

sweep."

bot?

two?"

sourian.





A part of the poultry on the farm is that covey of quail you have observed in the back fields somewhere, and a little attention to those small fowls is Build silos, grow less acres of corn worth while. but utilize the whole crop in its best

form, and grow alfalfa on the corn It is not bad practice to treat the acreage saved for a cheap, palatable, wheat seed to a liquid spraying of one pound of formaldebyde in forty these inexpensive dishes to make an

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SOME POTATO DISHES.

Sweet Potato Pudding .- This is a

Savory Potatoes .-- Cut two small

pieces of bacon into small pieces, and

place them in the bottom of a baking

MERSON says: "I know n and ensign of a sovereign mind, as that tenacity of purpose which, through all changes of companions or parties or for-tunes, changes never, bates no jot of heart or hope, but wearies out opposition and arrives at its port." Of trungs for ever speaking. That nothing of itself will come But we must still be seeking?' A potato salad that is not very

DAINTIES FOR CHILDREN'S PAR-TIES.

One of the things to guard against in serving children is that they must too much at a time are fruitful sources have no very rich food, or very little. Children are exceedingly fond of ice cream, and if not too rich or served in too large quantities, it is not harmful.

Sweet sandwiches, marguerites and fruits of all kinds make chough va- hot luncheon dish. Grate peeled sweet were also present in the home of The young trees should be banked riety to please the small people, with

Stewed prunes, mixed and chopped ing, are most appetizing. Cut them in spoonful of ginger and mixed spices, a different shapes, as often the appear- dash of salt. Mix well and spread ance will decide the liking or not for about two inches deep in a well-butthe food. Cut in crescents, hearts, tered pie dish and bake for an hour The helfer bred too early always finger size or in circles; placed on a and a half.

pretty plate, they will appeal to the taste of most any child. Sponge cakes baked in gem pans and filled, when cold, with whipped dish; slice three potatoes and half an cream which has been sweetened and cnion over the bacon. Add two more

flavored, are always a delight to young pepper and salt, then slice in two more or old slices of bacon, cut fine, season with be A delicious dessert for children, as potatoes; add another slice of bacon. well as a food of high value, are figs cason again and cover with milk. and raisins stewed together. The Cover the dish and bake for half an fruits should be served cold with hour, then remove the cover and bake brown bread and butter. If an extra until the potatoes are soft and the top rich and elegant dish is desired, add is brown. whipped cream. Potato With Nuts .-- Chop a cupful

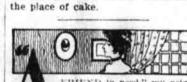
of nuts and put them into a basin: A marshmallow dropped in the cup of cocca takes the place of cream and add a cupful of hot mashed potatoes. a little salt and pepper, two eggs well is enjoyed by the little people. beaten, a half cup of bread crumbs Meringue cases may be made at home by piping whipped white of and milk enough to make a mixture

to roll. Roll in crumbs, dot a few egg and sugar into cup shapes and baking. Serve these filled with ice pieces of butter over the top. Add milk to the pan and bake until thor-oughly hot. Thicken with milk and cream, garnished with candied cherries. serve poured around the loaf.

Another nice dessert is chopped marshmallows, a few nuts and sweetened whipped cream.

Lemon jelly, or any gelatine jelly. with marshmallows stirred in it and molded makes an attractive and effective pudding.

whipped cream and a sprinkling of chopped nuts, with nut bread sandwiches, is a most satisfying dessert. Hot scotch scones split and spread with butter and orange marmalade are delicious sandwiches which take



bor said to me, nd in need is what I mean to be;

WHAT TO EAT.



Nuts contain so much nutrition that

INTERNATIONAL By E. O. SELLERS, Director of Evening Department The Moody Bible In stitute of Chicago.)

LESSON FOR NOVEMBER 24

THE TRANSFIGURATION.

LESSON TEXT-Mark 9:2-13 GOLDEN TEXT-"A voice came out of the cloud, saying, This is my beloved Son: hear ye Him."-Luke 9.35 R. V.

1. On the Mountain, vv. 2.6 .- Peter's common is the following: Dice six confession is connected closely with cold boiled potatoes, add the chopped the lesson for today. There is no recwhites of three hard cooked eggs; rub ord of the intervening "six days." We the yolks of the eggs smooth with a are left to surmise what of fear and

dash or two of mustard, and add a cup perplexity filled the minds of the disof sour cream. Season with salt and ciples after listening to the words of cayenne and pour the dressing over Jesus found in Mark 8:34 and 9:1. the potatoes. Let the potatoes stand These words must certainly have in the dressing some time before serv- filled them with doubt and dismay.

