

that you can do: secure a home and protect it.

GALLOWAY @ MINNIS **Real Estate and Insurance Agents**

It's Up to You To Economize

IT'SUP TO YOU TO BE ECONOMICAL

We are now in a war-ridden world where prices have gone skyward and to reach them economy must share a good part.

We do business in a low-rent district, and have a splendid line of Groceries which will please the most

BREVARD NEWS, BREVARD, N. C.

YOUR HEALTH

"NEW" OR SPANISH IN-**FLUENZA**

Our State Board of Health tates:

"The disease is due to spit while the sufferer complains of swapping. Spit is swapped or a general grippe as of old, there exchanged in the following are special symptoms and to a ways: (a) by coughing or great extent different organs sneezing into the air instead of affected, principally the head, into a handkerchief. In open the joints, and the respiratory coughing or sneezing, an infecorgans.

tious and invisible spray is Sharp pains in the hips and thrown several yards into the other joints, an intense weakair and floats for thirty to sixty ness of the knees, patient feels The greater the as if he would sink to the floor, minutes. spraying, as in the psychic the headache is severe, splitwaves of coughing that pass ting, mostly frontal and through assemblages, moving straight through the temples, picture shows, churches, and there is a feeling of vertigo, or other gatherings, the denser a dizzy feeling, patient feels as and more potent the infectious if he had lost his powers of atmosphere; (b) by soiling the equilibrium, a feeling as if he hands with spit (very small, incould not balance himself, the visible amounts) and transferstomach is affected with more ring the spit to the hands of or less nausea, there is a great another person in handclasps, deal of pain in the back, in or by handling something, as a some cases great soreness of door knob or some article from the skin, some complaint of which a second person gets the great insomnia, impossible for minutest amount of spit; (c) them to sleep, sore throat is freby using the comon roller towel quent.

contaminating and being contaminated; (d) by using common drinking dippers, common ly feelings, the loss of strength drinking cups, and common is sudden, there is a feeling of spit infected water from a com- intense weakness, a very hopemon bucket; (e) by using any-less feeling of weakness, the thing other than paper cups, ice lungs, bronchial tubes, mouth, cream saucers, and spoons dis- mucous membrane of the nose infected in visible boiling water are affected and throw off conat soda fountains.

tagious germs. The lungs expand poorly,

The disease is ushered in

with pronounced chills, or chil-

the respiration is frequent and

shallow, the cough is very ir-

ritating and constant, the pulse

runs from 100 to 115 and 120

or higher, rather soft, the tem-

perature, 100-102-103 to 104

gue is sometimes slightly coat-

This disease is at first or

sooner or later, essentially a di-

ed, the bowels torpid.

DONT'S

"1. Don't associate with the impolite and careless, who spray your air with their spit.

"2. Don't go to unnecessary public gatherings while the epidemic is on. Put your moving picture show money in Thrift and sometimes higher, the ton-Stamps.

"3. Don't drink from comon drinking dippers and drinking cups.

sease of the lungs, there is al-"4. Don't use a roller towel. ways congestion of the lungs "5. Don't patronize a soda

In one epidemic the muscular system seemed affected, in another the nervous system, in another the digestive organs were most affected, giving us the socalled "intestinal grippe."

In this epidemic which threatens to spread rapidly,

CASHIER

Thursday, October 10,

The Careful Man puts his dollars in the bank and has them absolutely Safe

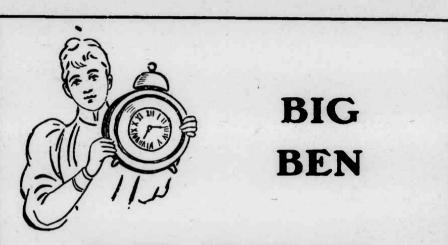
YOUR MONEY IS NOT SAFE UNLESS IT IS IN THE BANK. OUR BANK HAS STRONG LOCKS AND THICK WALLS THAT FIRE OR BURGLARS CANNOT ENTER.

MONEY THAT YOU HIDE IS NOT DOING YOU OR THE COMMUNITY ANY GOOD. IT IS DEAD MONEY AND MAY BE "LOST" MONEY. THE NEWSPAPERS TELL US DAILY OF PEOPLE WHO HAVE LOST THEIR MONEY BY HIDING IT. THERE ARE LOTS OF GOOD REASONS WHY YOUR MONEY SHOULD BE IN THE BANK.

BANK WITH US

WE PAY 4 PER CENT INTEREST ON TIME DEPOSITE

BREVARD BANKING COMPANY



BIG BEN—DID YOU SAY?

