



PERUNA Best All Around Medicine Ever Made

I Hope You Will Publish This Letter

Mr. W. H. Edgar, 49 Cooper St., Atlanta, Georgia, writes:

"I suffered for fifteen years with rheumatic symptoms. Peruna cured me and I think it is the best all around medicine ever made. I hope you will publish this letter for the benefit of others who suffer."

Those who object to liquid medicines can procure Peruna Tablets.

Word Picture of Jerusalem.

The best word-picture of the ancient city of Jerusalem is Pierre Loti's. He went thither on a pilgrimage from Egypt across the desert, along the same line which has been followed by the English forces. "The sun rises, pale, ominously yellow, a sun of storm, amid threatening clouds," he writes. "Beyond, a large city is gradually revealed, on stony and mournful mountains; through the dust and fashing rain it is not easy to distinguish it. . . . Jerusalem, recognizable from all other towns, with its formidable walls and its little cupola-covered roofs of stone; Jerusalem, gloomy and high, inclosed within its battlements, under a dark sky. . . ."

Russia Needs Machinery.

Russia presents a market for electrical machines and supplies, steam turbines and compressors, pumps, ventilators, hauling machines, cranes, foundry plants, lathes and tools.

She Likes It.

"Are you fond of cheese?" "Yes, especially that 'camouflage' we are hearing so much about lately."

Lungs Are Weakened By Hard Colds



The old family remedy—in tablet form—safe, sure, easy to take. No opiates—no unpleasant after effects. Cures colds in 24 hours—Grip in 3 days. Money back if fails. Get the genuine box with Red Top and Mr. Hill's picture on it. 24 Tablets for 25c. At Any Drug Store.



Save the Calves! Stamp ABORTION OUT OF Your Herd and Keep It Out! Apply treatment yourself. Small expense. Write for free booklet on "Abortion," "Questions and Answers," State number of cattle in herd.

A GREAT DISCOVERY

Swollen hands, ankles, feet are due to a dropsical condition, often caused by disordered kidneys. Naturally when the kidneys are deranged the blood is filled with poisonous waste matter, which settles in the feet, ankles and wrists; or under the eyes in bag-like formations. As a remedy for those easily recognized symptoms of inflammation caused by uric acid—as scalding urine, backache and frequent urination, as well as sediment in the urine, or if uric acid in the blood has caused rheumatism, lumbago, sciatica, gout, it is simply wonderful how quickly An-uric acts; the pains and stiffness rapidly disappear, for Anuric (double strength), is many times more potent than lilia and often eliminates uric acid as hot water melts sugar. All druggists. Dr. Pierce's Pleasant Pellets for the liver and bowels have been favorably known for nearly 50 years. Anuric is a recent scientific discovery by Dr. Pierce, Chief of Staff at the "Invalids" Hotel and Surgical Inst., in Buffalo, N. Y. Send 30c there for a trial pkg. of Anuric. Large package 60c.

Need of Haste.

A man whose duties keep him up at night, entered a downtown restaurant at a late hour one evening, relates an exchange. He glanced at the clock, then at the calendar, then at the menu, from which he ordered a frugal repast. Then he waited, nervously.

At the end of ten minutes, he succeeded in catching his waiter's eye. "Look here, how long am I going to have to wait for that grub I ordered?" he inquired.

"Oh, I guess it won't be long now," yawned the waiter. "In a hurry?"

"In a hurry? Say, I ordered a meal without meat because it is meatless day. And if I have to wait five minutes longer, it will be a wheatless day, and I won't get a thing!"

WATCH YOUR SKIN IMPROVE

When You Use Cuticura—The Soap to Purify and Ointment to Heal.

On rising and retiring gently smear the face with Cuticura Ointment. Wash off Ointment in five minutes with Cuticura Soap and hot water. Continue this treatment for ten days and note the change in your skin. No better toilet preparations exist.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

Interesting Distinction.

"One way to find out who likes you and who doesn't," remarked Miss Cynne, "is to learn to play the violin." "What has that to do with friendship?"

"The people who like you will call you a violinist. Those who don't will call you a fiddler."

Dr. Pierce's Pleasant Pellets are the original little liver pills put up 40 years ago. They regulate liver and bowels. Ad.

Sometimes it is hard to see the silver side of a cloud, but it is there. Put on the right glasses.

Wright's Indian Vegetable Pills are simply a good, old-fashioned medicine for regulating the stomach, liver and bowels. Get a box and try them. Adv.

A man of letters may be jealous if his wife gets a few.

