Reading maketh a full man. oes the wine when it's red.

The old friend is better than the new. Garfield Tea is not only old but tried and found true. Made of pure wholesome Herbs.

Hundreds of people who would be horror-stricken at the suggestion of suicide by the rope-and-rafter method, are daily killing their best selves with the poison of self-pity.

How He Got Them. "Dat feller 'Rastus Skinnah done bin talkin' a powahful lot 'bout how he's a-raisin' chickens." "Sho! He doan' mean 'raisin',' he means 'liftin'.' "-Catholic Standard and Times.

Important to Mothers Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it Bears the Cart Flitchers. Signature of Cart Flitchers. In Use For Over 30 Years. Children Cry for Fletcher's Castoria

Law of Life.

Two men were out walking one day In sun-kissed California. Suddenly, kissing time being over, it began to rain in torrents and they were miles from the car line. One man laughed, long and loud. The other wept bitterly. "Why do you laugh?" he asked his chuckling companion. "Because I am paying meter rates on water. But why do you weep?" "Because I am paying \$10 a day for climate," replied the tourist. "One man's meat is another man's meat bill."

Her Excuse.

"These people have a plausible and self-righteous excuse for their misdeeds," said Senator Bankhead, apropos of certain hypocritical lawbreakers, in an address in Fayette.

"They remind me, in fact, of a certain parson's domineering wife. The parson said meekly one day: "'My love, you told me before the

wedding that you knew our marriage was made in heaven, yet you now order me about as if I were a slave."

drink.

chickens.

"Order," the woman calmly answered, 'is heaven's first law.' "

Easily Answered.

"These kids I teach arn't a bit slow," observed a school teacher yesterday. "In fact, I'm afraid they read the papers. The other day I proposed the following problem to my arithmetic class:

"'A rich man dies and leaves \$1.-000,000. One-fifth is to go to his wife, one-sixth to his son, one-seventh to his daughter, one-eighth to his brother and the rest to foreign missions. What does each get?' "'A lawyer' said the littlest boy in

the class."-Case and Comment.

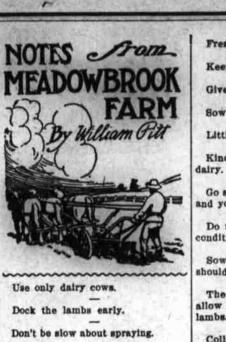
The Worm's Way.

"The Hon, Stephen Coteridge, the English anti-vivisectionist," said an anti-vivisectionist of Philadelphia, "is delighted with the recent English vivisection report, which promises to abolish even the use of the live bait in fishing

"Mr. Colenidge once argued here in Philadelphia about the cruelty of fishing with worms.

'Oh,' his opponent said, 'the mere fact that a worm writhes and wriggles when impaled on a hook is no proof that it is actually suffering pain.

'No, oh, no!' said Mr. Coleridge, sarcastically. 'Beyond doubt that is just the worm's way of laughing at being tickled.""



Chickens devour many insects.

Use caution with cottonseed meal Move the brood coops every two of three days.

It is always best to have a system and stick to it. is nearer home.

Blood tells with sheep as well as with everything else. Dock the lambs early. There is les

shock and no danger. Persistency is one of the great

traits of the best dairy cow.

One of the worst evils in the or chard is the so-called pear "blight."

A milk house aids very much in the proper care of milk and milk utensils. notional, have to be humored to get Be sure the hogs, old and young, have plenty of pure, fresh water to

The best kind of a garden club is

a wire net fence to keep out the For orchard spraying a three

eights or half-inch hose is best, and in lengths of fifty feet. The grape is one of the surest of

crops, as after the third year a generous crop may be expected.

Ten acre fruit growers and egg producers who adhere to modern methods are making a success.

It will not be necessary for any corn-belt farmer to go many miles to

see what a silo is like next winter. Don't get the idea that you cannot obtain satisfactory results from spraying just because your neighbor failed.

The hen house that is whitewashed inside and has clean widows will be more healthful and attractive for the fowls.

The helfer calves from parents of are is taken to pick out the leafy porlong dairy inheritance are almost sure tions for them. to equal or surpass their dams in productiveness.

The sudden change from the warm stable to the night-and damp ground, might prove serious with some of the

Fresh eggs hatch best. Keep the calf pen clean. Give the turkeys free range. Sow for a succession in crops Little chicks enjoy green feed.

Kindness is well repaid in the

Go slow with corn to the brood sows and young pigs.

