

Juice of Lemons! How to Make Skin White and Beautiful



At the cost of a small jar of ordinary cold cream one can prepare a full quart of the most wonderful lemon skin softener and complexion beautifier, by squeezing the juice of two fresh lemons into a bottle containing three ounces of orchard white. Care should be taken to strain the juice through a fine cloth so no lemon pulp gets in; then this lotion will keep fresh for months. Every woman knows that lemon juice is used to bleach and remove such blemishes as freckles, sallowness and tan, and is the ideal skin softener, smoothener and beautifier.

Just try it! Get three ounces of orchard white at any pharmacy and two lemons from the grocer and make up a quart of this sweetly fragrant lemon lotion and massage it daily into the face, neck, arms and hands. It should naturally help to whiten, soften, freshen and bring out the roses and beauty of any skin. It is truly marvelous to smoothen rough, red hands. Adv.

Girls Won't Agree.

While we cannot wholly indorse the plan to impose an extra tax on bachelors, we are frank to say, having been one for many years, that it is worth it. —Topeka Capital.

This body is not a home, but an inn; and that only for a short time. —Seneca.

Novelists and Schoolgirl.

Scott never mentions a schoolgirl. Imagine Thomas Hardy fashioning a schoolgirl out of Wessex clay, or George Meredith venturing to describe Diana of the Crossways in those early years. Arnold Bennett would have created a little miniature old wife, as Van Eyck and Memling paint babies like miniature old men. H. G. Wells would depict her as incipient temptation to lead Mr. Britling, for instance, into one of a dozen romantic adventures. Galsworthy would try to fit her into an ethical system, into a niche of social justice or matrimonial ventures. Mr. Howells, one may imagine, might have essayed the task; but he would have tried to meet the difficulty of getting the right values—as a painter dabs blues on yellows to make a green—by adding to a primness, reminiscent of the Vicar of Wakefield, a few delicate hoydenish touches. As there is no such thing as a schoolgirl on the continent, French and Italian novelists do not mention her. Indeed the schoolgirl, as we see her, is an American product and modern.—H. D. Sedgwick, in the Atlantic Magazine.

To Drive Out Malaria And Build Up The System Take the Old Standard GROVE'S TASTELESS CHILL TONIC. You know what you are taking, as the formula is printed on every label, showing it is Quinine and Iron in a tasteless form. The Quinine drives out malaria, the Iron builds up the system. 50 cents.

Marital Consideration.

A considerate man who really wants to make his wife happy will look neglected and miserable at the station when she is leaving for the summer. She carries a heavy heart with her if he happens to be brutal enough to look as if he were anticipating a hot old time.—Houston Post.

SHAKE INTO YOUR SHOES

Allen's Foot-Ease, the antiseptic powder to be shaken into the shoes and sprinkled in the foot-bath. It relieves painful, swollen, smarting feet and takes the sting out of corns and bunions. Used by the British and French troops at the front. Allen's Foot-Ease is a certain relief for tired, aching feet. Sold everywhere.—Adv.

In a Sense.

"I ache all over from working in my garden yesterday."
"Growing pains, eh?"

A torpid liver condition prevents proper food assimilation. Tone up your liver with Wright's Indian Vegetable Pills. They act gently and surely. Adv.

Cockroaches can remember, and have emotions.

The Effects of Opiates.

THAT INFANTS are peculiarly susceptible to opium and its various preparations, all of which are narcotic, is well known. Even in the smallest doses, if continued, these opiates cause changes in the functions and growth of the cells which are likely to become permanent, causing imbecility, mental perversion, a craving for alcohol or narcotics in later life. Nervous diseases, such as intractable nervous dyspepsia and lack of staying powers are a result of dosing with opiates or narcotics to keep children quiet in their infancy. The rule among physicians is that children should never receive opiates in the smallest doses for more than a day at a time, and only then if unavoidable.

The administration of Anodynes, Drops, Cordials, Soothing Syrups and other narcotics to children by any but a physician cannot be too strongly decried, and the druggist should not be a party to it. Children who are ill need the attention of a physician, and it is nothing less than a crime to dose them willfully with narcotics.

