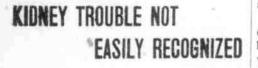


At any Drug Store Question for Nurse.

Jane was enjoying her evening meal in the nursery, made up of milk, scrambled eggs and a dish of stewed prunes. She was quiet for a while, and then asked her nurse this question : "Norah, if the moo cow has the milk and the chickens have the eggs, who has the prunes?



Applicants for Insurance Often Rejected

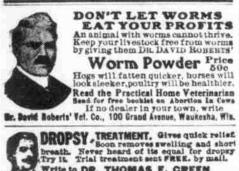
An examining physician for one of the prominent life insurance companies, in an interview of the subject, made the astonishing statement that one reason why so many applicants for insurance are rejected is because kidney trouble is so common to the American people, and the large majority of those whose applications are declined do not even suspect that they have the disease.

Judging from reports from druggists who are constantly in direct touch with the public, there is one preparation that has been very successful in overcoming these conditions. The mild and healing influence of Dr. Kilmer's Swamp-Root is soon realized. It stands the highest for its remarkable record of success.

We find that Swamp-Root is strictly an herbal compound and we would advice our readers who feel in need of such a remedy to give it a trial. It is on sale at all drug stores in bottles of two sizes, medium and large.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a mample bottle. When writing be sure and mention this paper .- Adv.

New York feeds zoo animals on horseflesh.



breath. Never heard of its equal for dropsy fry it. Trial treatment sent FREE. by mail. Vrite to DR. THOMAS E. GREEN one Baak Bidg., Box 20. . OHATSWORTH, GA

Army Hospital and Individual Preparations Making at

Asheville.

Asheville,-American army officers wounded while abroad are not going to be nearly so badly off as the term "wounded" might at first imply, if they are to be sent to Asheville for "reconstruction" and the restoration of their nervous system. Preparations here, both by the government and by the leading women of the city, indicate that life for the soldiers will be made as pleasant as possible during their sojourn in Asheville.

To start with the wounded men will be quartered at Kenilworth Inn...designed as a high class resort hotel and only turned over to the government as a hospital for the period of the war. after representations had been made showing that the use of the hotel was absolutely necessary. The hotel is designed throughout on the highest class scale, and the grounds immediately surrounding it are the most beautiful and picturesque to be imagined.

Located in a dense grove, at the top of a high hill, the new hospital will have all the advantages of a splendid view, together with a shelter from any harsh winds, and while completely isolated from city life, is yet within a stone's throw of the street car line. Aside from the plans made by the

government the women of this section organized under the leadership of Mrs. Thomas S. Rollins, are preparing to look after the convalescents. and see that they have plenty of diversion and fresh air. For this purpose the ladies have obtained pledges of a number of automobiles, and each car will be manned by a driver and a goodlooking girl in uniform, who will act as orderly, seeing to the wounded soldier's wants and explaining the various points of interest to which the wounded men will be driven. Women and girls are entering enthusiasically into the spirit of this work, and every indication points to slow recoveries on the part of the soldiers in order that they may longer enjoy the good time that is going to be provided for them

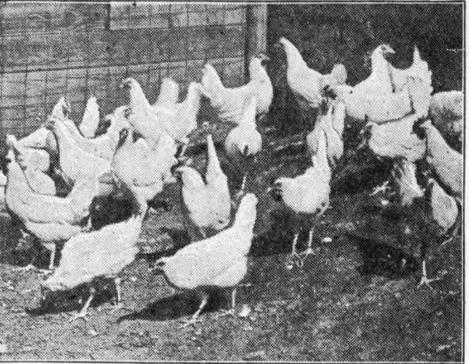
Enemy Alien Held.

Raleigh .- Upon information furnished the police by Dr. Albert Anderson, superintendent of the State Hospital, Walter Kynast, a registered enemy alien, was arrested charged with an assault. Kynast was an attendant at the State Hospital and according to the charges, knocked down and painfully injured William Driver, a 60-yearold patient.

