

HOW ONE WOMAN LOST 20 POUNDS OF FAT

Lost Her Double Chin—Lost Her Prominent Hips—Lost Her Sluggishness Gained Physical Vigor—Gained in Vivaciousness—Gained a Shapely Figure

If you're fat—remove the cause! KRUSCHEN SALTS contain the 6 mineral salts your body organs, glands and nerves must have to function properly. When your vital organs fail to perform their work correctly—your bowels and kidneys can't throw off that waste material—before you realize it—you're growing hideously fat! Try half a teaspoonful of KRUSCHEN SALTS in a glass of hot water every morning—in 3 weeks get on the scales and note how many pounds of fat have vanished.

Notice also that you have gained, in energy—your skin is clearer—your eyes sparkle with glorious health—you feel younger in body—keener in mind. KRUSCHEN will give any fat person a joyous surprise. Get an 85c bottle of KRUSCHEN SALTS at the Marshall Pharmacy (lasts 2 months). If even this first bottle doesn't convince you this is the easiest, safest and surest way to lose fat—if you don't feel a superb improvement in health—so gloriously energetic—vigorously alive—your money gladly returned. Adv.

From BLUFF

We are sorry we couldn't carry on our S. S. Sunday, on account of rainy weather. Everybody come next Sunday. Mrs. Oddie Waddell and children spent Sunday night with Mrs. Edd Waldroup. Mrs. Waddell and children went to Alexander Monday, where she will spend a while with her parents. Messrs. Oddie Waddell, Hubert and Willie Waldroup motored to Greenville, Tenn., Sunday afternoon. Mr. Waddell went on to Kingsport, Tenn., where he will work for a while. Miss Ruby Waldroup spent Sunday afternoon with Miss Rosa Waldroup. Mr. and Mrs. Crawford Waldroup and children spent Sunday afternoon with Mr. and Mrs. Edd Waldroup. Mrs. Edd Waldroup, who has been sick for a good while, is improving a little. Messrs. Ernest Thomas and Hubert Gillespie took dinner Saturday with Mr. Thelmer Waldroup. Miss Mae Finley, Mrs. N. C. Waldroup and Mrs. Crawford Waldroup and children visited Mrs. Edd Waldroup Tuesday afternoon. Mr. and Mrs. Boy, Waldroup and children and Mr. and Mrs. O. W. Waldroup from Johnson City, Tenn., have moved to Bluff. We are glad to have them in our community. We are glad to have Mr. O. W. Waldroup write again. It is his picture more interesting. He looks much better. He looks as though he had eaten several mice since his picture was taken before. He and his cousin are just alike—they look more like twins. We hope he will keep improving and write more.



NURSES know, and doctors have declared there's nothing quite like Bayer Aspirin for all sorts of aches and pains, but be sure it is genuine Bayer; that name must be on the package, and on every tablet. Bayer is genuine, and the word genuine—in red—is on every box. You can't go wrong if you just look at the box.



From ODESSA, N. C. Next Sunday is our regular meeting day at the Brick Church. Rev. Mr. Lovett will preach at 11 o'clock. Hope the whole community will turn

Dandons

ASHEVILLE'S LEADING STORE
PHONE 4013 HAYWOOD ST.

We are just as close to you as your Telephone, Post Office, or Mail Box.
All orders filled promptly. We pay postage.
Give our Mail Order Department a trial. We are always glad to open charge accounts with responsible parties

FROM MARS HILL

Some of our people went to attend the funeral of Mr. J. C. Brigman at Ivy Wednesday afternoon. Mr. Fred Holcombe, of the Holcombe & Tilson firm, had charge of the funeral. Mr. Tilson is with their business at Burgsville.

Mrs. L. D. Edwards, who has been in a hospital in Asheville since she and her husband were so seriously injured in an automobile wreck, resulting in his death, returned home last Saturday. She is recuperating as rapidly as could be expected.

About half the new road between Mars Hill and Marshall—the half nearest Mars Hill—is closed while it is being top-soiled and the old road is being used as a detour. The continuous rains last week did much to make travel less pleasant. However, the road toward Asheville has been made quite passable.

Mr. and Mrs. E. C. Metcal and her sister, Miss Mary Bradley, of Asheville, spent Sunday in town with their mother, Mrs. W. T. Bradley. The family of Mr. C. W. Hensley have moved away from Mars Hill, probably to Asheville, where Mr. Hensley has been working for some time.

In the front of the Bank of Mars Hill can be seen an unusual lemon tree. They call it a ponderosa lemon tree. It is yet quite small but bears at the present time two immense lemons. It started off with more, but Miss Hutchins and Mr. Eller feared its branches would not be strong enough to support more than the two lemons left, so the others were clipped off. The branches bearing the two lemons are supported now to enable them to carry their burden of fruit. Each lemon measures several inches around and it is said that from each lemon can be made as much as fifteen glasses of lemonade.

The tree was a mere twig four years ago when it was put at Mars Hill and it was allowed to bear one lemon last year. Already it is budding for a second crop, though the first crop is not yet mature, it being capable of producing two crops a year. The S. S. girls who are finishing the school at Asheville, was in Asheville Wednesday.

