

Peruna Relieved My Cough

Mrs. Gertie Ebbardt, 219 East First St., Kewanee, Illinois, writes: "I have taken six bottles of your Peruna for a cough, and I am all well. I went over to see a neighbor one day and I had a terrible cough and my eyes were sore. She gave me half a bottle of Peruna last November, and it did me so much good that I bought a bottle, and then when I had finished that I got another, and so on until I have taken almost six bottles and I feel like a new woman. I am fifty-nine years

I Feel as I Did Twenty Years Ago.



old, and since I have taken the Peruna, I feel as I did twenty years ago. I will always keep Peruna in my house."

Those who object to liquid medicines can secure Peruna tablets.

CONSTIPATION IS HUMANITY'S GREATEST FOE

It is always a terror to old people and a menace at some time or another to every human being, young or old. It is the forerunner of more ills and suffering than almost any of NATURE'S DANGER SIGNALS and should never be allowed to go unheeded. At the very first indication of constipation get DR. TUTT'S LIVER PILLS which for 72 years has been successfully used for this most prevalent of all disorders. For sale by druggists and dealers everywhere.

Dr. Tutt's Liver Pills

ASKED MUCH OF FAIR LADY

Algernon's Ability to Shine as Heroic Rescuer Did Not Seem to Be of Very High Order.

Reference at a dinner was made to the beauty of being heroic, when a little incident along that line was contributed by Senator Henry L. Myers of Montana.

One afternoon Percival Claude was rambling by the wayside with his charming Angelina, wondering what he could do to make her think he was the greatest ever, when a happy thought struck him.

"I say, Miss Angelina," he eagerly remarked, "couldn't you manage to fall into the river so that I could rescue you?"

"Why, I might," was the smiling rejoinder of the fair Angelina, "but I thought I understood you to say that you cannot swim."

"I can't, Miss Angelina, not a single stroke," was the startling rejoinder of Percival Claude, "but I always carry a police whistle, don't you know?"—Philadelphia Telegraph.

Saw the Resemblance.

Edward saw his father in his dress suit for the first time the other evening. He looked him over from head to foot, then said: "You look just like a gentleman, daddy."

One of the easiest ways to cool an overheated oven is to stand a basin of cold water in it.

There's some truth in every lie—if nothing more than the truth that it is a lie.

Unnecessary Fears.

Of course the eloping couple's roller-skate of a car had no chance against the old man's high-powered roadster. He soon came up with them.

"Do not take her back," pleaded the young man with tears in his eyes.

"Take her back?" echoed the stern parent. "Why, I have come to bring her knitting outfit and chewing gum so she would never have an excuse to come back."—Boston Transcript.

RECIPE FOR GRAY HAIR.

To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and ¼ oz. of glycerine. Any druggist can put this up or you can mix it at home at very little cost. Full directions for making and use come in each box of Barbo Compound. It will gradually darken streaked, faded gray hair, and make it soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off. Adv.

Up to Date.

"Come, my pet, let us travel into Stumland." "All right, daddy, dear. Shall we take a sleeper?"

France is the best foreign patron of the United States patent office, with Great Britain following closely.

Dr. Pierce's Pleasant Pellets are the original little liver pills put up 40 years ago. They regulate liver and bowels. Adv.

In 1917 Alaska produced minerals valued at \$41,760,000.

Granulated Eyelids, Sties, Inflamed Eye relieved over night by Roman Eye Balsam. One trial proves its merit. Adv.

Remembrance is the father of wisdom.

SUNDAY SCHOOL LESSON

(By E. O. SELLERS, Acting Director of the Sunday School Course of the Moody Bible Institute, Chicago.)
(Copyright, 1918, Western Newspaper Union.)

LESSON FOR MARCH 10

JESUS RESTORING LIFE AND HEALTH.

(May be used as missionary lesson.)

LESSON TEXT—Mark 5:21-42.
GOLDEN TEXT—Himself took our infirmities and bear our diseases.—Matt. 8:17.

ADDITIONAL MATERIAL FOR TEACHERS—Matt. 9:27-35; Luke 7:16-17; 11:19; John 5:1-8; 11:3-46; 10:7-18.

PRIMARY TOPIC—Jesus restoring the little girl to life.
MEMORY VERSE—Bless Jehovah O my soul, and forget not all his benefits.—Ps. 103:2.

INTERMEDIATE TOPIC—Jesus the giver of life.

MEMORY VERSE—John 10:10.
SENIOR AND ADULT TOPIC—Medical missions.

This is one of the most beautiful stories of the Bible. It appeals to the loving parents' hearts and charms the attention of every child. The introduction of the woman who touched the Master's garment is referred to by three of the gospel writers and gives us an intensely interesting sidelight on the reception accorded to Jesus during his Galilean ministry.

The dramatic personae is as follows: (1) The Father is about to lose all the poetry and music of his home.