Kynast, who recently registered as an enemy alien with the chief of police here, stated that the patient assaulted him and he struck the man in self-defense. Hospital authorities. however, declare that Driver is a peaceable patient and has never been known to attempt an assault upon any-

North Carolinians Best Shots,

SMALL FLOCK OF CHICKENS SHOULD PRODUCE ENOUGH EGGS FOR FAMILY



FLOCK FOR PRODUCTION OF EGGS AND MEAT.

(Prepared by the United States Depart-ment of Agriculture.)

The keeping of a small flock of laying hens on a town or village lot or in a city back yard is an important branch of poultry keeping. Though the value of the product from each flock is small of itself the aggregate is large. The product of such a flock, both in the form of eggs and fowls for the table, may be produced at a relatively low cost, because of the possibility of utilizing table scraps and kitchen waste which would otherwise be thrown away. A small flock of hens, even as few as six or eight, should produce eggs enough, where used economically, for a family of four or five persons throughout the entire year, except during the molting period of the fall and early winter. By the preservation of surplus eggs produced during the spring and early summer this period of scarcity can be provided for. The keeping of pullets instead of hens also will insure the production of eggs at this time. Not only will the eggs from the home flock materially reduce the cost of living, but the superior freshness and quality of the eggs are in themselves well worth the effort expended. Eggs are a highly nutritious food and are so widely used as to be almost indispensable, and an occasional chicken dinner is relished by everyone.

Where conditions render it feasible and cheap small flocks of poultry should be kept to a greater extent than at present by families in villages and towns, and especially in the suburbs of large cities. The need for this extension of poultry raising is particularly great in those sections where the consumption of poultry products exceeds the production with the result that prices are high.

Kind of Fowls to Keep.

get stock by putting him in communi-Householders usually desire not only cation with some of its members haveggs for the table and for cooking, but

ENGLISH HEDGES MUST GO One of War's Results Will Be a Change to American Style of Landscape Gardening.

One of the pretty features of the English landscape will undergo drastic changes as a result of the great gricultural program this year. Hedgerows in nfany places will have to go down and thousands of trees which have wide-spreading roots must be removed to allow plowing. It is belved by many that the result after the war will be the adoption of the Americar, style of landscape, with lawns minus fences and hedges surrounding homes.

When Sir Herbert Tree returned to England from America shortly before his death he extolled the American system, but the English did not take kindly to his idea, as the English people believed their privacy would be infringed and they feared the beautiful lawns would be ruined by trespassers.

FRECKLES Is the Time to Get Rid of These Ugly Spots

There's no longer the slightest need of feeling ashamed of your freckles, as the prescription othine-double strength-is guaranteed to remove these homely spots. Simply get an ounce of othine-double strength-from your druggist, and apply a little of it night and morning and you should during the fall and early winter, while soon see that even the worst freckles have lets, however, should lay fairly well begun to disappear, while the lighter ones have vanished entirely. It is seldom that nore than one ounce is needed to completely diate return is realized from the inclear the skin and gain a beautiful clean complexion Be sure to ask for the double strength oth-ine, as this is sold under guarantee of money back if it fails to remove freckles -- Adv.

To Cut Prices.

Ex-Mayor Mitchel of New York was talking at a dinner about war prices. "These war prices are staggering," he said. "They're very hard to combat, too. When a man comes along with a simple easy method for bringing war prices down to the pre-war level, his idea is apt to be about as valuable as Josh's.

"Josh said at the club one day:

""The high cost of living is fierce, but I can tell you how to cut your bills in half.'

"How? How?' the big clubraam ·horused.

"'Use an ordinary pair of shears," said Josh."

