

### TO THE COUNTY TEACHERS

The sum of \$300 has been placed at the disposal of the National Board for Historical Service, to be expended in prizes to the public school teachers of the State of North Carolina for the best essay on the subject: "Why the United States is at War." It is intended that the treatment should be primarily historical in character, bringing out those facts of recent or more remote history which serve to have a bearing on the question.

It is proposed to offer prizes as follows:

Group A. For teachers in public high schools: First prize of \$75;

second, \$30; third, \$20; fourth, \$15; fifth, \$10.

Group B. For teachers in public elementary schools: First prize, \$75; second, \$25 and five third prizes of \$10 each.

Full particulars for entering the contest may be had by applying at office of county superintendent.

Every patriotic teacher in the county should demonstrate his power to show why we are at war.

Who will be first to apply for detailed information?

A. F. MITCHELL,  
County Supt.

Subscribe for rather than borrow the News.

## Like a Boy at 50 Bubbling Over With Vitality—Taking Iron Did It

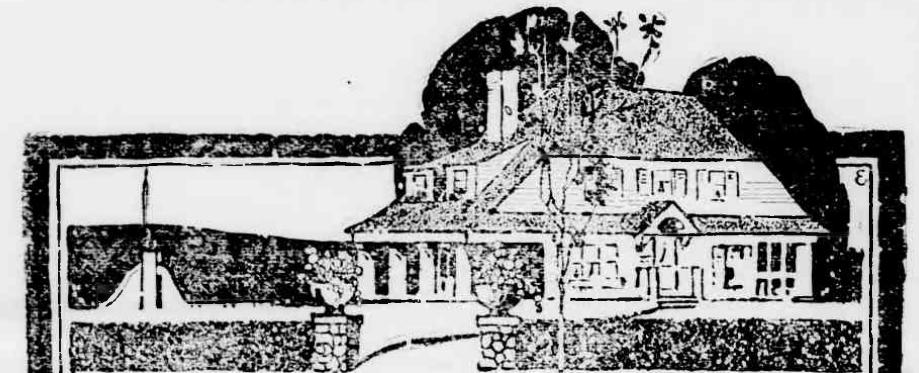
Doctor says Nuxated Iron is greatest of all strength builders. Often increases the strength and endurance of delicate, nervous folks 100 per cent. in two weeks' time.

New York, N. Y.—Not long ago a man came to me who was nearly half a century old and asked me to give him a preliminary examination for life insurance. I was astonished to find him with a blood pressure of a boy of 20 and as full of vigor, vim and vitality as a young man. In fact, a young man he really was notwithstanding his age. The doctor he saw was taking iron—Nuxated Iron had filled him with renewed life. He is now in bed healthily at 45. He was extremely and nearly all in. Now at 50, after taking Nuxated Iron, a miracle of vitality and his face beaming with the buoyancy of youth. As I have said a hundred times over there is the greatest of all strength builders. If people would only take Nuxated Iron when they feel weak or run down, instead of dosing themselves with habit-forming drugs, stimulants and alcoholic beverages I am convinced that in this way they could ward off disease, prevent it becoming chronic in thousands of cases, and thereby the lives of thousands might be saved who now die every year from pneumonia, grippe, influenza, heart trouble and other dangerous maladies. The real and true cause which started their disease was nothing more or less than a weakened condition brought on by lack of iron in the blood. Iron is absolutely necessary to enable your blood to change food into living tissue. Without it, no matter how much or what you eat, your food merely passes through you without doing you any good. You don't get the strength out of it, and as a consequence you become weak, pale and scraggly looking. Just like a plant trying to grow in a soil deficient in iron. If you are not strong or well, you owe it to yourself to make the following test: See how

long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of ordinary Nuxated Iron three times per day after meals for two weeks. Then test your strength again and see for yourself how much you have gained. I have seen dozens of nervous, run-down people who were taking all the while double their strength and endurance and entirely got rid of all symptoms of dyspepsia, liver and other troubles in from ten to four weeks' time simply by taking iron in the proper form. And this after they had in some cases been doctoring for months without obtaining any benefit. But don't take the old form of reduced iron acetate or tincture of iron simply to save a few cents. You must take iron in a form that can be easily absorbed and assimilated like Nuxated Iron if you want it to do you any good. Otherwise it may prove worse than useless. Many an athlete or prizefighter has won the day simply because he knew the secret of great strength and endurance and filled his blood with iron before he went into the arena, while many another has gone down to inglorious defeat simply for the lack of iron.