A North Carolina Woman Speaks

Whitakers, N. C.—"I suffered from backache, frequent, scant urine, rheumatic pains and a worn-out feeling, also had spells with my heart and swelling of feet and ankles. I learned of Dr. Pierce's Anuric and used a sample package and then ordered a full-size package. This relieved me and I gained considerably; it also relieved me of headache from which I suffered very much. Anuric is fine for the kidneys."—MRS. SARAH A. SHEARIN.

If you wish to send a sample of your water to Dr. Pierce's Invalids' Hotel, Buffalo, N. Y., and describe your symptoms, same will be examined without any expense to you, and Dr. Pierce or his staff of Assisting Physicians will inform you truthfully.—Adv.

INTERNATIONAL SUNDAY SCHOOL LESSON

By E. O. SELLERS, Acting Director of the Sunday School Course of the Moody Bible Institute, Chicago.

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LESSON FOR DECEMBER 16

NEHEMIAH ENFORCES THE LAW OF THE SABBATH.

LESSON TEXT—Nehemiah: 13:15-22. GOLDEN TEXT—Remember the Sabbath Day to keep it holy.—Exod. 20:8.

Nehemiah remained in Jerusalem twelve years, from B. C. 444 to B. C. 432. He was then recalled and was in Persia some years, perhaps five or seven, but returned about B. C. 425, the year Artaxerxes died, for we know that he returned by permission of that king. Therefore, the date of this lesson would be sometime in the summer or early autumn of 426 or 427 B. C., 16 or 18 years following last Sunday's lesson.

In the section, vv. 10-14, we see that the gifts for the house of God and the Levites, who led in worship, had been neglected. Whenever the house of God and its service of worship is neglected, we may expect that the Sabbath day and the worship of God will also soon fall into contempt. Ezra has dropped out of our history without a him as to his end.

I. "Remember" (v. 14) the Neglect of God's House. (vv. 1-14). The neglect of God's house grew up out of the incursion of heathenism into Jewish life. Nehemiah realized that the purity of the race depended upon absolute separation from the mixed multitude. (v. 3). Nehemiah also confronted the difficulty of having a priest, (vv. 4, 5), who had defiled himself and also desecrated the temple, and finally the portion for the support of the priest and the temple worship had been withheld. (v. 10).

II. "Remember" (v. 12) the Sabbath Day. (vv. 15-22). Nehemiah's next and most difficult reform was regarding the fourth commandment. He at once set about to learn the facts; then relates what he saw (v. 15). The record also tells how he testified against them in that they were selling merchandise on the Sabbath day. He contended with the nobles that they had done evil on the Sabbath day. (v. 17). He testified against them that the merchants and sellers of ware had lodged about and within Jerusalem. (vv. 20, 21). The root of the trouble with Judah was that they forgot God's word and followed the devices and desires of their own hearts. The Jewish Sabbath in its outward form on the exact day of the week is not binding upon Gentile Christians (Col. 2:16, 17). It was given to Israel as a people. (Deut. 5:1, 2), as a memorial of their deliverance out of the land of Egypt and the house of bondage. (Deut. 5:6). The Christian, by the death of Christ, is made dead to the letter of the law of Moses. (Deut. 7:4), but the principle of the Sabbath is older than even the law of Moses and is as binding upon the Christian believer as are the many other principles which underlie the Mosaic law. In its exact form, the seventh day, the observance of the Sabbath belongs to the old order and not to the Christian order. Christ, who rose from the dead (Rom. 7:4), rose on the first day of the week, and we, as joined to Christ, are not under obligations to the Mosaic law, but to Christ. Therefore, the Lord's day, the resurrection day, the first day of the week, (Rev. 1:10; John 21:20; 1:19-20; Acts 27), is the day of privilege, not of obligation and is more sacred to us than the Sabbath day of those Jews. The Jews in Nehemiah's time showed their contempt of the Lord's day by making it a day of profit, hence this exhortation which we see set forth in this section. This should be a warning and an exhortation to us in these days of a secularized Sabbath.

III. "Remember" (v. 29) the Holy Priesthood. (vv. 23-31). In this section we see that the priesthood had even defiled themselves with women, and again this Nehemiah entered upon a cleansing process. (vv. 30-31). The use of this word "remember" in verses 14, 22 and 29 gives strong emphasis to the three cardinal sins against which Nehemiah was battling.

IV. Summary: As in Nehemiah's time, so now, Sabbath desecration is the surest road to national ruin, and a large proportion of our present calamity can be traced to growing irreverence for the Lord's day. Jesus swept away the cobwebs of Sabbath irreverence, but did not tear down the house. He kept the principle, but removed the barnacles with which the Pharisees and Jews had encumbered it. Jesus taught that the Sabbath was made for man and not man for the Sabbath. (Mark 2:27, 28), and he set himself as an example in this regard, for he is Lord of that day as well as the other days of the week.

