

**A GUARANTEED REMEDY FOR**  
**ASTHMA**

Your SORRY WILL BE REFUNDED by your druggist without any question if this remedy does not benefit every case of Asthma, Bronchial Asthma, Hay Fever or Difficult Breathing. No matter how violent the attacks or obstinate the case.

**DR. R. SCHIFFMANN'S**  
**ASTHMADOR**

In either form (Glyceric Plus Mixture or Powder) and has permanently cured thousands who had been considered incurable, after having tried every other means of relief in vain. Sufferers are afforded an opportunity of availing themselves of this "Money-Back" guarantee offer as through purchasing from their own regular druggist, they are sure their money will be refunded by him if the remedy fails. You will be the sole judge as to whether you are not. We do not know of any fairer proposition which we could make.

**R. Schiffmann Co., Proprietors, St. Paul, Minn.**

**ABSORBINE**  
 TRADE MARK REG. U.S. PAT. OFF.

will reduce inflamed, swollen joints, sprains, bruises, soft bunnies; heals boils, poll evil, quittor, fistula and infected sores quickly as it is a positive antiseptic and germicide. Pleasant to use, does not blister or remove the hair, and you can work the horse. Book 7 M free.

**ABSORBINE, JR.**, the antiseptic liniment for mankind, reduces Painful Swollen Veins, Wens, Strains, Bruises, stops pain and inflammation. Price \$1.00 per bottle at dealers or direct. Will tell you more if you write. Liberal Trial Bottle for 10c in stamps.

**W. F. YOUNG, P. O. P. 310 Temple St., Springfield, Mass.**

**Ask for and Get**  
**CHENEY'S**  
**EXPECTORANT**

The Original Cough and Cold Remedy

**STOPS THE WORST COLD IN 24 HOURS**

Best for Colds, Coughs, Croup, Sore Throat, Whooping Cough.

**25c and 50c at all Druggists**

**WOMEN SLOWER THAN MEN**

Double the Number Required in New York Banks, but They Are More Methodical.

There is at present no woman officer of a New York city bank, and only one in New Jersey, but if the war lasts long enough it may well be, as it is in Canada now, that the banks will virtually be run by women. Already, it is estimated, 20,000 women have been taken on in the Wall street district since the United States entered the war last April, says the New York Evening Post.

Women are slower, but more careful, said an official of the Mechanics and Metals bank, so, although twice as many women as men are needed to do the same amount of work, the bank loses no money on extra salaries, because the women save hundreds of dollars which had to be paid to the clearing house for the men's mistakes. Each mistake costs \$1 and the records show that sometimes men's mistakes cost \$25 or \$30 a week.

The average downtown bank has lost 20 per cent of its men and taken on 40 per cent women. The Mechanics and Metals bank now has 60 women and they are being taken on by tens or twenties each week. So far these 60 women are taking the places of only 36 men, which shows the difference in rapidity, but the official of the bank pointed out that it would be a serious problem when the men came home for their jobs.

"Our hope is," he said, "that the business will be big enough then to accommodate them all."

**His Profits.**

"How did your patriotic garden work out?"

"I've just figured it out. We got at least twenty cents' worth of radishes out of it."

**Learn Every Day.**

Life is educational. He is indeed a dullard who doesn't learn something every day and become wiser in his methods of doing.

Peoria distillers formerly used 54,500 bushels of corn daily.

**Grape-Nuts**

A Compound made of Wheat, Barley, Salt and Yeast.

Prepared by Grape-Nut Company, Peoria, Ill., U. S. A.

**A FOOD**

**Boys & Girls THRIVE**

on the easily digested wheat and barley food.

**Grape-Nuts**

"There's a Reason"

**INTERNATIONAL SUNDAY SCHOOL LESSON**

(By REV. P. B. FITZWATER, D. D., Teacher of English Bible in the Moody Bible Institute of Chicago.)  
 (Copyright, 1917, Western Newspaper Union.)

**LESSON FOR OCTOBER 28**

**EZRA RETURNING FROM BABYLON.**

**LESSON TEXT**—Ezra 8:15-36. **GOLDEN TEXT**—The hand of our God is upon all them for good that seek him.—Ezra 8:22.

An interval of some fifty years intervenes between the dedication of the temple and the journey of Ezra to Palestine. Some stirring events in the world occurred in this time which greatly helped the Jews. It was during this time that the episode of Esther's being made queen and the elevation of Mordecai occurred, which favorably disposed the Persian government toward the Jews. The time was auspicious for Ezra to make his request unto Artaxerxes. The supreme aim of Ezra was the restoration of the true worship of Jehovah, for it is evident that the work done by Zerubbabel had largely failed of its aim. In order that Ezra might be an efficient instrument in the hands of God for the accomplishment of this purpose, he "prepared his heart to seek the law of the Lord and to do it, and to teach in Israel the statutes and judgments" (7:10). There are three stages in the experience of every true teacher. First: to seek the law of the Lord. Second: to do it. Third: to teach it to others. The last is impossible without the first two.

