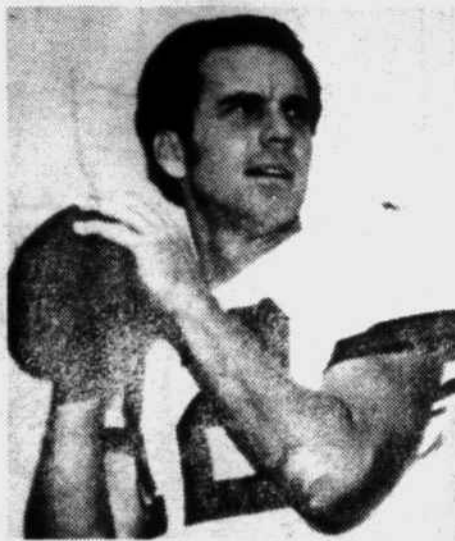


What O.J., Roger, Tracy and Others Pick for Breakfast!



Running back O.J. Simpson of the Buffalo Bills drinks orange juice each morning. He tries to vary his menu. He eats eggs and bacon one day and fruit and cereal the other.

(O.J. eats a pre-game meal of steak, eggs, a green vegetable and other foods that give energy.)



Quarterback Roger Staubach of the Dallas Cowboys like a glass of milk, cereal and a canteloupe or some other fruit.

Wimbledon Tennis star Tracy Austin likes orange juice, two eggs and toast. Sometimes she eats a hamburger.



Pitcher Mark Fidrych (The Bird) of the Detroit Tigers usually eats cereal. Sometimes he has bacon and eggs.

Pitcher Don Sutton of the Los Angeles Dodgers usually eats two poached eggs, cottage cheese, two pieces of dry wheat toast and catsup.



On the days he pitches, he likes two pieces of dry whole wheat toast. He whips up a drink made with milk, two eggs, a banana, two tablespoons of honey and a tablespoon of protein.

Breakfast Try 'n Find

Words that remind us of breakfast are hidden in the block below. See if you can find: meat, grits, bananas, butter, berries, cantaloupe, apples, toast, bread, sausage, oatmeal, grapefruit, cheese, juice, cereal, breakfast, peaches, fruit, oranges, milk, pancakes, bread, bacon, fish, eggs, cocoa.



G F I S H P A N C A K E S B B
 R B A C O N C H E E S E J R R
 A C E R E A L E G G S S U E E
 P O A T M E A L G C T A I A A
 E B R E A D A B R O O U C D K
 F B E R R I E S I C A S E F F
 R B A N A N A S T O S A M R A
 U B U T T E R A S A T G I U S
 I C A N T A L O U P E E L I T
 T A P P L E S M E A T A K T S
 P E A C H E S O R A N G E S A

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Mini Page Quiz-a-roo

Read this week's Mini Page. Fill in the blanks.

Page 1. _____ is Universal Menu Day.

Page 2. There were _____ men on the Santa Maria.

Page 3. Nancy Richey is ranked _____ among American women in tennis.

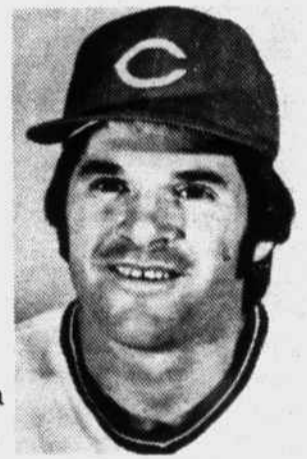
Page 4. O.J. Simpson plays for the _____.

Next week's Mini Page is about the fastest growing sport on wheels... skateboarding. Read safety tips. Learn about new skate parks.



Catcher Johnny Bench of the Cincinnati Reds enjoys bacon and eggs, french toast or omelettes.

Third baseman Pete Rose likes orange juice, melon, eggs, bacon, coffee and a piece of untoasted white bread.



Auto Racer Janet Guthrie eats a roll and drinks milk on race day!



Basketball star, Phil Ford, an All American from the University of North Carolina, likes grits, eggs, sausage, orange juice and milk.

A good breakfast should include choices from these food groups.

1. milk and products cheese or butter	2. fish lean meat eggs
3. vegetables and fruits	4. breads and cereal

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