Catarrh Cannot Be Cured

by LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a local disease, greatly influ-enced by constitutional conditions, HALL'S CATARRH MEDICINE will cure catarrh. It is taken internally and acts through the Blood on the Mucous Surfaces of the System. HALL'S CATARRH MEDICINE is composed of some of the best tonics known, combined with some of the best blood purifiers. The perfect combination of the ingredients in HALL'S CATARRH MEDICINE is what produces such we derful results in catarrhal conditions. Druggists 75c. Testimonials free. F. J. Cheney & Co., Prons. Tolado gists 75c. Testimonials free. Cheney & Co., Props., Toledo, O.

Gone Away.

Robert and Paul were inseparable friends. But one Sunday when Robert's mother went to his classroom for him after Sunday school, Paul was not with him. So she sald:

"Wasn't Paul to Sunday school?" "No. He's gone."



To drive a tank, handle the guns, and sweep over the enemy trenches, takes strong nerves, good rich blood, a good stomach, liver and kidneys. When the time comes, the man with red blood in his veins "is up and at it." He has Iron nerves for hardships-an interest in his work grips him. That's the way you feel when you have taken a blood and nerve tonic, made up of Blood root, Golden Seal root, Stone root, Cherry bark, and rolled into a sugar-coated tablet and sold in sixty-cent vials by almost all druggists for past fifty years as Dr. Pierce's Golden Medical Discovery. This tonic, in liquid or tablet form, is just what you need this spring to give you vim, vigor and vitality. At the fag end of a hard winter, no wonder you feel "run-down," blue, out of sorts. Try this "Medical Discovery" of Dr. Pierce's, Don't wait! To-day is the day to begin! A little "pep," and you laugh and live.

The best means to oll the machinery of the body, put tone into the liver, kidneys and circulatory system, is to first practice a good house-cleaning. I know of nothing better as a laxative than a vegetable pill made up of Mayapple, leaves of aloe and jalap. This is commonly sold by all druggists as Dr. Pierce's Pleasant Pellets, and should be taken at least once a week to clear the twenty-five feet of intestines. You will thus clean the system-expel the poisons and keep well. Now is the time to clean house. Give yourself a spring house cleaning.-Adv.

This Is Better **Than Laxatives**

One NR Tablet Each Night For A Week Will Correct Your Constipation and Make Constant Dosing Unneces-sary. Try It.

Poor digestion and assimilation mean a poorly nourished body and low vitality. Poor elimination means clogged bowels, fermentation. putri-faction and the formation of poisonous gases which are absorbed by the blood and carried through the body. The result is weakness, headaches, dizziness, coated tongue, inactive liver, billous attacks, loss of energy, nerv-ousness, poor appetite, impoverished blood, sallow complexion, pimples, skin disease, and often times serious ill-ness.

blood, sallow complexion, pimples, skin disease, and often times serious ill-ness. Ordinary laxatives, purges and ca-thartics—salts, oils, calomei and the like—may relieve for a few hours, but real, lasting benefit can only come through use of medicine that tones up and strengthens the digestive as well as the eliminative organs. Get a 25c box of Natures Remedy (NR Tablets) and take one tablet each right for a week. Relief will follow the very first dose, but a few days will elapse before you feel and realize the fullest benefit. When you get straightened out and feel just right again you need not take medicine every day—an occasional NR Tablet will then keep your system in good condition and you will always feel your best. Remember, keeping well is easier and cheaper than getting well. Nature's Remedy (NR Tablets) are sold, guaranteed and recommended by your druggist.

10 . 22

vestment. The purchasing of pullets in the fall is preferable in most cases to purchasing day-old chicks or to hatching chicks in the spring. Usually there is little space available for the raising of chicks, and, moreover, many city dwellers have had no experience in raising them. Under these conditions the results are apt to be very poor. Hatching and rearing chicks also necessitates broody hens for this purpose, or else investing money in artificial apparatus such as incubators and brooders. Such an investment is often too great to prove profitable with the average small flock. If chicks are

riety. Hens will lay little or no eggs

they are molting. Well-matured pul-

during this period, so that an imme-

raised, they must be fed throughout the summer and no return will be obtained until the pullets begin to lay in the fall, except that the males can be eaten or sold.