The royal commission granted to Ezra embraced—

(1) The return of all whose free will prompted them to do so (7:13).

(2) Ezra's being given magisterial authority over the district "beyond the river" (7:15, 26).

(3) Exemption from taxation to the Levites (7:24).

(4) Conveyance of offerings from the king and his officers (7:15, 19).

**I. Register of Ezra's Companions (1-14).** Doubtless this is a representative list of those who joined Ezra. There is clear implication that the twelve tribes are represented among those who returned. (See 2:70; 6:16, 17).

**II. Ezra Sends to Iddo for Ministers for the Temple Service (vv. 15-20).** Before the journey to Palestine was actually begun, Ezra gathered about him his companions who were to accompany him, to see whether they were representative. In this review he discovered that none of the sons of Levi were in the company. So he sent chief men to Iddo, who was doubtless the president of the school of the Levites, for ministers for God's house. In response to this appeal, 38 Levites and 220 Nethinims joined him.

**III. Ezra Seeking the Guidance of the Lord (vv. 21-23).** The journey was full of deadly perils. It lay through a region invested with Bedouin marauders, Ezra, fully conscious of these, and ashamed to ask help of the king, proclaimed a fast, in which in deep humiliation they sought the guidance and protection of God. This is a fine illustration of the independence, and yet dependence, of the men who fully trust God. His chief concern was for the honor of God's name. He had so confidently and repeatedly spoken to the king of the divine sufficiency that now to have asked for a guard of soldiers would cause him to blush with shame. In this critical hour they committed themselves to the care of Him who keepeth Israel. We should begin every journey, every undertaking, every new piece of work, every new day by seeking the direction of God. No friendship or business interest ever reaches its best unless God's hand be in it and upon it. We should not go anywhere, engage in any business or have any friendship upon which we may not ask God's blessing and aid. They sought this for themselves, for their children, and all their substance. They knew that as soon as they made God first his blessing would be upon them, and as soon as they forsook him his power would be withdrawn and his wrath would be upon them.

**IV. The Treasure Committed to Twelve Priests (vv. 24-30).** Combined with their faith in God, we find practical business sense. Honest, trustworthy, good men were selected (v. 28). To such only should be intrusted the Lord's money—gifts offered freely to the Lord by his people. Again, the money was carefully counted and weighed, and the amount set down. The men were held accountable at the end of the journey for everything intrusted to them. Men ought to be held to strict account for everything intrusted to them, to the very last cent. The men to whom this was intrusted were holy; the gifts were God's; they did not belong to any man; they were charged with the obligation to deliver these gifts before the chief priests.

**V. The Safe Arrival at Jerusalem (vv. 31-36).** The journey lasted four months. They carried with them millions of dollars' worth of treasure, through a region infested with marauding Bedouins, yet God delivered them from their hands. At the end of the journey they testified to the faithfulness of God in bringing them safely on (v. 31). The safe arrival at the end of each day's journey is due to the good hand of our God upon us. After resting three days, the treasure was brought into the temple and burnt offerings were made before the Lord Jehovah.

**WOMEN SUFFERERS NEED SWAMP-ROOT**

Thousands upon thousands of women have kidney and bladder trouble and never suspect it.

Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease.

If the kidneys are not in a healthy condition, they may cause the other organs to become diseased.

You may suffer a great deal with pain in the back, headache, loss of ambition, nervousness and may be despondent and irritable.

Don't delay starting treatment. Dr. Kilmer's Swamp-Root, a physician's prescription, obtained at any drug store, restores health to the kidneys and is just the remedy needed to overcome such conditions.

Get a medium or large bottle immediately from any drug store.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper. Adv.

**They Just Had to Wait.**

Something was the matter with the stop-signal bell of the Toonerville trolley car, and the conductor had to whistle to the motorman, that trip—one whistle to start, two whistles to go ahead.

This wasn't the real Toonerville trolley, but a certain suburban "dummy line" which is so denominated by the facetious car riders.

At one place, the other morning, the car made a long stop, and some of the passengers began to get uneasy. One sought the rear platform and found the conductor eating a frugal lunch.

