

SNAP SHOTS
BY
FRANCES FRAZIER
Staff Writer

A small group of us had been sitting in the hotel lobby, idly chatting all evening. The conversation began to get a bit straggly as each was making mental plans for the good night when a timid knock on the big front door brought one's attention to sudden attention. This, in itself, was so small that every eye was focused on the man who slowly opened the door in response to a cordial, "Hello." He wasn't intoxicated; he was plainly evident. His eyes were old, slightly unpressed, but evidently had been of better quality than the average. His hat was taken off when he saw the ladies in the party and his voice was low and well modulated when he asked if there was a room. He was courteously assured that there was, and given the price. The man thanked the clerk and that was more than he could stand and slowly backed out of the lobby.

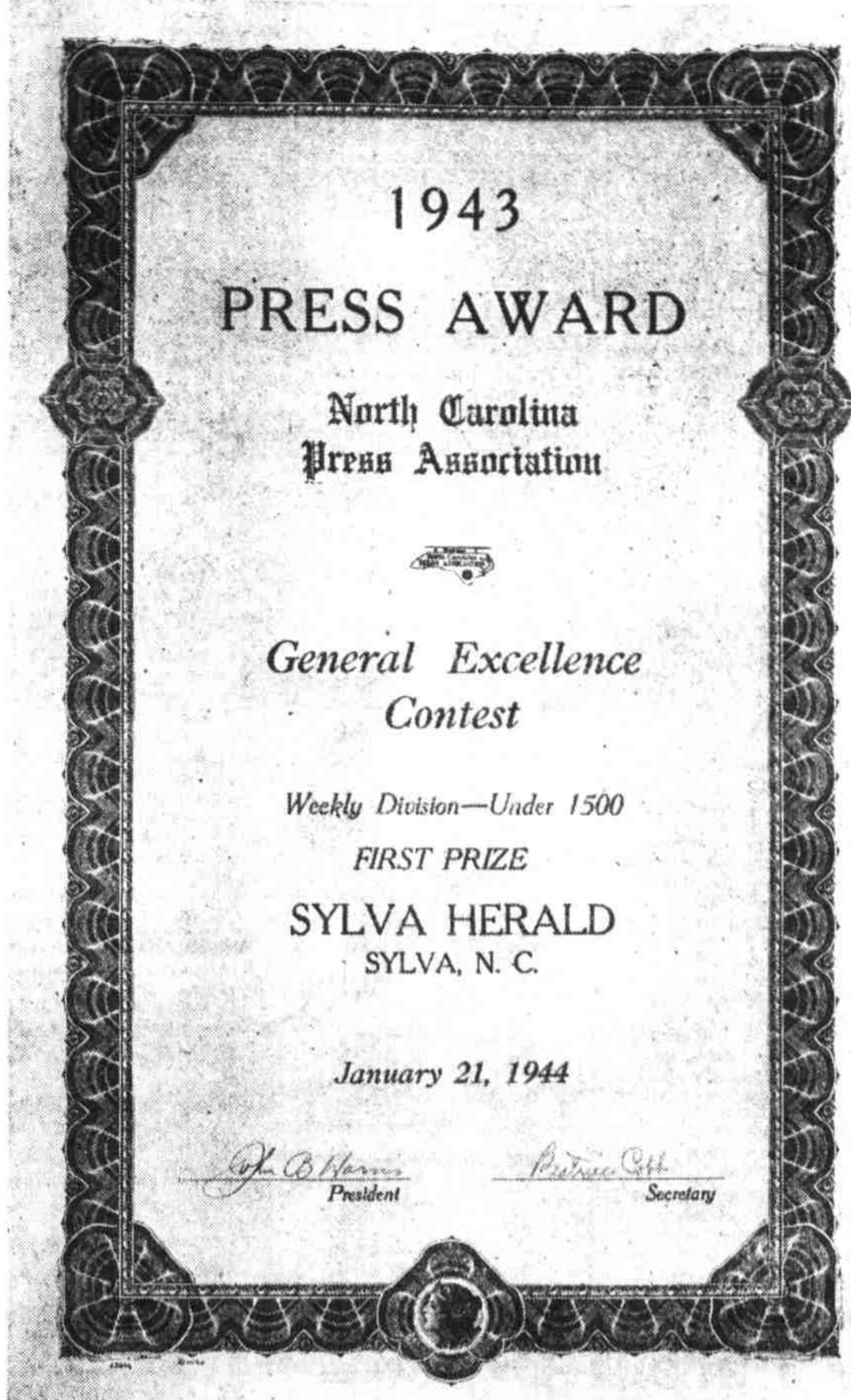
Instantly, our little group broke into a discussion as to the man's appearance and wherefore of the man's being in this part of the country. He couldn't be working toward Florida, one opined, because this town was off the regular way for a short cut to the winter resort state. Another said that the Unknown Stranger must have come in search of work; he decided, undoubtedly, that there was a scheme to work on sympathy to get a night's lodging. Somehow, none of us really believed that to be the case. There was something about the man that seemed honest. We probed and probed the situation to the fullest extent as we slowly sauntered toward the desk for a final analysis of the whole affair.

