

YOUR SICK CHILD IS CONSTIPATED! LOOK AT TONGUE

HURRY, MOTHER! REMOVE POISONS FROM LITTLE STOMACH, LIVER, BOWELS.

GIVE "CALIFORNIA SYRUP OF FIGS" IF CROSS, BILIOUS OR FEVERISH.



No matter what ails your child, a gentle, thorough laxative should always be the first treatment given. If your little one is out of sorts, half-sick, isn't resting, eating and acting naturally—look, Mother! see if tongue is coated. This is a sure sign that the little stomach, liver and bowels are clogged with waste. When cross, irritable, feverish, stomach sour, breath bad or has stomach-ache, diarrhea, sore throat, full of cold, give a teaspoonful of "California Syrup of Figs," and in a few hours all the constipated poison, undigested food and sour bile gently moves out of the little bowels without griping, and you have a well, playful child again.

Mothers can rest easy after giving this harmless "fruit laxative," because it never fails to cleanse the little one's liver and bowels and sweeten the stomach and they dearly love its pleasant taste. Full directions for babies, children of all ages and for grown-ups printed on each bottle.

Beware of counterfeit fig syrups. Ask your druggist for a bottle of "California Syrup of Figs;" then see that it is made by the "California Fig Syrup Company."—Adv.

There's a Reason.

Hubby—"I never realized you were so tall before." Wife—"I'm supposed to be. Am I not your better half?"

Rheumatism Relief--25c.

Nature's Remedy (NR Tablets), Are Helping Thousands Who Tried Expensive Things Without Result. It's Guaranteed.

There are three vital processes of human existence—the digestion of food, the extraction of nourishment from it and the elimination of waste. Poor digestion and assimilation means failure to derive full nourishment from food and that in turn often means impoverished blood, weakness, anemia, etc. Poor elimination means an accumulation of waste matter which poisons the body, lowers vitality, decreases the power of resistance to disease and leads to the development of many serious ills.

Rheumatism—due to some interference with the process of elimination, failure to get rid of certain body poisons—cannot be expected to yield to any medicine that fails to correct the condition responsible for it. Could any reasonable person expect to rid himself of rheumatic pain as long as rheumatic poison is allowed to remain in the body?

Think of this. It explains the success of Nature's Remedy (NR Tablets) in so many cases where other medicines have failed. Thousands are using NR Tablets every day and getting relief. Why pay five or ten times as much for uncertain things? A 25c box of Nature's Remedy (NR Tablets), containing enough to last twenty-five days—must help you, must give you prompt relief and satisfactory benefit or cost you nothing.

Nature's Remedy is not only for the relief of rheumatism. It improves digestion, tones the liver, regulates kidney and bowel action, improves the blood and cleanses the system. You've tried the expensive medicines and doctors, now make the real test. You'll get results this time. Just try it. Nature's Remedy (NR Tablets) is sold, guaranteed and recommended by your druggist.

Nature's Remedy
NR TABLETS—NR

NR Tonight—Get a
Tomorrow Feel Right 25c Box

ANTILE

Our Part in Feeding the Nation

(Special Information Service, United States Department of Agriculture.)
HOW WOMEN CAN HELP ON THE FARMS.



In the Lighter Farm Work Such as Picking, Sorting and Packing Fruits Women Can Replace and Release Man Power.

TOWN WOMEN MAY AID FARM WIVES

May Also Release Men Employed in Lighter Industries for Agricultural Work.

ALSO AID IN TRUCK FARMING

Not the Policy of Agricultural Department to Call Upon Gentler Sex Until Nation's Food Production Is Threatened.

Only when the man and boy supply is exhausted and the failure of the nation's food production campaigns are threatened, should the United States call upon women to do men's work on the farm.

That, briefly, may be said to be the policy of the United States department of agriculture in the matter of women as farm laborers. Badly as labor will be needed to carry through programs of food production this year, the department does not believe the situation yet demands the employment of women for the heavier farming operations. Rather, it believes that efforts now should be directed toward persuading able-bodied men in the cities to do farm work and that community action should be directed to this end.

Work for Women.

But there will be work to do for the thousands of women who are offering to help the farmers with their big task. Helping farm women with their added duties and taking the place of men in the lighter industries, thus releasing male labor for the farms, are important ways in which women may aid agriculture's program, department officials point out. Furthermore, women can be expected to help, as they have in the past, with the lighter work of truck farming, in picking and packing berries and fruit and with much other light labor of food production.