Do not sell a pig until it is in best condition, or you will lose.

Sows that are to produce fall litters hould be bred in May, if possible.

The wise sheep owner will never allow a setback in the growth of the

lambs.

Collar bolls need the attention of a veterinarian who can easily remove the cause. To attain the greatest success in

dairying, it is necessary to have dairybred cows. Cows are not always to blame for being unprofitable. Often the fault

Hens that have been crowded for winter eggs should have no place

with the breeders. The hens find considerable animal food in the bugs and worms that are

beginning to appear. Be careful how you breed your colts

and don't be guilty of flooding the market with misfits. Some cows are like some people.

them to do their best. Some cows are so persistent in

their milking habits that it is dangerous to force them dry.

The successful dairyman endeavors to raise as much of the feed needed as possible on his own farm.

The smoother the perches the more easily they can be kept free from vermin. And have them movable.

Grasshoppers sometimes inflict injury on the young trees by eating the tender bark on the small limbs.

As soon as scouring begins, give the calf a teaspoonful of ground

cloves. One dose is usually sufficient The sooner a hen can be turned

loose with her small chicks the better after they are able to run and pick a little. Spray your trees whether they have

crop or not. Spraying in off years is just as important as in years of heavy crops.

Calves at the age of three or four nonths will consume some sllage if

Many small chicks are counted mong those lost because they are allowed to follow the mother through the dew-covered grass.



HATEVER our station may be, those of us who mean fulfill our duty ought, first, to live on little as we can, and secondly, to do The song of joy would lose its mirth Were there no children to begin it. all the wholesome work we can an end all we can spare in doing all the spend all sure good -Ruskin. SOME COOLING DRINKS.

HOUSEHOLD APPLIANCES.

The number of household appliances which are on the market are growing in number daily. A good these is always a delight to agent will make a susceptible house friends. wife feel that life without his special article will be a barren waste and not

worth living. These household conveniences, so called, are made mostly to sell and it is the wise woman who can quickly decide as to its usefulness. Is it a labor saver and a good investment? It usually takes more skill to use an appliance for saving labor than it

does to continue with the old-time methods. Many of our helpful appliances are excellent helpers in a large family which, in a smaller one, would be only juice of fruit is good as a drink.

a nuisance. A turkey roaster to be of cold water; heat slowly and boll used once or twice a year is a doubtful investment; its room is better than ounces of loaf sugar and the juice of its company. If a household appliance saves a

housekeeper's time and strength, givcold ing her time for rest and open air recreation, it is money well spent.

gasoline stove.

the cost.

tricity is not obtainable.

worked house cleaner.

fruit may be used), stirring from time In how many farm houses where to time, then strain and add sufficient money is spent lavishly for farm masugar to sweeten-a pound and a half chinery do we find a fireless cooker, to this amount. Boil for ten minutes a bread mixer, an up-to-date washing and then bottle to use, allowing a tamachine or a motor to run both the blespoonful of the sirup to a tumblerwasher and the sewing machine? The

farmer spends hundreds of dollars on ful of water. Tea Punch .-- Make a strong infusion his work where the wife has one. She of English breakfast tea, a teaspoonful must wait on and feed one or two to a cup of boiling water. For a quart hired men; he needs and must have help, while she cares for the chilof tea add a half cup of sugar which dren and often is asked to come out has been cooked with a little water until it spins a thread. Remove and and help in the fields. Is it any won-

add to the strained tea with the juice der that our insane asylums are largeof two or three lemons and an orange ly filled by farmers' wives? A few slices of the fruit may be left It is better economy to buy a few

labor-saving devices than to pay doc-Mint Julep .- Boll a cup of sugar tor bills. For a large family a steam cooker is a great saving of time and with a pint of water for twenty minutes. Crush six sprigs of mint and fuel, a whole dinner for a dozen may pour a cupful of boiling water over it. be cooked in it over one burner of a Allow it to stand ten minutes, strain A gasoline or blue flame stove and pour into the sirup. To this add

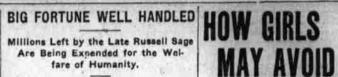
should be in every country home for strawberry, raspberry and lemon juice. Serve very cold. use in hot weather where gas or elec-



as expense in unnoticed have that usels fineries or formalities.

NUTS AS FOOD.