Castoria contains no narcotics if it bears the signature of Chas. H. Fletcher. Genuine Castoria always bears the signature of *Chas. H. Fletcher*.

As Age Advances the Liver Requires

occasional slight stimulation.
**CARTER'S
LITTLE LIVER PILLS**
correct
CONSTIPATION
Wm. Wood
Genuine bears signature

Colorless or Pale Faces usually indicate the absence of Iron in the blood, helped by **Carter's Iron Pills**

Acrobatic Militancy.
"So your English cousin has returned to active service."
"Yes, he's back at the front."

When the good man begins to swear the bad man should be on hand to get a few pointers.

EAT SKINNER'S THE BEST MACARONI

MADE FROM THE HIGHEST GRADE DURUM WHEAT COOKS IN 12 MINUTES. COOK BOOK FREE SKINNER MFG. CO. OMAHA, U.S.A. Largest Macaroni factory in America.

SWEET POTATO PLANTS

Nancy Hall and Porto Rico's, 1,000 to 5,000 at \$5.00. 10,000 up at \$2.50. P. O. B. Here. D. F. JAMISON SUMMERVILLE, S. C.

KODAKS EXPERT DEVELOPING

All roll films developed 10c. Prints 3 to 5 cts. Prompt attention to mail orders. R. C. BERNAU, Greensboro, N. C.

GARDENERS AND SHIPPERS NOTICE

Write for stencil. We also handle eggs. FIELD VEST & CO., Wholesale Commission Merchants, 190 Reade Street, New York

DR. LAKE'S PRESCRIPTION—A GOOD medicine for RHEUMATISM, GOUT, NEURALGIA, Sciatica, etc. The Little Co., Hearst Bldg., Pittsburgh, Pa.

INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. SELLERS, Acting Director of the Sunday School Course of the Moody Bible Institute.)
(Copyright, 1917, Western Newspaper Union.)

LESSON FOR JUNE 17

THE RISEN LORD.

LESSON TEXT—John 20:2-14.
GOLDEN TEXT—But now is Christ risen from the dead, and become the first fruits of them that slept.—1 Cor. 15:20.

The death of Christ made a deep impression upon the beholders (Luke 23:48, 49). Joseph, who seems to have been a secret disciple, obtained the body, and gave it burial (Mark 15:42-47). In Mark's record we have the story of the discovery of the resurrection by the women, and Matthew tells us how his enemies dealt with that fact. Be sure to use a good harmony of the four gospels in presenting all of these lessons, else some important detail will be overlooked.

I. *Mary's Visit to the Tomb* (vv. 1-10). The Sabbath ended at sundown, and the shops were then open, and Mary Magdalene was able to purchase spices with which to anoint the dead body of Jesus. There is strong probability that the women paid a visit to the tomb late on Saturday (Matt. 28:1, R. V.). Staring the next morning, "while it was yet dark" (v. 1), they came to the tomb to perform this last service of love. Jesus had no need of such service (Matt. 16:27; 20:19), but the women were rewarded by receiving the first glimpse of the risen Lord. There were five appearances on this first day of the week: (1) to Mary Magdalene, (2) to the "other women," (3) to Peter; (4) to those on the way to Emmaus, and (5) to the ten disciples, Thomas being absent.

None of these seemed to expect Jesus to be risen, for they had each failed to listen to and ponder his words. The extent and genuineness of the affection of the women is found in that they went to serve Jesus when apparently all hope had failed (1 Cor. 13:8, R. V.). As soon as Mary saw the stone rolled away, she concluded that the tomb had been rifled, and hastened to report to the disciples (v. 2). This report of the women to the disciples was considered "as idle tales" (Luke 24:11). With intense eagerness Peter and John ran to the tomb thus reported as being robbed. John, the younger, reached the tomb first, but in reverence did not enter, only stooping to look in (vv. 4, 5). Peter, the impetuous one, rushes inside, and sees the linen clothes lying, and the napkin that had been about the head carefully folded and lying in a place by itself (v. 7). This apparently insignificant detail is one which is really significant, inasmuch as it shows that the tomb had not been rifled, leaving disorder behind. Instead of excitedly snatching the napkin from his face, and hurling it whither it might fall, he had quietly taken it off, and in an orderly way laid it aside. It is in such minute details as this that we see the greatest evidence of the veracity of this record.