As if to meet this condition of mind Jesus takes Peter, James and John. West Indian recipe and makes a nice those three partners in business, who

potatoes to the amount of two cups. Jairus, and later went with him into add a cup of ripe bananas mashed, a the garden, and withdrew to a mouncup of brown sugar, three cups of wa- tain, probably Mt. Hermon. Here he with nuts and used for a sandwich fill- ter, a tablespoonful of butter, a tea- was transformed, i.e., metamorphosed, completely changed in appearance; read carefully the parallel accounts.

Paul's Inspired Words.

Joined with Jesus there stood Moses the law-giver and Elijah the great reform prophet. What a commentary as to the interest of heaven in a dying Messiah and in the glory of that ueath.

We need to read Pauls inspired words (Phil. 2:6,7) in this connection. He who thought it not a prize to be grasped after to be equal with Brown looks! God, yet took upon himself the form of a slave and was made in the habit complexion. or fashion of a man. Upon the moun-

tain Jesus reversed the figure and the "servant"--the Son of Man revealed. e. g., showed forth, the glorious appearance of the Son of God. The disciples there caught a faint glimpse of among the farmers, when he met a that glory which he had with the Father before the world was (John 17:5). But the work of redemption was not yet accomplished, and so once more he turns back upon that glory. Small wonder, though, that as

they beheld these heavenly visitors Potato Doughnuts. - Cream three Peter should excisim: "Rabbl, it is tablespoonfuls of butter, softened; add good for us to be here; let us make three-fourths of a cup of sugar, the three tabernacles (booths), one for yolks of three eggs and the white of thee, one for Moses and one for Ellone, one cup of freshly mashed potajah." Notice, however, that Peter to and a fourth of a cup of milk, two spake "for he wist not what to say" (v. 6). Mark alone records these words, and Mark largely received his

> gospel from Peter. Peter should have kept still. Some revelations are too sacred for speech. Paul had such a one. But while the mount of vision is glorious, Jesus knew the need of crystalizing that vision in the lives of those in the valley below. There was work yet to be done (vv. 14, 15). Luke

> transforming power than prayer Moses and Elijah appeared "in glory," whereas Matthew Yells us that "his

Three Heavenly Voices Heard.

We have only to read 2 Peter, 1:16-18 to answer any question as to this being a vision in the modern accept ance of that term. We are also told that the word "vision" found in verse 9 of the lesson can be translated. "things seen." Indeed the disciples were "fully awake" (Luke 9:32 R. V.). The question as to how the disciples could recognize Moses and Elijah, whom they had never seen, is not at all difficult for the believer. They appeared "in glory" and when the glory was withdrawn they saw "no man save Jesus."

A PENALTY OF AGE

The tendency of advancing years to restrict activity and exercise is re-sponsible for the constipated condition of most elderly people. The wear of years impairs the action of the bowels and the digestive organs are more sensitive to the demands upon them and rebel more quickly. Cathartics and purgatives are violent and drastic in their action and should not be used to correct constipation. A mild, yet positively effective remedy, and one that is recommended by physiclans as well as by thousands who have used it, is the compound of simple laxative herbs with pepsin prescribed by Dr. W. B. Caldwell over thirty years ago and now sold by druggists everywhere under the name of Dr. Caldwell's Syrup Pepsin. Dr. Caldwell wants everyone troubled with constipation to try Syrup Pepsin and will send a trial bottle, free of charge, to all who write for it. Address Dr. W. B. Caldwell, 203 West St., Monticello, Ill. Adv.

AN ARTISTIC DEVOTEE.



Dunn-How pale and careworn Mrs. Gunn-Yes, she has on her Lenten

Her Name Was Not Polly Ticks. During the late campaign an Illinois candidate for the legislature was driving through the country, seeking votes

young man in farmer's garb, walking by the roadside. Having in mind a prospective vote. he stopped his horse and saluted him

in a familiar manner, inquiring: "Are you paying any attention to

politics nowadays?" The young man stopped, looked at him suspiciously, and drawled out:

"No, stranger: that don't happen to be my gal's name; but ef it was, I wouldn't think it was any of your durned business."

This ended the interview as well as the prospect.

Shop Talk.

The inventor was talking to himselt. "What, with my heatless light, my leakless fixtures, my invisible ashcan and my disappearing bed, I have mad the life of the urbanite well worth the living.