(2) The Child, twelve years old, is just on the threshold of Jewish womanhood. It takes little imagination to picture how her life had entwined itself about the heart of the father and the other loved ones. The stricken child is still to be found in the land, and it is this background which makes the picture so vivid. Why the suffering? Why the separation? Only our Heavenly Father knows it all, and some day we will read the answer in the glory of his presence.

(3) The Woman, who—where from or whither to we are not told—only one of a vast throng who had just faith enough to touch the hem of his garment and be made whole. (4) The Galilean Prophet's response to the furtive touch of need was instantaneous, but without the marring movement of haste. We can fancy these characters walking along the highway. Jesus paused as they were interrupted. The woman was healed the moment she touched his garment. What is the meaning of the pause?

Having taught the multitude and encouraged the heart of Jairus, they reached the home, where Jesus excluded all but Peter, James and John, who entered with him into the house of tumult, made somber by the weeping and wailing of professional mourners and relatives. Again we are impressed with the

Calm Dignity of Jesus.

As he asked, "Why this tumult? the child only sleeps." Their laughing scorn is due to their ignorance of the power of the Mighty Christ in face of the fact that the child was really dead. When he had turned the unbelievers out, Jesus took the father, mother and disciples into the chamber of death. The occasion was not for a spectacular demonstration of power. Having restored the child to life and to its parents, Jesus admonishes them not to publish the news broadcast. Evidently he was not yet ready to precipitate matters in the minds of the multitude, for of a surety he knew that in certain quarters the fact of the cure would be made known.

This is a beautiful picture of love: (1) The Father's love (vv. 22-24). (a) His need; (b) his position "at Jesus' feet"; (c) his plea, "I pray thee"; (d) his insistence, "besought greatly." (2) The Stranger's Plea (vv. 25-35). (a) An interruption; (b) "Of long standing"; (c) Jesus' knowledge; (d) Jesus' response; (e) her confession; (f) her blessing. (3) The Master's Love (vv. 35-43). (a) Jesus' knowledge; the child was not dead in his sight; (b) delay does not mean refusal; (c) the tender resurrection in answer to faith; (d) the provision for her needs.

Sorrow brought Jairus to Jesus. Sorrow today brings more men to Jesus than perhaps any other means. Certainly it has been so during this great war. As the ruler of the synagogue Jairus laid aside his pride and hostility to make his plea for help and accept service of Jesus.

There are three recorded instances where Jesus raised the dead. This "only daughter," which was a simple and apparently easy matter. (2) The "only son" of a widow, when he "stopped the bier." This was apparently attended with more difficulty than that of the little girl, for "she only slept." The raising of Lazarus, a grown man, apparently presented still greater difficulties. Viewed from our human angle there were difficulties, but with God there are none. His fiat created the time and matter worlds. To ascribe difficulty to God is but to judge him by our standards.

The great need in the foreign field is evangelization supplemented by education and the ministry of healing through dispensaries and hospitals. In the midst of the present war situation let us not forget our responsibility to the unevangelized at home and abroad. Jesus is still the Resurrection and the Life for "sleeping" children, communities and nations.

Why did Jesus spend so much time in working miracles? To impress the value of his life upon the world as a testimony to his divine office, and a prophecy of his authority in his coming Kingdom.

BOSCHEE'S GERMAN SYRUP

will quiet your cough, soothe the inflammation of a sore throat and lungs, stop irritation in the bronchial tubes, insuring a good night's rest, free from coughing and with easy expectoration in the morning. Made and sold in America for fifty-two years. A wonderful prescription, assisting Nature in building up your general health and throwing off the disease. Especially useful in lung trouble, asthma, croup, bronchitis, etc. For sale in all civilized countries.—Adv.

Illuminated Title.

An attractive young lady entered a New York book shop the other day and told the clerk that there was one title missing from her red leather set of O. Henry.

"Which one?" he asked.
"Let me see," she replied, in evident embarrassment. To help her out he named over a few titles.

Brightening, the lady said, "Oh, now I have it. It is 'The Light That Failed.'"

It was now the clerk's turn to look the other way. Finally, leading her to a shelf containing the set, he asked her which of the books she wanted.

"Ah, here it is," she said.
She wanted "The Trimmed Lamp."

As a new cotton-picking machine is driven over a field four men follow it and pick the bolls with nozzles connected to pneumatic apparatus with which it is equipped.

Indigestion produces disagreeable and sometimes alarming symptoms. Wright's Indian Vegetable Pills stimulate the digestive processes to function naturally. Adv.

The manufacture of glycerin from sugar is a war triumph.

Letter suffer a great wrong than to do a little wrong.

Just Once! Try Dodson's Liver Tone! Take No Calomel! Listen To Me!

If bilious, constipated, headachy or sick, I guarantee relief without taking dangerous calomel which sickens and salivates.

Stop using calomel! It makes you sick. Don't lose a day's work. If you feel lazy, sluggish, bilious or constipated, listen to me!

Calomel is mercury or quicksilver, which causes necrosis of the bones. Calomel, when it comes into contact with sour bile, crashes into it, breaking it up. This is when you feel that awful nausea and cramping. If you are "all knocked out," if your liver is torpid and bowels constipated, or you have headache, dizziness, coated tongue, if breath is bad or stomach sour, just try a spoonful of harmless Dodson's Liver Tone.