II. *Mary Weeping* (vv. 11-15). The disciples returned to their own homes, and doubtless to the other disciples (v. 10), but the loving Mary remained behind in this place made sacred as having housed the body of the Lord. It is natural for us to linger in silent meditation in places of our greatest revelation or of our deepest soul experience. Jesus had told his disciples over and over again that he should rise again, and it seems strange that his enemies should have remembered it (Matt. 27:63) and his friends not.

III. *Mary Weeping* (vv. 16-18). There must have been an inflection in the voice of Jesus, for, upon the utterance of that one word, "Mary," she recognized her risen Lord. Joyfully she exclaimed, "Rabboni," that is to say, "Master" (v. 16), and would have poured out her love and worship at his feet. Jesus, however, does not suffer her to hold him fast. Mary must leave him, and tell the others. Literally, he says, "Do not lay hold of me but go and make known the glad truth that I am risen again." The risen Lord must return to "My Father" and "My God," whereas the one who would gladly have remained at his feet must go to the brethren, and make known the facts of the fulfillment of prophecy and the resurrection of our Lord.

The bribed soldiers spread abroad the tale that the disciples had stolen his body. The later lives of these disciples, their heroism and martyrdom, are evidence of the absurdity of any such act on their part.

The resurrection of Jesus is a vindication of his claim to be the Son of God. We do well to emphasize his birth, and to dwell much upon his death, yet both of these have no essential value apart from his resurrection.

Apart from this, the cross is the end of a failure. The resurrection demonstrated that Jesus Christ's redemption was not completed upon the cross. The resurrection is better authenticated than any other event in history.

The risen Lord called this weak band of disciples "my brethren" (Matt. 28:10). He is our brother still, and we are to proclaim his work of redemption, the proof of which is the resurrection, unto others who know it not, for this story is no fiction. It is the world's most tremendous and awe-inspiring and glorious fact.

DAIRY



PARTICULAR CARE FOR MILK

Flavors in Dairy Products May Be Prevented by Keeping Cows From Eating Weeds.

Don't let your dairy products taste of weeds or grass, if you can avoid it. Because butterfat absorbs flavors, particular care should be taken in handling milk, cream and butter, according to N. E. Olson, instructor in dairy husbandry in the Kansas State Agricultural college.

"The principal flavors derived from feeds are the weedy flavors," said Mr. Olson. "In the spring creameries have trouble with the wild onion flavor. This is something that the farmer cannot prevent, and is caused by early pasturing."

"Another common flavor is the half-grass flavor, produced from green feed in the early spring. It can be tasted in milk, cream, and also in ice cream. It is found in practically all dairy products in the spring."

The method of preventing these flavors is keeping the cows from eating weeds, pointed out Mr. Olson. Weedy patches in pastures should be fenced off so that the cows cannot get to them. Other flavors are produced through the feeding of alfalfa and silage. If silage is fed, it is advisable to feed it after milking rather than before.

WHY SHORTHORN IS FAVORED

Beef Must Come Along With Milk Is Claim—Dairy Cattle Breeders Have Good Reason.

One reason why the milking Shorthorn is being called to the attention of corn-belt farmers who must come inevitably to dairying, is that the corn belt is committed to beef and cannot easily give up to dairying exclusively. The farmer who takes a dairy bull calf to market and gets \$3 or \$4 for it, is likely to feel cheated, because he will remember the beef calf that grew into a likely steer and brought a good profit.

Of course, the dairy cattle breeders have their arguments—and good ones.



Shorthorns on Kansas Farm.

But the fact remains that the farmer, generally speaking, will be hard to wean away from the beef type. The Shorthorn's reputation as a leading beef animal will appeal to the farmer, for he still can have his beef along with his milk.

This argument may apply to other dual purpose cattle, perhaps, but it is especially good with a beef animal that can perform well in the dairy.

