System. 50 cents.

**Mum's the Word.**  
Doctor—Something wrong with the baby?  
Mother—Yes, doctor; he got hold of an old dictionary some way, and chewed up two pages out of it.  
"Did you give him an emetic?"  
"Yes, doctor, but I can't get a word out of him!"

**Important to Mothers**  
Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the signature of *W. C. Little* in use for over 30 years. Children Cry for Fletcher's Castoria

**Sarcasm of the Rejected.**  
"Do you write for publication?"  
"Oh, no; merely for circulation among the editors." — Boston Transcript.

**ACTRESS TELLS SECRET.**  
A well known actress gives the following recipe for gray hair: To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and 1/4 oz. of glycerine. Any druggist can put this up or you can mix it at home at very little cost. Full directions for making and use come in each box of Barbo Compound. It will gradually darken streaked, faded gray hair, and make it soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off. Adv.

France makes elementary instruction obligatory for all children between six and thirteen years.

**What Is Uric Acid?**  
Everyone has uric acid in the system, but naturally in small quantities. Excessive amount is caused by eating too much meat and foods that ferment in the stomach. The kidneys, being the filters of the blood, are supposed to separate and throw the poisons out of the system. Weak, tired and overworked kidneys fail to do this, hence the uric acid accumulates and the urate salts are carried by the blood to the solid tissue structure, causing backache, lumbago, rheumatism, dropsy, drowsiness, and tired feeling.  
To overcome the trouble is only a matter of toning up the kidneys, and this is best done by a treatment with Anuric, three times a day. Anuric is a recent discovery of Dr. Pierce of Buffalo, N. Y., and can be obtained at any drug store.  
Experience taught Doctor Pierce that Anuric is a more powerful agent than lithin in dissolving uric acid, and it is then carried out of the system.

# HORSES PIGS and CATTLE

## OATS SUPERIOR FOR HORSES

Most Satisfactory Single Grain Ration—Musty Oats Are Dangerous—Feed Roughage.

In comparison with any of the grain rations, oats are the best single grain ration for both mature horses and colts and for mules. There is no other grain so safe to feed and from which such satisfactory results are obtained. The live stock experts of Clemson college advise, however, that it is absolutely necessary that oats be clean and entirely free from mold in order to obtain best results in feeding to colts. "Musty" oats are dangerous to colts.

A fair allowance of oats for colts after weaning is as follows:

Up to one year of age, from 2 to 3 pounds daily.

From one to three years, 7 to 8 pounds daily.

The best way to feed oats is in the whole grain, the expense of crushing not being justified unless colts suffer in teething, in which case it is advisable to feed steamed crushed oats, which are very nourishing and appetizing. It is always wise to feed plenty of roughage to growing colts. Feeding concentrated feeds in excess is discouraged, as it is important that the digestive tract be developed by distending it during the growing period. Ungainly, large-barreled colts may annoy the feeder, but this condition always disappears with maturity.

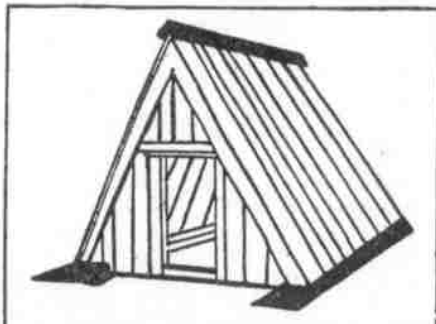
Proper feeding of colts should always be accompanied by plenty of outdoor exercise for the young animal. In no way can a colt be ruined so easily and surely as by liberal feeding with lack of exercise. Close confinement and the raising of good colts do not go together.

## SUPPLY BROOD SOW SHELTER

Structure May Be Good Without Being Expensive—It Should Be Warm and Ventilated.

(By L. A. WEAVER, Missouri College of Agriculture.)

Extremes of cold and heat injure hogs more than any other class of domestic animals, and it is especially necessary to furnish good shelter for the brood sow. The shelter may be



Portable "A" Hog House.

good without being expensive, but it should be warm and ventilated, dry and so arranged that as much sunshine as possible may get in to keep it dry and healthy.

