

## Teresa Schell Weds Charles Hugh Fisher, Jr.

## 4-H'ers Compete

Teresa Marie Schell of Nashville, Tenn. and Charles Hugh Fisher, Jr. of Ft. Bragg were united in marriage May 26 in a ceremony conducted in the St. Paul Catholic Church of Tullahoma, Tenn.

The Rev. Joseph Julius and Alan A. Mace officiated at the ceremony.

The bride is the daughter of Mr. and Mrs. Emil Schell of Tullahoma. The bridegroom is the son of Mr. and Mrs. Charles Hugh Fisher of Marshall and the late Mr. Fisher.

The bride was given in marriage by her father.

She wore a formal gown of pale ivory taffeta with a sweetheart neckline and full sleeves, puffed to the elbow and trimmed in wide tiers of Chantilly lace.

The full skirt, accented with silk roses and satin ribbon, fell from a natural waistline and was draped over a double tier of Chantilly lace sweeping to a chapel-length train.

The bride carried a bouquet of pink roses, pink lilies, white stephanos and foliage accented with an ivory satin ribbon. She also carried a silver and pearl rosary given by her father to her mother on their wedding day.

The bride's sister, Mrs. Dudley Mitchell of Memphis, Tenn., served as the matron of honor. Terri Smith of Nashville served as the maid of honor. The bridegroom's sister, Laura Fisher of Charlotte and Martha Snyder of Bowling Green, Ky. served as bridesmaids.

Jayne Albright served as the flower girl.

## Rice, Martin Vows Spoken



Laura DeAnna Rice of Marshall and Ronald Eugene Martin, Jr. of Mars Hill were united in marriage on May 19 in a ceremony conducted in the First Baptist Church of Marshall with pastor Rev. Buddy Freeman officiating.

The bride is the daughter of Mr. and Mrs. David Rice of Marshall. The bridegroom is the son of Mr. and Mrs. Ronald Martin of Mars Hill.

The bride was given in marriage by her father. Cheryl Reeves and John Adams provided music during the ceremony.

Gary DeJa of St. Petersburg, Fla. served as the best man.

Following the ceremony, a reception was held in the church fellowship hall.

The bride is an honor graduate of Madison High School. She is majoring in medical technology at Mars Hill College.

The bridegroom is a licensed electrician and a graduate of Seminole High School, Seminole, Fla.

The couple will make their home in Mars Hill.

MRS. CHARLES H. FISHER, Jr.  
...the former Teresa Marie Schell

MR. AND MRS. RONALD MARTIN

## Great Summertime Recipes

Even though I didn't grow up on one of North Carolina's fine dairy farms, I can still remember warm summer evenings when I would joyfully follow my Aunt down to the barn. It was always a treat when my Aunt would allow me to try my hand at milking. When the milking was finished, we would always leave some milk for the cats at the barn. Back at the house, my grandmother would strain the milk, later separate the cream and make butter.

Today's modern technology has changed the way dairy farmers milk and process dairy products. The "average" North Carolina dairy farmer milks 97 cows twice a day. The average dairy cow produces enough milk and ice cream for over forty Americans each year.

Dairy production ranks sixth among North Carolina farm commodities. In the past as now, dairy farming means much to a country's economy. During the Middle Ages, the family cows were so important to Europe's economy that they were kept in the house during the evening. Even royalty allowed their cows to roam the castle halls at night.

In this state, there are over 1,500 grade A dairy farms. Within hours of just one milking, thousands of gallons of wholesome milk are delivered to local markets. This supply of milk provides a continual source of fresh dairy products for you and your family.

June is Dairy Month. And here in North Carolina, you can find some of the nation's most modern and efficient dairies. The North Carolina

Department of Agriculture along with myself salute the Dairy Industry for the excellent job they do.

Try one of these recipes to include more of those fresh and wholesome dairy products in your diet.