Dr. J. S. M. D. Nuxated Iron recommended above by Dr. P. Sauer is one of the most organic iron compounds. Unlike the other inorganic iron compounds, it is easily assimilated, does not irritate the stomach, and is a most potent remedy in nearly all forms of debility, as well as the general run-down condition. The manufacturers have such great confidence in Nuxated Iron that they offer to return your money if you are not satisfied. If you cannot take any other iron compound, you can take Nuxated Iron. It is the only iron compound that increases your strength 100 per cent. in two weeks' time. It is the only iron compound that does not at least double your strength and endurance in ten days' time. It is dispensed in this city by all good druggists.

Macfie-Brodie Drug Co., Duckworth Drug Co., Brevard; R. S. Morgan, Rosman, N. C.



### Are You Going to Build This Season?

If so, you are no doubt considering how to build and what it will cost to get what you want. No doubt you would appreciate books which show the newest and best ideas along the lines of beauty, comfort and convenience. And here is where we can help.

If you will give us your name and address we will have sent to you—FREE—one or two books, which go into the problems of house-building in a thorough manner. No obligations, only your word that you expect to build.

Miller Supply Company, Brevard, N. C.  
Machine Shop and Office Near Station

Note—For both exterior and interior use, North Carolina Pine has proved so satisfactory to our customers and so economical, that we believe you would be interested in knowing more about its advantages.

## Jack Frost is Coming

Be ready to give him a warm reception by clothing yourself in clothing suitable to meet him.

We carry a good line of machinaws and sweaters for both men and boys. They are good values, as we bought them early in the season, and saved paying late advance in prices.

Also keep in mind that Mr. Honigman, the "Griffon man," will be at this store on Monday and Tuesday, October 1 and 2, with a full line of samples for fall and winter. Let him measure you for a suit or overcoat.

**Weil's Gents' Store**  
Opposite Court House

## EYES OF ALL NATIONS

America and Germany Are Greatest Eyeglass Wearing Nations of World

Five Americans Wear Glasses to One of Any Other Nation Which Accounts for a Twenty Per Cent Decrease in Blindness in America Since the Advent of Glasses.

America and Germany are the greatest eyeglass and spectacle-wearing nations of the world.

Five Americans wear glasses to one of any other nation.

Deplorable, were it not for a fact that blindness in America has decreased over 20 per cent since the advent of glasses; while in every other country of the globe there is an actual increase.

Here we have at once a potent argument in favor of glasses and glass wearing.

Germany is the short-sighted nation, and uses more minus lenses for the correction of myopia or short sight than all other nations combined.

France has one blind person in every 500 inhabitants—a larger per cent of blind than any other nation, except China, Egypt and Spain.

England furnishes the greater part of all glass used for spectacles and eyeglass lenses in this country. This great war has turned the attention of American manufacturers to the problem for optical purposes.

Russia has one blind person in every 1000, and remarkable as it may seem, the Province of Siberia, with its abuse and hardships, shows a smaller per cent than that of any other part of this country.

China has more blind than any other country. During the first week's operation of an electric railway, twenty-eight natives were killed because of defective vision.

America has but one blind person in every 1500 inhabitants and this ratio is decreasing very rapidly.

The little piece of glass optometrists place before so many eyes has been the main cause of this decrease in acquired blindness.

In no country has optometry—the science of lens application for the relief of eye strain—reached the scientific perfection it has in America.

### CARE FOR THE CHILD'S EYES

Eye is Main Avenue of Education and Parents Should See Child's Eyes Are Not Defective.

