

Reading maketh a full man. So does the wine when it's red.

The old friend is better than the new. Garfield Tea is not only old but tried and found true. Made of pure wholesome herbs.

Hundreds of people who would be horror-stricken at the suggestion of suicide by the rope-and-rafter method, are daily killing their best selves with the poison of self-pity.

How He Got Them. "Dat feller 'Raatus Skinnah done bin takin' a powahful lot 'bout how he's a-raisin' chickens."

Important to Mothers. Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Dr. J. C. Fletcher* In Use For Over 30 Years.

Law of Life. Two men were out walking one day in sun-kissed California. Suddenly, kissing time being over, it began to rain in torrents and they were miles from the car line.

Her Excuse. "These people have a plausible and self-righteous excuse for their misdeeds," said Senator Bankhead, apropos of certain hypocritical lawbreakers, in an address in Fayette.

Easily Answered. "These kids I teach ain't a bit slow," observed a school teacher yesterday. "In fact, I'm afraid they read the papers. The other day I proposed the following problem to my arithmetic class:

The Worm's Way. "The Hon. Stephen Corbridge, the English anti-vivisectionist," said an anti-vivisectionist of Philadelphia, "is delighted with the recent English vivisection report, which promises to abolish even the use of the live bait in fishing."

### A PUZZLER.

Mamma—My dear, you mustn't say you founded a book; you must say you found a book.

WELL POSTED. A California Doctor With Forty Years' Experience.

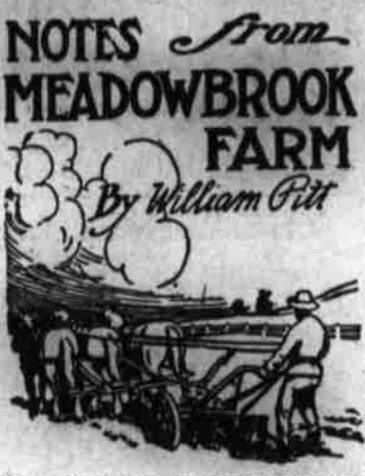
"In my forty years' experience as a teacher and practitioner along hygienic lines," says a Los Angeles physician, "I have never found a food to compare with Grape-Nuts for the benefit of the general health of all classes of people."

"I have recommended Grape-Nuts for a number of years to patients with the greatest success and every year's experience makes me more enthusiastic regarding its use."

"I make it a rule to always recommend Grape-Nuts, and Postum in place of coffee, when giving my patients instructions as to diet, for I know both Grape-Nuts and Postum can be digested by anyone."

"As for myself, when engaged in much mental work my diet twice a day consists of Grape-Nuts and rich cream. I find it just the thing to build up gray matter and keep the brain in good working order."

"In addition to its wonderful effects as a brain and nerve food Grape-Nuts always keeps the digestive organs in perfect, healthy tone. I carry it with me when I travel, otherwise I am almost certain to have trouble with my stomach." Name given by Postum Co., Battle Creek, Mich.



## NOTES From MEADOWBROOK FARM By William Pitt

Use only dairy cows. Dock the lambs early. Don't be slow about spraying. Chickens devour many insects. Use caution with cottonseed meal. Move the brood coops every two or three days. It is always best to have a system, and stick to it.

Blood tells with sheep as well as with everything else. Dock the lambs early. There is less shock and no danger. Persistence is one of the great traits of the best dairy cow. One of the worst evils in the orchard is the so-called pear "blight."

Successful dairying means that it is vital to steer clear of dry cows and indifferent producers. High priced feeds brings this home. Many a case of chick disease might be traced to the chilling they so often get in transferring the hatch from the incubator to brooder.

The chief value of the manure spreader lies in its ability to put a thin coating over a large area, and thus produce maximum results. The building of a silo is not a speculation by means of which you can get something out of nothing, but it is a good, sound business proposition.

When done spraying each day, run some clean water through the pump, to wash out the spray mixture and avoid corrosion of the working parts. Ducks do not like whole grain, but prefer soft food. When winter approaches they may be fed twice a day, at night adding animal meal or cooked meat.

Fresh eggs hatch best. Keep the calf pen clean. Give the turkeys free range. Sow for a succession in crops. Little chicks enjoy green feed. Kindness is well repaid in the dairy.

The wise sheep owner will never allow a setback in the growth of the lambs. Collar bolts need the attention of a veterinarian who can easily remove the cause. To attain the greatest success in dairying, it is necessary to have dairy-bred cows.

Cows are not always to blame for being unprofitable. Often the fault is nearer home. Hens that have been crowded for winter eggs should have no place with the breeders. The hens find considerable animal food in the bugs and worms that are beginning to appear.

Be careful how you breed your colts and don't be guilty of flooding the market with misfits. Some cows are like some people, notional, have to be humored to get them to do their best. Some cows are so persistent in their milking habits that it is dangerous to force them dry.

The successful dairyman endeavors to raise as much of the feed needed as possible on his own farm. The smoother the perches the more easily they can be kept free from vermin. And have them movable. Grasshoppers sometimes inflict injury on the young trees by eating the tender bark on the small limbs.