Nuts may be served au naturel or in croquettes, salads, desserts or lion! soups; in fact they may be used in such a variety of ways that space will not permit of the list. Think of nuts F YOU have gracious words to as meat and they will not be served at a revival meeting advanced with au des arty m a wiry, sharp-eyed old chap into Peanut Purce .- Take a pint of pea- water. He asked the usual question, nuts, shelled and the brown skin rewhether there was any reason why moved, and pound to a paste. Peanut the ordinance of baptism should not butter may be used in place of the be administered. After a pause a tall, paste. Scald a pint of milk, add the powerful-looking man who was look-



While the late Russell Sage was in the flesh he was one of the most prudent, shrewd and persistent money grubbers in Gotham. The astute financier never plunged nor risked any money in wild-cat schemes. He was a "sure-shot" operator in Wall street. and when he died he left in the hands of his lone widow a fortune of something like \$75,000,000. Since becom ing possessed of this enormous fortune she has worked as persistently and assiduously in scattering the money as her husband did in gathering it. The scriptures tell us that

the miser is the man that "heaps up riches and cannot tell who shall gather them." Russell Sage knew better, Refreshing drinks are always acand the good lady upon whose shoulceptable, and the housewife who keeps ders was imposed the burden of this enormous sum of money has worked her ice chest supplied with some of hard in lightening the burden. Her her philanthropies have been productive of as much wisdom as marked her hus-

would

-Whittler

no little people in it

Serve in lemonade glasses.

Almond Drink .--- Blanch three dozen band's operations in the market. She sweet almonds and pound to a pulp. is reported to be failing in health, and boll them in two quarts of milk, addher task is only begun. Should she ing a vanilla bean, which may be rebe taken from the world thousands moved in a short time; sweeten with will regret her departure, and it is half pound of sugar, cool and strain. very earnestly to be hoped that fur-Raspberry juice that has been sweetened and boiled may be added ther care of the property will fall into

to water and served with ice makes a most cooling drink. Strawberry juice, IT IS CRIMINAL TO NEGLECT cherry or in fact any kind of acid THE SKIN AND HAIR

Barley Water .-- Wash two ounces of pearl barley and add it to two quarts Think of the suffering entailed by neglected skin troubles-mental beuntil reduced to a quart. Add two cause of disfiguration, physical because of pain. Think of the pleasure a lemon; strain and set aside to get of a clear skin, soft, white hands, and good hair. These blessings, so essen-Fruit Sirun-Boil together a pint of tial to happiness and even success in

good hands.

fruit and a pint of water (any juicy life, are often only a matter of a little thoughtful care in the selection of effective remedial agents. Cuticura Soap and Ointment do so much for poor complexions, red, rough hands, and dry, thin and falling hair, and cost so little, that it is almost criminal not to use them. Although Cuticura Soap

and Ointment are sold everywhere, a postal to "Cuticura," Dept. L, Boston, will secure a liberal sample of each, with 32-page booklet on skin and scalp treatment.

A HIGHER TRIBUTE,



PERIODIC PAINS The Experience of Two Girls Here Related For The Benefit of Others.

Rochester, N. Y.-"I have a daughter 13 years old who has always been very healthy until recently when she complained of dizziness and cramps every month, so bad that I would have to keep her home from school and put her to bed

to get relief. "After giving her only two bottles of Lydia E. Pinkham's Vegetable Com-pound she is now enjoying the best of health. I cannot praise your Compound too highly. I want every good mother to read what your medicine has done for my child."-Mrs. RICHARD N. DUNHAM, 311 Exchange St., Rochester, N.Y.

Stoutsville, Ohio.-"I suffered from headaches, backache and was very irreg-ular. A friend ad-

vised me to take Lydia E. Pinkham's Vegetable Compound, and before I had taken the whole of two bottles I found relief. I am only sixteen years old, but I have better health than for two or three years.

thanks for what Lydia E. Pinkham's Vegetable Compound has done for me. I had taken other medicines but did not find relief."-Miss CORA B. FOSNAUGH, Stoutsville, Ohio, R.F.D., No. 1.

Hundreds of such letters from moth-ers expressing their gratitude for what Lydia E. Pinkham's Vegetable Com-pound has accomplished for their daugh-ters have been received by the Lydia E. Pinkham Medicine Company, Lynn, Masa,

A WONDERFUL DISCOVERY.