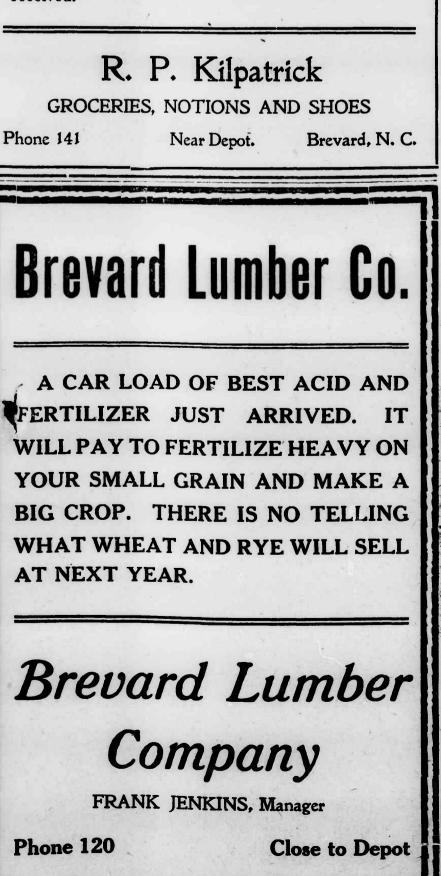
Yes, we've the Big Ben, Sleep-Meter, America Good Morning, Call and the Indian.

They range in price from \$3.00 down to \$1.25. An alarm clock will help to get you out early

fastidious epicurean.

Just Remember, A penny saved is a penny made

We want your trade and will appreciate all orders received.



fountain that does not use paper cups.

and frequently pneumonia if the latter is not prevented by timely and proper treatment.

"If you get the grippe: Go to and the congestion and pneubed and stay there until you are monia prepares the lungs for well, until your temperature has been normal for at least 2 days. If you are past fifty, or es. While all of the symptoms if you are not strong, stay in bed four days after normal temperature. Remember, the danger of grippe is pneumonia. Pneumonia is the penalty for disrespect to the grippe that

gets out of bed too soon."

The county board of health ever watchful to prevent the spread of disease and protect the health of the people, has closed al churches, public schools, places of amusement and all public gatherings, in order to prevent the spread of Spanish influenza which is very contagious.

The people should aid in this work and should avoid all public gatherings, social gatherings, should stay at home as much as possible, and should by all means, keep their children at home and away from other children. To prevent the spread of this disease, isolation and sanitation should be carried out to the fullest extent. Remember, that the soda fountain can spread this and other diseases. Paper cups should be used and everything else sterilized.

From a close bed-side observation of several cases of the Spanish influenza, I feel safe in saying that it is the same old grippe, but it is more acute from the fact that it is a fresh importation of disease, different only in some symptoms, because different organs of the body are more affected, giving different characteristic symptoms.

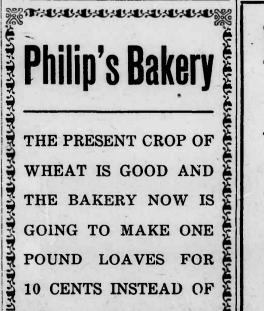
The grippe that we have had for years, has been different in this respect in each epidemic.

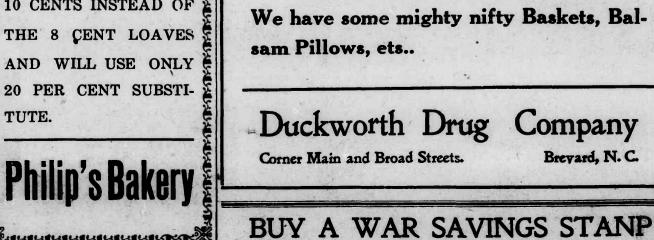
consumption in neglected cascall for relief, the lungs should receive the first, best and last attention. The lungs are the doors at which death enters. C. W. Hunt,

County Health Officer.

\$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages and that is catarrh. Catarrh being greatly influenced by constitutional conditions requires constitutional treatment. Hall's Catarrh Medicine is taken internally and acts thru the Blood on the Mucous Sur-faces of the System thereby destroying the foundation of the disease, giving the patient strength by building up the con-stitution and assisting nature in doing its work. The proprietors have so much faith in the curative power of Hall's Catarrh Medicine that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address F. J. CHENEY & CO., Toledo, Ohio. Sold by all Druggists, 75c. one dreaded disease that science has





these dark mornings and start you on time.

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