"Say, how long we goin' to stand here? What are we waitin' for?" asked the passenger.

The conductor swallowed hard and was understood to reply:

"Looky here, I ain't got nothin' but dry crackers fer my lunch. An' you'll hafter wait till I git 'em all swallered good before I kin whistle!"—Cleveland Plain-Dealer.

**War Declared on Rats by U. S. Gov't.**

The government at Washington is preparing a campaign that should be effective in killing the rats that are so destructive both to lives and property. A conservative estimate places the loss of food-stuffs from rats at over two hundred million dollars annually, and in the present scarcity of food, this loss must be prevented. The most efficient way to "kill the rat" is by the use of Stearns' Paste, and thousands of dollars worth have been bought by the government. Every house-keeper troubled with rats, mice, roaches or waterbugs should buy a small box of this reliable exterminator for thirty-five cents, and stop further loss of food in her home. Adv.

**Most Admired Statue.**

What is the most admired statue in Washington? The memorial to Mrs. Adams by Mr. Saint-Gaudens, thinks Mr. Moore. He says that "in spite of the remoteness of location and the difficulty of finding it in Rock Creek cemetery, no other work of art in Washington is really seen by so many people. Undoubtedly the element of mystery in both figure and setting has to do with its fame; but I prefer to think that in this memorial the sculptor has expressed (using his own words to me) 'the soul face to face with the greatest of all mysteries'—the problem, if a man die shall he live again?"

Such a piece of sculpture, touching every mind and heart, outwears in its appeal all the colossal figures and speaking likenesses. It would triumph in any referendum and need never fear a verdict of recall.—New York Sun.

**Now Rides in an Auto.**

Mrs. Russell Sage, who is now past eighty-eight years of age, only recently consented to ride in an automobile.

If Worms or Tapeworms persist in your system, it is because you have not yet tried the real Vermifuge, Dr. Peary's "Dead Shot." One dose does the work. Adv.

A philosopher is a man who can see how others make mistakes.

New York city has 200,000 drug addicts.

**DESTROYER OF THE FRONTIER**

Aircraft Promises Such Swift and Easy Transportation That Peoples Will Not Be Rooted in Soil.

If you went in the ordinary way from the Italian city Turin to England, you would change trains three times, cross the channel by boat, force yourself to be patient while locomotives cooled and took on water, passengers embarked or alighted along the railway, and customs officers went through their fussy examinations. A proper allowance of time, we would say, would be 36 hours.

The other day, Captain Lauriat of the Italian aviation corps made the journey by airplane in 12 hours and two minutes. For him, there was no such thing as frontiers, no delays except those he himself willed, no officials in seedy uniforms to make a mess of his baggage unless he elected to let them.

It is the idea of internationalists that we'll have a world state when everything is so mixed that there is no straightening it out by national command, when borders can be crossed as one would county lines, when transportation is so swift and easy that no peoples can be or will desire to be rooted in the soil. Well, should this come about, the world has the instrument which will compass it. It is the flying machine.—Toledo Blade.

**Kept His Word.**

"I haven't any case," admitted the client, "but I have money."

"How much?"

"Sixty thousand dollars."

"Phew! You have the best case I ever handled," said the lawyer. "I'll see that you never go to prison with that sum."

And the client didn't—he went there broke.

**MOTHER!**

Have you ever used **MOTHER'S JOY SALVE** for Colds, Coughs, Croup and Pneumonia, Asthma, and Head Catches? If you haven't get it at once. It will cure you.—Adv.

**The War Tax.**

"The war has come home to me. I've just had to pay six cents for a nickel cigar."

"Cheer up, old pal. Perhaps somebody will get up a four-cent smoke they'll sell you for a nickel."


Pittsburgh company will manufacture fertilizer from sharks.

**Catarrhal Cough**

Mr. W. S. Brown, R. F. D. No. 4, Box 82, Rogersville, Tennessee, writes:

"I feel it my duty to recommend Peruna to all sufferers of catarrh or cough. In the year 1903, I took a severe case of the la grippe. I then took a bad cough. I had taken all kinds of cough remedies but got no relief. I then decided to try Peruna. I used five bottles. After taking five bottles my cough stopped and my catarrh was cured. My average weight was 115 and now I weigh 148½. Any one suffering with catarrh in any form I will advise them to take Peruna."

Those who object to liquid medicines can procure Peruna Tablets.



**WINTERSMITH'S CHILL TONIC**

Sold for 47 years. For Malaria, Chills and Fever. Also a Fine General Strengthening Tonic. 50c and \$1.00 at all Drug Stores.