Supply of Clean Grit.

Ordinary fowls on a farm will be able to pick up sufficient grit, but when they are not able to get outside it is well to supply some sharp, clean grit.

Supply of Oyster Shells.

As the pullets approach the laying point a plentiful supply of oyster shells must be kept before them.

Care in Packing Eggs.

It pays to use care in packing eggs for market. Broken eggs from bad packing is a preventable waste.

BOSCHEE'S GERMAN SYRUP

Why use ordinary cough remedies, when Boschee's German Syrup has been used so successfully for fifty-one years in all parts of the United States for coughs, bronchitis, colds settled in the throat, especially lung troubles. It gives the patient a good night's rest, free from coughing, with easy expectoration in the morning, gives nature a chance to soothe the inflamed parts, throw off the disease, helping the patient to regain his health. Sold in all civilized countries. 30 and 60 cent bottles.—Adv.

Hezekiah's Progress.

Speaking at a dinner, Senator Porter J. McCumber of North Dakota referred to the progress of the farmer, and smilingly recalled this little story:

Uncle Josh was on his way to town one afternoon, and chancing to see his friend Abner working in an adjacent field, he paused for a small chat over the barbed wire fence. Incidentally inquiry was made after Abner's eldest son, Hezekiah.

"Hezekiah is in the city now," answered Abner, with some show of pride. "Been there most a year."

"Yes, I know that," returned Uncle Josh. "What I was wonderin' was which side he was on."

"Which side he was on," queried Abner, with a puzzled expression. "I don't just quite git ye."

"What I mean, Abner," explained Uncle Josh, "is Hezekiah buyin' gold bricks yet, or has he started in to sell 'em?"

State of Ohio, City of Toledo, Lucas County.

Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for any case of Catarrh that cannot be cured by the use of HALL'S CATARRH MEDICINE.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1906.

(Seal) A. W. Gleason, Notary Public. HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System. Druggists, 75c. Testimonials free. F. J. Cheney & Co., Toledo, Ohio.

At the Hairdresser's.

"Is this the Blank barber shop?" "Yes, ma'am."

"I want you to cut my little boy's hair."

"Yes, ma'am. Just let me set him in this chair, ma'am."

"Now, I don't want you to use the clippers on him, or those large scissors or singe it off, either."

"Well, ma'am, excuse me, but shall I bite it off?"

KIDNEY TROUBLE OFTEN CAUSES SERIOUS BACKACHE

When your back aches, and your bladder and kidneys seem to be disordered, go to your nearest drug store and get a bottle of Dr. Kilmer's Swamp-Root. It is a physician's prescription for ailments of the kidneys and bladder.

It has stood the test of years and has a reputation for quickly and effectively giving results in thousands of cases.

This preparation so very effective, has been placed on sale everywhere. Get a bottle, medium or large size, at your nearest druggist.

However, if you wish first to test this preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

No Time Wasted.

We even saw one lady carry her knitting to the movies. She got in two or three stitches when the lights were flashed on.—Louisville Courier-Journal.

Optimistic Thought.

Reality and sham will no more mix than oil and water.

A single application of Roman Eye Balm

on going to bed will prove its merit for inflammation of the eyes, external and internal. Adv.

Even if the worm does turn what does it benefit him?

Benefits From Sleep.

Sleep is a great preserver of youth. Eight hours at night and a short nap during the day will do much to keep the face free from wrinkles. Always sleep with the bedroom window open a few inches at the top, both in summer and in winter, says a physician. A daily morning bath, tepid in winter and cold in summer, with a brisk rub to follow, will keep the skin fresh and clear. Two hours must be passed in the open air, walking, riding or playing games. All tight clothing, and especially tight lacing, must be avoided, as compression disturbs the circulation and is often the cause of enlarged veins and red noses. A celebrated woman, who was famous even in her old age for her beautiful, clear complexion and freedom from wrinkles, was once persuaded to tell the secret of her youthful looks. The answer was simple. Abstinence had been the rule of her life. No tea, coffee or stimulant of any kind. To keep well drink lemonade or water, eat apples, grapes and figs regularly. Take the raw juice of a lemon every day. Never fail to walk regularly. Bathe frequently.

To Drive Out Malaria

And Build Up The System

Take the Old Standard GROVE'S TASTELESS CHILL TONIC. You know what you are taking, as the formula is printed on every label, showing it is Quinine and Iron in a tasteless form. The Quinine drives out malaria, the Iron builds up the system. 60 cents.

When He Is Wise Enough.

A wise man doesn't know everything, but he knows how to obtain information about the things it's necessary for him to know.

Many reputations blow up when a political campaign is in full blast.

