

Nerves All Unstrung?

Nervousness and nerve pains often come from weak kidneys. Many a person who worries over trifles and is troubled with neuritis, rheumatic pains and backache would find relief through a good kidney remedy. If you have nervous attacks, with headaches, backaches, dizzy spells and sharp, shooting pains, try Doan's Kidney Pills. They have brought quick benefit in thousands of such cases.

A North Carolina Case
Mrs. G. G. Probst, Gaither Ave. and Eighth St., Newton, N. C., says: "I suffered from a constant dull ache across the small of my back and every time I stopped, sharp pains darted through me. I had headaches and dizzy spells and spots passed before my eyes. The first box of Doan's Kidney Pills gave me relief and continued use made me well. I have had no further trouble in over a year."

Get Doan's at Any Store, 60c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

Ask for and Get CHENEY'S EXPECTORANT

The Original Cough and Cold Remedy
STOPS THE WORST COLD IN 24 HOURS

Best for Colds, Coughs, Croup, Sore Throat, Whooping Cough
25c and 50c at all Druggists

DROPSY TREATMENT. Gives quick relief. Soon removes swelling and allows free breathing. Never heard of its equal for dropsy. Try it. Trial treatment sent FREE, by mail. Write to **DR. THOMAS E. GREEN**, Bank Bldg., Box 25, CHATSWORTH, CALIF.

Hampshire Hogs For Sale Boars and gilts; Nutwood Hampshire Farm, Thomaston, Georgia.

WIFE NAGGED HIM TOO MUCH
Jarvits Decided to Go Behind Big Cannons and Lose Hearing—Now in Peace.

Synopsis: Jason Jarvits is a home-loving man. He loves to sit about in his carpet slippers reading the papers, and he loves his wife, Croona, dearly, but hates to hear her complain of his shiftless habits, says the Detroit Free Press. Now, as she keeps complaining of them from morning till night, Jarvits finds it extremely difficult to keep his mind on his pipe and his paper. He thinks of spending his time at a club or at movies, but is inherently such a home-loving man that the very thought is repugnant to him. So he stands his wife's accusing flow of words until one day something he sees in the paper (while he is smoking his pipe) gives him a brilliant idea.

Conclusion: "It's true that we are really in need of men to help fire these new 80-cylinder cannons," said Colonel Kimmel, in charge of the government proving grounds at Skillington. "But it is my duty to inform you that the shock of the firing is extremely bad for the ears. In fact, 18 men in the past week have been deafened and honorably discharged with a pension."

"I want the job," said Jason Jarvits firmly.

In three days the drums of both his ears were shattered.

Returning home joyously he subscribed for a dozen extra papers, bought four more pipes and settled down to smoke and read contentedly on his pension, entirely unaware as to whether his wife was talking or not.

Submerged Forest.
A submerged oak forest, covering several square miles, from which logs more than 100 feet in length have been taken, was discovered by Russian engineers while dredging a river.

Holland makes 10,000,000 pounds of soap a year.



NO GREAT WORLD GRAINS are combined in the perfected ready-cooked cereal — **Grape-Nuts**
This appetizing blend of Wheat and Barley is over 98% Food.
ECONOMICAL HEALTHFUL DELIGHTFUL

INTERNATIONAL SUNDAY SCHOOL LESSON

(By REV. P. B. FITZWATER, D. D., Teacher of English Bible in the Moody Bible Institute of Chicago.)
(Copyright, 1917, Western Newspaper Union.)

LESSON FOR NOVEMBER 25
A PSALM OF THANKSGIVING.

LESSON TEXT—Psalms 103.
GOLDEN TEXT—Bless the Lord, O my soul, and forget not all his benefits.—Ps. 103:2.

This Psalm is man's response to the goodness and mercy of God. It expresses the joy and gratitude of a forgiven sinner as he worships before God. There is too much in this Psalm for one to attempt to set it forth, so we must be content to display some of its most prominent notes.

I. Man's Entire Being Should Sing God's Praise, v. 1. The true worshipper praises God with every faculty of his being; his intellect, emotion, desires, affections all unite in praise of Jehovah. The entire being responds in a song of harmonious praise. Some praise God with their voices but not with their hearts; some with their intellect but not with their affections; some with their emotions but not with their wills. That praise which involves the entire being alone is pleasing to God.