As soon as scouring begins, give the calf a teaspoonful of ground cloves. One dose is usually sufficient. The sooner a hen can be turned loose with her small chicks the better after they are able to run and pick a little. Spray your trees whether they have a crop or not. Spraying in off years is just as important as in years of heavy crops.

Calves at the age of three or four months will consume some silage if care is taken to pick out the leafy portions for them. Many small chicks are counted among those lost because they are allowed to follow the mother through the dew-covered grass. Make sure of one thing—if you are not in the stock that produced the eggs, the chicks will not live and thrive as they should.

# The Kitchen Cabinet

WHATEVER our station in life may be, those of us who mean to fulfill our duty ought, first, to live on as little as we can, and secondly, to do all the wholesome work we can and to spend all we can spare in doing all the sure good we can.

## HOUSEHOLD APPLIANCES.

The number of household appliances which are on the market are growing in number daily. A good agent will make a susceptible housewife feel that life without his special article will be a barren waste and not worth living.

These household conveniences, so-called, are made mostly to sell and it is the wise woman who can quickly decide as to its usefulness. Is it a labor saver and a good investment? It usually takes more skill to use an appliance for saving labor than it does to continue with the old-time methods.

Many of our helpful appliances are excellent helpers in a large family which, in a smaller one, would be only a nuisance. A turkey roaster to be used once or twice a year is a doubtful investment; its room is better than its company. If a household appliance saves a housekeeper's time and strength, giving her time for rest and open air recreation, it is money well spent.

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REFRESHING place would be this earth, were there no little people in it; The song of joy would lose its mirth Were there no children to begin it. —Whittier.

## SOME COOLING DRINKS.

Refreshing drinks are always acceptable, and the housewife who keeps her ice chest supplied with some of these is always a delight to her friends. Almond Drink.—Blanch three dozen sweet almonds and pound to a pulp.

Tea Punch.—Make a strong infusion of English breakfast tea, a teaspoonful to a cup of boiling water. For a quart of tea add a half cup of sugar which has been cooked with a little water until it spins a thread. Remove and add to the strained tea with the juice of two or three lemons and an orange. A few slices of the fruit may be left in.

Mint Julep.—Boil a cup of sugar with a pint of water for twenty minutes. Crush six sprigs of mint and pour a cupful of boiling water over it. Allow it to stand ten minutes, strain and pour into the sirup. To this add strawberry, raspberry and lemon juice. Serve very cold.

NUTS AS FOOD. Nuts may be served an a la carte or in croquettes, salads, desserts or soups; in fact they may be used in countless ways that space will not permit of the list. Think of nuts as meat and they will not be served after a hearty meal as dessert. Peanut Puree.—Take a pint of peanuts, shelled and the brown skin removed, and pound to a paste. Peanut butter may be used in place of the paste. Scald a pint of milk, add the peanuts to a pint of white stock, thicken with a little of the milk mixed with a little of the milk.

Walnut Croquettes.—Cook together a cup of milk and a cup of crumbs to a paste; add three-fourths of a cup of walnuts, the yolks of two eggs and seasonings. Shape in balls and fry in deep fat. Peanut Candy.—Shell and remove the brown husks from a pound of peanuts. Roll with the rolling pin until like coarse crumbs. Put on to the stove a pound of light brown sugar and twelve level tablespoonfuls of butter; stir constantly, and let the mixture begin to bubble cook ten minutes, then stir in the nuts and pat out into a pan to cool. Mark off immediately, as it hardens very quickly.

Nut and Raisin Filling.—Chop fine a cup of raisins, add a cup of chopped nuts. Beat an egg white stiff, add two tablespoonfuls of lemon juice and a half cup of powdered sugar and half a teaspoonful of salt. Mix all together and use as filling in layer cake. This combination of nuts and fruit may be added to a boiled frosting and is even more palatable.

## BIG FORTUNE WELL HANDLED

Millions Left by the Late Russell Sage Are Being Expended for the Welfare of Humanity.

While the late Russell Sage was in the flesh he was one of the most prudent, shrewd and persistent money-grubbers in Gotham. The astute financier never plunged nor risked any money in wild-cat schemes. He was a "sure-shot" operator in Wall street, and when he died he left in the hands of his lone widow a fortune of something like \$75,000,000. Since becoming possessed of this enormous fortune and assiduously in scattering the money as her husband did in gathering it. The scriptures tell us that the miser is the man that "hoards up riches and cannot tell who shall gather them."

## IT IS CRIMINAL TO NEGLECT THE SKIN AND HAIR

Think of the suffering entailed by neglected skin troubles—mental because of disfigurement, physical because of a clear skin, soft, white hands, and good hair. These blessings, so essential to happiness and even success in life, are often only a matter of a little thoughtful care in the selection of effective remedial agents. Cuticura Soap and Ointment do so much for poor complexions, red, rough hands, and dry, thin and falling hair, and cost so little, that it is almost criminal not to use them.