The clerk was the first one to see him return and with a murmured, "Look who's here," caused us to turn, as one body, again to face the door. Yes, the Unknown Stranger had returned but this time there was no timid knock. He opened the door with an air of knowledge that there would be a welcome waiting for him; his manner was self-possessed, poised and most assuredly confident. Again what was in his hand as he asked the clerk for a room and bath. He paid for the luxury from a wallet not opulent perhaps, but completely full. He made no show of flaunting of unsuspected wealth; no malice for his previous experience; in fact, as far as he was concerned, he might never have seen the hotel nor any of us before.

He signed the register, turned and bestowed upon us, collectively, a very cordial "Good night," a genuine smile and, of all things, a most expansive wink, then disappeared up the stairs.

For a full moment we all stood motionless, too dumb with astonishment to say anything. We looked at each other, bewildered.

Award Presented The Sylva Herald



This is a photograph of the award received last week by The Herald at the North Carolina Press Institute in Chapel Hill. The award measures about twelve by eighteen inches and will be displayed at the office. The first prize also carried with it a \$2. War Bond.

Then, one of the party mounting the first step, expressed the thought uppermost in our minds. "Listen here," she said, "don't one of you dare start a discussion as to how he got that money."

When parrots repeat what they hear, unlike people, they do not add to it.

Buy War Bonds and Stamps.

State College Hints

By Ruth Current, State Home Demonstration Agent N. C. State College.

"A good farmer must know more than a doctor, a lawyer, a mechanic, or an industrialist. He must know soils, be a veterinarian,

an agronomist, a botanist, a chemist, a mechanic, a forester, a biologist, and a horticulturist," says Louis Broomfield—a farmer.

It's garden planting time. Plan your garden so you will have a continuous supply of a few vegetables all through the growing season. The green leafy vegetables are especially important, and it's wise to have one or another of them from earliest spring up until freezing time.

Dr. Hazel Stuebeling, assistant chief of the Bureau of Human Nutrition and Home Economics, says that as a nation we need to double our supplies of green and yellow vegetables.

High on the list for food values are, tomatoes, cabbage, chard, kale, and beet greens. All these are easy to grow. Other good vegetables for nutrition are lima beans, snap beans, carrots, green lettuce, spinach, and turnips.

The old Negro cook would always, just before taking a pie out of the oven, sprinkle a little sugar on the plate she was going to put the pie on. It was placed on the oven rack until thoroughly hot. The pie and plate cooled together, thus avoiding sweating of the pie and a soggy bottom.

Whole wheat is a good food. For good nutrition, each person requires one or more servings of a whole grain cereal each day. Whole wheat provides energy for the body. It contains some protein for body building and repair.

Last year Americans wasted more than 280 million pounds of cabbage by throwing away the core and outer leaves! At least one-half of this waste was of edible food. How about checking up on your habits in this respect?

Cabbage isn't the only victim. Many green, vitamin-filled leaves are thrown away because they're ragged or broken. Outer leaves that don't look too presentable are still useful for a chopped salad, or for soup.

Leather experts have these tips to offer on the winter care of shoes. Keep shoes clean, dry, oiled, away from heat, and in good repair. Two enemies of leather are moisture and heat. If your shoes get wet in the snow or rain, dry them slowly and away from heat stronger than your hand can bear, as wet leather scorching readily. Stuff the shoes with crumpled paper to keep them in shape, and rub castor oil into the leather while it is wet. After the shoes are

Ratcliff Cove News
By Sarah Underwood

W. W. Jones has gone to Oklahoma to visit relatives for a few days.

Mr. and Mrs. Lane Arrington spent Sunday with Mr. and Mrs. Sylvester Melton in Buncombe county.

Ratcliff Medford spent Sunday in Buncombe county with Mr. and Mrs. Sylvester Melton.

Clarence Sherrill is reported to be very ill at his home here.

Aunt Dora Ratcliff has been ill but is improving.

Mrs. Ratcliff Medford is reported to be better.

The Home Demonstration Club met last Monday with Mrs. W. W. Jones.

Vinson Davis is on the sick list but is now improving.

The Palmer family, who have been on the sick list, are better.

Teacher: Now if I subtract 25 from 37, what's the difference?
Little Willie: That's what I say, who cares?—Ex.

dry, polish them.

A person is more efficient when he eats breakfast than when he doesn't. The main difference comes in the morning hours.

Studies have shown that children who eat proper breakfasts have a better chance to do well in school than the children who do not eat a good breakfast.

When you are planning breakfasts, it is well to remember what the word "breakfast" means. Often it is 12 to 14 hours from supper to breakfast; so you are literally "breaking a fast." You refuel the body at breakfast time, for the day's work.

Blind Man Lost Without "Seeing-Eye" Dog

When someone in your family comes down with a cold, you'd be as lost as a blind man without his "seeing-eye" dog—if the products in your favorite drug store had no names. You wouldn't be able to get what you wanted! Names are your guides to reliable, result-getting products. The name Vicks VapoRub is your guide to the best-known home remedy for relieving miseries of colds. Ask for it by its trade-marks.

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The Mountaineer