The school child does not always realize the necessity of an education; the parents likewise often fails to realize the necessary appliances for acquiring it.

The eye is our main avenue of education. Defective vision causes more school failures than any other one thing.

One who might otherwise become a power in the world is often broken down mentally, physically and morally through waste of nerve energy, because of defective eyes.

Your child may see well—perfectly but the one who shows normal vision and does it with DEFECTIVE EYES, needs glasses aid more than the one who doesn't see so well.

Optometrists make a specialty of fitting the eyes of children and young people, guarantee an accurate and proper adjustment of glasses, and take care of the eyes until they reach maturity.

### GOOD SIGHT DOES NOT MEAN GOOD EYES

Your sight may be good yet your eyes may be in the most urgent need of help.

Ever see the big, robust man, pause in his swinging strides along the street, clap a hand to his heart and drop dead? We have.

He looked to be the healthiest man on the street, yet a tiny heart rivulet clogged and the machinery stopped, all because of a little over exertion.

If the little piece of glass optometrists place before your eye keeps the strain away, it may in a similar way postpone the advance of the more serious "break-down" that comes to the human machine when overloaded or overworked.

Because you see well is no valid reason for you to think you have good eyes.

Often those who see best are in greatest need of optometry.

The heart trouble that caused the big healthy man to drop dead may have come because defective eyes were taking more nerve force than nature intended, thereby weakening the stomach and possibly the heart action.

Your eyes may be normal, or nearly so, probably are, but the wise course is to know, not guess, and you can only know the truth by an occasional visit to a reliable optometrist.

### IT'S JUST THIS WAY ABOUT EYES, MADAM

You may go on straining them—we can't help you in our talks in this journal; we can warn you, but it's only in a personal way that we can do you any good.

If you wait for the serious eye troubles you must take the serious course.

The sooner the easier in eye care.

## FREIGHT CLAIMS PAID PROMPTLY SAYS HARLAN

Member Of Interstate Commerce Commission Praises The Railroads.

### NO CAUSE FOR JUST CRITICISM

Mr. Harlan Tells Freight Claim Association of Surprise of Commission at Excellent Showing as to Prompt Payments

Washington, D. C.—(Special)—Where the claims of shippers against railroads are well founded they are paid promptly, declared Commissioner James S. Harlan of the Interstate Commerce Commission to the members of the Freight Claim Association in an address in which he told of an investigation made by the Commission and the surprise of its members at the excellent showing as to prompt payments made by the railroads.

"Before taking my seat," said Mr. Harlan, "I wish to make a very frank confession. During the course of my ten years' service on the Commission so many complaints had come to me of the delay in the payment by carriers of the claims of shippers that I had come to think that the matter of claim adjustments was a very weak spot in our railroad administration. I was, therefore, particularly interested in the suggestion that interrogations should be addressed by the commission to the carriers for the purpose of ascertaining, among other things, the length of time taken by them in settling the claims of shippers.

"The results that were tabulated by the commission on the answers returned by the carriers about a year ago were so surprising to me and to my colleagues and were considered by us of such importance that we at once reported the facts to the Congress as useful public information. I wish to congratulate the association on the showing made.

"The trouble with us was that we had made no distinction between claims that had been declined or that were without merit and therefore still pending, and claims that were well founded and had been promptly adjusted.

"The shipping public should know that instead of being a weak spot in the railroad service, the work of your association has been so systematized as practically to eliminate all reasonable and fair criticism."

**No Material Damage.**  
A busky Ethiopian came into a lawyer's office and, exhibiting a scalp wound about three inches long on top of his head, wanted to know if he could "git anything for dis heah." In response to a query from the lawyer he explained: "Well, boss it wuz like dis: Ah wuz working down by dis heah new buildin', an' a fo'poun' brick fell off'n de sixteenth story an' hit me smack on top de heah." A grasping and heartless construction company, although admitting the facts and their liability, refused to pay more than \$10, on the ground that the evidence failed to disclose any material damage.—Case and Comment.

Try a Diversified adv.

