

Visitin' The Neighbors

By 'Ches' Matthews
 Are we just plain Ol' Fashioned 'r somethin' that, to us, it seems almost irreverent to hear folks (and frequently on the radio at that!) refer to "TURKEY DAY"?

There are so many close-by folks to whom a wild rabbit or a 'hawg's head from a Neighbor's butcherin' would mean Wonderful Feastin'! Many who can look forward only to Bread and scarcely enough of that, ever, but Whatever the Table may hold let us see that our Hearts Hold a deep, humble and abiding consciousness of

THANKSGIVING DAY!!
 This year—as never before in our history, the Day should be one of Solemnity and Profound Gratitude that this, OUR COUNTRY is still FREE!

Looking down our valley as lights begin to flicker on in the pre-dawn hours we think of the many in other lands—shivering in darkness—whose Lives would be the price to pay for one small Light! And we give Thanks!

The cocks crow and we think of the homey peacefulness of the sound in contrast with the screech of bombs or the piteous walls of little children left naked and starving in ditches as armies roll relentlessly on. And we give Thanks!

In this year of stunning personal bereavement for us we are—as never before—Thankful for the friends who help us find our way along the tortuously lonely path of readjustment. For the tried and true friends whose understanding and sharing grows sweeter as the years go by. For the new ones we've found who shine against our curtain of sorrow and suffering like the stars against the purpling velvet of the sky. "Turkey Day"—Through these, our treasured friends, we're

able to change Hopeless Despair into THANKSGIVING DAY, most every day of the week.

A man whose clothes are rags and who runs (literally) to work wearing an old pair of galoshes for shoes—thinking of those who are fighting in zero temperatures and summer clothes we are Thankful to be able to ease the daily 'battles' for this man—trying to care for three motherless children, in a shack of a house and with a meager wage. Turkey! Doubt if he's ever tasted turkey, but THANKSGIVING, Turkey.

We're citing this one typical example of the similar ones that daily cross our Threshold. The hungry—the naked—the sick and those troubled in heart. Such as these seem, always, to find their way to us and, entirely alone as we are (and must be even at Christmas time in this hardest-of-all years!) for us it's THANKSGIVING DAY because of the no-longer-of-use-to-them things sent us by generous friends, with which we can MAKE Thanks-giving Days for these, our Neighbors. (And the only Christmas they'll know!)

Surely No American really THINKS of the Day only in terms of Foot ball, Turkey and Pumpkin Pie! If so he should hear the depth of feeling with which one of our Delayed Pilgrim Neighbors said: "In mine country is no time for Saying Thanks and so little to give Thanks for but AMERICA—all America should GIVE BIG THANKS. For how much they don't know. Think—I have been one and half years in America and already got wash' machine! In no other country could it be so".

So, as we prepare his first-application-for-citizenship papers we know it's THANKSGIVING Day! Turkey, dressing an' cranberry sauce—enjoy them to the fullest if you have them (we haven't) but, over and above all THIS should be a time for re-affirmation of our belief and faith in the principles on which this country stands firm.

Time for a re-dedication of our own best efforts to maintain its highest ideals.
 Time to muster the Invincible Courage to face Whatever sacrifice necessary to KEEP our country a place where, if we never have a Turkey, we and our neighbors—our children and our children's children will ALWAYS cherish, honor and enjoy
THANKSGIVING DAY!!

Brown Home Destroyed By Fire At Cullowhee

The 10-room frame dwelling with all contents of Mrs. Mack Brown near Cullowhee was completely destroyed by fire about 11:30 Saturday night. Mrs. Brown, alone at home at the time, barely escaped with her life.

The origin of the fire is thought to have been from a faulty flue.

Read Herald Want Ads.

FARM AND HOME ELECTRIC CONGRESS

By Lucille Watson

On Sunday, October 29, I left my home for Raleigh where the 1950 Farm and Home Electric Congress was to be held. I was the winner from Jackson County and was therefore given the trip to the congress.