But if a serious labor shortage threatens the harvest of the country's food crops the department of agriculture, in co-operation with the department of labor and other federal and state agencies, will request women to help meet the situation. It has instructed its field agents to aid farmers in obtaining women workers when such conditions arise.

Among the sources from which additional labor may be obtained on the farms are: (1) from among the women already on farms; (2) from relatives of farmers who are living in cities and who are willing to work on farms during slack business or industrial periods; (3) from the foreign women who are accustomed to work in the fields under a system of intensive agriculture before migrating to this country; and (4) from women in nearby villages and towns who might be employed on farms and still live at

community it becomes necessary to call upon women, the principle is to stimulate work and the necessity of order to maintain

Women.

Employing woman labor is the kind of work done, the amount, and the wages offered. Offering herself should understand whether she is willing to work every day in the field should be thoroughly understood all parties concerned that they are to receive a wage equal to that given men for performing the same amount of work. Wherever possible, this can be brought about by putting the work on the piece basis.

The function of the home demonstration agent and the county agent is to see that the county exchange lists all women desiring work, as well as the farmers desiring women farm workers. If there were a sufficient demand in certain communities for women, one of the local woman committees might act as the medium of local exchange. The home demonstration and county agents will also keep in touch with the farm help specialist, employed by the office of farm management of the department. She will be ready to advise the various committees as to whether the conditions under which women work on farms are satisfactory, and not detrimental to their health and morals.

Use Rag Doll Tester.

The "rag doll" seed tester, a simple and reliable method of determining germination, will tell you whether your seed corn is fit to plant. This method of testing corn is described in detail in Farmers' Bulletin 948 of the department of agriculture. Briefly it consists of a strip of cloth, preferably bleached muslin, 16 inches wide and from 3 to 5 feet long. The cloth should be marked off into squared sections and the squares all numbered. The ears to be tested should also be given corresponding numbers. Six or more kernels should be selected from different parts of each ear, and placed in the proper section. When the tester is filled, fold over each side so that the edges meet in the center, roll up and soak the tester for a few hours in lukewarm water. Drain the excess water off, and place the dolls in a warm place to germinate. They should be covered with a wet cloth to keep them moist, and in about five days should be sufficiently well germinated to show their fitness for seed.

Ready for Spring Drive?

Have you ordered the necessary farm implements and machinery, lime, fertilizers, and the like? If not, do so at once. Don't wait until the spring rush is upon you. It may be too late then to get what you need. The United States Department of Agriculture has been urging farmers to make arrangements early for these materials this year because of transportation problems. It will soon be too late to be early.

EMPLOYMENT OF WOMEN

As a rule the employment of women in farming operations should not be considered if the agricultural production can be maintained by the employment of men and boys. The department of agriculture does not wish to urge the use of women laborers on the farms unless the man supply becomes exhausted. The lively interest now being shown by women in all parts of the country who are eager to volunteer their services to help the men and boys carry out the nation's food production program this year has forced the attention of federal officials to the fact that needed work can be done by these willing hands. Women who can help farm women with their work and who can release men in the lighter industries to do the heavier work on the farms can give valuable aid in the present labor emergency.

Shed for Implements.

If you have one already, now is a good time to build an inexpensive shed for them. Machinery costs too much to be allowed to rust and rot.

Better Yields.

Use better seeds and better fields and you will get better yields. Why plant scrub corn?



THE SPRING DRIVE

Our boys are going "Over the top" and into "No man's land" this spring. No one has any doubt of their ability to get there. There will also be a spring drive on this side of the ocean, because March is the year's "blue Monday." It is the most fatal month of the year. March and April is a time when resistance usually is at lowest ebb. It is a trying season for the "run-down" man. But medical science steps in, and says, "It need not be!" We should cultivate a love of health, a sense of responsibility for the care of our bodies. Do not allow the machinery of the body to clog. Put the stomach and liver in proper condition. Take Dr. Pierce's Golden Medical Discovery, to be had at most drug stores in tablet or liquid form, tablets sixty-cents a vial, composed of native herbs. This puts the stomach and liver in proper condition. You may be plodding along, no spring, no elasticity, no vim, but as soon as you have put the body into its normal physical condition—oiled the machinery, as it were—you will find new vim, vigor and vitality within you. A little "pep," and we laugh and live. Try it now. Send Dr. Pierce, Buffalo, N. Y., 10c. for trial package. A little energy will save the day. The prime necessity of life is health. With spirit and energy you have the power to force yourself into action. The Golden Medical Discovery is the spring tonic which you need.

