

CLASSIFIED ADS



RUBBER STAMPS
Signature Stamps - Stamp Pads
Daters - Base Lock Rubber Type
Notary Seals - Stencils
Quick Service

COLEMAN C. CALDWELL
The News-Record Office
Marshall

MARSHALL

Brick Commercial Building: In heart of business district, long-term lease with a large national concern. Residential apartments upstairs. Good income potential. For details, call or write:

R. WILEY SMITH, Realtor
29 N. Main Street
Weaverville, N. C.
Tel. 654-6086

11-11-14c

TIRED KIDNEYS

GOT YOU DOWN?
Give them a GENTLE life with BUCKETS well-balanced formula. Getting up night, burning, backache, frequent, scanty flow may warn of functional kidney disorders—"Danger Ahead." Increase and regulate passage IN 4 DAYS or your 39c back at any drug counter. NOW at

ROBERTS PHARMACY

FOR SALE - At Walnut on U.S. 25, at Thomas Branch Road: Garage with modern three-room and bath apartment. Gas tanks are underground for filling station. Terms.

JOHN LEDFORD
Rt. 2, Box 1023
Asheville, N. C.
Phone 298-7794

12-9, 16, 23, 30c

GOOD GRASS HAY For Sale at a reasonable price.
MRS. O. M. JARVIS
Mars Hill, N. C.

12-16-16c

Sell **KNAPP SHOES** part or full time. Earn \$25 to \$150 a week on high commissions and bonus. Steady year-round business. Equipment furnished free. Write to E. L. Johnson, Knapp Shoe, Brockton, Mass.

12-30-120c

FOR RENT-5-room house, about 1 1/2 miles from Marshall on Marshall-Walnut highway; water; wired for range; furnace heat. Contact:

SOPHIA RICE
Revere (Sodom)

12-23, 30p

FOR SALE-1957-640 Ford Tractor, \$1175.00; 1951 Ford Tractor, \$595.00; 35 Deluxe Ferguson Tractor with complete Motor Overhaul and New Tires, \$1575.00; Several other Tractors, \$150.00 up; New Lime Spreaders, Tillers, Disks, Tobacco Setters, \$200.00 each; Plows, Disks, Tillers, Manure Spreaders, Manure Loaders, and other Farm Equipment. New & Used Tractor Parts.

P. A. RAMBO

8 miles south of Greeneville, Tenn.
Camp Creek Road
Phone 639-9412

12-30-120p



HAPPY New Year

We send you this New Year message in appreciation of the confidence you have shown in us.

Doyle Cody
Ron Sprinkle
W. B. Silver, Jr.

Board of County Commissioners

PERSONALS

Mrs. Wayne A. Monroe, Friday of last week after spending a few days in Marshall with her son-in-law and daughter, and Mrs. Lawrence Ponder, their daughter, Laura.

Mr. and Mrs. J. M. Chandler, Jr., and their two children, Jr. and Jennifer, of Tampa, Fla., spending the holidays here with Mr. Chandler's parents, Mr. and Mrs. J. Moody Chandler, and brother-in-law and sister, Mr. and Mrs. J. Fain Sprinkle, and family.

Mr. and Mrs. Maco Wallin returned Wednesday from Raleigh where they spent Christmas as guests of Mrs. Wallin's niece, Mrs. C. M. Upchurch, Mr. Upchurch, and their two children.

Mr. and Mrs. Roger Jones of Boone are spending the holidays with her parents, Mr. and Mrs. Wayne Greene, and family of Weaverville; and her brother-in-law and sister, Mr. and Mrs. "Bud" Ramsey, and daughter of Marshall.

Mrs. Carol Rice and her son, Ricky, of South Gate, Mich., spent the Christmas holidays in Marshall with her grandfather, Ed Roberts.

Mr. and Mrs. Eldridge Clark and children, Mr. and Mrs. Wayne Clark and children, all of Asheville; and Mr. and Mrs. Cecil Clark of Raleigh spent Christmas here as guests of their parents, Mr. and Mrs. Elmer Clark, Mr. and Mrs. Cecil Clark also visited Mrs. Clark's parents, Mr. and Mrs. Kermit Galy, and family during the holidays.