II. The Benefits Granted, vv. 2-6. The Psalmist exhorts man not to forget all God's benefits. This seems to be needed now as well as then, for most of us are better at remembering our troubles and adversities, our losses and our sorrows, than we are at remembering our mercies and blessings. It would be a good thing for some of us to keep a record of the good things of life and see that, after all, our blessings outweigh our burdens. We have more days of sunshine than of clouds, more joys than we have of sorrows, more hours when we are free from pain than we suffer with pain. If God were as forgetful of us as we are of Him, life would be hard indeed.

(1) Forgiveness of sins, v. 3. In forgiveness we are freed from the curse of sin and its blight and burdens are removed. We are not only forgiven, but we are healed of sin's disease; not only freed from the burdens of sin but of its effects, so that we do not go after the things of this world. To be saved for heaven means that we are saved from the world.

(2) Redemption, v. 4. We have been saved by Christ giving Himself as a ransom for our souls.

(3) Satisfaction, v. 5. When God redeems, He so thoroughly renews the map that the good things which he gets from God satisfy him. His blessings are so real that he finds satisfaction in God. Men and women of the world are reaching out after fleeting things. They are ever grasping after something, but are never satisfied. Not so with the redeemed soul; he finds absolute satisfaction in the things which God gives him. Worldlings may be satiated, but God's redeemed alone are satisfied.

(4) Executing judgment in behalf of the oppressed, v. 6. He is always on the side of the oppressed. God undertakes for his own, and sooner or later He will mete out justice to all. There is a reckoning day for the world coming. Those who have done evil shall suffer loss; those who have done good shall be rewarded.

III. Attributes of God for Which He Should Be Praised, vv. 7-18. These attributes have been displayed in God's dealings with his chosen people.

(1) Merciful and gracious, v. 8. He is slow to anger and plenteous in mercy. An example of his mercy is seen in the father of the prodigal son running to meet his son and kissing him. A very little thought will make very evident how God withholds his anger and waits patiently for an opportunity to extend his mercy.

(2) He will not always "hide," vv. 8-12. When God forgives he forgives forever. Men say they forgive, but how often they "hide" and "keep anger." God has not dealt with us according to our sins, for, as the heavens are high above the earth, so great is his mercy toward them that they fear him. So really has God forgiven us that our transgressions are as far removed from us as the East is from the West, an incalculable distance.

(3) He is compassionate and tender, vv. 13-14. This reveals God's fatherly heart. He fully knows our weakness. He does not deal with us as though we were strong. He knows how weak and fallible we are through the fall. It is consoling to know that God considers our "frame"; He knows that we are "dust."

(4) His mercy is everlasting, eternal, vv. 15-17. Man is at best transitory, but God is eternal. The one who rests his hopes in God is eternally safe. This should encourage us to lean not upon man but upon God.

(5) God is gracious to those who are in covenant relationship, v. 18. If we would enjoy these blessings revealed in God's attributes we must be God's children. His mercies are restrictive, only bestowed upon his own children.

IV. A Call to All the Universe to Praise the Lord, vv. 19-22. Since God is such a wonderful Being, He should have universal praise. His kingdom is over all; his Lordship should have recognition.

The true conquerors are often those whom the world calls the vanquished.—Max Muller.

OLD PRESCRIPTION FOR WEAK KIDNEYS

Have you ever stopped to reason why it is that so many products that are extensively advertised, all at once drop out of sight and are soon forgotten? The reason is plain—the article did not fulfill the promises of the manufacturer. This applies more particularly to a medicine. A medicinal preparation that has real curative value almost sells itself, as like an endless chain system the remedy is recommended by those who have been benefited, to those who are in need of it.

A prominent druggist says, "Take for example, Dr. Kilmer's Swamp-Root, a preparation I have sold for many years and never hesitate to recommend, for in almost every case it shows excellent results, as many of my customers testify. No other kidney remedy that I know of has so large a sale."

According to sworn statements and verified testimony of thousands who have used the preparation, the success of Dr. Kilmer's Swamp-Root is due to the fact that, so many people claim, it fulfills almost every wish in overcoming kidney, liver and bladder ailments, corrects urinary troubles and neutralizes the uric acid which causes rheumatism.