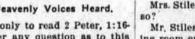
"Wrong!" corrected the down-weighted Benedict. "You have yet to perfect the footless meter and the vanishing gas bill."-Judge.

Very Hobble. Mrs. Stiles-How do you like my

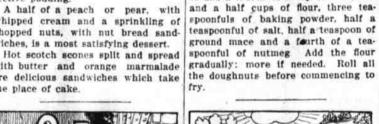
new gown? Mr. Stilles-Reminds me of a crowd-

ed theater. Mrs. Stiles-Crowded theater! How

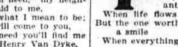
Mr. Stiles-There seems to be standing room only .- Judge.



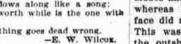
Let us see what we can do with ney e used more generally as a food. Those who object to the use of meat may find a good substitute in nuts. Savory Nut Loaf .- Any nut loaf mixture may be served in the form of croquettes with peas or a tomato sauce, making a satisfying luncheon Take a cup of chopped nut dish. meats, walnut or hickory, add four cupfuls of breadcrumbs, a chopped hard cooked egg, a well beaten egg, a half teaspoonful of salt, a half teaspoonful of pulverized sage, a medium This also serves to help answer the sized onion, grated, and sufficient milk question, "Shall we recognize in glory or water to moisten the mixture. those whom we have lost awhile?" Mix all together and roll in the form Three heavenly voices were heard. of a loaf, bake in a small bread pan Jesus' voice in prayer, his companvell buttered. Bake about half an ions conversing of that great event hour. yet to be accomplished (Luke 9:31) Almond Cookies .- Mix a pound of and the voice of God, "This is my beground, blanched almonds with - 8 loved (only begotten) Son: hear him.' pound of sugar, add a tablespoonful of What matters the opinions of earth's powdered cinnamon, a tablespoonful greatest lawyers and prophets, or the of powdered cloves, five cents worth suggestions of our dearest friends, of anise seed, and the volks of four "Hear him." That is the crux of the eggs well beaten, flour to make a stiff heavenly message: "Hear him." as dough, adding the well beaten whites teacher, observe him as an example, of the eggs before the flour. Roll out accept him as Saviour and obey him and cut with fancy cutters. Bake in as Lord and Master. a moderate oven. Fear fell upon them and they fell Peanuts With Rice .-- Cook a cupful upon, their faces in humiliation, but of rice until tender; while hot stir in with tender compassion Jesus said a cup of peanut butter, stirring until "arise and be not afraid." It almost well mixed. Then add a half cup of seems like a rebuke to Peter, who had milk, a cup of cracker crumbs, leaving so freely protested against the suggesout enough to spread over the losf. tion of the manner of his death. and two well beaten eggs. Make into a loaf, roll in crumbs and bake in a Jesus' transfiguration and the words of his companion, as well as the commoderate oven. mand of the Father, were a vindication of his authority and a revelation Nellie Maxwell. in advance of the supreme wonder of the cross. Arising they "saw no man save Jesus." It is far better to "see him" than to see, hold converse with, Without His Host. The Finisher. "And those long, silent pauses in your speech-I didn't quite understand Counsel (to witness)-What is your or have communion with, the greathusband? est of earth, past or present. 2. The descent, v. 9:13.-As they descended from the mountain Jesus Witness-He's a finisher. "Perhaps not. Those were the points where I had written 'laughter' Counsel-What does he finish? Witness-Well, he's just finishing charged them to tell no man. Very his time in Pentonville prison.-Londifferent from our modern method. But the need is clearly shown as we and 'applause' into my manuscript. don Answers. read Peter's words (3 Peter, 1:15-21). Peter places great emphasis upon the importance of this experience, declar-ing himself as an eyewitness of his "majesty" as well as the "honor and glory." Peter and the others could not talk intelligently of this exper-ence until after Christ's work was "finished" upon Calvary, vindicated at the tomb and glorifled on the day of Pentecost. Hence they "kept that saying with themselves," obeying his injunction of silence. On the return they caught some word about his ris-ing from the dead, hence the ques-tion about the return of Elijah Jesus tells them that Elijah had returned in the person of John the Baptist and hat he had been rejected (see Matt 17:11-13). There is slight grounds or impostors and insane people to noir these words to themselves. read Peter's words (2 Peter, 1:15-21). The Worm Turns, "How could that fellow be indicted "What's new out your way?" "Well, the other night a few of us roters hired a hall and took turns adfor making counterfeit money?" "Didn't they say that jury found dressing an audience of candidates. Superficial Attempt. Iseman-I see Englishmen are re-ing the habit of wearing whis-For Once it Came True. Fortune Tellur-You are going to ave money left you. Customer-Glad to hear it. Fve iy got \$2 to my name. Fortune Teller-Well, after payin as you will have a dollar left you. "One of the most appropriate as