The Large Bottle For 35c
When you buy Yager's Liniment you get splendid value! The large 35 cent bottle contains more than the usual 50 cent bottle of liniment.
Try it for rheumatism, neuralgia, sciatica, sprains, cuts and bruises. At all dealers—price 35 cents.

YAGER'S LINIMENT RELIEVES PAIN
GILBERT BROS. & CO., Baltimore, Md.

Rawlings
Rawlings Implement Co.
Manufacturers, Wholesalers, Exporters Baltimore, Md.

For up-to-date implements and prompt service, make Rawlings your "source of supply." Ask your dealer.

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WRITE FOR CATALOG AND PRICE LIST
WAREHOUSES: 219 SOUTH TRYON ST. CHARLOTTE, N. C.

Rheumacide
GET AT THE JOINTS FROM THE INSIDE
Have you RHEUMATISM Lumbago or Gout?
Take RHEUMACIDE to remove the cause and drive the poison from the system.
"RHEUMACIDE OF THE INSIDE PUTS RHEUMATISM ON THE OUTSIDE!"
At All Druggists
Jas. Bailly & Son, Wholesale Distributors Baltimore, Md.

Kill Dandruff and Itching with Cuticura
Soap 25c. Ointment 25c & 50c

EGGS-POULTRY
We are the largest handlers of Eggs and Poultry in the South.
WHAT HAVE YOU TO SHIP?
The biggest market price guaranteed with quick returns. Give us a trial. References, list National Bank, Richmond, Va.
WOODSON-CRAIG CO.
Commission Merchants, RICHMOND, VA.

STOP YOUR COUGHING
No need to let that cough persist. Stop the irritation, and remove tickling and hoarseness, by relieving the inflamed throat with
PISO'S

COLLEGE BOYS WORK ON FARM

Major Graham, Who Is Enthusiastic Over the Matter, Says a Price Must Be Fixed.

Raleigh.—Mr. T. C. Rondthaler, a student of the University of North Carolina, has a scheme which has as its aim, the relief of the labor situation on the farms in North Carolina. He has written Major W. A. Graham, commissioner of agriculture, suggesting that he furnish to the commissioner the names of students who may be willing to work on the farm during the summer. He proposes to give the desires of the students as to the nature of work and the length of time which they are willing to work.

With this information in the hands of the commissioner of agriculture, Mr. Rondthaler proposes that those farmers who desire labor of this sort during the summer get into communication with the commissioner of agriculture in order that the men wanting work and the farmers seeking labor may find their common wants met.

"It will be necessary," says Major Graham, who is enthusiastic about the project, "to name some price per day or week, and while the students would not be exorbitant in their charges, they are entitled to receive the amounts which are paid in the country for this work. It is certainly very commendable in the students to take this action, and I will give careful attention to bring it to a successful issue."

Blacklisted by Page.

Washington.—J. Habit, of Edenton, N. C., was put on the blacklist by the food administration. All wholesalers and food handlers operating under a license were forbidden to deal with him.

Habit was found guilty of exacting exorbitant prices for groceries, selling in unreasonable quantities and forcing combination sales on flour and sugar. An "unfair order" against him has been issued by Henry A. Page, food administrator for North Carolina, with the approval of the food administration.

Local Tobacco Workers' Union.

Durham.—Employees of the two big tobacco factories of Durham have organized a local branch of the Tobacco Workers union, and are actively affiliated with the American Federation of Labor. District Organizer Hamilton has been in conference with the local union on a number of occasions, and while nothing has been issued for publication by the officials of the Durham organization, it is known that the members are enthusiastic and are rallying support rapidly.

Kinston as a Fur Market.

Kinston.—Kinston for the first time was quite a fur market the past season. The business here during the three cold months amounted to many thousand dollars. One buyer spent between \$5,000 and \$6,000 on a single trip down into Beaufort county and back by the way of Ayden and Grifton. Minks were especially numerous the past winter.

Shoots Sweetheart; Kills Self.

Selma.—Miss Emma Rose, a telephone operator here, was, it is believed, fatally shot by D. E. Crocker, who then sent a bullet through his own heart.

Crocker was a young farmer who lived near here. The shooting took place in the street near the home of Miss Rose, who was returning home from her work. The young man fired three shots at her, two of which took effect and one of the bullets, it is believed, passed through her lungs.