You may receive a sample bottle of Swamp-Root by Parcel Post. Address Dr. Kilmer & Co., Binghamton, N. Y., and enclose ten cents; also mention this paper. Large and medium size bottles for sale at all drug stores.—Adv.

'Twas Easily Done.
Hypochondria was the topic that was being discussed at a social affair, says the Philadelphia Press, when Senator William A. Smith of Michigan recalled the following story:

A woman who was perfectly well, but imagined she had at least a dozen different diseases, called one day to consult an eminent specialist.

"I think I understand your case thoroughly, madam," said the doctor as the patient began to tell the story of her life. "Just sit quite still a moment and let me look at you."

The patient complied and after studying her intently for a little while the physician glanced at his watch.

"There is nothing the matter with you, madam," finally said the doctor. "You haven't the slightest indication of fever, and your heart beat is perfectly normal."

"Why, how do you know, doctor?" exclaimed the patient in surprise. "You didn't take my pulse."

"It wasn't necessary, madam," smiled the specialist. "I counted the vibrations of the ostrich feather on your hat."

SOFT, CLEAR SKINS

Made So by Daily Use of Cuticura Soap and Ointment—Trial Free.

The last thing at night and the first in the morning, bathe the face freely with Cuticura Soap and hot water. If there are pimples or dandruff smear them with Cuticura Ointment before bathing. Nothing better than Cuticura for daily toilet preparations.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

Bridget's Answer.
Although not overparticular about her work, Mrs. Brownstone's new maid, fresh from the Evergreen Isle, was somewhat of a stickler for precision in language.

"Is it after eight yet?" asked Mrs. B.—of her one morning as she came in from the kitchen on some errand.

"Yis, mumm," replied Bridget carefully weighing her words. "It is after it all right, but it hasn't got there yet! It has five minutes yet to travel!"

And the more you are willing to do for your friends the less time you will have to do things for yourself.

In time of peace the Transvaal mines are the largest consumers of explosives in the world.

Infections or inflammations of the Eyes, whether from external or internal causes, are promptly healed by the use of Roman Eye Balsam at sight upon retiring. Adv.

The more sunshine there is in some men's lives the less hay they make.

TROOPS AT SO MUCH A MAN

Soldiers Furnished British Government by British States at Beginning of Revolutionary War.

At the beginning of the Revolutionary war the British government made treaties with several of the German states by which they were to furnish troops at so much a man to assist in subjugating the Americans. Applications for assistance made to Russia and Holland were rejected, but several of the German states responded favorably. There was no united Germany or imperial government, no kaiser with autocratic power, but each independent state had a separate government. An English historian says:

"Finding it difficult or impossible to obtain the necessary recruits at home, and that the existing English and Irish regiments embarked with such reluctance that it was necessary to keep a guard upon the transports to keep them from deserting by wholesale, the ministry applied to Russia, the states-general (Holland), and finally to several of the German states for mercenaries. The infamy of filling up the British armament was reserved for the princes of three or four petty German states." Contracts were made with the rulers of seven German states under which an aggregate of thirty thousand troops were furnished at so much a head, cash down, and an annual sum to the rulers of the different states furnishing them.

"The subsidies," says the English historian, "were to be continued for one full year at least after the war ended and the troops had returned to their homes." The troops thus hired out by German rulers to fight against Americans were not raised easily. The American historian Bancroft says: "The whole number of men furnished in the war by Brunswick was equal to one-twenty-seventh part of its total population; by the landgrave of Hesse, to one out of every twenty of his subjects, or one in four of the able-bodied men, a proportionate conscription in 1776 would have shipped to America from England and Wales alone an army of more than 400,000 men. Soldiers were impressed from the plow, the workshop, the highway; no man was safe from the inferior agents of the princes, who kidnaped without scruple."

Colds, Coughs, Catarrh PERUNA CONQUERS

A trinity of evils, closely allied, that afflict most people, and which follow one on the other, in the order named, until the last one is spread through the system, leading to many evils. But their course can be checked.

It is of great value when used promptly for a cold, usually checking it and overcoming it in a few days. Ample evidence has proved that it is even of more value in overcoming chronic catarrh, dispelling the inflammatory conditions, enabling the diseased membranes to perform their natural functions, and toning up the entire system.