A WONDERFUL DISCOVERY. This is the age of research and experiment, when all nature, so to speak, is rannacked by the solentille for the domfort and happiness of man. Belence has in-deed made giant strides during the past entry, and among the-by no means least. Important-dis-overrise in medicine comes that of Thirspiton, which has, we understand, been used with great to estim-tion of the wise suffer from kidney. Niedder or nerrous diseases, chronie weaknesses, ulcers, skin eruptions, plick, dc., we think there is no doubt. In fact it neems evident from the big ettr created smongst specialitis, that THERPION is destined to cast into oblivion all those questionable remedies that were formerly the sole reliance of medical men. It is of course impossible to tell sufferers all we should like to tell them in his about article, but shows who avoints reliable to the list there is no doubt. The subscription of the weaknesses are also and the to tell them in his short article, but shows who avoints the oblivion all those of medical men. It is of course impossible to tell sufferers all we should the to tell them in this short article, but shows who avoints the oblivions. Have only to send a deremed to cast whether the New French Red. Co., haversione K Road, Hamputeed, Loodon, Eng, and decide for themselves whether The New French Remody, "THERPION," is what they require and which they may have been seeking in vain during a life of untold misery, suffering, ill health and unhappiness.

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KODAKS DEVELOPING



A sack of cement and three or four times as much sand will make an everlasting base for the separator, and it lengthens the life of the ma-In certain states dairy farming is easy but the surprising fact in this vantages are least the people show the least interest. Market the butter often. The freshcustomers and the surer you are of getting from 40 to 50 cents a pound for Plan and breed now for early calves next spring. They're the ones that bring in the money, while their dams quality and price. Once the hog cholera enters a herd, the germs usually pentrate to all portions of the swine lots and quarters so that subsequent disinfection should feature the thorough cleaning of all the yards and pens. If the chicks in the brooder become

weak and lame in the leg, the only emedy, if there be any, is to run them out into the sunshine to ever cise, and feed them charcoal, grit and

A small sprinkling of Chill potash or nitrate of soda for the strawberry bed and other small fruits is an ercellent fertilizer to increase the size of the fruit and to hasten them in

Bees and fruit go well together. The Bees and fruit go well together. The bees gather honey from the blossoms and in return fertilise them. The hum of these industrious workers in the orchard foretells rich harvests. Un-der the trees is a good place for the hives.

not in the stock that produced the But if your words will cause us sorrow. -Burton.

REV/30

house, are a great boon to the over-

SOME FAVORITE DISHES.

peanuts to a pint of white stock, A cake that can be put together in a hurry and still be delicate is one thicken with two tablespoonfuls of that appeals to the busy housekeeper. four and a little of the milk mixed; add seasonings and the milk. Serve Lightning Cake .- Put into a cup two

eggs, unbeaten, four tablespoonfuls of hot after the flour is well cooked. Walnut Croquettes .-- Cook together melted butter (not hot), fill up the cup of milk and a cup of crumbs to cup with milk, add a teaspoonful of vanilla and turn into a bowl. Into the a paste; add three-fourths of a cup flour sifter put a cup of flour and a of walnuts, the yolks of two eggs and cup of sugar, one teaspoonful of baseasonings. Shape in balls and fry

king powder and a little salt; sift all in deep fat. Peanut Candy .- Shell and remove together and stir into the other ingredients. Beat well and bake in a loaf the brown husks from a pound of peanuts. Roll with the rolling pin until or in layer tins.

Citron and raisins, with spice, may be added to change the flavor.

and twelve level tablespoonfuls of but-The children enjoy brown sugar sandwiches. Spread bread with butter ter; stir constantly, and after the mixture begins to bubble cook ten minand sprinkle generously with light brown sugar; put together in sandutes, then stir in the nuts and pat out into a pan to cool. Mark off immediwich form, and they may be eaten ately, as it hardens very quickly. without soiling the fingers.

Coffee and Caramel Frosting .-Apple, nuts and celery with a boiled salad dressing is a salad universally When making a caramel frosting, coffee is sometimes used instead of wa- liked.

er. It imparts an unusual flavor Walnuts added to a baking powder which is very enjoyable if one likes bread is a nice sandwich bread to serve with tea or chocolate. coffee. Brown two tablespoonfuls of granulated sugar and when a reddish Ice cream may be made into a very fancy dish if served in stem glasses, brown but not burned add three tablespoonfuls of boiling hot coffee. When sprinkled with chopped nuts and garnished with a fresh cherry or straw the coffee has dissolved the caramel. pour the mixture over powdered sugar berry.