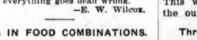


FRIEND in need," my neigh n time of trouble I will come to you, And in the hour of need you'll find me true." —Henry Van Dyke,



life flows along like a song: one worth while is the one with When everything goes dead wrong.





SUBSE

IS easy enough to be pleas

face did shine as the sun" (17:2). This was not a reflected glory, but the outshining from within.

tells us that the transfiguration came "as he was praying." So even yet there is no greater transfiguring and

Eben-So Miss Antique is going to get married at last. Who is the lucky Flo-The clergyman. He's going to

get paid for it and assumes no responsibility.

SCOFFERS

Often Make the Staunchest Converts.

The man who scoffs at an idea or doctrine which he does not fully understand has at least the courage to show where he stands.

The gospel of Health has many con verts who formerly laughed at the idea that coffee and tes, for example, ever hurt anyone. Upon looking inte the matter seriously, often at the suggestion of a friend, such persons have found that Postum and a friend's advice have been their salvation.

"My sister was employed in an eastern city where she had to do calculat ing," writes an Okla, girl. "She suf-fered with headache until she was almost unfitted for duty. "Her landlady persuaded her to quit

coffee and use Postum and in a few days she was entirely free from headache." (Tea is just as injurious as coffee because it contains coffeine, the same drug found in coffee.) "She told her employer about it, and on trying it, he had the same experience.

My father and I have both suffered ch from nervous headache since I remember, but we scoffed at the can rei

remember, but we scoffed at the a advanced by my sister, that cof-was the cause of our trouble. However, we finally quit coffee and an using Postum. Father has had t one headache now in four years, a to a severe cold, and I have lost y headaches and sour stomach, high I am now convinced came from

up of good, hot Postum is sat to me when I do not care to meal. Circumstances caused to me when I do not care us meal. Circumstances caused locate in a new country and 1 I would not be able to get my e drink. Postano, but I was d to find that a full supply is new with a heavy demand for Postum Co.

Have a light poultry house, admit. ting plenty of fresh air without producing direct drafts of air. The germs of most diseases cannot live in fresh air or very strong light.

you can't find some ticks.

home-grown balancer for corn.

A yield of 12 tons of silage may easily be obtained from one acre of corn. Allowing 30 pounds of silage as a daily ration, one acre of corn will furnish four cows with silage for 200 days.

A bright, intelligent man, a good manager and a close observer will save more than his wages in the amount of work he will accomplish. and in maintaining the condition of

his team. The value of rape or any non-leguminous crop for green manure will depend very materially upon the mechanical condition of the soil and the

rotation of crops which is practiced upon the land. people. house to accommodate a single

sow does not need a great deal of ventilation, although there should be enough to keep the air in good condition, but where a dozen or more hogs are kept in the same house perfect ventilation is necessary. those from soft wood.

Though it is generally conceded among poultrymen that the long continuous poultry house is well adapted to the housing of grown and laying stock, it is a fact that the young growing stock is better cared for in the separate small colony houses.

little pig, just like a growing plant, needs sunshine. In both cases it seems to be a sort of tonic that makes the best development possible

Catch the lame ewe and see if she isn't in the first stages of foot rot. Looks like it from here, though it may be that her hoof only needs trimming.

od plan to give your heas plenty in the winter is to cover the hen house floor with leaves. Then scat-ter small grain and crushed corn among the leaves when you feed the towls at noon. The chickens will get the grain and find wholesome exise in doing it.

To fatten poultry for market, re-move from the yards and place, with-out overcrowding, in a coop which should be provided with a canvar If the lambs are to be fattened market start them on a little g nat as soon as they will learn to to draw down and ha at all soon as

sod pasters until they shell. Prime fat ribe o reduced by alternate p

gallons of water. It will prevent the smut damage. The most important business of the dairyman is to increase the amount

of manurial substances and apply them where they are most needful by the growing crops. There is one big advantage in sow-

ing the winter wheat late and that is you stand a good chance to escape the Hessian fly, which does so much damage to the wheat fields.