Mr. and Mrs. Ralph Ramsey spent Christmas Day in Morristown, Tenn., with their son-in-law and daughter, Mr. and Mrs. Bill Payne, and their son.

Mr. and Mrs. Philip Wilson and their son visited Mrs. Wilson's parents, Mr. and Mrs. Charles Davis, during Christmas.

Mr. and Mrs. Walter Ramsey and their daughter, Miss Ann Ramsey, spent Christmas in High Point with their son-in-law and daughter, Mr. and Mrs. Jerry Patton, and daughter.

Mr. and Mrs. Terold W. Fox returned Tuesday from Charleston, S. C., where they spent the holidays with Mrs. Fox's parents, Mr. and Mrs. O. O. Page.

The Rev. and Mrs. Jack Thomas and their two sons had as guests for a few days this week Mrs. Thomas's brother-in-law and sister, The Rev. and Mrs. T. R. Mullinax, and their three children of Cary.

Mr. and Mrs. Ted Sprinkle and three children of Charlotte visited their parents, Mrs. Cecil Sprinkle and Mr. and Mrs. J. H. Eads, during the holidays. Mr. and Mrs. Eads also had as guests their son and daughter-in-law, Mr. and Mrs. Jim Eads, and children.

HEALTH AND SAFETY TIPS

You give a lift to lots of things every day - brief cases, suitcases, boxes, shopping bags, books.

Before that too-heavy bundle lifts you off your feet and puts you flat on your back, be sure that you can handle it.

A new leaflet from the American Medical Association lists some basic rules that apply to lifting all objects -

- * Stand close to the object, feet flat on the floor, about 12 inches apart.
- * Keeping the spine straight, bend the knees and grasp the object.
- * Lift by straightening your legs. Do NOT pull upward with

your arms and back.

- * Face the direction in which you plan to carry the object. Its weight will pull you in the right direction.
- * To get off the ground with a brief case or a suitcase that is chock-full and heavy -
- * Stand beside the suitcase, move the upper body slightly forward and bend the knees.
- * Straighten the knees and lift the suitcase gradually.
- * Shift the weight slightly to the side opposite your suitcase. Keep weight centered over your feet - don't bend at the waist. Raising your free arm will help to keep your spine erect.
- * As you walk, keep the case close to you and maintain body alignment. Don't slide your hips to the side.
- * Two suitcases are better than one, because equally balanced burdens put less strain on your spine. Lifting a box from the closet shelf can tip you off your tip-toes. To maintain your balance,

LONG-TIME REPOSE

Doctor to Mrs. Jones, whom he met on the street: "How is your husband getting along? Did you give him that sleeping powder as I told you?"

Mrs. Jones: "Yes, You told me to give him the amount I could get on a dime. I didn't have a dime, so I used two nickels and he's been asleep for four days now."

place one foot forward. Bend for the forward foot; as the box comes forward, gradually shift the weight to the back foot. Keeping your back straight and in line with your hips prevents a backwards fall or a sprain from arching.

Lifting requires 32 times the energy of pushing. Relax and push, if possible. Keep your spine straight and your hips low. Push the object from its center weight.

TIP TO MOTORISTS

Good motoring manners is the best life insurance policy any person can buy.

March of Dimes

(Continued From Page One)

She has named Miss Louise McDewitt and Joe Penland, Jr., seniors of Marshall High School, as Teen Co-Chairmen of the drive.

Heading the Mothers March will be Mrs. C. E. Mashburn of Marshall and Mrs. Ernest Powell of Mars Hill.

Basketball

(Continued from Page One)

and other top teams. They are also undefeated this season.

Coaches Wallin and Sanford would like nothing better than to defeat the Panthers twice Tuesday night.

Marshall Personnel:

- C. L. Rudisill, Jr.
- Bruce Murray
- Mrs. Rosalene M. Tugman
- Mrs. Belva Crowe
- Mrs. Eugene Thomas
- Marie Ball
- Kaye W. Griffin

Weaverville Personnel:

- E. L. Loftin
- R. Bryce Hall
- Mrs. Izola D. Taylor
- Mrs. Geraldine Rice



BRINGING YOU BEST WISHES FOR THE NEW YEAR

Board of Education
MARSHALL, N. C.

The Bank of French Broad

See Us For All Your Banking Needs

Marshall, N. C. Weaverville, N. C.