Nut and Raisin Filling .--- Chop fine a until a smooth paste is formed which will not run off the cake. cup of raisins, add a cup of chopped Curried Eggs .- Fry two small onions nuts. Beat an egg white stiff, add

in butter until a golden brown, add a two tablespoonfuls of lemon juice and pint of good stock and one tablespoona half cup of powdered sugar and half a teaspoonful of salt. Mix all toful of curry powder. Stew until the gether and use as filling in layer cake. onions are tender, then add a cup of This combination of nuts and fruit cream, thicken with rice flour and simmer a few minutes. Cut eight may be added to a boiled frosting hard-cooked eggs in halves, arrange in and is even more palatable.

a deep dish and pour the sauce over them. Serve with a plain lettuce

Nellie Maxwell. salad or shredded lettuce with stuffed olives adds to the dish.

Lettuce Salad .-- Rub a salad bow Friends. We speak with awed tenderness of with a cut clove of garlic. Place the lettuce in the bowl and add the our guardian angels; but have we not chopped white of a hard cooked egg. all ha our guing angels, who came to us in visible form, and, recognized Mash the yolk with a fork, season with salt, pepper and mustard, add or unknown, kept beside us on our difficult path until they had done for us all that they could?-Lucy Larcom.

Since the Telephone.

In 1876, the year in which Alexander Deep streams run still-and why? Not because there are no obstacles Graham Bell invented the telephone. but because there are no ouscaces, but because they altogether overflow these stores or rocks round which the shallow stream has to make its noisy way.--William Smith. there were no skyscrapers, no trolley cars, no electric lights, no gasoline engines, no self-binders, no bicycles nor motor cars .-- Magazine of American History.

Opportunities. The city bristles with opportunities for service. If we are alert, we shall tion, but having no inkling of the find them and utilize to meaning of it all.-William James. Christian Endeavor World. find them and utilize them .-- The

ing quietly on remarked: "Elder, I don't want to interfere in yer business, but I want to say that this is an old sinner you have got hold of, and that one dip won't do him any good; you'll have to anchor him out

Heard on the Waterfront.

in deep water over night."-Life.

Some ancient mariners were sitting in a seaport tavern relating their ex-

periences of fogs. "Ah!" said one old salt. "I've seen some pretty thick fogs in my time. like coarse crumbs. Put on to the Why off the coast of Newfoundland the stove a pound of light brown sugar fog was sometimes so thick that we used to sit on the deck rail and lean against it! We were sitting one night as usual, with our backs to the fog. when suddenly the fog lifted, and we all went flop into the sea. A bit thick, wasn't it?"-San Francisco Chronicle.

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Nature's Remedy: is purely vegetable. As a cathartic, its action is easy, mild and effectual. No griping, no nausea, makes a sweet breath and pretty complexion. Teaches the liver to act. Sold by all medicine dealers, 25c.

Eight Lives Shy. "I have only one life to live." "That proves that you are not a cat,

TO DRIVE OUT MALARIA AND BUILD UP THE STSTEM Take the Old Standard GROVEN TASTRELASS QUILL TONIC. You know what you are taking. The formula is plainly printed on overy bottle, showing it is simply Quinite and Iron is a tasteless form, and the most effectual form. For grown people and children, 50 cents.

It Does.

"Do you find this presidential preferential primary puzzling?" Well, it makes you mind your p's.

For COLDS and GRIP Hicks' CAPUDINE is the best remedy—re-heres the sching and feverisaness—cures the Cold and restores normal conditions. It's liquid—effects immediately. 10c., 25c., and 50c. At drug stores.

No, Cordelia, a man isn't necess rlly a beat because he has a red face.

It is possible for a man to be straight and make both ends meet?

Liver and kidney complaints will be great elped by taking Garfield Tea regularly.

Even the thirst for glory may have its direful after effects.



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olive oil and vinegar and pour over

Why Deep Streams Run Still.

Useless Without Understanding. We may be in the universe as dogs and cats are in our libraries, seeing the books and hearing the conversa-

the salad.

teacher and practitioner along hy-gienic lines," says a Los Angeles physician, "I have never found a food to compare with Grape-Nuts for the benefit of the general health of all classes of people.

for a number of years to patients with the greatest success and every year's experience makes me more enthusiastio regarding its use.

"I make it a rule to always recom mend Grape-Nuts, and Postum in place of coffee, when giving my patients in-structions as to diet, for I know both Grape-Nuts and Postum can be digested by anyone.

"As for myself, when engaged in