FEED COWS BEFORE CALVING

Practical Dairymen Agree That Preparation Has Much to Do With the Amount of Milk.

(By H. H. KILDEE, University Farm, St. Paul, Minn.)
The proper time to begin feeding a dairy cow is six or eight weeks before calving, and practical dairymen agree that this preparation has more to do with the amount of milk and butterfat which a cow produces during the lactation period than does the feeding during any other period.

For cows calving during the summer or early fall most dairymen like to have a small pasture away from the herd but with an abundance of grass, and, in addition, they like to feed a suitable grain mixture. Corn silage, with clover or alfalfa hay and a limited grain ration of three parts ground oats, two parts of bran and one part of oilmeal is especially good for cows calving during winter or early spring. After calving the cows should be brought slowly up to full feed and thereby steadily to a higher production.

GOOD SLOGAN FOR DAIRYMAN

Corn Silage and Other Roughage Have Value That Cannot Be Overestimated—Have Purebreds.

High-priced dairy feeds of last winter should teach the dairy farmers two things, according to the animal husbandmen at Cornell. The first is that good corn silage and other roughage have a value that cannot be overestimated; the second is that there is a greater need for good cows than ever before. This is no time to be feeding poor producers, and the man who has purebreds is getting double value for his feed. The dairyman's slogan for next year should be purebreds, a silo, and clover or alfalfa hay.

CALOMEL MAKES YOU SICK, UGH! IT'S MERCURY AND SALIVATES

Straighten Up! Don't Lose a Day's Work! Clean Your Sluggish Liver and Bowels With "Dodson's Liver Tone."

Ugh! Calomel makes you sick. Take a dose of the vile, dangerous drug tonight and tomorrow you may lose a day's work.

Calomel is mercury or quicksilver which causes necrosis of the bones. Calomel, when it comes into contact with sour bile crashes into it, breaking it up. This is when you feel that awful nausea and "all knocked out," if your liver is torpid and bowels constipated or you have headache, dizziness, coated tongue, if breath is bad or stomach sour. Just try a spoonful of harmless Dodson's Liver Tone.

Here's my guarantee—Go to any drug store or dealer and get a 50-cent bottle of Dodson's Liver Tone. Take a spoonful tonight and if it doesn't

straighten you right up and make you feel fine and vigorous by morning I want you to go back to the store and get your money. Dodson's Liver Tone is destroying the sale of calomel because it is real liver medicine; entirely vegetable, therefore it cannot salivate or make you sick.

I guarantee that one spoonful of Dodson's Liver Tone will put your sluggish liver to work and clean your bowels of that sour bile and constipated waste which is clogging your system and making you feel miserable. I guarantee that a bottle of Dodson's Liver Tone will keep your entire family feeling fine for months. Give it to your children. It is harmless; doesn't gripe and they like its pleasant taste.—Adv.

WINTERSMITH'S CHILL TONIC

Sold for 47 years. For Malaria, Chills & Fever. Also a Fine General Strengthening Tonic. 50c and \$1.00 at all Drug Stores.

Boy, Aged Nine, Kills Cougar.

Lynn Obye, only nine, of Portland, Ore., qualified as a hunter when he shot and killed a cougar that measured eight feet seven inches from tip to tip. The prowling animal was killed in the foothills of Yamhill county in the Coast Range mountains. The cougar had been killing stock of the farmers and his death was welcomed by those who had suffered from the raids upon their cattle.

WATCH YOUR SKIN IMPROVE

When You Use Cuticura—The Soap to Purify and Ointment to Heal.

On rising and retiring gently smear the face with Cuticura Ointment. Wash off Ointment in five minutes with Cuticura Soap and hot water. Continue this treatment for ten days and note the change in your skin. No better toilet preparations exist.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

His Suspicions Aroused.

Mrs. Gwendolyn Van Style—And, Griffin, always remember to offer the salver for the gentleman's card.

Griffin (elevating himself to tiptoe)—Yes'm.

Mrs. G. Van S.—And, under no circumstances, Griffin, remain waiting in the drawing-room until I come down, as you did yesterday.