Peterson Gives New Bond.

Raleigh.—Major George L. Peterson, assistant quartermaster at Camp Jackson, charged with embezzling \$6,700 of state funds while paymaster of the North Carolina national guard, was arrested at a hotel in this city upon his arrival from Columbia, S. C. Later he furnished a new bond of \$10,000 for appearance at trial. He forfeited a similar bond.

A "Soldiers of the Soil" movement, with intent to enlist 25,000 boys for work on the farm, has been launched in Canada.

NORTH CAROLINA BRIEFS.

Charlotte teachers who asked for an increase of \$25.00 per month on their salaries, have been offered a 10 per cent increase, which was promptly refused, and the situation is growing serious.

Earle Neville, who was convicted of assault upon a white woman at Raleigh, went to his death in the electric chair, calmly protesting his innocence. The postoffice at Falling Creek, this State, has been abandoned upon recommendation of the postmaster.

In a dispute between John R. Bell, of Mt. Olive, a prominent farmer and business man, and Sam Broadhurst, a negro, which occurred at the latter's store in the suburbs of the town here this morning, the negro was almost instantly killed, dying in five minutes after his throat was gashed by Bell.

The Asheville school for pastors and workers, which has been in session for the past five days at the First Baptist church, came to a successful close, when all the students of the school who have successfully completed the course of instructions were given diplomas.

A NERVOUS BREAKDOWN

Miss Kelly Tells How Lydia E. Pinkham's Vegetable Compound Restored Her Health.

Newark, N. J.—"For about three years I suffered from nervous breakdown and got so weak I could hardly stand, and had headaches every day. I tried everything I could think of and was under a physician's care for two years. A girl friend had used Lydia E. Pinkham's Vegetable Compound and she told me about it. From the first day I took it I began to feel better and now I am well and able to do most any kind of work. I have been recommending the Compound ever since and give you my permission to publish this letter."—Miss FLO KELLY, 476 So. 14th St., Newark, N. J.

The reason this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, was so successful in Miss Kelly's case was because it went to the root of her trouble, restored her to a normal healthy condition and as a result her nervousness disappeared.

Inflammation and Swellings of all kinds in livestock can be quickly reduced by using DR. DAVID ROBERTS' **Antiseptic Poultice**. One package makes ten pounds of Poultice. Read the Practical Home Veterinarian Book for free booklet on "Diseases of Cattle." If no dealer in your town, write Dr. David Roberts' Vet. Co., 100 Grand Avenue, Waukegan, Wis.

CONSTIPATION CURED RIGHT

No drugs, medicines, oils or appliances of any kind. No dieting, massages, or water cures, but an article of daily use and trifling cost, prepared in a certain way which anyone can do at home. I cured myself after 20 years of suffering and want every sufferer to know about it. Send 25c. (coin) for full particulars. FRANCES E. MORRIS, 1315 W. York Ave., Spokane, Wash.

PARKER'S HAIR BALSAM
A safe preparation of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c. and \$1.00 at Druggists.

EASY MATTER TO EXPLAIN

Similarity of Spelling That Really Looked Suspicious Quite a Simple Thing, According to Tommy.

A schoolmaster received the following note one morning from a pupil: "Dear sir—Please excuse little Tommy for his absences yesterday as he was quite ill, and the doctor tolled me to keep him in bed. So I let him stay home. Yours respectively, Misses Smith."

The master was a trifle suspicious. "Tommy," said he, sternly, "who wrote that note?"

"Why—er—mother did, if you please, sir."

"Well, I must say that some of the spelling is remarkably like the spelling you generally give me."

But Tommy was equal to the occasion.

"Yes, sir," said he, cheerily. "Everyone says that, as far as spelling is concerned, I'm the image of my mother."—London Tit-Bits.

The Escape.

"What happens when you are weighed in the balance and found wanting?"

"I suppose you are exempted."—Life.

Took the Right Train.

"He came home on a freight train." "What was his hurry?"—Buffalo Express.

Grape-Nuts
A Compound made of Wheat, Barley, Salt and Yeast. Platform Cereal Company, New York, N. Y.
A FOOD
ECONOMY

A Conserving Food

The recognized value of

Grape-Nuts

as a "saving" food for these serious times, rests upon real merit.

Unlike the ordinary cereal Grape-Nuts requires no sugar, little milk or cream, and requires no cooking or other preparation in serving.

A trial is well worth while for those who sincerely desire to save.

"There's a Reason"