Sunshine is a great germ killer, but should be aided by lime sprinkled where it will help control cholera and other diseases. Don't cut off the returns from the mortgage-raiser by supplying wet floors, filth, and dark quarters.

Individual hog cots and houses serve a good purpose at farrowing time.

## ROUGHNESS GOOD FOR SHEEP

Animals Are Able to Consume Considerable Quantity of Stover, Straw, Hay and Silage.

Sheep are able to consume considerable roughage such as stover, straw, hay and silage.

For this reason they are able to convert coarse farm products into mutton and wool. With pasture and roughage not much grain is required to fatten the animals.

## WHEN TO WEAN LITTLE PIGS

Nature Teaches Sow Best Time—Litter Suckling at Two Months Is Most Profitable.

Nature has taught the sow and teaches the little pigs when they should be weaned.

Sometimes the sow suckling the litter two months old pays big, for the pigs make enough more growth to pay for the extra feed.

## BOTTLE-TIGHT SHEEP BARN

Provide Proper Ventilation With Doors Opening to the South—Exercise in Sheltered Yard.

The sheep barn should be bottle tight with the proper ventilation, with

# CALOMEL SICKENS! IT'S MERCURY! DANGER

"Dodson's Liver Tone" Straightens You Up Better Than Salivating, Dangerous Calomel and Doesn't Make You Sick—Don't Lose a Day's Work—Wonderful Discovery Destroying Sale of Calomel Here.

You're bilious! Your liver is sluggish! You feel lazy, dizzy and all knocked out. Your head is dull, your tongue is coated; breath bad; stomach sour and bowels constipated. But don't take salivating calomel. It makes you sick, you may lose a day's work.

Calomel is mercury or quicksilver which causes necrosis of the bones. Calomel crashes into sour bile like dynamite, breaking it up. That's when you feel that awful nausea and cramping.

If you want to enjoy the nicest, gentlest liver and bowel cleansing you ever experienced just take a spoonful of harmless Dodson's Liver Tone tonight. Your druggist or dealer sells you a 50 cent bottle of Dodson's Liver Tone under my personal money-back guarantee that each spoon-

ful will clean your sluggish liver better than a dose of nasty calomel and that it won't make you sick.

Dodson's Liver Tone is real liver medicine. You'll know it next morning because you will wake up feeling fine, your liver will be working, your headache and dizziness gone, your stomach will be sweet and your bowels regular. You will feel like working; you'll be cheerful; full of vigor and ambition.

Dodson's Liver Tone is entirely vegetable, therefore harmless, and can not salivate. Give it to your children. Millions of people are using Dodson's Liver Tone instead of dangerous calomel now. Your druggist will tell you that the sale of calomel is almost stopped entirely here.—Adv.

### In the Same Fix.

"Ah!" said we, reading the headline, "Mrs. Lloyd-George, wife of the English premier, is a fighter, too."  
"Aw, well," replied the Missourian, "the gent hasn't got nuth'n on me on that score—so is mine!"—Exchange.

### MOTHER'S JOY SALVE

for Colds, Croup, Pneumonia and Asthma; GOOSE GREASE LINIMENT for Neuralgia, Rheumatism and Sprains. For sale by all Druggists, GOOSE GREASE COMPANY, MER'S., Greensboro, N. C.—Adv.

### Amusing.

Bill—The business men of Sacramento, Cal., have formed a Barefoot league for health and amusement objects.  
Gill—I fail to see where health is helped, but I can see the amusement part when another brother steps on a tack.

### His Special Prayer.

A little four-year-old lad whose name we won't mention enjoyed the luxury of sleeping with his mother during a short illness. After his entire recovery his mother told him one night that he was to go again to his own little room. He made no objections, but after being undressed, said to his mother:

"Mother, I want to say my prayers alone tonight."

"But for what reason?"

"Because I want to, mamma."