Here's my guarantee—Go to any drug store and get a bottle of Dodson's Liver Tone for a few cents. Take a spoonful tonight, and if it doesn't

straighten you right up and make you feel fine and vigorous by morning, I want you to go back to the store and get your money. Dodson's Liver Tone is destroying the sale of calomel because it is real liver medicine; entirely vegetable, therefore it can not salivate or make you sick.

I guarantee that one spoonful of Dodson's Liver Tone will put your sluggish liver to work and clean your bowels of that sour bile and constipated waste which is clogging your system and making you feel miserable. I guarantee that a bottle of Dodson's Liver Tone will keep the entire family feeling fine for months. Give it to your children. It is harmless; doesn't gripe and they like its pleasant taste.—Adv.



Spring Run of Distemper

MAY BE WHOLLY AVOIDED BY USING "SPOHN'S" A small outlay of money brings very great results. It is a sure cure and a preventive if you use it as per directions. Simple, safe and sure. The 51 size is twice the quantity and an ounce more than the 50c size. Get your horses in best condition for late spring and summer. All druggists, harness dealers or manufacturers.
SPOHN MEDICAL CO., Manufacturers, Goshen, Ind.



NR Tonight—Tomorrow Feel Right Get a 25c Box

Proof that Some Women do Avoid Operations

Mrs. Etta Dorion, of Ogdensburg, Wis., says:

"I suffered from female troubles which caused piercing pains like a knife through my back and side. I finally lost all my strength so I had to go to bed. The doctor advised an operation but I would not listen to it. I thought of what I had read about Lydia E. Pinkham's Vegetable Compound and tried it. The first bottle brought great relief and six bottles have entirely cured me. All women who have female trouble of any kind should try Lydia E. Pinkham's Vegetable Compound."

How Mrs. Boyd Avoided an Operation.

Canton, Ohio.—"I suffered from a female trouble which caused me much suffering, and two doctors decided that I would have to go through an operation before I could get well.

"My mother, who had been helped by Lydia E. Pinkham's Vegetable Compound, advised me to try it before submitting to an operation. It relieved me from my troubles so I can do my house work without any difficulty. I advise any woman who is afflicted with female troubles to give Lydia E. Pinkham's Vegetable Compound a trial and it will do as much for them."—Mrs. MARIE BOYD, 1421 6th St., N. E., Canton, Ohio.

Every Sick Woman Should Try

LYDIA E. PINKHAM'S VEGETABLE COMPOUND Before Submitting To An Operation

LYDIA E. PINKHAM MEDICINE CO. LYNN, MASS.

Easily Explained.

The minister had called in the home of one of his parishioners. There was a bald-headed baby in the house, also another child with beautiful brown eyes and soft golden curls. The minister was struck with the beauty of the little one and said: "Where did you get your big brown eyes and your pretty curly hair?" The child looked at him in wonder and said: "I had my eyes when I came, and my hair grew."

There is no evil without a remedy.

Sharper Sting.

"Mandy went to the party last time, and I had seen Willyum dar, and she's all cut up 'bout it."
"You mean that she was cut by Willyum's coldness, Sarah?"
"No'm; she wasn't cut up by Willyum's coldness; what I cut up was Willyum's razah, yass, m."

Real Friendship.

"How do they get along with their neighbors?" "Very well. They even lend each other sugar."

Cod Catch Brings \$25,000.

A Japanese fishing schooner that had fished its way across the Pacific arrived at a Pacific port with a catch of 100,000 cod, which the captain immediately sold to a local fish dealer for a sum said to be in the neighborhood of \$25,000.

After discharging the cargo, the schooner took on a large quantity of salt, with the object of fishing its way back to Japan.—Portland Oregonian.

Trying to cut your own hair is sheer nonsense.

22 Million Families in the United States

IF EACH FAMILY saved one cup of wheat flour it would amount to 5,500,000 pounds, or more than 28,000 barrels. If this saving was made three times a week, it would amount to 858,000,000 pounds, or 4,377,000 barrels in a year. You can do your share in effecting this saving and really help to win the war by omitting white bread from one meal today and baking in its place muffins or corn bread made according to this recipe:

Corn Meal Muffins

- ¾ cup corn meal
- 1 ½ cups flour
- 1 ½ teaspoons salt
- 4 teaspoons Royal Baking Powder
- 2 tablespoons sugar
- No eggs
- 1 cup milk
- 2 tablespoons shortening

Sift dry ingredients together into bowl; add milk and melted shortening and beat well. Bake in greased muffin tins in hot oven about 20 minutes. Same batter may be baked as corn bread in greased shallow pan.

Our new Red, White and Blue booklet, "Best War Time Recipes," containing many other recipes for making delicious and wholesome wheat saving foods mailed free—address ROYAL BAKING POWDER CO., DEPT. W, 135 William St., New York

FOOD WILL WIN THE WAR