Three representatives from Swain County and one from Graham went with Miss Mary Johnston and me, representing Jackson County.

We left Sylva at 10 o'clock and reached Raleigh at 8 o'clock. We were then shown to our hotel rooms and asked to prepare for dinner which we were to eat out that evening since the dining hall had already closed. After a good supper, we went out to see the city.

The next morning after breakfast we registered and at 10 o'clock assembled in the ballroom and heard an interesting talk on "Our American Heritage". Then we heard a panel discussion on "Farm and Home Electric Project".

Next we went to dinner in the hotel dining room. While enjoying a delicious meal we were entertained by a program prepared by Mr. W. W. Sloan. The girls were given ear rings and the boys lapel pins with "Reddy Killowatt" on them.

After lunch we were taken to Chapel Hill to the Planetarium. Here we were shown the stars of the heavens. When we loaded the bus for the trip back to Raleigh we were treated to cups of ice cream by the Meadow Brook Ice Cream Co.

After reaching the hotel we had only a few minutes before we left for the Tar Heel Club where we were invited for a barbecue. Here the Territorial and State winners were announced. After this we went up to the main room of the

STATE COLLEGE HINTS TO FARM HOME-MAKERS

By RUTH CURRENT

State Home Demonstration Agent BUYING THAT TURKEY

The size of the bird is no guide to tenderness. Turkeys on the market at this time of year are young and tender enough for fine roasts. Size depends more on breed or variety than age. In the old days turkey hens were preferred to toms. But under present production methods, both are tender and meaty.

PROTEIN WHILE SLIMMING

More than normal amounts of club and attended a party. The theme was "Reddy Killowatt", the electric servant.

The next morning at breakfast the territorial winners gave reports on their projects.

After breakfast we assembled in the assembly room and saw a demonstration on proper lighting given by a 4-H club boy and girl from Johnston County. When this was finished we had a group discussion on improvements for the 1951 record books. Many helpful ideas were given.

Following the discussion we went to dinner and heard a talk by one of our State Extension workers. This was the last part of the Congress program and we then prepared to start for home.

We had a nice trip home although it was late when we got to Sylva and everyone was sleeping.

I certainly did enjoy my trip and found it worth working for. I wish to thank the Nantahala Power and Light Company for a wonderful time and for the scholarship which I received as the Territorial winner.

CAREFUL SEEDING OF PASTURE PAYS

It pays to use some type of cultipacker when seeding pastures or other small-seeded crops, believes Dewitt Anderson, Negro farmer of Rockingham County.

According to T. D. Williams, Negro county agent in Rockingham for the State College Extension Service, Anderson has seeded two plots of alfalfa and reseeded a permanent pasture this fall.

He used a drag harrow to cover the seed in one alfalfa plot. On the other plot, he used a cultipacker. Two weeks later, he had a 90 per cent stand and good growth started on the plot seeded with the cultipacker. On the other plot he had less than a 60 per cent stand and the alfalfa was just beginning to peep out of the ground.

Anderson is hoping that the latter plot will be able to compete with the cold weather that is expected during the next two or three months.

protein should be included in any weight-losing diet, nutrition scientists of the Wisconsin Experiment Station conclude from recent research. This is especially important for the future health of teen-age girls on slimming diets. Many "dieters" assume that a satisfactory way to reduce is simply to cut-down on fats, sugars and starches in a good normal diet. Some ease pangs of hunger by filling up on low-calorie items like lettuce, celery and similar vegetables.

But the Wisconsin studies show that while losing weight the body needs extra protein to hold nitrogen balance, especially during the teens when the body is still growing. Lack of sufficient protein at this age, the Wisconsin researchers report, can affect health in later life.

The Rockingham County farmer is getting good results from an old renovated pasture which was seeded with Ladino clover and orchard on October 14. The pasture was disced, harrowed, seeded, and cultipacked with 1 1-2 tons of lime per acre and 1,000 pounds of 2-12-12 fertilizer.

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