## A HIGHER TRIBUTE.



Sam—Dat Miss Snowflake, she am a peach. Pete—G'long! She am a watahmillion!

The Only Way. An elder while baptizing converts at a revival meeting advanced with a wiry, sharp-eyed old chap into the water. He asked the usual question, whether there was any reason why the ordinance of baptism should not be administered. After a pause a tall, powerful-looking man who was looking quietly on remarked:

Heard on the Waterfront. Some ancient mariners were sitting in a seaport tavern relating their experiences of fogs. "Ah!" said one old salt. "I've seen some pretty thick fogs in my time. Why, off the coast of Newfoundland the fog was sometimes so thick that we used to sit on the deck rail and lean against it! We were sitting one night as usual, with our backs to the fog, when suddenly the fog lifted, and we all went flop into the sea. A bit thick, wasn't it?"—San Francisco Chronicle.

Burdock Liver Powder. Nature's Remedy: is purely vegetable. As a cathartic, its action is easy, mild and effectual. No griping, no nausea, makes a sweet breath and pretty complexion. Teaches the liver to act. Sold by all medicine dealers, 25c.

Eight Lives Shy. "I have only one life to live." "That proves that you are not a cat, after all."

TO DRIVE OUT MALARIA AND BUILD UP THE SYSTEM. Take the old Standard Bitter Tonic, Sarsaparilla, Quinine, and Iron. The formula is plainly printed on every bottle, showing it is simply Quinine and Iron in a tasteful form, and the most effectual form. For grown people and children, 50 cents.

It Does. "Do you find this presidential preferential primary puzzling?" "Well, it makes you mind your p's."

For COLDS and GRIP. Hicks' CAPSULES is the best remedy—no fever, no sore throat, no coughing—cures the cold and restores normal conditions. It liquefies effects immediately. 10c, 25c, and 50c. At drug stores.

No, Cordelia, a man isn't necessarily a beat because he has a red face.

It is possible for a man to be straight and make both ends meet? Liver and kidney complaints will be greatly helped by taking Garfield Tea regularly.

Even the thirst for glory may have its direful after effects.

Special Offer to Printers. This paper is printed from ink made in Savannah, Ga. by the SOUTHERN OIL & INK CO., Savannah, Ga. Price 6 cents per pound. F. O. B. Savannah. Your patronage solicited.

## HOW GIRLS MAY AVOID PERIODIC PAINS

The Experience of Two Girls Here Related For The Benefit of Others.

Rochester, N. Y.—"I have a daughter 13 years old who I always have been very healthy until recently when she complained of dizziness and cramps every month, so bad that I would have to keep her home from school and put her to bed to get relief."

"After giving her only two bottles of Lydia E. Pinkham's Vegetable Compound she is now enjoying the best of health. I cannot praise your Compound too highly. I want very good mother to read what your medicine has done for my child."—Mrs. RICHARD N. DUNHAM, 311 Exchange St., Rochester, N. Y.

## A WONDERFUL DISCOVERY.

This is the age of research and experiment, when all nature, so to speak, is ransacked by the scientific for the comfort and happiness of man. Science has indeed made great strides during the past century, and covers its pages with the results of its researches.

WHY PAY RENT? We will loan you money to buy a lot and build your home YOU PAY ONLY \$7.50 monthly on each \$1,000.00 plus 5 percent, simple interest. We also lift mortgages. Write for booklet explaining our plan THE STANDARD HOME CO., 318-319 LAW BUILDING, NORFOLK, VA.

KODAKS DEVELOPING. Eastman and Anasco film, mailed post-free. Mail orders filled promptly. Any size roll film developed for 15 cents. Address: KODAK SAFETY FILM CO., 244 King Street, Charleston, S. C.

MORPHINE. Uppin's Whiskey and Long Habits treated at home at 5000th Street, N. Y. City. Sole agent, F. D. R. WOODLEY, 500 10th Street, N. Y. City.

SAVE YOUR OLD WORN CARPET. We can make your beautiful durable rug, suitable. To fit rooms or halls. We have no agents. Catalogue Free. ORIENTAL RUG CO., Baltimore, Md.

SOUTH GEORGIA. "The Land of Hope's Future," offers thousands of acres of unexcelled opportunities of wealth. Soil of climate, plentiful rainfall, perfect health and beautiful surroundings. Write for attractive farm bargain list. B. R. JONES, Baltimore, Md.

W. N. U., CHARLOTTE, N. C., No. 24-1912.

Charlotte Directory Neck Bands For Shirts. Sizes 12 to 18, 5 cents each. Mail orders filled promptly.

CHARLOTTE STEAM LAUNDRY, CHARLOTTE, N. C.

SCHOFIELD We make a specialty of Return Tubular ENGINES Boilers and Engines, Tanks and Towers. They are particularly adapted for Saw Mills, Oil Mills, Cotton Ginning. We also handle Saw Mills and Gasoline Engines. If you are contemplating the purchase of new power-plant either steam or gasoline, it will pay you to write us.

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