The mother humored him, and standing outside of the door, heard her offspring pray as follows:

"O, God make me sick; make me real sick; make me vomit; but don't dead me."

How much this Chelsea youngster wanted to sleep with his mother! — Chelsea Gazette.

### EAT LESS MEAT

Excessive eating of meat is not only tremendously expensive, but it is positively injurious to health. In place of meat try Skinner's Macaroni and Spaghetti the most delicious of all food and the richest in nutriment. They can be prepared in a hundred appetizing ways at small cost. Write Skinner Mfg. Co., Omaha, Neb., for beautiful Cook Book. It's free.—Adv.

### Mistaken Zeal.

An old Australian farmer's daughter, who had antimed the backs of her chairs, sitting by the window, he minister coming to visit "Je" was called. As she went to door, her father, not being to such finery, snatched a macassar off the chairs them under the table.

"Aye, Jean, lass, glad I yer washing out o' the way minister came in," said the when the minister had gone.

## TAKES OFF DANDRUFF HAIR STOPS FALLING

Girls! Try This! Makes Hair Glossy, Fluffy, Beautiful More Itching Scalp

Within ten minutes after cation of Danderine you can single trace of dandruff or and your scalp will not itch will please you most will few weeks' use, when your hair, fine and downy at first really new hair—growing a scalp.

A little Danderine immediately blebs the beauty of your hair ference how dull, faded, scraggy, just moisten a Danderine and carefully through your hair, taking strand at a time. The effecting—your hair will be light wavy, and have an abundance; an incomparable softness and luxuriance.

Get a 25 cent bottle of Danderine from any store, that your hair is as pretty as any—that it has been injured by careless treatment all—you surely can have better and lots of it if you will just tie Danderine. Adv.

### Half-Watt Lamp Popular

There has been a wide spread in England of the half-watt lamp for interior light. It is said that had it not been for the restrictions the lamp would probably have been the arc lamp for outside light.

## Virginia Druggists Stand Back of Reliable Kidney Medicine

We are so well pleased with the reports on Swamp-Root that we are assured that it is well worth recommending for the ailments for which it is advertised. It has proved very valuable in many instances and during the past twenty years not a single complaint has been received. It is not necessary for us to say anything more about Swamp-Root for its success is well-known and its reputation is excellent.

Very truly yours,  
POWELL VALLEY DRUG CO.  
By L. H. Clapp, Prop.,  
Pennington Gap, Va.

Nov. 4, 1916.  
**Prove What Swamp-Root Will Do For You**  
Send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample size bottle. It will convince anyone. You will also receive a booklet of valuable information, telling about the kidneys and bladder. When writing, be sure and mention this paper. Regular fifty-cent and one-dollar size bottles for sale at all drug stores.—Adv.

### Help! Help!

The Turk ought to make a good chauffeur—he's a born Auto-man.—Boston Transcript.

Send 10c to Dr. Pierce, Invalids' Hotel, Buffalo, for large trial package of Anuric for kidneys—cures backache.—Adv.

### Overheard.

"Isn't she just nice enough to eat?"  
"No; her taste is execrable."—Boston Transcript.

## STOMACH MISERY GAS, INDIGESTION

"Pape's Diapepsin" fixes sick, sour, gassy stomachs in five minutes.

Time! In five minutes all stomach distress will go. No indigestion, heartburn, sourness or belching of gas, acid, or eructations of undigested food, no dizziness, bloating, or foul breath.

Pape's Diapepsin is noted for its speed in regulating upset stomachs. It is the surest, quickest and most certain indigestion remedy in the whole world, and besides it is harmless.

Please for your sake, get a large fifty-cent case of Pape's Diapepsin from any store and put your stomach right. Don't keep on being miserable—life is too short—you are not here long, so make your stay agreeable. Eat what you like and digest it; enjoy it, without dread of rebellion in the stomach.

Pape's Diapepsin belongs in your home anyway. Should one of the family eat something which doesn't agree with them, or in case of an attack of indigestion, dyspepsia, gastritis or stomach derangement, a bottle of