Colds Cause Headache and Grip

LAXATIVE BROMO QUININE removes the cause. There is only one "Bromo Quinine." E. W. GROVE'S signature is on box. 35c.

Give some people their pick and they will pick flaws every time.

Stops Neuralgia Pains

Why suffer from excruciating neuralgia pains when an application of Yager's Liniment will give quick relief?

This liniment is good too, for rheumatism, sciatica, headache, pain in chest or side, sprains, cuts and bruises. 35c PER BOTTLE AT ALL DEALERS. Each bottle contains more than the usual size of liniment.

YAGER'S LINIMENT

RELIEVES PAIN

GILBERT PROSS & CO., Baltimore, Md.

CASTORIA

For Infants and Children.

Mothers Know That Genuine Castoria

Always Bears the Signature of

of

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Net Contents 15 Fluid Drachms

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CASTORIA

ALCOHOL-3 PER CENT. A Vegetable Preparation for Assimilating the Food by Regulating the Stomach and Bowels of

INFANTS & CHILDREN

Thereby Promoting Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Recipe of DR. SAMUEL PITCHER

Purifies the Blood, Aids in the Elimination of Bile, Softens the Bowels, Regulates the Stomach, and Promotes the Growth of the Child.

A helpful Remedy for Constipation and Diarrhoea, and Feverishness and LOSS OF SLEEP resulting therefrom in Infancy.

Facsimile Signature of

THE CENTAUR COMPANY, NEW YORK.

At 6 months old 35 Doses—35 CENTS

Exact Copy of Wrapper.

DR. TUTT'S LIVER PILLS FOR LIVER ILLS

Habitual Constipation Relieved

If you wake in the morning with a bad taste in the mouth, coated tongue, perhaps headache, your liver is torpid. A torpid liver deranges the whole system, produces sick headache, dyspepsia, costiveness and piles. There is no better remedy for these disorders than DR. TUTT'S LIVER PILLS. Try them just once and be eternally convinced. For sale by all druggists.

Dr. Tutt's Liver Pills

Ask for and Get

CHENEY'S EXPECTORANT

The Original Cough and Cold Remedy

STOPS THE WORST COLD IN 24 HOURS

Best for Colds, Coughs, Croup, Sore Throat, Whooping Cough.

25c and 50c at all Druggists

WINTERSMITH'S CHILL TONIC

Sold for 47 years. For Malaria, Chills and Fever. Also a Fine General Strengthening Tonic.

PARKER'S HAIR BALSAM

A toilet preparation of merit. Restores color and beauty to Gray or Faded Hair. 50c and \$1.00 at Druggists.

W. N. U., CHARLOTTE, NO. 50-1917.

When Your Eyes Need Care

Try Murine Eye Remedy

No Smarting—Just Eye Comfort. 50 cents at Druggists or mail. Write for Free Eye Book. MURINE EYE REMEDY CO., CHICAGO

Strategy.

"Githerty keeps a bundle of his wife's love letters tied up with a pink ribbon."

"And he's been married for years! A sentimental chap, isn't he?"

"Not particularly, but he's crafty. By digging that bundle of letters out of his trunk at the psychological moment he has stopped many a trade."

A Saving.

"Do you find it economical to live so far out in the country?" asked one woman.

"Yes," replied the other. "My husband has to make such a rush to catch the car he never has time to eat much breakfast."

When the Man Is Wise.

Wise is the man who knows himself thoroughly and doesn't try to find out things about his neighbors.

Some people say they do as they please, but do they?

W. N. U., CHARLOTTE, NO. 50-1917.

Overworked Women

must learn not to neglect their health

How Women are Restored to Health

Spartanburg, S. C.—"For nine years I suffered from backache, weakness, and irregularities so I could hardly do my work. I tried many remedies but found no permanent relief. After taking Lydia E. Pinkham's Vegetable Compound I felt a great change for the better and am now well and strong so I have no trouble in doing my work. I hope every case of Lydia E. Pinkham's Vegetable Compound will get as great relief as I did from its use."—Mrs. S. D. McABER, 122 Dewey Ave., Spartanburg, S. C.

Chicago, Ill.—"For about two years I suffered from a female trouble so I was unable to walk or do any of my own work. I read about Lydia E. Pinkham's Vegetable Compound in the newspapers and determined to try it. It brought almost immediate relief. My weakness has entirely disappeared and I never had better health. I weigh 165 pounds and am as strong as a man. I think money is well up at which purchases Lydia E. Pinkham's Vegetable Compound."—Mrs. J. O'BRYEN, 1755 Newport Ave., Chicago, Ill.

YOU CAN RELY UPON

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

For Women's Health

For Women's Health

For Women's Health

For Women's Health

For Women's Health

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