## TRANSYLVANIA TEACHERS

A County Teachers' Institute will be held at Brevard Graded school beginning Sept. 24 inst. and continuing two weeks. All schools will suspend. The law requires the continuous attendance of all public school teachers of the State, rural and urban, including all public school teachers, principals, supervisors, and superintendents, unless provisionally hindered, or unless such teachers attend an accredited summer school in lieu of an institute. A certificate of attendance will be issued to all who comply with the law.

You will need to have Kendall and Mirick's "How to Teach the Fundamental Subjects."

Primary teachers should bring all the books used in the first three grades, a pair of scissors, a box of crayons, and a pencil with soft, large lead.

Intermediate teachers should have all the text-books of the fourth, fifth, sixth and seventh grades.

Prof. J. H. Highsmith and Miss Susan Fulgham of the State Board of Examiners and Institute con-

ductors will have charge of the institute.

A. F. MITCHELL,  
County Superintendent

## ROSMAN HIGH SCHOOL HAS RECORD OPENING

The Rosman public schools opened Monday, September 10, with a record attendance. The number of the High School surpassed all expectations with many pupils still to enroll.

The teachers for this year are:

First Grade: Miss Bessie Poole, Horse Shoe, N. C.; second and third grades: Miss Willie Carmichael; fourth and fifth grades, Miss Beniah Whitmire, Rosman; sixth and seventh grades, Mrs. B. H. Lewis; High school, B. H. Lewis. The Woman's Betterment association met last Friday afternoon for the election of officers and the discussion of plans for many school improvements.

B. H. LEWIS, Principal.

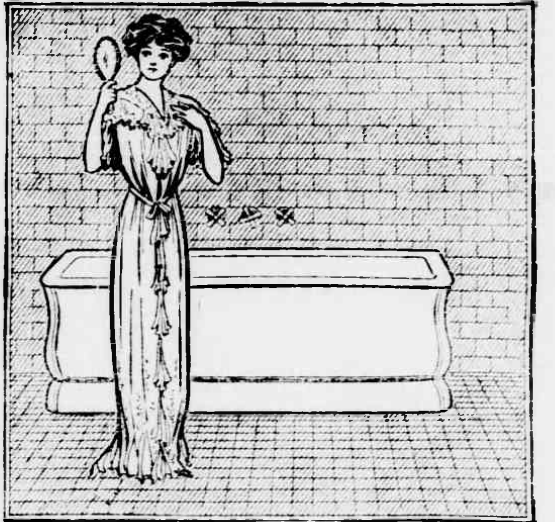
Your friends would be pleased to receive marked copies of the News showing your whereabouts and activities; 5 cents a copy.

## Can Any Reason be Sufficient

to cause you to delay remodeling the old bathroom? IS IT PRICE? We can furnish a guaranteed bathroom outfit at a price within the reach of every home owner. ISN'T IT REALLY JUST CARELESSNESS?

You have intended to get a modern set of fixtures all along but that old thief Procrastination has made you lose the daily convenience,

the protection to health, the satisfaction of possessing a beautiful "Standard" modern bathroom.



"Standard" "CLARION" BATH

W. E. BISHOP & CO.  
Plumbing Tinning Hardware

How's that? No bother to remind you at all, we assure you. We'll bring our catalogue right away.

# HOW CAN WE SELL FOR LESS?

This is a question that can be easily answered by a visit to either of our two stores. We sell for less because

## We Buy Large Stock

Mr. Whitmire is now on a visit to New York and Baltimore to give the purchase of new stock his personal attention. This means that we get the most and the best for the least money and

## We Share Our Profits

with our customers. Try us and be convinced. Compare our prices on

Men's and Boys' Shoes, Men's and Boys' Clothing

with the prices you are accustomed to pay for the same kinds of goods. You will always have a cordial reception at both our stores.

J. C. WHITMIRE, Cherryfield, N. C.

WHITMIRE & LYNCH, Pisgah Forest, N. C.

Please mention this advertisement when inquiring about these goods.