Buying New Stock.

is well if possible to go to some farm-

er or poultryman who may be known

to the prospective purchaser. In some

cases it may pay to make arrange-

ments with the farmer to raise the de-

sired number of pullets at an agreed

price. Where the householder does not

have an opportunity to go into the

country for his pullets, he can often

pick them out among the live poultry

shipped into the city to be marketed.

The advice of some one who knows

poultry should be sought in making

such a purchase, to make sure that pul-

lets or young hens are obtained, and

that the stock is healthy. Often the

local poultry associations are glad to

help the prospective poultry keeper to

When pullets are to be purchased, it

THE SOUTH'S -A \ . WRITE FOR CATALOG AND PRICE LIST H.D.MAN REROOMS 219 SOUTH TRYON ST. CHARLOTTE, N.C.



G For up-to-date implements and prompt service, make Rawlings your "source of supply." Ask your dealer.

Rawlings Implement Co. Manufacturers, Wholesalers, Exporters Baltimore, Md.



BAD COUGH is risky to neglect. Take it in hand, and safeguard your health by promptly taking PISO'S

Camp Jackson, S. C .- The team of 16 men of the 322d infantry regiments have won for their regiment the division silver trophy, offered by the Eighty-first division for the regiment making the best percentages in the inter-company inter-regimental fourday competitive target practice held here, and have won for themselves the reputation of being the best rifle shots of the division. The 15 men, composfinal tests, are from North Carolina. and Tennessee, 14 from the former State and two from the latter.

The North Carolina men are: Sergeants Walter G. Upchurch and Ashford Pearce; Corporals Marvin Grant and Samuel R. Brown; Privates Jesse B. Godwin, Swan Blankenship, William H. Powell, William R. Lynch, If, however, the production of eggs William Nordan, Sam L. Jones, War- outweighs the desire for an occasional ren N. Priest, Lee Clifford, William F. Rollers and Thomas E. Penny.

"Nitiation" Heap Too Many.

Windsor .- Turner Freeman, a colored man living in Cashie Neck of Ber. * It is by all means advisable to keep tie county, is now in St. Vincent's Hospital in Norfolk with a broken neck as a result of horse play while ure can often be made of breeding the negro lodge of Odd Fellows was giving him the degrees. Much secrecy Is being maintained by the members. The physicians say he will be a hopeless paralytic for life. There will be a prosecution.

NORTH CAROLINA BRIEFS.

John Henry Johnson, of Hope Mills was killed by his brother, Charles Johnson, at Hope Mills. The fatal blow was inflicted with an axe, and followed a quarrel, the cause of which was not known by officials. Charles. Johnson was arrested and placed in iaji.

Two Robeson county widows, Mrs. O. C. Nicholson and Mrs. Archie Brown, succeed their husbands in the postoffices at Maxton and Red Springs respectively.

With only one dissenting vote in the election for a bond issue of \$40,000, the good roads advocates of Garner are anticipating with keen interest the early start on a modern concrete road on the stretch of highway between Raleigh and their town. The election, held in the Garner highway district, was carried by a vote of 35 to 1. The registration was 52.

Mr. Spencer Hart, a former Tarboro boy, and a son of the late Mr. and Mrs. Weddell Hart, of the Edgecombe capital, is now with the American aviation forces in Italy.

also an occasional chicken to eat. For this reason one of the general purpose breeds, such as the Plymouth Rock, Wyandotte, Rhode Island Red, or Orpington, is preferable to the smaller egg breeds, such as the Leghorns. Not only do the mature fowls of these breeds, because of their larger size, make better table fowls than the Leghorns, but the young chickens for the same reason make better friers and ing a team chosen by the officers of roasters, whereas chickens of the egg the regiment to represent it in the breeds are only suitable for the smaller broilers. The general-purpose breeds are also "broody" breeds, the hens making good sitters and mothers, which is a decided advantage when it is desired to hatch and raise chickens. since the hens of the egg breeds seldom go broody and are in any event rather unreliable sitters and mothers. table fowl, the lighter egg breeds undoubtedly will be found better, because they lay as many eggs and do so on less feed, with the result that they produce the eggs more cheaply. some pure breed or variety. Where this is done, sales at a profitable figstock which it is intended to market or of eggs for hatching.