### BRAN MUFFIN

15 oz. Raisin Bran  
5 c. plain flour  
3 c. sugar  
1 Tbsp. plus 2 tsp. soda  
2 tsp. salt  
4 eggs (beaten)  
1 c. Crisco oil  
1 qt. buttermilk

Mix dry ingredients in large bowl. Add milk, oil, and eggs all at once, and stir until well mixed. Store in airtight container in refrigerator. Will keep up to six weeks. Take out and bake as needed. Fill greased muffin pan 3/4 full and bake at 400° for 15 minutes or until brown. Serve hot with butter. May add extra raisins or nuts if desired. Makes 4-5 dozen muffins.

### SUPER SAUSAGE CASSEROLE

1 lb. sausage  
6 cooked potatoes, sliced  
1 c. cooked lima beans  
1 tsp. salt  
1/2 c. milk  
1/4 c. butter  
1/2 c. dry breadcrumbs  
Brown sausage in skillet. Place alternate layers of potatoes, sausage, and lima beans in a well greased 1-1/2 qt. baking dish. Add 2 tablespoons liquid from skillet to salt and milk, and pour over casserole. Mix melted butter with breadcrumbs and toss lightly with fork. Sprinkle over casserole. Bake at 350°

### DRESSING FOR FRUIT SALAD

2 (3-oz.) pkgs. cream cheese, softened  
1 c. mayonnaise  
1 c. cream, whipped  
1-1/2 c. chopped nuts  
Cream together cream cheese and mayonnaise. Fold in whipped cream and chopped nuts. Use over fruit salads. Yield: 3-1/2 cups.

Nothing brings the welcomed sounds of guests faster than the tantalizing aroma of meats sizzling on an outdoor grill. Being an easy way to entertain, grilling allows for more time to enjoy the company of family and friends.

To help ensure that all goes well from the grilling department, here are some tips that will help the chef keep cool regardless of the temperature.

### BARBECUED CHUCK ROAST

2 cloves garlic, crushed  
1/4 c. olive or vegetable oil  
1/4 c. wine vinegar  
1/4 c. sherry or apple juice  
2 tsp. soy sauce  
1 tsp. dried rosemary leaves, crushed  
1/2 tsp. dry mustard  
3- to 4-lb. beef chuck roast, 2 1/2 to 3 inches thick  
2 Tbsp. catsup  
Mix all ingredients except beef roast and catsup; pour over beef. Cover and refrigerate, turning beef 4 to 5 times, at least 24 hours. Remove beef; stir catsup into marinade. Cover and grill beef 4 to 5 inches from medium coals, turning and brushing 4 or 5 times with marinade mixture, until

desired doneness, 1 to 1-1/4 hours for medium. Cut into serving pieces. 9 servings.

### HONEY-GLAZED SPARERIBS

1 (8 oz.) can tomato sauce  
1/2 c. honey  
2 Tbsp. minced onion  
2 Tbsp. red wine vinegar  
1 tsp. celery seeds  
1 tsp. Worcestershire sauce  
1/2 tsp. salt  
1/4 tsp. pepper  
1 clove garlic, minced  
1/2 c. dry sherry or apple juice  
4 lbs. spareribs

Combine first 9 ingredients in a heavy saucepan; simmer, stirring occasionally, about 20 minutes. Stir in sherry or apple juice. Cut ribs into serving-size pieces; place on grill over slow coals. Grill about 30 minutes, turning frequently. Brush with sauce, and cook an additional 2 hours, basting and turning frequently. Baste ribs with remaining sauce before serving. Yield: 4 servings.

The Lompoc Valley in California produces more than half the nation's commercial flower seeds, everything from marigolds to zinnias to sweet peas, National Geographic reports.

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Two Named  
To N.C. State  
Dean's List

Two Madison County natives studying engineering at North Carolina State University have been named to the dean's list for academic achievement.

Named to the list were Russell G. Lambert, the son of Mr. and Mrs. S.J. Lambert and Ronald E. Weathers, the son of Mr. and Mrs. R.E. Weathers.

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