Griffin (letting himself down to his heels again)—But suppose, mem, as I takes him to be a gent, mem, what'll bear watchin', mem?

**PAIN? NOT A BIT!
LIFT YOUR CORNS
OR CALLUSES OFF**
No humbug! Apply few drops then just lift them away with fingers.

This new drug is an ether compound discovered by a Cincinnati chemist. It is called freezone, and can now be obtained in tiny bottles as here shown at very little cost from any drug store. Just ask for freezone. Apply a drop or two directly upon a tender corn or callus and instantly the soreness disappears. Shortly you will find the corn or callus so loose that you can lift it off, root and all, with the fingers.

Not a twinge of pain, soreness or irritation; not even the slightest smarting, either when applying freezone or afterwards.

This drug doesn't eat up the corn or callus, but shrivels them so they loosen and come right out. It is no humbug! It works like a charm. For a few cents you can get rid of every hard corn, soft corn or corn between the toes, as well as painful calluses on bottom of your feet. It never disappoints and never burns, bites or inflames. If your druggist hasn't any freezone yet, tell him to get a little bottle for you from his wholesale house.—adv.

Man looks upon a mule as the most obstinate creature on earth, but a mule has its own opinion on that subject.

Roman Eye Balsam is an antiseptic ointment, applied externally and not a "wash." Its healing properties penetrate the inflamed surfaces, providing prompt relief. Adv.

A man is never such a bonehead that he can fool himself by lying to himself.

Lookout Biscuit

CHATTANOOGA BAKERY

Fish Are Misnamed.

Apparently every popular name for fish is a misnomer. There is a fish plentiful off the coasts of Alaska known as the atka mackerel. The bureau of fisheries patiently points out that it is not a mackerel and nothing like a mackerel. But it is an excellent food fish, and can be shipped salted. Alaska canneries have been encouraged to salt this fish, which will be known as the atkafish, and it should make its appearance in our markets in the coming winter.

Nerves All On Edge?

Just as nerve wear is a case of kidney weakness, so is kidney trouble a cause of nervousness. Anyone who has backache, nervousness, "blues," headaches, dizzy spells, urinary ills and a tired, worn feeling, would do well to try Doan's Kidney Pills. This safe, reliable remedy is recommended by thousands who have had relief from just such troubles.

A North Carolina Case

Mrs. G. G. Probst, Gaither Ave. and Eighth St., New York, N. Y., says: "I suffered from a constant dull ache across the small of my back and whenever I stooped, sharp twinges darted through me. I had headaches and dizzy spells and spots appeared before my eyes. The first box of Doan's Kidney Pills relieved me and I continued taking them until I was well. I have had no further trouble in over a year."

Get Doan's at Any Store, 50c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.



Rats and Mice Carry Disease

KILL THEM by using **Stearns' Electric Paste**
Full directions in 15 languages
Sold everywhere—25c and \$1.00
U. S. GOVERNMENT BUYS IT

50,000 ACRES OF LAND

In the Great Mattamuskeet Drainage District in Hyde County, N. C., are now opened for sale. Here are some of the richest and most productive lands in the State. Men will buy these lands as soon as they know about them. We want agents everywhere to take up the sale of these lands. We will pay a liberal cash commission. Let us tell you all about it. Include this advertisement with your letter and address (KW) New Holland Farms, Inc., New Holland, Hyde County, North Carolina.

FLAGS—FLAGS—

Buy direct from manufacturer
Two of our biggest sellers
3 x 5 FT. FLAG \$1.25
4 x 6 FT. FLAG \$2.25
FAST COLOR
INTERNATIONAL FLAG CO.
342 Canal St., N. Y. City.
Agents and Dealers Wanted

DAISY FLY KILLER

placed anywhere, attracts and kills all flies, mosquitos, gnats, etc. Kills all seasons. Made of metal, can't spill or get over; will not soil or injure anything. Guaranteed effective. Sold by dealers, or sent by express prepaid for \$1.00.

PARKER'S HAIR BALM

A toilet preparation of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c and \$1.00 at Druggists.

W. N. U., CHARLOTTE, NO. 24-1917.