In feeding the cows do not give them more than they can use readily. Any feed that is left in the mangers after the cows are through will naturally represent a certain amount of

Brood sows should have a quiet. warm, dry place where their litters may spend the first weeks of their lives without being unnecessarily disturbed by other animals or inquisitive

Unleached wood ashes contain from five to seven per cent, of potash and are an excellent fertilizer. As is well known, the ashes from hard wood are much richer in potash than

The droppings from the cattle will bencfit the pasture more if they are spread or broken up with a spike tooth harrow with the teeth set well asiant. This prevents the grass from being killed out and weeds coming in where the droppings have laid.

A profitable crop cannot be grown on land deficient in humus, which is the same thing as rotted sod or rotted manure, with fertiliser alone

Pigs that are allowed to run with the sows until she weans them herself are always more thrifty than those that are weaned early. 10 course, this is pretty hard on the sow but if she is full fed on milk-producing feed she will not suffer greatly.

A good way to cure a dog of the mabit of rushing out at travelers as they pass is to put on an old over-coat or otherwise disgue, fill the gar-den sprayer with diluted anmonia and give him a dose as he tears out into the road. One dose is generally

go to the

attractive meal. We are paying now for the cheapest cuts of meat what we paid a few years ago for the best, and

it behooves use to use wisdom in buying any of the high-priced cuts. Savory Stew .- Pieces of tough and otherwise impossible meat may be made tender and tasty by long, slow

cooking. The stone dish or casserole has made a great difference in our meat bills where it is commonly in use.

Cut a round steak into cubes and roll each cube in seasoned flour. Put into a frying pan a little fat and fry a minced onion in it until a light yellow. Lay in the meat, fPy for five minutes, cover with cold water and simmer on the back of the range for two hours. Season with salt and pepper, add a half teaspoonful of Worcestershire sauce and a tablespoonful of

catsup. Serve hot with boiled rice or mashed potato Bread and Cheese .- This bread and cheese will be followed by kisses if

he recipe is carefully followed. Grease a pudding dish and put into it a layer of slices of stale bread; on each slice place a thin slice of American cheese. Beat one egg very light. stir it into a pint of milk, salt slightly and pour the milk over the bread and cheese. Set into the oven until browned lightly, and serve with a dash of cayenne. Serve hot. This is

a nice dish for supper. Coffee taploca pudding is a simple dessert. Pour over a cup of softened taplocs a pint of left-over coffee Cook until clear and serve hot with sugar and cream.

Mixed Up.

Why not?"

te billa?"

Cynicus-Yes. A superficial attempt to revive the ancient virility of the

Low Attituds, "Mr. Wambat, you ought to go h for aviation. Many of our prominen people are taking it up." "I suppose I ought. Have you go a machine that will akim along nice

A Household Remedy.

Which works from outside. CHES-TOL (Chest Ointment) will relieve quickly croup, coughs, colds, pneumonia and all affections of chest and throat. Use freely and RUB! RUB! RUB! Now sold by all medicine dealers. Should be in every home. Burwell & Dunn Co., Mfrs., Charlotte, N. C. Adv.

Sympathetic Affliction.

"Don't you think Jack ought to feed that cold? He is a little hoarse." "He is-with hay fever."

A great majority of summer ills are due to Malaria in suppressed form. Las-situde and headaches are but two symp-toms. OXIDINE eradicates the Malaria germ and tones up the entire system. Adv.

People are always doing things they would condemn in others.

Dr. Pierce's Pleasant Pellets first put up 40 years ago. They regulate and invigorate stomach, liver and bowels. Sugar-costed tiny granules. Adv.

Truth is stranger than fiction and equally dangerous.

FOLEY KIDNEY PILLS Are Richest in Curnive Qualities FOR BACKACHE, RHEUMATISM, KIDNEYS AND BLADDER Consumptives The famous new discovery Tee Bee Remedy

has cured others, will care you. Write for testimonials. A treatment, 6 bottles, sent prepaid for \$5.00.

Tee Bee Remedy, Charlotte, H. C.

WANTED **OLD LETTERS**

WRITTEN BY FAMOUS PEOPLE Juill may high prices for these old betters. I don't sant copret. J want latters of Presidents. Generally utforts and others.

WALTER R. BENJAMIN

ROPSY TREATED. dir and about breath in a fe

waso buys at sight; repeat ord me today; free details. H. S. WASO HILL, MASS., DEPT. 4