H. L. Stone, of Marshall, publisher of the News-Record, was in Mars Hill Wednesday afternoon on business.

Mrs. Roy Tillery has accepted a position at Mr. T. L. Bramlett's store, succeeding the late Miss Robinson who recently passed away. The Red Cross roll call is progressing satisfactorily in our community. Those assisting the chairman, Mr. L. Z. Eller, are Mrs. P. C. Stringfield, Mrs. W. T. Bradley, Mrs. Roy Wall, and Mrs. Douglas Robinson.

MR. J. C. BRIGMAN DEAD

Mr. J. C. Brigman, of near Ivy, died at his home Tuesday, November 19. He is survived by two daughters, Mrs. Radford and Mrs. Maney, both of near Ivy. Funeral services were Wednesday afternoon.

WHEN CHILDREN Need a Laxative

"We have used Theodor's Black-Draught in our family for nineteen years. I have found it of great help in raising my family. I have given it to all six of my children. Whenever they complain of upset stomach, or begin to look pale and sickly, I make a tea of Black-Draught and begin giving it to them. In a day or two they are all right. I give it to them for constipation, and my husband and I both take it. I always give it for colds in winter, for I believe a way to prevent them is to keep the system clean." —Mrs. Doak Terry, 1205 Fourth Avenue, Decatur, Ala.

WOMEN who need a laxative should take CARDLE. It was over 50 years.

From BULL CREEK

We are all sorry to hear of the death of Mrs. T. J. Guthrie, which occurred last Wednesday. Miss Clota Merrell was the guest of Miss Glen Hunter Sunday for lunch. Mr. C. B. Arrowood is improving very slowly. We will be glad to see



Acidity

The common cause of digestive difficulties is excess acid. Soda cannot alter his condition, and it burns the stomach, something that will neutralize the acidity is the sensible thing to take. That is why physicians tell the public to use Phillips Milk of Magnesia.

One spoonful of this delightful preparation can neutralize many times its volume in acid. It acts instantly, relieves a quick, and very apparent. All is expelled; all sourness is soon gone, the whole system is sweetened. Do try this perfect anti-acid, and remember it is just as good for children, too, and pleasant for them to take.

Any drugstore has the genuine, prescriptive product.

PHILLIPS Milk of Magnesia

Mr. and Mrs. Zade Rice spent the week-end with their parents, Mr. and Mrs. W. K. Hunter. Several people from this place are attending the revival meetings at Sexton and Gabriel's Creek. Miss Erelene Merrell was the guest of Misses Annis and Beatrice Edwards Sunday evening. Next Saturday and Sunday are our regular meeting days. We hope to have a large crowd present both days.

CARD OF THANKS

We wish to thank our many friends and relatives, especially Mr. and Mrs. P. A. Fisher, for their kindness shown toward us during the sickness and death of our beloved mother and grandmother, Mrs. T. J. Guthrie.

666

is a Prescription for Colds, Grippe, Flu, Dengue, Bilious Fever and Malaria. It is the most speedy remedy known.

MRS. ELIZABETH SLUDER DEAD

The Death Angel visited the home of Mr. A. F. Sluder and took away a loving wife and mother on November 2, 1929, at 7:10 o'clock P. M., age 55 years, 8 months, 4 days.

She leaves to mourn their loss a husband, Mr. A. F. Sluder, three children, Dillard Sluder, Mrs. J. Frank Payne and Mrs. Curtis Price, all of Marshall, N. C., Route 5; two sisters and two brothers, Mrs. Mary Tweed of Marshall, N. C., Route 5, Mrs. Sarah Bradburn of Marion, N. C.; Mr. Jack Dockery of Raleigh, N. C., and Mr. John Henderson of Big Pine, N. C.; ten grandchildren and a host of friends.

The funeral service took place at the Kirk Payne Cemetery on Monday, Nov. 4, 1929, at 11 o'clock A. M. Services were conducted by Rev. Everett Sprinkle, assisted by Rev. J. N. Watts and Rev. W. N. Martin. Mrs. A. F. Sluder was ill only twelve days when death came. She endured her sickness without a complaint. The cause of her death was acute bronchitis.

She was a faithful servant of God, was always a faithful member of Sunday School and also of church service. She has been a member of the church for forty years. Up until her death she was a Sunday School teacher and a church clerk. On Sunday mornings you would see her get her Bible and say "Let's go to Sunday School and learn more about Jesus." She wanted everybody to go to Sunday School and church. But her place in church and home are vacant. No one can fill her vacant place. But oh, how we do miss her no one knows. But we realize that our loss is Heaven's gain. When troubles and trials are o'er we are going to meet her in Heaven again. By a friend, GARRIE PRICE.

CARD OF THANKS

I wish to thank our many friends for their kindness during the sickness and death of our mother, especially thanks to Dr. Roberts for his nice wreath and kindness and also all of the people that brought flowers. I can't express my thanks to all of the good people.

MRS. CURTIS PRICE.