The experience of thousands is a safe guide to what it may be expected to do for you.

Liquid or tablets—both tested by the public and approved.

THE PERUNA COMPANY COLUMBUS, OHIO

Carter's Little Liver Pills
You Cannot be Constipated and Happy
A Remedy That Makes Life Worth Living
Genuine bears signature
W. D. Wood

ABSENCE of Iron in the Blood is the reason for many colorless faces but CARTER'S IRON PILLS will greatly help most pale-faced people

Quest Sol
Hugo Stennis, the Dutch publicist, said at a Holland society dinner in New York: "The Germans are demonstrating in all sorts of ways that America's intervention in the war won't amount to anything. They're scared, you see."

"The Cologne Gazette said the other day that when the American armies arrive in France they'll be hampered by their ignorance of the various languages. Well, my wife laughed when she read that."

"I guess," she said, "the Americans can shoot in any language."

Makes Steel Harder.
Steel tempered in phenol has more hardness and elasticity than when it has been tempered in water.

When woman loses her temper it is the husband who catches it.

A Quiet Week.
A man recently bereaved of his wife interviewed the minister about the arrangements for burial.

"When is the funeral?" asked the clergyman.

"Monday," was the reply.

"Monday!" ejaculated the minister. "That's a long time to keep the body; a whole week."

"Weel, you see," said the bereft, "it's like this. When we got married, the wife an' me made up our minds to hiv' a quiet week at home the first chance we got. We're jist hivin' it noo."

New Ash Sifter.
In an ash sifter patented by a New York man toothed wheels break clackers as a handle is turned.

China has 200 inhabitants to the square mile in one-third of its area.

Notice to Sick Women

The Experience of These Women Proves That There is a Remedy for Your Illness.

Aberdeen, Idaho.—"Last year I suffered from a weakness with pains in my side and back. A friend asked me to try Lydia E. Pinkham's Vegetable Compound and I did so. After taking one bottle I felt very much better. I have now taken three bottles and feel like a different woman. Lydia E. Pinkham's Vegetable Compound is the best medicine I have ever taken and I can recommend it to all suffering women."—Mrs. FERRY PRESTIDGE, Aberdeen, Idaho.

Kingfisher, Okla.—"For two years I suffered with a severe female trouble, was nervous, and had backache and a pain in my side most of the time. I had dizzy spells and was often so faint I could not walk across the floor. The doctor said I would have to have an operation. A friend asked me to try Lydia E. Pinkham's Vegetable Compound. After taking ten bottles I am now well and strong, have no pain, backache or dizzy spells. Every one tells me how well I look and I tell them Lydia E. Pinkham's Vegetable Compound did it."—Miss NINA SOUTHWICK, R. F. D. No. 4, Box 33, Kingfisher, Okla.

LYDIA E. PINKHAM'S VEGETABLE COMPOUND
has restored more sick women to health than any other remedy.
At Your Druggist's
LYDIA E. PINKHAM MEDICINE CO. LYNN, MASS.



BLACK-DRAUGHT

Stomach Trouble
For simple, common ailments, due to disordered stomach, liver and bowels, you will find Thedford's Black-Draught a reliable and useful remedy.

For over 70 years, it has been successfully employed for these troubles, and its consumption is increasing year by year, proving the public recognition of its true and genuine value. Being purely vegetable, it has no such bad secondary effects, as the mineral drugs, like calomel (mercury), etc., but can be depended on to relieve, by its first action on the system.

Black-Draught is a good, safe, reliable, family medicine, for young and old. A package should be in every household.

Mr. Marion Holcomb, of Nancy, Ky., writes: "For quite a long while I suffered with stomach trouble. I would have pains and a heavy feeling after my meals, a most disagreeable taste in my mouth. If I ate anything, with butter, oil or grease, I would spit it up. I began to have regular sick headache. I had used pills and tablets, but after a course of these I would be constipated. I found they were no good at all for my trouble. I heard Thedford's Black-Draught recommended very highly. So began to use it. It cured me. I keep it in the house all the time. It is the best liver medicine made. I do not have sick headache or stomach trouble any more."



Liver Medicine