Size of Flock.

The size of the flock which can be most efficiently kept will depend first of all upon the space available and, secondly, upon the amount of table scraps or other waste which is available for feed. It is a mistake to try to overstock the available space. Better results will be obtained from a few hens in a small yard than from a larger number. The back-yard poultry flock rarely will consist of over 20 or 25 hens and in many cases of not more than eight or ten, or occasionally of only three or four. For a flock of 20 to 25 hens a space of not less than 25 by 30 feet should be available for a yard. Where less space is available, the size of the flock should be reduced. allowing on the average 20 to 30 square feet per bird. A few hens are sometimes kept successfully with a smaller yard allowance than this, but if the space is available a yard of the size indicated should be used.

Procuring Stock.

The best way for the city poultry keeper to procure hens is to purchase them in the fall. An effort should be made to obtain pullets rather than older hens, and the pullets selected should | all poor cockerels are mongrels; there gin to my before the cold weather sets nized breeds. An effort should be of the comb and a size and growth bred, but he should be from a strain which are good for the breed or va- of producers.

ing stock for sale. Sometimes the local board of trade or chamber of commerce is glad to help to bring together the prospective purchaser and the poultry raiser.

CONTROL OF THE GYPSY MOTH

Severity of Infestation Important Factor in Determining Which Method Should Be Used.

(Prepared by the United States Depart-ment of Agriculture.)

Gypsy moth in orchards can be conrolled by a number of methods, the severity of infestation being an important factor in which method should be used. If only a few egg clusters are present in the orchard, early spraying. such as is applied for the codling moth after the blossoms have fallen, will be found useful, providing the amount of poison used is increased to ten pounds to 100 gallons of water. If the infestation is more serious, a second spraying early in June, using a similar amount of poison, will be found very satisfactory. In cases where the infestation is severe it probably will be necessary to creosote egg clusters in the winter and spray in the spring if the insect is to be controlled. In any case, thoroughness is a prime essential if good results are to be secured.

All poor or hollow trees should be removed, and if badly infested woodland is nearby the orchard trees should be banded with the sticky substance previously mentioned or with tree-banding material. Orchard infestations can be managed by following up these methods, and it will not require much additional expense or a great deal of extra work to protect the trees. In making this statement it is assumed that the orchard is being cared for by up-to-date methods for protection from the codling moth and other injurious insects and diseases, and it is improbable that these results can be brought about in neglected orchards or where the owners do not practice the best horticultural methods in handling their growing trees.

POOR COCKEREL IS HANDICAP

Not Only Should Male Bird Be Purebred, but He Should Be From Strain of Producers.

The poor cockerel is a great handicap to progressive poultry raising. Not be well matured, so that they will be- are many poor birds among the recogin. Evidences of the maturity of pul- made to get the best to head the flock. lets are the development and red color Not only should the cockerel be pure-

"Where has he gone?" "To Antioch," replied the small boy 'our teacher told us about it."

Skin Troubles That Itch , Burn and disfigure quickly soothed and healed by hot baths with Cuticura Soap and gentle anointings of Cuticura Ointment. For free samples, address, "Cuticura, Dept. X, Boston." Sold by druggists and by mail. Soap 25, Ointment 25 and 50 .- Adv.

An ancient worthy says, "Reading maketh a full man," but most of 'em try to explain it another way.

Of what use is a remedy unless we make use of it?

Exact Copy of Wrapper.