Tragedy And here lies the man Still, white and cold Who in the blindfold test Didn't say "Old Gold!" —The Pathfinder.

WASHINGTON COUNTY TOBACCO WAREHOUSE

Under New Management Johnson City, Tennessee

W. M. Britton, Manager

MARKET OPENS DEC. 4

Sell your tobacco at the Old Reliable Washington County Warehouse where you can get the highest prices, courteous treatment and best of services.

All the big companies and a number of independent buyers will be on the Johnson City market this year.

Let an experienced warehouseman sell your tobacco.

The best lighted warehouse in the state You can leave home in the morning, sell your tobacco and get back home the same day.

AN OVERSIGHT

O. O. McIntyre, famous columnist, says if he had his way he'd live six months in New York, two in Europe, two in Texas and two in California. What a slam at Claremont, Okla., Asheville, N. C., and Marshall in the same state. However, a lot of our people will not resent or even notice this slight. They are too busy at getting ready for the tobacco market!

"What makes you scratch your head?" "Because," said the youngster, "I'm the only one that knows it itches."—Ex.

Louise—This question of the length of skirts is getting to be very serious. Manon—Yes, very serious. Now I must buy a longer coat, and I still have \$95 to pay on my old one.

RANGER RECIPES

HINTS ON MAKING COFFEE

We entered a public eating place in the old home town one morning this week and asked for coffee. The brew itself was of tolerable quality but not up to the standard of that place. We did not specify cream with this cup of coffee, for which reason we got White Milk. Take a weak solution of coffee and mix in some white or blue milk and the color blend is anything but enticing to us. The aroma of this coffee seemed to be far, far off. The prospect was discouraging to a coffee lover. Still, we esteem this lady so highly that we would not offend her feelings for the best cup of coffee in New Orleans. How could the situation be handled tactfully? We had no intention of drinking this weak, pale fluid, called coffee by courtesy. Like a flash the solution of the dilemma came to mind: We intentionally upset the cup and spilled the contents on the floor, for all the world as if an accident had occurred! The hostess was very, very kind, so sorry this had happened and told us not to feel badly over this little mishap. We didn't. She brought us another cup and this time the milk, by some magic, was real cream. That made a palatable drink. After all, rich cream improves under-strength coffee, if you take cream. The second cup, with genuine cream, revived our good humor.

However, we felt better too fast, for when we paid the check it included two cups of coffee, one of which had to be the cup we spilled overboard by accident! If you do not believe this, ask her!

Upper Walnut Creek

There was no S. S. at this place Sunday on account of so much rain. Hope everyone will come out next Sunday. Mr. Manuel Massey and family are preparing to move to Black Mountain. We are sorry to see them go. Mr. Phil Wallin and Taft Griffin took a hike to Big Laurel Sunday.

Mr. and Mrs. Luke Griffin of Big Laurel visited his father Saturday, Rev. J. A. Griffin.

Rev. J. H. Rice of Heck Creek visited Mr. J. A. Griffin Thursday. Mr. Henry Griffin called on Miss Ophie Wallin Sunday evening.

Mr. Burnett Reece called on Miss Alice Wallin Saturday night. Mrs. Pollie Griffin visited at the home of Mrs. Prinnie Wallin Friday.

Mr. Bunyan Wallin and Mr. Church Griffin went to Laurel Sunday. Miss Geneva Wallin called at the home of Mr. J. A. Griffin Friday.

We were sorry to hear of Mr. Chas. Rice getting his house burned last Wednesday night. Mr. Elisha, Lloyd and Cullis Rice were motoring Sunday and while out they went to Big Laurel.

Mrs. Joe Faulkner has finished his new house and we hope he will move in soon. Mrs. Susan Moore and Mrs. Sarah Hall called at the home of Mrs. Prinnie Wallin Saturday.

Mr. Dewey Griffin spent Sunday night with Mr. Grayson Griffin. Miss Erma Wallin visited Mrs. Cecil Reece, Sunday.

Mr. John A. Flynn called on Miss Eula Wallin Sunday. Mr. Walter Wild of Big Laurel was on Walnut Creek Monday.

Mr. James and David Wild were on Walnut Creek Monday. Mr. Paul Wallin visited Mr. Marion Griffin Sunday evening.

Mr. Otto Reece was on Walnut Creek Monday.



What Will you do When your Children Cry for It

There is hardly a household that hasn't heard of Castoria! At least five million homes are never without it. If there are children in your family, there's almost daily need of its comfort. And any night may find you very thankful there's a bottle in the house. Just a few drops, and that colic or constipation is relieved; or diarrhea checked. A vegetable product, a baby remedy meant for young folks. Castoria is about the only thing you have ever heard of as advice given to infants. Stronger medicines are dangerous to a tiny baby, however harmless they may be to grown-ups. Good old Castoria! Remember the name, and remember to buy it. It may spare you a sleepless, anxious night. It is always ready, always safe to use; is unexpensive; or for everyday ailments any hour of the day or night, that baby becomes fretful, or restless, Castoria was never more popular with mothers than it is today. Every druggist has it.