**Lookout Biscuit**

FRESH - CRISP - WHOLESOME - DELICIOUS

THE SANITARY METHODS APPLIED IN THE MAKING OF THESE BISCUITS MAKE THEM THE

**STANDARD OF EXCELLENCE**

Your Dealer has them, or if not he should. Ask him or write us giving his name.

**CHATTAHOOGA BAKERY** CHATTAHOOGA, TENN.

**Lack of Restraint.**

Senator Chamberlain, defending the food control bill, said in Washington:

"How ungenerous the attacks on this excellent bill have been! Now, I am like the boy at the movies. I like measure and restraint."

"Two boys at the movies saw a tragic picture play, and one of them was overcome. He took out his handkerchief and wept and sobbed."

"Why, Bill, ye're blubberin'!" said the other boy.

"Well," sobbed Bill, "I like to see a person show a little feelin'."

"Feelin'!" said the first boy. "Feelin' all right, but ye don't need to wash yer face in it."

**A Saxon-French Cigar Lighter.**

Several years ago the then new minister of France, M. Klotz, decided to impose a tax of two francs, or 40 cents American money, on each cigar lighter used in that country. The reason for this is that the sale of matches in France is in the hands of the government monopoly and the portable lighters interfered with the sale of the matches. On the other hand the matches have become so bad in quality that they are subject of complaint and ridicule. The law has become unpopular and there is an effort now being made to have the order rescinded. Notwithstanding the fact that an increased tax was placed on tobacco by the French government several years ago, it has caused a tendency to increase smoking and that is proven by the many smokers to be seen in public places and thoroughfares.

**Gompers Opposes Plan.**

President Gompers of the American Federation of Labor, is opposed to women being used in war work.

**Unable to Read.**

A large number of Turkish women are unable to read or write their own difficult language.

**Admit Women Students.**

The Harvard university medical school this year opens its doors to women students.

**The United States Government Food Administrator Says:**

"Baking Powder Breads of corn and other coarse flours are recommended"

**ROYAL BAKING POWDER**

**ABSOLUTELY PURE**

Makes delicious muffins, cakes and coarse flour breads

|                                       |   |
|---------------------------------------|---|
| <b>CORN MEAL MUFFINS</b>              | <b>NUT BREAD</b>  |
| 3/4 cup corn meal                     | 3 cups graham flour   |
| 1 1/2 cups flour                      | 5 level teaspoons Royal Baking Powder                                   |
| 1/2 teaspoon salt                     | 1 1/2 teaspoons salt  |
| 4 level teaspoons Royal Baking Powder | 1 1/2 cups milk and water   |
| 2 tablespoons sugar                   | 1 cup sugar or corn syrup   |
| 1 cup milk                            | 1 cup chopped nuts (not too fine) or 1 cup raisins, washed and floured. |
| 2 tablespoons shortening              |   |

Mix thoroughly dry ingredients; add milk and melted shortening and beat well. Bake in greased muffin tins in hot oven about 20 minutes.

Mix together flour, baking powder and salt; add milk and water, sugar or corn syrup and nutmeats or raisins. Put into greased loaf pan, allow to stand 30 minutes in warm place. Bake in moderate oven 40 to 45 minutes.

Our red, white and blue booklet, "Best War Time Recipes" containing additional similar recipes, sent free on request. Address Royal Baking Powder Company, Dept. W, 135 William Street, New York

**Theford's Black-Draught**

**Men and Women**

need the help that Theford's Black-Draught can give them in cleansing the system and relieving the troubles that come from Constipation, Indigestion, Lazy Liver, etc.

In choosing a medicine for these conditions, be as careful as you are about choosing your food. You want nothing but the best. You want a medicine that will act promptly and always the same; a medicine carefully prepared, from the best material, put up by a house of long established reputation, with that reputation standing squarely behind it.

Where can you find a medicine that meets all these conditions so well as Theford's Black-Draught?

Remember, too, that Theford's Black-Draught is made from pure medicinal herbs, carefully mixed in the right proportions, ground to a fine powder and packed in compressed, practically air-tight packages. Pills and tablets do not always dissolve in your stomach. Black-Draught is acted on instantly by the gastric juices. It is a natural herb remedy, and acts in a natural way on the system.

Imitation powders put up to look like Black-Draught are not the same and should not be accepted in place of Black-Draught. No imitation can even be as good as the genuine. You know that.

To be sure of getting the genuine always ask for "THEFORD'S BLACK-DRAUGHT." Examine the label and refuse all substitutes.

**Costs Only One Cent a Dose**

**For Constipation, Indigestion, etc.**

G. A. 40